

EXPORT Advocate

VOLUME 3

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Tell someone about cervical cancer



Tell someone ...



Tell Someone...

Chances are you have been exposed to the Human Papillomavirus (HPV) and don't even know it! Most adults who have been sexually active have been exposed to HPV

What is cervical cancer?

When cells in an area of the body grow abnormally, cancer can develop. Cervical cancer is the abnormal cell growth of the cervix (the lower part of the uterus or womb). Almost all cases of cervical cancer start with the human Papillomavirus. When a woman becomes infected with certain types of HPV and does not clear the infection, abnormal cells can develop in the lining of the cervix. If not discovered early and treated, these abnormal cells can become cervical precancers. This can take a number of years, although in some cases, it can happen within a year.



Tell someone ...



Tell Someone...

What is Human Papillomavirus?

HPV is a common virus that affects both females and males. Certain types of HPV cause common warts on hands and feet. Most types of HPV do not cause any signs and symptoms, and go away without treatment. Genital HPV affects the genital area. Some types cause cells in the lining of the cervix to change. Many types of HPV can cause abnormal Pap tests. *For more information:* <http://www.tellsomeone.com.my/index.html>

Talk to your healthcare professional about a pap test, which can help detect suspicious cell changes in the cervix before they turn into cancer

• LIVE RIGHT •

The Center for Healthy Communities – 'Healthy Lifestyle Challenge'

Scale Back Alabama is a public service campaign designed to encourage Alabamians to get healthy. The eight-week, weight-loss program began with an official, statewide weigh in on Jan. 22 and will end with a similar weigh in on March 19. It is designed to help people lose weight and to do so in a healthy manner, by eating sensibly and getting exercise. The competition involves teams of three to five people who are competing to see who can lose the most weight on a percentage basis. Members of the winning, statewide, team will be announced on April 2 and will receive \$1,000 per person, compliments of Barber Diaries. To be eligible for the state prize, you must have signed up at an official weigh-in-site on Jan. 22. If you missed the weigh-in day, you will not be eligible for the statewide prize.

However, if you choose to 'Scale Back and Get Healthy', you can participate in a modified (or personalized) version of the Scale Back Alabama competition by registering with the Center for Healthy Communities, EXPORT Center. By choosing to register as an individual / group / team / department / organization etc with the Center for Healthy Communities 'Healthy Lifestyle Challenge' you will benefit from lesson plans, led by a nutritionist, that include guidance for the right foods to buy, the correct portion sizes and many other health tips to start your journey toward a healthy lifestyle!

For more information about Scale Back Alabama visit: <http://www.scalebackalabama.com/>

For more information about the Healthy Lifestyle Challenge call (251) 471-7709

COASTAL CLINICAL RESEARCH, INC. is conducting an **HPV clinical study** (*phase IIIb, randomized, open, multicentre study*) to evaluate the safety and immunogenicity of GlaxoSmithKline Biologicals' HPV-16/18 L1/As04 vaccine co-administered intramuscularly with GlaxoSmithKline Biologicals' *Boostrix* vaccine and/or Sanofi-Aventis' *Menactra* vaccine according to different dose schedule combinations as compared to the administration of HPV vaccine, *Boostrix* or *Menactra* alone in healthy female subjects aged 11-18 years.

The upcoming **study for the HPV vaccine** is a phase III trial targeted towards healthy female subjects aged 11-18 years old.

If you qualify to participate in this trial you will receive free study medication, free doctors exams, free procedures, and reimbursement for time and travel. The study and all procedures are at no cost to you.

If you would like more information about this or other trials please call 251-414-1984

Women In Government Challenge to Eliminate Cervical Cancer

A new report suggests that states are making significant progress in the fight against cervical cancer, but still face dramatic shortfalls.

The findings from "Partnering for Progress 2007: the 'State' of Cervical Cancer Prevention in America," the third annual state-by-state comparison report released, January 16, by Women In Government, states that After Minnesota (83%), the top-performing states were: Illinois (78%) and then **ALABAMA**, Connecticut, Maine, North Carolina and Rhode Island, each with scores of 72%. However, minority and underserved women are sited as still being left behind in states' prevention efforts.

"We can no longer accept substandard prevention and treatment for the underserved women of our country," Susan Crosby, president of Women In Government.

For a copy of "Partnering for Progress 2007: the 'State' of Cervical Cancer Prevention in America," please visit www.womeningovernment.org/prevention

MOBILE AREA – SELECT WOMEN'S HEALTH RESOURCES

A Woman's Choice PC

6701 Airport Blvd.
Phone: (251) 633-3607

Alabama State of--Medicaid Agency,

Sobra Medicaid-Pregnant Women & Children and Medical

1303 Dr Martin L King Jr
Phone: (251) 432-1319

Azalea City Physicians for Women

3715 Dauphin St
Phone: (251) 344-5265

Bay Area Physicians for Women

3715 Dauphin St Bldg 2
Phone: (251) 344-5900

Center for Reproductive Medicine

3 Mobile Infirmary Cir
Mobile, AL 36607
Phone: (251) 438-4200

Franklin Primary Health Center Inc

1303 Dr Martin L King Jr
Phone: (251) 432-4117

Greater Mobile Physicians for Women

4230 St. Stephens Rd.
Phone: (251) 456-8888

Greater Mobile Physicians for Women

1155 Hillcrest Rd.
Phone: (251) 634-1250

Mobile Bay OB/GYN Center PC

3 Mobile Infirmary Cir # 201b
Phone: (251) 432-3636

Mobile OB/GYN PC

6701 Airport Blvd # B321
Phone: (251) 633-0793

Mobile Reproductive Endocrinology

6332 Piccadilly Square Dr
Phone: (251) 461-9914

OB/GYN Specialists

1720 Center St # 101
Phone: (251) 415-1496

OB/GYN Clinic PC

3715 Dauphin St
Phone: (251) 343-1300

Obstetrics & Gynecology Assoc

3 Mobile Infirmary Cir # 211
Phone: (251) 438-2224

Providence Park Ob/GYN PC

6701 Airport Blvd Ste B127
Phone: (251) 639-1847

USA Center for Women's Health

1610 Center St # C
Phone: (251) 460-7040

Woman's Clinic

3715 Dauphin St # 4
Phone: (251) 342-4499



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<http://www.southalabama.edu/healthycommunities/export/>



Disclaimer

It is not the intention of the Center for Healthy Communities to provide specific medical advice, but rather to provide readers with information to better understand their health. Specific medical advice will not be provided, and readers are encouraged to consult with a qualified healthcare professional for answers to personal questions.