

A Template for Self-Reflection on Teaching

Ask yourself the following questions immediately after session:

- What were my goals for this class period?
- What instructional strategies did I use to achieve those goals?
- How did I try to assess student understanding of this content?
- How satisfied am I with their progress?
- Were they attentive during class? Did they interact, take notes, etc.?
- Were there other observers in the session (e.g. other instructors, the teaching assistants)? If so, what did they observe?
- What areas should I target for improvement?
- What can I do to improve the teaching of this material?