

# Health (BS) - Health Education 6-12 Teacher Certification

## Degree Requirements

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### General Education Requirements (45 Hours)

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#### Area I - Written Composition (2 Courses, 6 Hours)

- A. 3 hours: EH 101
- B. 3 hours: EH 102

#### Area II - Humanities & Fine Arts (4 Courses, 12 Hours)

- A. 3 hours: CA 110
- B. 3 hours from: EH 215, EH 216, EH 225, EH 226, EH 235, EH 236
- C. 3 hours from: ARH 100, ARH 103, ARH 123, ARS 101, DRA 110, MUL 101
- D. 3 hours from: AFR 101, ARH 100, ARH 103, ARH 123, ARS 101, DRA 110, EH 215, EH 216, EH 225, EH 226, EH 235, EH 236, LG 101, LG 102, LG 111, LG 112, LG 121, LG 122, LG 131, LG 132, LG 141, LG 142, LG 151, LG 152, LG 153, LG 171, LG 172, LG 173, LG 201, LG 202, LG 211, LG 212, LG 213, LG 221, LG 222, LG 231, LG 232, LG 234, LG 241, LG 242, 251, LG 252, LG 271, LG 272, LG 273, LGS 101, LGS 102, LGS 106, LGS 107, LGS 110, LGS 111, LGS 131, LGS 141, LGS 142, LGS 161, LGS 162, LGS 171, LGS 172, LGS 181, LGS 182, LGS 201, LGS 202, LGS 206, LGS 207, LGS 210, LGS 211, LGS 241, LGS 242, LGS 261, LGS 262, LGS 281, LGS 282, MUL 101, PHL 110, PHL 120, PHL 121, PHL 131, PHL 231, PHL 240, REL 200, REL 201

#### Area III – Natural Sciences & Mathematics (3 Courses & Labs, 11-14 Hours)

- A. 3-4 hours from: MA 110, MA 112, MA 113, MA 115, MA 120, MA 125, MA 126, MA 227, MA 237, MA 238
- B. 8-10 hours from: BLY 101 & BLY 101L or BLY 121 & BLY 121L, BLY 102 & BLY 102L or BLY 122 & BLY 122L, CH 101 & CH 101L, CH 103 & CH 103L, CH 131 & CH 131L, CH 132 & CH 132L, GEO 101 & GEO 101L, GEO 102 & GEO 102L, GY 111 & GY 111L, GY 112 & GY 112L, PH 101 & PH 101L, PH 104 & PH 104L, PH 114 & PH 114L, PH 115 & PH 115L, PH 201 & PH 201L, PH 202 & PH 202L

#### Area IV – History, Social & Behavioral Sciences (4 Courses, 12 Hours)

- A. 3 hours from: HY 101, HY 102, HY 135, HY 136
- B. 9 hours from: AN 100, AN 101, ECO 215, ECO 216, GEO 114, GEO 115, GS 101, HY 101, HY 102, HY 135, HY 136, PSC 130, PSY 120, PSY 250, SY 109, SY 112

#### Area V (4 Hours)

- A. 3 hours: KIN 100
- B. 1 hour from: PE 101- PE 157

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Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102 or HY 135 & HY 136)

### Major Requirements (75 Hours)

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#### Professional Studies (10 Courses, 30 Hours)

- A. 30 hours from: EDM 310, EDU 400, EPY 351, **EDU 363, HS 340, HS 430, HS 429, HS 460, KIN 381, KIN 460**

#### Teaching Field (15 Courses & Labs, 45 Hours)

- A. 33 hours: BMD 110 or BMD 114 or BMD 251; BMD 111 or BMD 115 or BMD 252; HS 170, HS 262, HS 263, HS 351, HS 361, HS 362, HS 463, KIN 201, KIN 475

- B. 3 hours from: KIN 380, KIN 474, KIN 476
- C. 9 hours from: 300-499 Elective HS or KIN

### Minor Requirements (0 Hours)

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A minor is not required for this degree program

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#### Notes:

Courses in BOLD require admission to Candidacy as a prerequisite

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### Additional Information

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#### E-portfolio And Assessment

Students enrolled in education classes are required to purchase a LiveText membership.

