# Interdisciplinary Studies

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Credits</th>
<th>Course Description</th>
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<tbody>
<tr>
<td>IST 100</td>
<td>Freshman Seminar</td>
<td>2 cr</td>
<td>A course for first-time students that assists with maximizing the student’s potential to achieve academic success and to adjust responsibly to the individual and interpersonal challenges presented by college life. The course provides an introduction to the nature of higher education and a general orientation to the functions and resources of the University. Extensive reading and writing assignments relevant to the student’s first year experience are required.</td>
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<tr>
<td>IST 101</td>
<td>Foundations of Inter Studies</td>
<td>3 cr</td>
<td>This course will assist students with clarifying educational goals, understanding effective learning methods, and becoming acquainted with university resources, diversity, and culture. It introduces students to basic theories and principles of education and development, with emphasis on liberal education. The focus is to develop written and oral skills to enhance students’ critical thinking and problem solving abilities. Assists students in defining competencies needed for success in academic study, professional leadership, and career opportunities. Students will develop a working knowledge of Sakai, Skype and WebEx.</td>
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<tr>
<td>IST 105</td>
<td>Encounter with the Humanities</td>
<td>3 cr</td>
<td>Introduction to the various disciplines within the Humanities with emphasis on the role each plays in a liberal arts education. Identical with CLA 105. Credit cannot be received for both CLA 105 and IST 105.</td>
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<tr>
<td>IST 110</td>
<td>Encounter the Natural Sciences</td>
<td>3 cr</td>
<td>Introduction to the various disciplines within the natural sciences with emphasis on the role each plays in a liberal arts education.</td>
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<tr>
<td>IST 115</td>
<td>Encounter the Social Sciences</td>
<td>3 cr</td>
<td>Introduction to the various disciplines within the social sciences with emphasis on the role each plays in a liberal arts education.</td>
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<tr>
<td>IST 120</td>
<td>Encounter Fine Performing Arts</td>
<td>3 cr</td>
<td>Introduction to the various disciplines within the fine arts with emphasis on the role each plays in a liberal arts education.</td>
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<tr>
<td>IST 125</td>
<td>Professional Conduct</td>
<td>3 cr</td>
<td>Introduces students to primary sources in ethical theory and includes readings and discussions of theories of human nature. Provides a basis for understanding one’s rationale for personal moral decisions and offers a foundation for an approach to the ethics of business.</td>
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<tr>
<td>IST 200</td>
<td>Clinical Observation</td>
<td>1 cr</td>
<td>Clinical Observations (Medicine, Dentistry, Optometry, and Veterinary Medicine). This course gives the student clinical exposure to various health-care services. It is designed to help students make informed decisions when selecting a career in the health professions. A written report on the clinical experience or a scenario dealing with medical ethics is required. May be repeated for a maximum of six hours credit. Prereq: Permission of Chair of Preprofessional Advisory Committee.</td>
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<tr>
<td>IST 201</td>
<td>Seasons of Life</td>
<td>3 cr</td>
<td>An interdisciplinary media-assisted course in which students study human development from the biosocial, cognitive, and psychosocial perspectives with special emphasis on the adult years. Through readings, audio, written exercises, and class discussions, students explore the theories and research findings of life span development which enable them to reflect on their own lives as well as the lives of others.</td>
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<tr>
<td>IST 210</td>
<td>Introduction to Disability</td>
<td>3 cr</td>
<td>This course will provide students from any discipline the opportunity to develop the knowledge and skills needed to effectively work with people with disabilities in a variety of settings. Disability is examined as a type of diversity. Topics include: the history and sociological context of disability; the impact of disability on the individual and family; advocacy and civil rights; current trends in services and supports for children and adults with disabilities; and respectful language and interaction. Students will actively engage in readings, discussions, and writing on disability issues. Pre-requisite: EH 102 Minimum Grade of C or EH 105 Minimum Grade of C</td>
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<tr>
<td>IST 250</td>
<td>Career Planning and Develop</td>
<td>3 cr</td>
<td>Principles, methods, and practice in career planning and development with an emphasis on career information, self-analysis, exploration of careers, career opportunities, and guidelines for goal achievement.</td>
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<tr>
<td>IST 290</td>
<td>Special Topics -</td>
<td>1 TO 3 cr</td>
<td>A variable topics course treating special themes. May be repeated for credit when course content varies.</td>
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<td>IST 294</td>
<td>Directed Studies -</td>
<td>1 TO 3 cr</td>
<td>Directed study of a topic consistent with the student’s individualized program under the supervision of a member of the university faculty.</td>
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<td>IST 300</td>
<td>Global Orientn-Ed Abroad</td>
<td>1 cr</td>
<td>Study Abroad applicants will prepare for their study abroad experience through an examination of selected country-specific reading as well as cross-cultural orientation materials. Travel safety, University of South Alabama policies and procedures for study abroad, and advice for cultural adjustment will be covered during the course. IST 300 satisfies the requirements of LG 394.</td>
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IST 302 Interdis and Critical Thinking 3 cr
Provides students an introduction to the field of
interdisciplinary studies and an opportunity to critically
reflect on the experience of self, education, and career and
the relationship among these three phenomena.

IST 305 Issues in Human Services 3 cr
An interdisciplinary course for students who plan to work in
the helping professions (counseling, social work, nursing
etc.). Guest speakers from various disciplines present
information about their fields. Discussion topics include:
similarities and differences in the helping professions, the
helping relationship, empathic communication, multicultural
and legal issues, and stress and burnout management.

