

Recreational Therapy

- RTH 194 Leisure Crafts** 3 cr
Adapting various crafts media for use in recreational programs. Design and execution of creative crafts with emphasis on use of indigenous materials.
- RTH 292 Outdoor Recreation-Adventure** 3 cr
A classroom introduction to a wide range of outdoor recreation pursuits with an emphasis on safety, minimum impact, and "how to get started" in outdoor activities like backpacking, canoeing, rafting, car camping, hiking, and others.
- RTH 295 Intro to Therapeutic Rec** 3 cr
Introduces students to the field of therapeutic recreation including the history, foundations, and philosophy of the field. In addition, characteristics and leisure needs of numerous special populations will be introduced.
- RTH 298 Practicum in Ther Rec** 3 cr
Supervised practical experience that provides observation, participation, and application of therapeutic recreation and leisure studies concepts. Includes classroom instruction and exploration of career opportunities. Minimum 90-hours of practical experience required.
- RTH 375 Mgmt in Therapeutic Recreation** 3 cr
Management and organization of therapeutic recreation programs including professional and agency standards, staff development, internship and credential requirements, fiscal planning, continuous quality improvement, equipment maintenance, advocacy, and public relations.
Pre-requisite: RTH 295 Minimum Grade of D or LS 295 Minimum Grade of D.
- RTH 395 Therapeutic Rec Process (W)** 3 cr
This course introduces the comprehensive program planning process and the elements of assessment and documentation in a variety of therapeutic recreation service settings. A field work component may be required.
Pre-requisite: RTH 295 Minimum Grade of D or LS 295 Minimum Grade of D.
- RTH 397 Intergenerational Rec/Wellness** 3 cr
This course is an intergenerational experience combining theory and practice in aging and recreation. Students utilize the therapeutic recreation process (assessment, program planning, implementation and evaluation) with older adults who have special needs, to promote health, wellness, and rehabilitation.
- RTH 465 TR Prog Des & Interventions I** 3 cr
This course provides an examination of Therapeutic Recreation interventions and the role of research and theory in influencing practice. Course topics include: activity analysis, programming techniques, scope of service, intervention descriptions, historical perspectives, current research, and theoretical foundations related to TR intervention. A field work component of 40 hours is required that will allow students to gain experience implementing TR programs.
Pre-requisite: (RTH 295 Minimum Grade of D and RTH 298 Minimum Grade of C) or (LS 295 Minimum Grade of D and LS 298 Minimum Grade of C).
- RTH 466 TR Prog Des & Interventions II** 3 cr
This course examines modalities and issues in therapeutic recreation practice with the primary emphasis on leisure education, scope of service, nature of populations served, systematic programming, activity analysis and documentation of results. The course also addresses contemporary problems and issues in therapeutic recreation, and acquiring knowledge of medical terminology and therapeutic drugs.
Pre-requisite: (LS 295 Minimum Grade of D and LS 298 Minimum Grade of C) or (RTH 295 Minimum Grade of D and RTH 298 Minimum Grade of C).
- RTH 467 TR for Phys Disabilities** 3 cr
This course will familiarize the student with the etiology, characteristics, and course of treatment provided to individuals with various physically disabling conditions, and promote awareness of the role of therapeutic recreation in the physical rehabilitation process. A field work component of 40 hours is required.
- RTH 468 Facilitation Techniques in TR** 3 cr
Study of the concepts and intervention techniques used in the application and process aspects of therapeutic recreation. Content includes evidence-based practice, planning and leading interventions, instructional techniques, counseling theory and practice, implementing groups, communication techniques, and facilitation techniques. A practical leaning component is included.
- RTH 469 TR for Pysch Impairments** 3 cr
This course will familiarize students with etiology, characteristics, and course of treatment provided to individuals with psychological impairments and developmental disabilities and promote awareness of the role of therapeutic recreation in the habilitation/rehabilitation process. A field work component of 40 hours is required.

- RTH 471 Evaluation & Research in HKS-W** 3 cr
This course offers an overview of the research and evaluation process in health, kinesiology, and sport. The first part of the course will emphasize the scope, meaning, and basic concepts of scientific research including aspects of research design. The second part of the course will focus on the application of the basic skills in a practical context in the environment of health, kinesiology, and sport.
- RTH 479 Leisure and Aging** 3 cr
This course will provide an overview of the changes affecting the psychomotor, cognitive and affective domains of the aged; implications of leisure and retirement; and institutional and community settings that provide leisure services for the older adult.
- RTH 490 Special Topics** 3 cr
Selected topics in recreational therapy. Topics will vary according to needs and interests of students. Course may be repeated for credit when content varies.
- RTH 492 Outdoor Ed and Interpretation** 3 cr
Theories, philosophies, and principles of outdoor education with emphasis on the development of interpretive programs.
- RTH 495 Internship in Rec Therapy** 3 TO 12 cr
Supervised experiences in an assigned recreation therapy or related agency. HKS advisor approval required.
- RTH 569 Leisure and Society** 3 cr
An exploration of the economic, religious, political, and socio-cultural factors which influence leisure behavior in modern society.
- RTH 570 Procedures in TR I** 3 cr
Procedures in Therapeutic Recreation I was designed to prepare the graduate student for the more complex areas of present day professional issues and service provision including: an in-depth analysis of historical and philosophical influences, therapy and facilitation techniques, quality management, ethics, standards of practice, clinical supervision, healthcare reimbursement and professional credentialing.
- RTH 571 Procedures In TR II** 3 cr
This course is designed to familiarize the graduate student with the therapeutic recreation process. Content areas will include analyzation of assessment procedures, sources and processes, treatment planning, interdisciplinary procedures, medical record documentation, activity-based interventions, and evaluation of program effectiveness.
- RTH 573 Issues and Trends in TR** 3 cr
An in-depth examination of current issues and trends in recreational therapy with respect to their impact on the profession and society.
- RTH 576 Conceptual Foundations of TR** 3 cr
Designed to introduce the student to the field of therapeutic recreation including philosophy, history, current issues and trends, administration and program development. The course will also provide an overview of various disabling conditions.
- RTH 585 Mgmt in Recreational Therapy** 3 cr
An in-depth examination into the research, foundations, and functions in the delivery of recreational therapy, including current practices in management of fiscal procedures, budgeting, and grants.
- RTH 590 Special Topics** 3 cr
A varying-content course treating various aspects of Leisure Studies. May be repeated for credit when course content varies.
- RTH 592 Outdoor Rec - Adventure Prog** 3 cr
Study and practicum in popular adventure activities (e.g, shooting sports, angling, backpacking, orienteering, rock climbing, canoeing). Emphasis on attitudes, skills, environmental awareness, teaching methodology, and principles of group leadership as they relate to adventuresome activities.
- RTH 595 Internship in Recreational The** 3 TO 9 cr
An individually planned practicum experience in an approved recreational therapy setting. Requires a minimum of 150 work hours per 3 hours of credit. HPELS advisor approval required.
- RTH 596 Special Projects** 3 cr
An individually planned experience whereby a student conceptualizes and researches a special problem relevant to the leisure services profession. Students will share their experiences in a weekly seminar (non-thesis option).