

Health-Physical Ed (BS) - Physical Education P-12 And Health Education 6-12 Teacher Certification

Degree Requirements

General Education Requirements (47 Hours)

Area I - Written Composition (2 Courses, 6 Hours)

- A. 3 hours: EH 101
- B. 3 hours: EH 102

Area II - Humanities & Fine Arts (4 Courses, 12 Hours)

- A. 3 hours: CA 110
- B. 3 hours from: EH 215, EH 216, EH 225, EH 226, EH 235, EH 236
- C. 3 hours from: ARH 100, ARH 103, ARH 123, ARS 101, DRA 110, MUL 101
- D. 3 hours from: AFR 101, ARH 100, ARH 103, ARH 123, ARS 101, DRA 110, EH 215, EH 216, EH 225, EH 226, EH 235, EH 236, LG 101, LG 102, LG 111, LG 112, LG 121, LG 122, LG 131, LG 132, LG 141, LG 142, LG 151, LG 152, LG 153, LG 171, LG 172, LG 173, LG 201, LG 202, LG 211, LG 212, LG 213, LG 221, LG 222, LG 231, LG 232, LG 234, LG 241, LG 242, 251, LG 252, LG 271, LG 272, LG 273, LGS 101, LGS 102, LGS 106, LGS 107, LGS 110, LGS 111, LGS 131, LGS 141, LGS 142, LGS 161, LGS 162, LGS 171, LGS 172, LGS 181, LGS 182, LGS 201, LGS 202, LGS 206, LGS 207, LGS 210, LGS 211, LGS 241, LGS 242, LGS 261, LGS 262, LGS 281, LGS 282, MUL 101, PHL 110, PHL 120, PHL 121, PHL 131, PHL 231, PHL 240, REL 200, REL 201

Area III – Natural Sciences & Mathematics (3 Courses & Labs, 11-14 Hours)

- A. 3-4 hours from: MA 110, MA 112, MA 113, MA 115, MA 120, MA 125, MA 126, MA 227, MA 237, MA 238
- B. 8-10 hours from: *BLY 101 & *BLY 101L or BLY 121 & BLY 121L, *BLY 102 & *BLY 102L or BLY 122 & BLY 122L, CH 101 & CH 101L, CH 103 & CH 103L, CH 131 & CH 131L, CH 132 & CH 132L, GEO 101 & GEO 101L, GEO 102 & GEO 102L, GY 111 & GY 111L, GY 112 & GY 112L, PH 101 & PH 101L, PH 104 & PH 104L, PH 114 & PH 114L, PH 115 & PH 115L, PH 201 & PH 201L, PH 202 & PH 202L

Area IV – History, Social & Behavioral Sciences (4 Courses, 12 Hours)

- A. 3 hours from: HY 101, HY 102, HY 121, HY 122, HY 135, HY 136
- B. 9 hours from: AN 100, AN 101, ECO 215, ECO 216, GEO 114, GEO 115, HY 101, HY 102, HY 135, HY 136, PSC 130, PSY 120, PSY 250, SY 109, SY 112

Area V (2 Courses, 6 Hours)

- A. 3 hours: KIN 100
- B. 3 hours: HS 262

Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102, HY 121 & HY 122, or HY 135 & HY 136)

Major Requirements (75 Hours)

Professional Studies (12 Courses, 33 Hours)

- A. 33 hours: EDM 310, EDU 400, EPY 351, **HS 340, HS 430, HS 429, HS 460, KIN 351, KIN 381, KIN 429, KIN 450, KIN 452**

Teaching Field (42 Hours)

- A. 42 hours: BMD 110 or BMD 114 or BMD 251; BMD 111 or BMD 115 or BMD 252; HS 170, KIN 263, HS 361, HS 362, HS 463, KIN 166, KIN 201, KIN 370, KIN 380, KIN 461, KIN 475, KIN 476

Minor Requirements (0 Hours)

A minor is not required for this degree program

Notes:

Courses in BOLD require admission to Candidacy as a prerequisite

Additional Information

E-portfolio And Assessment

Students enrolled in education classes are required to purchase a LiveText membership.

