

# Interdisciplinary Studies (BS Or BA)

## Degree Requirements

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### General Education Requirements (41 Hours)

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#### Area I - Written Composition (2 Courses, 6 Hours)

- A. 3 hours: EH 101
- B. 3 hours: EH 102

#### Area II - Humanities & Fine Arts (4 Courses, 12 Hours)

- A. 3 hours: CA 110
- B. 3 hours from: EH 215, EH 216, EH 225, EH 226, EH 235, EH 236
- C. 3 hours from: ARH 100, ARH 103, ARH 123, ARS 101, DRA 110, MUL 101
- D. 3 hours from: AFR 101, ARH 100, ARH 103, ARH 123, ARH 203, ARS 101, CLA 110, DRA 110, EH 215, EH 216, EH 225, EH 226, EH 235, EH 236, LG 101, LG 102, LG 111, LG 112, LG 121, LG 122, LG 131, LG 132, LG 141, LG 142, LG 151, LG 152, LG 153, LG 171, LG 172, LG 173, LG 201, LG 202, LG 211, LG 212, LG 213, LG 221, LG 222, LG 231, LG 232, LG 234, LG 241, LG 242, 251, LG 252, LG 271, LG 272, LG 273, LGS 101, LGS 102, LGS 106, LGS 107, LGS 110, LGS 111, LGS 131, LGS 141, LGS 142, LGS 161, LGS 162, LGS 171, LGS 172, LGS 181, LGS 182, LGS 201, LGS 202, LGS 206, LGS 207, LGS 210, LGS 211, LGS 241, LGS 242, LGS 261, LGS 262, LGS 281, LGS 282, MUL 101, PHL 110, PHL 120, PHL 121, PHL 131, PHL 231, PHL 240, REL 100, REL 200, REL 201

#### Area III – Natural Sciences & Mathematics (3 Courses & Labs, 11-14 Hours)

- A. 3-4 hours from: MA 110, MA 112, MA 113, MA 115, MA 120, MA 125, MA 126, MA 227, MA 237, MA 238
- B. 8-10 hours from: AN 121 & AN 121L, BLY 101 & BLY 101L or BLY 121 & BLY 121L, BLY 102 & BLY 102L or BLY 122 & BLY 122L, CH 101 & CH 101L, CH 103 & CH 103L, CH 131 & CH 131L, CH 132 & CH 132L, GEO 101 & GEO 101L, GEO 102 & GEO 102L, GY 111 & GY 111L, GY 112 & GY 112L, MAS 134 & MAS 134L, PH 101 & PH 101L, PH 104 & PH 104L, PH 114 & PH 114L, PH 115 & PH 115L, PH 201 & PH 201L, PH 202 & PH 202L

#### Area IV – History, Social & Behavioral Sciences (4 Courses, 12 Hours)

- A. 3 hours from: HY 101, HY 102, HY 121, HY 122, HY 135, HY 136
- B. 9 hours from: AN 100, AN 101, CA 100, CA 101, CJ 105, ECO 215, ECO 216, GEO 114, GEO 115, HY 101, HY 102, HY 121, HY 122, HY 135, HY 136, IS 100, IST 201, NAS 101, PSC 130, PSY 120, PSY 250, SY 109, SY 112

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Students must complete a 6 credit hour sequence either in literature (Area II – EH 215 & EH 216, EH 225 & EH 226, or EH 235 & EH 236) or history (Area IV – HY 101 & HY 102, HY 121 & HY 122, or HY 135 & HY 136)

All undergraduates must complete two designated writing credit (W) courses, at least one of which must be in the student's major or minor.

### Major Requirements (79 Hours)

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#### General Competency (5 Courses, 15 Hours)

- 15 hours: IST 302, IST 320, IST 330 (W), IST 350, IST 495

#### Capstone (1 Course, 3 Hours)

- 3 hours from: IST 430 (W), IST 498 (W)

**Concentration (30 Hours)**

- Collaborate with academic advisor to design an individualized program of study.

**Electives (31 Hours)**

- 31 hours from: IST 101, IST 120, IST 125, IST 210, IST 290, IST 294, IST 305, IST 310, IST 315, IST 401, IST 420, IST 425, IST 490, IST 494, IST 499, Electives 100-499

**Minor Requirements (0 Hours)**

A minor is not required for this degree program

## Graduation Plan

**Interdisciplinary Studies (BS Or BA) (120 Total Hours)**

The Graduation Plan is an example of course progression. Individual student plans may vary. Students should consult with an academic advisor to create a personalized plan.

