

Diagnostic and High Risk Obstetrics

✓ Checklist For Patients:

() Bring completed all forms with you to your appointment. More than likely, your physician gave these to you when he or she made your appointment. Completing these PRIOR to your visit with us will make your visit more meaningful and efficient. Forms can also be downloaded from our website <http://www.southalabama.edu/usahealthsystem/obgyn/refer.html> .

() Limit your visitors in exam rooms to two or less.

() Allow enough time to reach our office at your appointed time and realize that your first visit make require 2 – 4 hours (see information on right). If you arrive more than 30 minutes late, your appointment will be rescheduled. This policy allows each patient to be seen without in a timely fashion. If you realize that you are unable to make your appointment, call (251) 415-1496.

What To Expect:

You have been referred to our Center by your physician. You will be seen in one of our three distinct clinics – depending on your medical history.

If you are scheduled to our **Fetal Diagnostic Visit (FDC)**, please budget 2 hours of time for your visit. During your appointment, you can expect:

- () Weight & blood pressure measurements.
- () Urine test.
- () Pain scale test.
- () Short conversation to update your medical history.
- () An ultrasound with a physician
- () Non-stress test.
- () Possible meeting with genetic counselor.

If you are scheduled for a **Maternal Fetal Medicine (MFM) Visit**, budget 2 hours of time for your visit. During your appointment, you can expect:

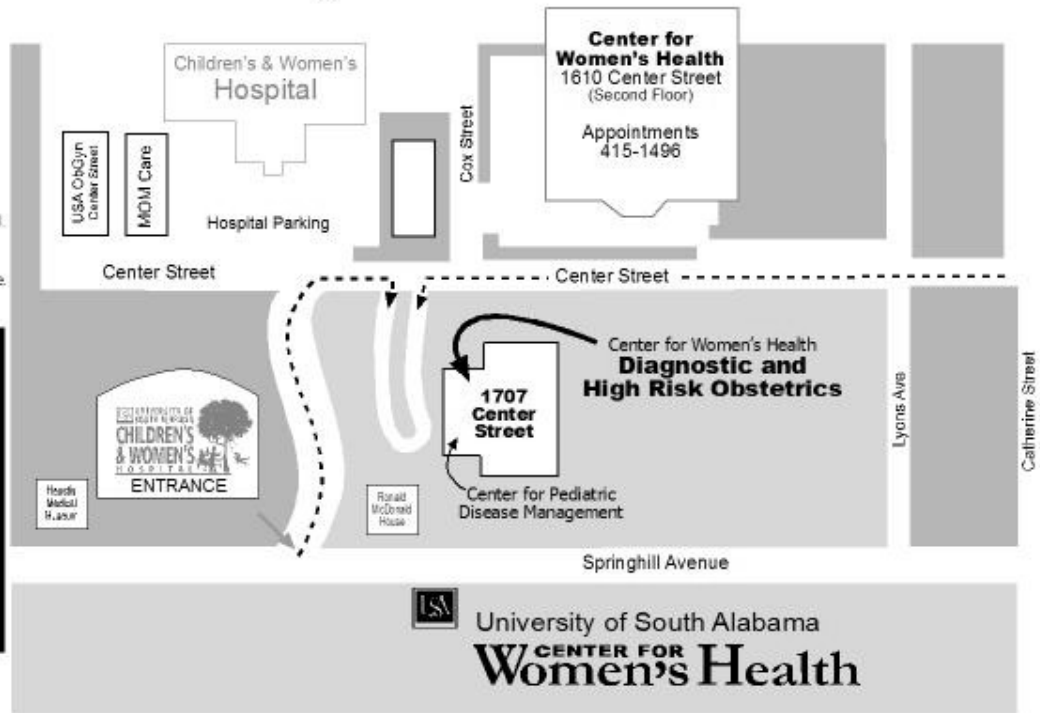
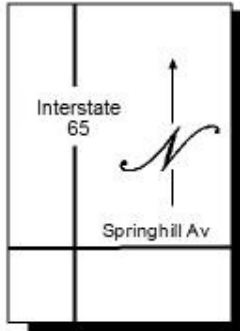
- () Weight & blood pressure measurements.
- () Urine test.
- () Pain scale test.
- () Meeting with a doctor or nurse.
- () Possible ultrasound and/or a non-stress test.
- () Possible meeting with lab personnel or our nutritionist.

If you are scheduled for a **High Risk Clinic (HRRC) Visit**, budget 2 - 4 hours of time for your visit. Please be sure to eat prior to your visit and bring medications and snacks as needed during you visit. (There is a cafeteria across the street at the USA Children's and Women's Hospital). During your appointment, you can expect:

- () Meeting with nurses, physicians, lab personnel and our nutritionist.
- () Possible ultrasound and/or a non-stress test.
- () Meeting with our social worker and maternal fetal medicine coordinator.

Center for Women's Health Diagnostic and High Risk Obstetrics

From the North or South
 Take I-65 to Springhill Ave exit.
 Drive East on Springhill Ave.
 Turn left at the entrance to
 USA Women's and Children's Hospital.
 Turn right onto Center Street.
 Turn left on Cox Street.
 Turn right at the first parking lot entrance.




 University of South Alabama
CENTER FOR Women's Health