The mission of the Gulf Coast Behavioral Health and Resiliency Center (GCBHRC) is to facilitate wellness, promote integrated healthcare, and improve the quality of life for Lower Alabama residents. The Center provides evidence-based training/educational programs and enables mental/behavioral health services for adults, children, and families located in Mobile and Baldwin Counties. GCBHRC also engages in workforce development, capacity building, and resiliency-enhancing therapeutic programs while conducting programmatic evaluation and disseminating up-to-date research. The GCBHRC is also committed to enhancing the training and education of undergraduates, graduates, post-doctoral fellows, psychiatry residents and child psychiatry fellows who are affiliated with the University of South Alabama.

During 2016-17, GCBHRC met its mission by:

Expanding our scope to provide Behavioral Health services at:
- University of South Alabama Family Medicine
- Mobile County Health Department (MCHD) Family Health Southwest Clinic
- MCHD Family Health Pediatric Clinic
- Mobile County Public School System
- Baldwin County Board of Education.

Across our new and existing sites, GCBHRC Behavioral Health Providers have provided care to roughly 5,300 patients this year alone.

We established the APPLE (Attentional Problems Present in the Learning Environment) team. This team was designed to conduct in-school ADHD Assessments, Behavioral Observations, and Brief Interventions within the Mobile County Public School District. One high-risk elementary school was chosen as the pilot site. In conjunction with USA Child Psychiatry Fellows, the team has established an integrated (child, parent, teacher, school counselor, APPLE behavioral health and assessment provider, child psychiatry resident) team and a flow for referral, assessment, analysis, and treatment. Launched in the Spring of 2017 and occurring weekly, the APPLE Team already has observed approximately 40 students while they attend school (classroom assessments) and completed nine (9) in depth assessments.

The GCBHRC has trained or provided funding for approximately 1,800 people to be trained in a variety of evidence-based programs including:
- Youth Mental Health First Aid
- Adult Mental Health First Aid
- QPR (Question, Persuade, Respond) – Suicide Prevention Program
- Mental Health First Aid: Public Safety
- Crisis Intervention Team Training
- The 4th Annual Generational Resiliency Conference
- Recognizing and Responding to Suicide in the Primary Care Setting
- Grief therapy as Brief Therapy
- Treating Chronic Pain in the Primary Care Setting

The Center has collaborated with various partners on grant submission with funded awards including partnerships with Mobile Police Department, Lifelines Family Counseling Center, USA Department of Speech and Audiology, USA Department of Professional Studies.

The Center has disseminated information through publications, oral presentations, posters, etc. We have had 8 peer reviewed manuscripts/book chapters published (during the 2016-2017 academic year), with 4 more papers in press! We have a number of other manuscripts in submission at peer-reviewed journals. We have given many professional presentations (Dr. L-R alone has formally presented 11 times this year). GCBHRC has also presented 14 posters at...
various conferences to include the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies, the 124th Annual Meeting of the American Psychological Association, the 2016 American Public Health Association Annual Conference, and the 34th Annual Meeting of the International Society of Traumatic Stress Studies.
Psychology continues to be very popular both in terms of the students majoring in fields other than psychology and selecting psychology as their major or minor field of study. The introductory psychology course provides instruction to approximately 2000 students during the course of the academic year, mostly to students in fields of study other than psychology. Upper division courses are also populated by many students in fields of study other than psychology. The popularity of psychology is also apparent from the number of students that major in this field of study. Approximately 350 students major in psychology which is one the fields of study with the most majors in the College of Arts and Science. Many students majoring in psychology not only receive the quality education provided in the context of the classroom, but also get additional training and experience from the mentoring faculty provide in the context of directed studies, participation in the Honors program, and participation in the UCUR program.

**Department Chair:** Dr. Elise Labbé-Coldsmith, Ph.D.

**Instructors:** Dr. Victoria Armstrong, Dr. Nathaniel Abston, Meagan Broadway, M.S., Dr. David Chavers, Dr. Kelley Drayer, Dr. Harvey Joanning, Dr. William Kringle, Jana Lane, M.S., Dr. William Mace, Dr. Murry Mutchnick, Dr. Mystera Samuelson, Mr. Steve Urbanek, and Dr. Linda Williamson

**Professors:** Dr. Charles Brown, Dr. Elise Labbé-Coldsmith, Dr. Jennifer Langhinrichsen-Rohling, Dr. Martin Rohling, Dr. John Shelley-Tremblay, and Dr. Lisa Turner

**Associate Professors:** Dr. Joshua Foster, Dr. Benjamin Hill, Dr. Mark Yates, and Dr. Kimberly Zlomke

**Assistant Professors:** Dr. Joseph Currier, Dr. Joshua Isen, Dr. Stephanie Jett, Dr. Laura Powell, and Dr. Philip Smith,

**Secretaries:** Ms. Lisa Nash, Ms. Arlene Vickers, and Ms. Wanda Milliner
continued Departmental Highlights

Students taking directed studies courses gain experience from assisting and participating in the program of research conducted by psychology faculty members. This experience frequently culminates in their presenting research at psychological conferences. For the 2016–2017 academic year, undergraduate majors in psychology participating in either the Honors program, or taking directed studies courses made 23 research presentations at professional psychology conferences. Four students published papers in peer-reviewed publications; one was by an Honors student. In addition to these accomplishments, several undergraduate students received awards for their outstanding performance. Malaya Richard and Krisztina Szabo received the outstanding undergraduate student award and Noah Brandt received the Pinnacle award.