**First Year - Fall Semester**

Course ID	Course Description	Hours
EH 101	English Comp I	3
History	**Area IV, A	3
Elective 100-499	**Electives	3
Social & Behavioral Sciences	**Area IV, B	3
Fine Arts	**Area II, C	3
Total Hours		15

**First Year - Spring Semester**

Course ID	Course Description	Hours
EH 102	English Composition II	3
Natural Science	**Area III, B	3
Natural Science Lab	**Area III, B	1
CA 110	Public Speaking	3
Social & Behavioral Sciences	**Area IV, B	3
Humanities & Fine Arts	**Area II, D	3
Total Hours		16

**Second Year - Fall Semester**

Course ID	Course Description	Hours
Math	**Area III, A	3
Social & Behavioral Sciences	**Area IV, B	3
Literature	***Area II, B	3
Natural Science	**Area III, B	3
Natural Science Lab	**Area III, B	1
* IST 290	Special Topic (**Electives)	1
Total Hours		14

**Second Year - Spring Semester**

Course ID	Course Description	Hours
* IST 125	Professional Conduct (**Electives)	3
* IST 201	Seasons of Life (**Electives)	3
IST 302	Interdisciplinary and Critical Thinking	3
Concentration 100-499	**Concentration	3
Concentration 100-499	**Concentration	3
Total Hours		15

**Third Year - Fall Semester**

Course ID	Course Description	Hours
* IST 305	Issues in Human Services (**Electives)	3
* IST 310	Global Leadership (**Electives)	3
IST 330 (W)	Analytical and Information Literacy	3
IST 350 (W)	Advanced Verbal and Written Communication	3
Concentration 300-499	**Concentration	3
Total Hours		15

**Third Year - Spring Semester**

Course ID	Course Description	Hours
* IST 315	Women's Issues in the Workplace (**Electives)	3
IST 320	Cultural Competency	3
Concentration 300-499	**Concentration	3
Concentration 300-499	**Concentration	3
Concentration 300-499	**Concentration	3
Total Hours		16

**Fourth Year - Fall Semester**

Course ID	Course Description	Hours
* IST 401	Adults in Society (**Electives)	3
* IST 420	Community Development and Leadership (**Electives)	3
* IST 425	Workplace Learning and Development (**Electives)	3
Concentration 100-499	**Concentration	3
Concentration 100-499	**Concentration	3
Total Hours		15

**Fourth Year - Spring Semester**

Course ID	Course Description	Hours
IST 495	Professional Leadership and Teamwork	3
IST 430 (W) or IST 498 (W)	**Capstone	3
Concentration 100-499	**Concentration	3
Concentration 100-499	**Concentration	3
Elective 100-499	**Electives	3
Total Hours		15

**Notes**

\* Recommended Course

\*\* See Degree Requirements

(W) Writing-Intensive Course - 2 Required

**Major Milestones**

Effective fall 2016, the Interdisciplinary Studies degree includes a Major Milestones guideline to help students stay on track for timely graduation. In order to remain on track, students must complete the Milestone requirements for each term. Requirements for Major Milestones apply only to full-time degree-seeking students who entered fall 2016 or later. These requirements are viewable on the Major Milestones table below.:

**INTERDISCIPLINARY STUDIES SAMPLE 4-YEAR PLAN WITH MILESTONES**

Term 1	Course Description	Pre-req	Cr Hrs	Milestone Notes
EH 101*	English Composition I		3	
History			3	

<b>Elective Course IST 101</b>	Foundations of Interdisciplinary University Studies	3	
<b>Social Behavioral Science</b>		3	
<b>Fine Arts</b>		3	
		<b>15</b>	Minimum Term GPA 2.0

<b>Term 2</b>	<b>Course Description</b>	<b>Pre-req</b>	<b>Cr Hrs</b>	<b>Milestone Notes</b>
<b>EH 102 or EH 105</b>	English Composition II	EH 101 or test score	3	EH 101 C or better or EH 105 C or better
<b>Natural Science w/ Lab</b>			4	
<b>CA 110</b>	Public Speaking		3	
<b>Social Behavioral Science</b>			3	
<b>English Literature</b>			3	
			<b>16</b>	

<b>Term 3</b>	<b>Course Description</b>	<b>Pre-req</b>	<b>Cr Hrs</b>	<b>Milestone Notes</b>
<b>Math</b>	MA 110 or higher		3	
<b>History or Social Behavioral Science**</b>			3	
<b>English Literature or Humanities**</b>			3	
<b>Natural Science w/ Lab</b>			4	
<b>Elective Course: IST 290</b>	Special Topic		1	
			<b>14</b>	EH 102 C or better