- <https://www.southalabama.edu/colleges/ceps/livetext.html>

#### Teacher Candidacy – Health Education

This major contains a professional component comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Teacher Candidacy.

Admission Requirements for Teacher Candidacy:

Courses and GPA

- Courses: BMD 110 or BMD 114 or BMD 251; CA 110, EDM 310, EDU 400, EPY 351, EH 101, EH 102, HS 170, HS 262, HS 263, KIN 100, and KIN 201
- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.75 Program, 2.75 Professional Studies, 2.75 Teaching Field, and 2.75 USA GPA (all GPAs found in degree audit). No grade below a “C” is accepted in Professional Studies.

Test

- Core Academic Skills for Educators Test: satisfactory completion of ALL parts (Math, Reading, and Writing) [https://www.ets.org/praxis/al/al\\_teacher\\_ed/](https://www.ets.org/praxis/al/al_teacher_ed/)

ALSDE Background Check

- [https://www.alsde.edu/sec/ec/Pages/background\\_clearance-all.aspx](https://www.alsde.edu/sec/ec/Pages/background_clearance-all.aspx)

Application, Liability Insurance, and Interview

- Completed and scheduled in the UCOM Advising Center during the semester prior to beginning Teacher Candidacy

Prerequisites and Certification/Graduation Requirements:

- While in Teacher Candidacy, students must maintain GPAs at or above admission requirement levels
- Prior to Internship, students must pass the Health Education Praxis [https://www.ets.org/praxis/al/al\\_teacher\\_ed/](https://www.ets.org/praxis/al/al_teacher_ed/)
- Prior to certification and graduation, students must pass edTPA

NOTE: Praxis tests requirements are subject to change as prescribed by the ALSDE. Prior to registering for any Praxis exam, please verify current requirements by going directly to the ALABAMA portion of the ETS Praxis website at <http://ets.org/praxis/al>.

## Graduation Plan

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## Health (BS): Health Education 6-12 Teacher Certificate (120 Total Hours)

### First Year - Fall Semester

Course ID	Course Description	Hours
EH 101 (CP)	English Composition I	3
HS 170 (CP)	First Aid	1
HS 262 (CP)	Personal Health	3
KIN 100 (CP)	Concepts of health and Fitness	3
Math	**Area III, A	3
Social & Behavioral Sciences	**Area IV, B	3
Total Hours		16

### First Year - Spring Semester

Course ID	Course Description	Hours
EH 102 (CP)	English Composition II	3
CA 110 (CP)	Public Speaking	3
KIN 201 (CP)	Orientation to Kinesiology	3
History	**Area IV, A	3
*BLY 101	Life Sciences I (**Area III, B)	3
*BLY 101 Lab	Life Sciences I Lab (**Area III, B)	1
Total Hours		16

### Second Year - Fall Semester

Course ID	Course Description	Hours
EDM 310 (CP)	Microcomputing Systems in Education	3
HS 263 (CP)	Nutrition	3
HS 361	School and Community Health	3
Science	**Area III, B	3
Science Lab	**Area III, B	1
Social & Behavioral Sciences	**Area IV, B	3
Total Hours		16

**Second Year - Spring Semester**

Course ID	Course Description	Hours
BMD 110, BMD 114, or BMD 251 (CP)	Anatomy and Physiology I	4
EDU 400 (CP)	Education for Exceptional Children and Youth	3
EPY 351 (CP)	Human Growth and Development	3
Social & Behavioral Sciences	**Area IV, B	3
Literature	**Area II, B	3
Total Hours		16