- <https://www.southalabama.edu/colleges/ceps/livetext.html>

Teacher Candidacy – Merged Health And Physical Education

This major contains a professional component comprised of upper level courses (300-400 levels), as shown on the graduation plan, and are only available to students who have gained admission to Teacher Candidacy.

Admission Requirements for Teacher Candidacy:

Courses and GPA

- Courses: BMD 110 or 114 or 251, CA 110, EDM 310, EDU 400, EPY 351, EH 101, EH 102, HS 170, HS 262, HS 263, KIN 100, and KIN 201
- Hours: 60 credit hours of degree requirements completed
- Minimum Grade Point Averages: 2.5 Program, 2.5 Professional Studies, 2.5 Teaching Field, and 2.5 USA GPA (all GPAs found in degree audit). No grade below a "C" is accepted in Professional Studies.

ALSDE Background Check

- https://www.alsde.edu/sec/ec/Pages/background_clearance-all.aspx

Application, Liability Insurance, and Interview

- Completed and scheduled in the UCOM Advising Center during the semester prior to beginning Teacher Candidacy

Prerequisites and Certification/Graduation Requirements:

- While in Teacher Candidacy, students must maintain GPAs at or above admission requirement levels
- Prior to Internship, students must pass the Health and Physical Education Praxis tests https://www.ets.org/praxis/al/al_teacher_ed/
- Prior to certification and graduation, students must pass edTPA

NOTE: Praxis tests requirements are subject to change as prescribed by the ALSDE. Prior to registering for any Praxis exam, please verify current requirements by going directly to the ALABAMA portion of the ETS Praxis website at <http://ets.org/praxis/al>.

Graduation Plan

Health-Physical Ed (BS): Physical Ed P-12 And Health Ed Teacher Certification (122 Total Hours)

First Year - Fall Semester

Course ID	Course Description	Hours
EH 101 (CP)	English Composition I	3

CA 110 (CP)	Public Speaking	3
KIN 100 (CP)	Concepts of Health and Fitness	3
Math	**Area III, A	3
*BLY 101	Life Sciences (**Area III, B)	3
*BLY 101 Lab	Life Sciences Lab (**Area III, B)	1
Total Hours		16

First Year - Spring Semester

Course ID	Course Description	Hours
EH 102 (CP)	English Composition II	3
KIN 263 (CP)	Intro to Nutrition	3
KIN 166	Movement and Rhythms	3
KIN 201 (CP)	Orientation to Kinesiology	3
Science	**Area III, B	3
Science Lab	**Area III, B	1
Total Hours		16

Second Year - Fall Semester

Course ID	Course Description	Hours
EDM 310 (CP)	Microcomputing Systems in Education	3
BMD 110, BMD 114 or BMD 251 (CP)	Anatomy and Physiology I	4
HS 262 (CP)	Personal Health	3
HS 361	School and Community Health	3
Literature	**Area II, B	3
Total Hours		16

Second Year - Spring Semester

Course ID	Course Description	Hours
BMD 111, BMD 115 or BMD 252	Anatomy and Physiology II	4
EDU 400 (CP)	Education for Exceptional Children and Youth	3
EPY 351 (CP)	Human Growth and Development	3
KIN 351	Sports Skills	3
History	**Area IV, A	3

Total Hours 16

Third Year - Fall Semester

Course ID	Course Description	Hours
KIN 381	Evaluation and Measurements	3
Humanities & Fine Arts	**Area II, D	3
HS 170	First Aid	1
Social & Behavioral Sciences	**Area IV, B	3
KIN 475 (W)	Org and Administration of Health and PE (W)	3
HS 340	Health in the Secondary Classroom	3
HS 430	School Lab Experience - Health II	0
Total Hours		16

Third Year - Spring Semester

Course ID	Course Description	Hours
HS 429	School Lab Experience - Health	0
HS 460	Methods in Health Education (W)	3
KIN 380	Kinesiology	3
KIN 370	Basic Motor Learning	3
KIN 461	PE for Atypical Children	3
Social & Behavioral Sciences	**Area IV, B	3
Total Hours		15