IST 310 Global Leadership 3 cr
This course helps prepare students to assume global
leadership roles in their careers and the community at large.
Students explore leadership theories and principles as well
as investigate leadership qualities among historical and
contemporary individuals. In addition, students confront
present-day global issues and argue viewpoints orally, as
well as through persuasive and technical papers. Students
are expected to complete an interdisciplinary project based
on global issues.
Pre-requisite: ACT English 27 or SAT Critical Reading 550
or University - EH101 Exempt P or EH 101 Minimum Grade
of C or EH 110 Minimum Grade of C or EH 190 Minimum
Grade of C or USA 010 Minimum Grade of S) and (EH 102
Minimum Grade of C or EH 105 Minimum Grade of C)

IST 315 Women's Issues in Wrkpl-Comm 3 cr
This course will examine contemporary issues faced by
women in the workplace and the community from an
interdisciplinary perspective. Some of the topics to be
covered are gender communication issues, developing
a leadership plan, playing the game, power talk, conflict
management from a woman's point of view, international
development, and women, sexuality and labor.

IST 320 Cultural Competency 3 cr
An interdisciplinary exploration of issues related to
interactions between diverse groups in teams, communities,
and organizations. Reviews research from a variety
of disciplines, introduces the history and law of equal
opportunity in the U.S., and examines the costs and
benefits of diversity. Topics include prejudice, stereotyping,
affirmative action, barriers to mobility, discrimination,
marginalization, mentoring, cooperative teamwork, and
international issues.

IST 330 Analytical & Info Literacy 3 cr
This course examines principles of qualitative and
quantitative research methods and their application to
interdisciplinary studies in the social sciences. Emphasis
is on the development of functional literacy for information
expressed quantitatively and thoughtful integration of such
information into academic and practical research.

IST 350 Adv Verbal & Written Comm - W 3 cr
This course builds on the foundation laid in freshman
composition, stressing critical thinking, analysis, and
research. It aims to prepare students oral presentations,
research and writing papers.

IST 401 Adults in Society 3 cr
Adults in Society is a media-assisted course that uses print
material, videos, written assignments, and class discussions
to explore issues which relate to adult development.
Using an interdisciplinary approach, students will examine
the relationship of adults to their families, work and
communities.

IST 405 Issues Ideas - Humanities 3 cr
Identification and analysis of current concepts and problems
in the humanities and their relation to the needs, values,
and operation of modern society.

IST 410 Issues and Ideas-Nat Science 3 cr
Identification and analysis of current concepts and problems
in the natural sciences and their relation to the needs,
values, and operation of modern society.

IST 415 Issues Ideas - Social Sciences 3 cr
Identification and analysis of current concepts and problems
in the social sciences and their relation to the needs, values,
and operation of modern society.

IST 420 Comm. Dev and Leadership 3 cr
Presents the conceptual foundations of community
development and leadership, including basic concepts,
methods and literature. Students will study theories of
leadership, community development and human capital,
investigate public relationships, examine community
decision-making and responsible civic action. The course
lays foundations for further study and practice in the field.
Students will experience the interdisciplinary approaches
to community development, leadership, politics, civic
responsibility and teamwork.

IST 425 Workplace Learning & Dev 3 cr
This project-based course explores workplace learning and
development. It will introduce students to interdisciplinary
learning and motivational theories necessary to prepare
them to be effective in today's changing workplace, and
provide them with the skills to problem-solve, lead and work
as part of a team.

IST 430 Senior Research Thesis - W 3 cr
An in-depth research project in the student's concentration.
Provides an opportunity for the student to design a
comprehensive research project, analyze and synthesize
research data, and develop expertise in a particular subject.
IST 450  The Job Campaign  3 cr
Practical approach to career development designed to help students develop strategies for obtaining suitable employment and making career choices. Emphasis is on the principles, methods, and practice in achieving career goals through the study of careers, preparing resumes, writing letters of application, practicing job interview techniques, and identifying prospective employers.

IST 490  Special Topics -  1 TO 6 cr
A variable topics course treating special themes. May be repeated for credit when course content varies.

IST 494  Directed Study -  1 TO 3 cr
Directed Study of a topic consistent with the student's individualized program under the supervision of a member of the university faculty.

IST 495  Prof Leadership & Teamwork  3 cr
Students will examine their skills, abilities, personality, attitudes, values, interests, and behaviors within the context of current scholarship on leadership to increase awareness of their leadership competencies.

IST 498  Internship I-Capstone Exp-W  3 cr
This internship course provides the student an opportunity to have an internship filed experience and to reflect on and critically evaluate that internship experience, particularly as it relates to the interdisciplinary course of study. Students will prepare reports, write papers, make presentations, and engage in group discussion that critically considers their internship experience.

IST 499  Honors Senior Thesis - H-W  3 TO 6 cr
A substantial research project reflecting a commitment to genuine scholarship in the student's field of study. Provides an opportunity for the student to design a comprehensive research project, analyze and synthesize research data, and develop expertise in a particular subject. Fulfills the senior project requirement for the honors program.

IST 500  Global Orientn-Ed Abroad-Grad  0 TO 1 cr
This is a pre-departure academic and orientation process course for all graduate students who plan on studying abroad in terms following their participating in this course. This course will facilitate the application, academic advising, pre-departure advising, and activities related to getting students ready for participation in their actual program abroad.