**Third Year - Fall Semester**

Course ID	Course Description	Hours
KIN 381	Evaluation and Measurements	3
HS 340	Health in Secondary Classroom	3
BMD 111, BMD 115 or BMD 252	Anatomy and Physiology II	4
Humanities & Fine Arts	**Area II, D	3
Teaching Field Elective 300-499	**Teaching Field, C	3
HS 430	School Laboratory Experience - Health II	0
Total Hours		16

**Third Year - Spring Semester**

Course ID	Course Description	Hours
Teaching Field Elective 300-499	**Teaching Field, C	3
Fine Art	**Area II, C	3
HS 429	School Laboratory Experience - Health	0
HS 460	Health Methods (W)	3
HS 362	Drug Education	3
HS 351	Safety Education	3
PE 101- PE 157	PE Activity Course	1
Total Hours		16

**Third Year - Summer Semester**

Course ID	Course Description	Hours
HS 463	Human Sexuality	3



Department of Health, Kinesiology, and Sport website  
<http://www.southalabama.edu/colleges/ceps/hks>

The Department of Health, Kinesiology, and Sport offers state and nationally accredited undergraduate programs of study in Physical Education (P-12), Health Education (6-12), and a combined Health (6-12) and Physical Education (P-12) program that lead to Alabama Class B Educator Preparation and Certification. Graduate programs of study are offered in Physical Education (P-12) and Health Education (6-12) that lead to Alabama Class A Educator Preparation and Certification.

The Department offers a totally on-line graduate program in Sport Management. Undergraduate and graduate programs are available in Exercise Science and Health. An undergraduate major is offered in Sport Management and Recreation Studies with concentrations in Sport and Recreation Management and Therapeutic Recreation. The department also provides a physical activity instructional program for all university students through courses in physical fitness, lifetime sports, dance, and martial arts. An undergraduate Coaching Certificate program is also offered by the department as well as minors in Sport and Recreation Studies and Health and Wellness.

## Undergraduate

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### Requirements For Admission To Candidacy In Teacher-certification Programs (HS And PE)

All students must apply in the Advising Center (UCOM 3360), for admission to teacher candidacy. This is normally done during the final semester of the sophomore year or first semester of the junior year. All previously listed requirements of the University and College must be met prior to application.

Teacher Candidacy Admission Requirements for Physical Education (P-12) & Health (6-12) majors, & merged Health (6-12) and Physical Education (P-12).

#### Hours:

60 semester hours (48 must be in General Education). A minimum of 12 semester hours must be taken at USA.

#### GPA Requirements:

- 2.75 Minimum Overall GPA (All work attempted at USA).
- 2.75 Minimum Program GPA (All courses used on this Advising Sheet, including transfer work).
- 2.75 Minimum Professional Studies GPA (All courses used in the Professional Studies area, including transfer work).
- 2.75 Minimum Teaching Field GPA (All courses used in the Teaching Field, including transfer work).
- No grade below a "C" will be accepted in Professional Studies courses.

#### Course Requirements:

- Course requirements for PE P-12 Majors: CA 110, EH 101, EH 102, BMD 114 or BMD 110 or BMD 251, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, and KIN 166.
- Course requirements for merged Health (6-12) and Physical Education (P-12): CA 110, EH 101, EH 102, BMD 110, BMD 114 or BMD 251, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, HS 262, HS 263
- Course requirements for Health 6-12 Majors: CA 110, EH 101, EH 102, BMD 114, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, HS 170, HS 262, and HS 263.

#### Test Requirements:

- Satisfactory performance on Core Academic Skills for Educators tests of mathematics, reading, and writing. If passed prior to 9/1/2017, the AECTP basic skills tests are acceptable until 9/1/2022.

#### Other Requirements:

- Proof of clear SDE fingerprinting/background check and professional liability insurance.
- Completion of the Dispositions Survey and a signed teacher Candidacy application form.
- Completion of a satisfactory departmental interview with your assigned advisor. Recommendation of advisor, department chairperson and approval of the Candidacy Committee.
- Sufficient physical ability and emotional stability to perform as a teacher.