Third Year - Summer Semester

Course ID	Course Description	Hours
HS 463	Human Sexuality	3
Total Hours		3

Fourth Year - Fall Semester

Course ID	Course Description	Hours
HS 362	Drug Education	3
KIN 476	Physiology of Exercise	3

KIN 429	School Lab Experience - PE	0
KIN 452	Methods of Teaching PE (W)	3
Social & Behavioral Sciences	**Area IV, B	3
Fine Arts	**Area II, C	3
Total Hours		15

Fourth Year - Spring Semester

Course ID	Course Description	Hours
KIN 450	Internship in Health and PE	9
Total Hours		9

Notes

*Recommended Course

(CP) Candidacy Prerequisite

(W) Writing-Intensive Course

BOLD courses require admission to Candidacy

Department Information

Department of Health, Kinesiology, and Sport	(251) 460-7131
Chair	Neil A. Schwarz
Professors	Holden, Kovaleski
Associate Professors	Broach, Forester, Hudson, Keshock, Schwarz
Assistant Professor	Colquhoun, Hauff, Keller, Parkes, Stratton, Woltring
Senior Instructors	Anastasio, Palombo
Instructors	Botsis, Montgomery

Department of Health, Kinesiology, and Sport website
<http://www.southalabama.edu/colleges/ceps/hks>

The Department of Health, Kinesiology, and Sport offers state and nationally accredited undergraduate programs of study in Physical Education (P-12), Health Education (6-12), and a combined Health (6-12) and Physical Education (P-12) program that lead to Alabama Class B Educator Preparation and Certification. Graduate programs of study are offered in Physical Education (P-12) and Health Education (6-12) that lead to Alabama Class A Educator Preparation and Certification.

The Department offers totally on-line graduate programs in Sport Management and Health Promotion. Undergraduate and graduate programs are available in Exercise Science and Health Promotion. Undergraduate programs are offered in Recreational

Therapy and Sport Management and Recreation Studies with concentrations in Sport Administration or Coaching Administration.

The Department also provides a physical activity instructional program for all university students through courses in physical fitness, lifetime sports, dance, and martial arts. An undergraduate Coaching Certificate program is also offered by the department as well as minors in Sport Management and Recreational Studies and Health and Wellness.

Undergraduate

Requirements For Admission To Candidacy In Teacher-certification Programs (HS And PE)

All students must apply in the Advising Center (UCOM 3360), for admission to teacher candidacy. This is normally done during the final semester of the sophomore year or first semester of the junior year. All previously listed requirements of the University and College must be met prior to application.

Teacher Candidacy Admission Requirements for Physical Education (P-12) & Health (6-12) majors, & merged Health (6-12) and Physical Education (P-12).

Hours:

60 semester hours (48 must be in General Education). A minimum of 12 semester hours must be taken at USA.

GPA Requirements:

- 2.5 Minimum Overall USA GPA (All work attempted at USA).
- 2.5 Minimum Program GPA (All courses used on this Advising Sheet, including transfer work).
- 2.5 Minimum Professional Studies GPA (All courses used in the Professional Studies area, including transfer work).
- 2.5 Minimum Teaching Field GPA (All courses used in the Teaching Field, including transfer work).
- No grade below a "C" will be accepted in Professional Studies courses.

Course Requirements:

- Course requirements for PE P-12 Majors: CA 110, EH 101, EH 102, BMD 114 or BMD 110 or BMD 251, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, and KIN 166.
- Course requirements for merged Health (6-12) and Physical Education (P-12): CA 110, EH 101, EH 102, BMD 110, BMD 114 or BMD 251, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, HS 262, HS 263
- Course requirements for Health 6-12 Majors: CA 110, EH 101, EH 102, BMD 114, EDM 310, EDU 400, EPY 351, KIN 100, KIN 201, HS 170, HS 262, and KIN 263.

Other Requirements:

- Proof of clear SDE fingerprinting/background check and professional liability insurance.
- Completion of the Dispositions Survey and a signed teacher Candidacy application form.
- Completion of a satisfactory departmental interview with your assigned advisor. Recommendation of advisor, department chairperson and approval of the Candidacy Committee.
- Sufficient physical ability and emotional stability to perform as a teacher.