<b>Term 4</b>	<b>Course Description</b>	<b>Pre-req</b>	<b>Cr Hrs</b>	<b>Milestone Notes</b>
<b>Elective Course:</b>	Professional Conduct		3	

## IST 125

<b>Elective Course:</b> IST 201	Seasons of Life	3	
<b>Competency Course:</b> IST 302	Interdisciplinary and Critical Thinking	3	
<b>Concentration Course</b>	Field of Study Course (Any Level)	3	
<b>Concentration Course</b>	Field of Study Course (Any Level)	3	
		<b>15</b>	Minimum Term GPA 2.0

Term 5	Course Description	Pre-req	Cr Hrs	Milestone Notes
<b>Elective Course:</b> IST 305	Issues in Human Services		3	
<b>Elective Course:</b> IST 310	Global Leadership		3	
<b>Competency Course:</b> IST 330	Analytical and Information Literacy		3	
<b>Competency Course:</b> IST 350	Advanced Verbal and Written Communication-W		3	
<b>Concentration Course</b>	Field of Study course (300-400 Level)		3	
			<b>15</b>	15 Hours of USA Upper Division Coursework Completed

Term 6	Course Description	Pre-req	Cr Hrs	Milestone Notes
<b>Elective Course:</b> IST 315	Women's Issues in the Community Workplace		3	
<b>Competency Course:</b> IST 320	Cultural Competency		3	
<b>Concentration Course</b>	Field of Study Course (300-400 Level)		3	
<b>Concentration Course</b>	Field of Study Course (300-400 Level)		3	

<b>Concentration Course</b>	Field of Study Course (300-400)		3	
			<b>15</b>	<b>Apply for Graduation</b>
<b>Term 7</b>	<b>Course Description</b>	<b>Pre-req</b>	<b>Cr Hrs</b>	<b>Milestone Notes</b>
<b>Elective Course: IST 401</b>	Adults in Society		3	
<b>Elective Course: IST 420</b>	Community Development and Leadership		3	
<b>Elective Course: IST 425</b>	Workplace Learning and Development		3	
<b>Concentration Course</b>	Field of Study Course (Any Level)		3	
<b>Concentration Course</b>	Field of Study Course (Any Level)		3	
			<b>15</b>	Minimum Term GPA 2.0
<b>Term 8</b>	<b>Course Description</b>	<b>Pre-req</b>	<b>Cr Hrs</b>	<b>Milestone Notes</b>
<b>Competency Course: IST 495</b>	Professional Leadership and Teamwork		3	
<b>Capstone Course: IST 430 or IST 498</b>	Senior Research Thesis - W or Internship I Capstone Experience - W		3	IST 330 C or better and IST 350 C or better
<b>Concentration Course</b>	Field of Study Course (Any Level)		3	
<b>Elective Course</b>			3	
<b>Concentration Course</b>	Field of Study Course (Any Level)		3	
			<b>15</b>	Minimum Term GPA 2.0
			<b>Total degree hours = 120</b>	

\* Students who earn an English ACT score of 27, or a written SAT score of 610, can opt out of EH 101.

\*\* Must have one history elective and one literature elective. In addition, students must choose a second history or literature course to complete a two-part sequence.

Two designated writing courses are required with at least one course chosen from the student's major. Writing courses are identified in the University Bulletin by a (W) after the course title.

This Sample 4-Year Plan is designed as a guide for students preparing for their course selections and only provides only a suggested schedule. Actual course selections should be made in consultation with an academic advisor.

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## Department Information

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<b>Department of Integrative Studies Staff</b>	<b>(251) 460-6263</b>
Chair	Paige A. Vitulli
Assistant Professors	Manders, Moody

Department of Integrative Studies website  
<http://www.southalabama.edu/colleges/ceps/integrative/index.html>

The Department of Integrative Studies (INGS) includes the Interdisciplinary Studies programs. Faculty are professionals from various backgrounds including business, political science, instructional design, teacher education, interdisciplinary studies, community counseling, educational research, and child development.

The **Interdisciplinary Studies degree** is a customizable program which can be taken fully online, offering a BA or BS which builds skills in communication, cultural competency, analytical thinking, leadership, and teamwork. Diversity is valued among learners and emphasis is on the importance of becoming an active leader, effective team member, and engaged global citizen.

The Interdisciplinary Studies (IST) degree is designed to give students a variety of options in earning a Bachelor's degree tailored to meet their needs and interests. The Department of Interdisciplinary Studies (IST) offers a fully on-line degree.