**Application/Admission Information:**

- Candidacy applications are due the semester in which the student completes all candidacy requirements. The intent is for students to apply for Candidacy AND meet with their content area advisor prior to registration to enable appropriate planning decisions for upcoming semesters.
- Apply for Candidacy in the Advising Center (UCOM 3360).
- The College of Education and Professional Studies Candidacy Committee may recommend, defer or deny admission to the program.

Admission to Candidacy will remain deferred until all requirements have been met and grades are submitted at the end of the term. Once grades are available and all requirements are met, the Office of Student Services will notify students via their official JAG e-mail account when they have been admitted to Candidacy. Students will then be able to register for Candidacy courses.

**Requirements For Admission To Candidacy Non-teacher-certification Programs**

All students must apply for admission to a program during the semester immediately following the completion of 60 semester hours of credit provided they meet the requirements listed below. Courses in progress during the semester the student makes application for candidacy may be used in the candidacy application process.

Admission to a non-teacher certification program requires that

1. The student:
  - a. declare a specialization
  - b. take any necessary tests
  - c. submit to any needed evaluations
  - d. be available for necessary interviews
2. The student's application receives approval from the advisor and departmental chair. The application must be submitted to the College of Education and Professional Studies Advising Center by the second week of the semester in which the student is eligible to be admitted.
3. The student's application receives approval from the Undergraduate Candidacy Committee
4. The student's application receives the approval of the Dean or Associate Dean, College of Education and Professional Studies

Candidacy requirements are summarized on Departmental Advising Sheets.

The following are the criteria to be considered by the Undergraduate Candidacy Committee:

1. Completion of 60 semester hours of course work, 48 of which must be in General Studies.
2. A minimum overall grade-point average of 2.2 in the major/specialization (including transfer work) and a grade-point average of 2.2 on all work attempted at the University of South Alabama.
3. Sufficient physical ability and emotional stability to perform successfully as a professional. These and other factors could be determined in a departmental interview.
4. Recommendation of the advisor and department chair.
5. Completion of any departmental prerequisite courses.
6. Health majors must complete EH 101, EH 102; KIN 100, KIN 201; HS 170, HS 262, HS 263; BMD 110, or BMD 114, or BMD 251 and BMD 111, or BMD 115, or BMD 252; CA 110, and any departmental prerequisite courses, in addition to the above.
7. Sport Management and Recreation Studies majors must complete EH 101, EH 102; LS 191, LS 292, LS 391, CA 110 and any departmental prerequisite courses, in addition to the above.
8. Exercise Science majors must complete EH 101, EH 102; KIN 100, KIN 282; HS 170, BMD 114 or BMD 251, or (BMD 110, Only for Health-Fitness Concentration), CA 110, and any departmental prerequisite courses, in addition to the above.

The Undergraduate Candidacy Committee may recommend the admission of the student to the program, defer admission, or reject the student's application.

**Internships In Non-teaching (NTC) Programs (Exercise Science, Health, Leisure Studies)**

Students enrolled in one of the following NTC Majors: Exercise Science, Health, or Sport Management and Recreation Studies, must be admitted to candidacy in their program and attain senior status prior to enrollment in an internship. All internships must be completed at departmentally approved sites, and must be planned and approved at least one full semester in advance of the experience. No other academic courses may be taken during the internship without permission of the Department Chairperson

and academic advisor. Health, and Exercise Science students enroll in KIN 495 and Sport Management and Recreation Studies students enroll in LS 498. See advisor for details and internship planning.

## **Graduate**

The Department of Health, Kinesiology, and Sport offers:

I. The Master of Education degree with specializations in:

- Physical Education, Teacher Certification
- Health Education, Teacher Certification

These programs are planned to lead to Alabama Class A Teacher Certification. An Alabama Class B certificate or the equivalent is required for students seeking the Master's level (Class A) certification.

II. The Master of Science degree in:

- Exercise Science
- Health
- Sport Management (Fully Online Program)