Application/Admission Information:

- Candidacy applications are due the semester in which the student completes all candidacy requirements. The intent is for students to apply for Candidacy AND meet with their content area advisor prior to registration to enable appropriate planning decisions for upcoming semesters.
- Apply for Candidacy in the Advising Center (UCOM 3360).
- The College of Education and Professional Studies Candidacy Committee may recommend, defer or deny admission to the program.

Admission to Candidacy will remain deferred until all requirements have been met and grades are submitted at the end of the term. Once grades are available and all requirements are met, the Office of Student Services will notify students via their official JAG e-mail account when they have been admitted to Candidacy. Students will then be able to register for Candidacy courses.

Requirements For Admission To Candidacy Non-teacher-certification Programs

All students must apply for admission to a program during the semester immediately following the completion of 60 semester hours of credit provided they meet the requirements listed below. Courses in progress during the semester the student makes application for candidacy may be used in the candidacy application process.

Admission to a non-teacher certification program requires that

1. The student:
 - a. declare a specialization
 - b. take any necessary tests
 - c. submit to any needed evaluations
 - d. be available for necessary interviews
2. The student's application receives approval from the advisor and departmental chair. The application must be submitted to the College of Education and Professional Studies Advising Center by the second week of the semester in which the student is eligible to be admitted.
3. The student's application receives approval from the Undergraduate Candidacy Committee
4. The student's application receives the approval of the Dean or Associate Dean, College of Education and Professional Studies

Candidacy requirements are summarized on Departmental Advising Sheets.

The following are the criteria to be considered by the Undergraduate Candidacy Committee:

1. Completion of 60 semester hours of course work, 48 of which must be in General Studies.
2. A minimum overall grade-point average of 2.2 in the major/specialization (including transfer work) and a grade-point average of 2.2 on all work attempted at the University of South Alabama.
3. Sufficient physical ability and emotional stability to perform successfully as a professional. These and other factors could be determined in a departmental interview.
4. Recommendation of the advisor and department chair.
5. Completion of any departmental prerequisite courses.
6. Health majors must complete EH 101, EH 102; KIN 100, KIN 201; HS 170, HS 262, KIN 263; BMD 110, or BMD 114, or BMD 251 and BMD 111, or BMD 115, or BMD 252; CA 110, and any departmental prerequisite courses, in addition to the above.
7. Recreational Therapy majors and Sport Management and Recreation Studies majors must complete EH 101, EH 102; SM 191, RTH 292, SM 391, CA 110 and any departmental prerequisite courses, in addition to the above.
8. Exercise Science majors must complete EH 101, EH 102; KIN 100, KIN 282; HS 170, BMD 114 or BMD 251, or (BMD 110, Only for Health-Fitness Concentration), CA 110, and any departmental prerequisite courses, in addition to the above.

The Undergraduate Candidacy Committee may recommend the admission of the student to the program, defer admission, or reject the student's application.

Internships In Non-teaching (NTC) Programs (Exercise Science, Health, Recreational Therapy, Sport Management And Recreation Studies)

Students enrolled in one of the following NTC Majors: Exercise Science, Health Promotion, Recreational Therapy, or Sport Management and Recreation Studies, must be admitted to candidacy in their program and attain senior status prior to enrollment in an internship. All internships must be completed at departmentally approved sites, and must be planned and approved at least one full semester in advance of the experience. No other academic courses may be taken during the internship without permission of the academic advisor. Health, and Exercise Science students enroll in KIN 495, Recreational Therapy students enroll in RTH 495, and Sport Management and Recreation Studies students enroll in SM 495. See advisor for details and internship planning.

Graduate

The Department of Health, Kinesiology, and Sport offers:

I. The Master of Education degree with specializations in:

- Physical Education, Teacher Certification
- Health Education, Teacher Certification

These programs are planned to lead to Alabama Class A Teacher Certification. An Alabama Class B certificate or the equivalent is required for students seeking the Master's level (Class A) certification.

II. The Master of Science degree in:

- Exercise Science
- Health Promotion (Fully Online Program)
- Sport Management (Fully Online Program)