

**PHYSICAL EDUCATION – EXERCISE SCIENCE
COURSE OF STUDY (2008 – 2010)
University of South Alabama
College of Education
Department of Health, Physical Education and Leisure Studies**

GENERAL STUDIES (53 Hours)

WRITTEN COMPOSITION (2 Courses, 6 Hrs)

*EH 101 English Composition I _____ 3
*EH 102 English Composition II _____ 3

HUMANITIES / ARTS (4 Courses, 12 Hrs)

At least one course from EH 215-236.

Sequence required in either EH or HY

Potential EH sequences:

EH(215, 216); EH (225,226); _____ 3
EH (235-236) _____ 3

At least one course from:

ARS 101, MUL 101, DRA 110, _____ 3
ARH 100, 103, 123 _____

If HY sequence is chosen, take one additional course from advisor approved humanities and fine arts.

*CA 110 Public Speaking _____ 3

NATURAL SCIENCE / MATH (3 Courses, 11 Hrs)

One course from:

MA 110, 112, 113, 115, 120 _____ 3

One course from (including lab):

BLY 101, 121; PH 101, 104, 114, 115, 201, 202;
GEO 101,102; GY 111, 112; CH 101, 103, 131,
132, 141 _____ 4

One course from (including lab):

BLY 102, 122; PH 101, 104, 114, 115, 201, 202;
GEO 101, 102; GY 111, 112; CH 101, 103, 131,
132, 141 _____ 4

SOCIAL SCIENCES (4 Courses, 12 Hrs)

At least one course from HY 101, 102, 135, 136

Sequence required in either HY or EH

Potential HY sequences:

HY (101, 102); HY (135, 136) _____ 3

Two courses from: AN 100, 101, GEO 114, 115 _____ 3

SY 109, 112; PSC 130; PSY 120, 250; _____ 3

AIS115, 201; ECO 215, 216 _____ 3

If EH sequence is chosen, take one additional course from below:

HY 101, 102, 135, 136, AN 100, 101;
GEO 114, 115; SY 109, 112; PSC 130;
PSY 120, 250; AIS115, 201; ECO 215, 216

HEALTH /PHYSICAL EDUCATION (3 Courses, 3 Hrs)

PE 101-157 _____ 1

_____ 1

PE 102 Weight Training _____ 1

GENERAL STUDIES ELECTIVES (9 Hrs)

CIS 150 or EDM 310 or elective if USA _____ 3

Computer Proficiency requirement is met

Advisor Approved Electives _____ 3

_____ 3

PROFESSIONAL STUDIES (21 Hours)

HS 362 Drug Education _____ 3

LS 472 Legal Issues in Sport & Rec. (W) _____ 3

PE 381 Evaluation & Measurement _____ 3

PE 475 Org & Admin in Health & PE (W) _____ 3

PE 495 Internship _____ 9

TEST REQUIREMENTS

IDE 010 College of Education Reading Exam _____ 0

EXERCISE SCIENCE (54 hours)

BMD/CLS 114 Hum Anat & Physio I _____ 4

BMD/CLS 115 Hum Anat & Physio II _____ 4

*HS 170 First Aid _____ 1

*HS 262 Personal Health _____ 3

*HS 263 Nutrition & Hunger _____ 3

*PE 201 Orientation to Health & Phys Educ _____ 3

PE 278 Sport and Human Behavior _____ 3

*PE 282 Intro to Athletic Training _____ 3

PE 370 Motor Learning _____ 3

PE 380 Kinesiology _____ 3

PE 474 Sport and Fitness Conditioning _____ 3

PE 476 Physiology of Exercise _____ 3

PE 479 Fitness Assessment & Exer. Rx _____ 3

PE 480 Therapeutic Exercise _____ 3

PE 482 Advanced Athletic Training _____ 3

*PE 100 Concepts of Health and Fitness _____ 3

ADVISOR APPROVED ELECTIVES

PE; HS; BMD; PSY; SY; BLY; CH; PH; EMT; _____ 3

ACC; ECO; MGT; MKT; BUS; FIN; ST; LS; _____ 3

MA; CLS, CIS, CA _____ 3

Courses in BOLD require Candidacy

*** Indicates Prerequisite courses for candidacy**

(W) courses that satisfy the University writing requirement

TOTAL HOURS: 128

09.10.09

Information Sheet

PHYSICAL EDUCATION – EXERCISE SCIENCE UNDERGRADUATE PROGRAM

REQUIREMENTS FOR ADMISSION TO CANDIDACY

When to apply?

Some upper division courses in the curriculum are restricted and require admission to candidacy before enrolling. Students can begin to take courses that require candidacy once the following criteria are met:

1. Completion of 60 semester hours of course work, 48 of which must be in General Studies and Completion of the required Freshman Experience, if applicable,
2. A minimum grade-point average of 2.2 in courses taken in the major/specialization;
3. A minimum grade-point average of 2.2 on all work attempted at the University of South Alabama;
4. Satisfactory performance on the College of Education reading examination (IDE010) or a score of 19 or higher on the reading portion of the ACT or *480 or better on SAT Critical Reading component.*). Students are limited to two attempts for IDE 010. After two unsuccessful attempts individuals are required to seek remediation and register for RGD 151 until they meet the requirement.;
5. Completion of: EH 101____, EH 102____, CA 110____, BMD/CLS 114____, PE 100____,
 PE 201____, PE 282____, HS 170____, HS 262____, HS 263____.
6. Sufficient physical ability and emotional stability to perform successfully as a professional. These and other factors could be determined through a departmental interview.
7. A recommendation from the advisor and department chair.

How to apply?

Students can obtain the application form and submit at the College of Education's Advising Center in the University Commons (UCOM 3360). The College of Education Student Services Committee may recommend, defer, or deny admission of the student to the program.

Students may apply or admission to candidacy early in the semester during which they plan to complete the requirements, allowing the committee time to evaluate course work and the application. Admission to candidacy will remain "deferred" until qualifying grades are submitted at the end of the term. Once grades are available, the block will be removed, and students can register immediately.