The Doctoral Program in Combined Clinical/Counseling Psychology (CCP) continues to be a popular program particularly since receiving APA accreditation. Applications for the program continue to be plentiful resulting in the difficult task of deciding on which of many very qualified students would be admitted to the program. Clinical and Counseling Psychology faculty members are attracting applicants, from across the nation, who want to work with them on their research programs. The Master of Science experimental program emphasizing Brain and Behavioral Science is also moving forward with more students applying to the program. Students in both the CCP Doctoral program and Master of Science program distinguish themselves by being accepted to accredited internships and by students in both graduate programs not only being involved in research but presenting at professional conferences and publishing in peer reviewed journals. For the past academic year psychology, graduate students have presented the results of 37 research studies at professional conferences and have authored or co-authored 22 peer reviewed publications. Graduate students also have 7 manuscripts under review in peer reviewed journals. Brooke Sims and Robert Faulk received the outstanding Master of Science student award, and Garret Edwards and Paige Naylor received the outstanding doctoral student award. By any measure, the graduate programs are training students that will be productive psychologists who will make good contributions to the profession.

To support the graduate students, the clinical/counseling faculty members continue to be active and successful in securing grants and contracts that fund assistantships. In addition to the assistantships provided by the USA foundation and the University, support is obtained from contracts with local agencies such as the Department of Human Resources, Veteran Affairs, USA Disability Services and the Mitchell Cancer Institute as well as from grants from the American Foundation for Suicide Prevention, Oil Spill funds, SAMSHA and NIH/NIMH.

The Psychological Clinic continues to be an important and integral part of the Psychology Department and training ground for the doctoral program in clinical/counseling psychology. Doctoral students obtain valuable training in the delivery of psychological interventions under the supervision of clinical and counseling psychologists. The Psychological Clinic is also a resource where clinical and counseling psychologists can conduct their part-time private practice. The clinic is increasingly being recognized as a valuable community resource with the number of patients seen in the clinic increasing every year. As one indication of the value and reputation of the Psychological Clinic, it was one of the top 25 sites for National Depression Screening Day. During the 2016–2017 academic year, the USA Psychology Clinic received a total of 530 new client referrals, with 362 seeking services through the student clinic and 168 seeking services with a CCP faculty member. A total of 667 unique clients were seen during this year, for a total of 5,152 scheduled appointments (4,048 contact hours). CCP doctoral students screened 325 individuals for services; 70% of new patients were seeking therapy services. A total of 4,513 appointments were scheduled with student clinicians. Clients attended 3,106 appointments with student clinicians (66.8%), with 3,403 direct contact hours. Due to a new text message/email appointment reminder system, our no-show rate has decreased to 8%. Attended (student) appointment types included Screening (325), Counseling session (1,955), Assessment/Feedback (226), Parent Child Interaction Therapy (153). On average, graduate students obtained approximately 125 direct contact hours during the academic year (range 6-325 hours). During the academic year, CCP faculty members provided services to 179 unique clients. A total of 386 appointments were attended with faculty members, for 564 direct contact hours.

Psychology faculty members have had another very successful year pursuing their individual programs of research and contributing to the psychological knowledge base. The various research programs have resulted in 30 published manuscripts in peer reviewed journals and 1 non-
peer reviewed articles. Additionally, the faculty published 7 book chapters. The psychology faculty members were also active participants in professional conferences, making 2 presentations at international conferences, 45 presentations at national conferences, 22 presentations at regional conferences, and 22 presentations at local conferences. While much of this research is not supported by grant funding, a significant portion is. For the 2016-2017 academic year psychology faculty secured $346,559 to support research and graduate students. Additionally, the Gulf Coast Behavioral Health and Resiliency Center continues its mission supported by the eight million dollar oil spill fund. Obviously faculty members are actively pursuing grant funding and having some success in this arena.

In addition to maintaining an active research program, faculty members contribute to the profession of psychology in a variety of ways. All faculty members serve as ad hoc reviewers for manuscripts sent to peer-reviewed journals. Faculty members have served as ad hoc reviewers for journals such as Journal of Autism and Developmental Disabilities, Journal of Clinical Psychology, Behavioral Science, Journal of Experimental Psychology: Learning, Memory, and Cognition, Mindfulness and The European Journal of Cognitive Psychology. Faculty also serve as editors of books and journals or are on the editorial board or operate as consulting editors of journals such as Open Acoustics, Journal of Child and Family Studies, Journal of Attention Disorders, and Journal of Sport Behavior.

Further evidence of the quality of the faculty is the awards and honors they receive. Dr. Ben Hill received the 2016 Early Career Service Award, National Academy of Neuropsychology. Dr. Labbé-Coldsmith presented the Arts and Sciences Dean’s Lecture and received the Olivia Rambo McGlothren Outstanding Scholar Award, USA National Alumni Association. Dr. Jack Shelley-Tremblay served as Member-at-Large for the Southeastern Psychological Association. Dr. Kimberly Zlomke was elected President of the Parenting & Families Special Interest Group, Association for Behavioral & Cognitive Therapies.

**PEER REVIEWED JOURNAL ARTICLES**


**PEER REVIEWED BOOK CHAPTERS**


**PEER REVIEWED BOOKS AND MONOGRAPHS**


NON PEER REVIEWED JOURNAL ARTICLES, BOOK CHAPTERS, PREFACES, INTRODUCTIONS, AND AFTERWARDS


PEER REVIEWED TEXTBOOKS


REVIEWS


Langhinrichsen-Rohling, J. Invited Manuscript Reviewer, "Review- Suicide Ideation", Archives of Women's Mental Health, National (July 10, 2016)


EDITORSHIP OF PEER REVIEWED BOOKS OR PEER REVIEWED JOURNALS


Hill, B.D. 2016-present Consulting Editor, The Clinical Neuropsychologist

Hill, B.D. 2013-present Statistical Editor, Mindfulness

Hill, B.D. 2013-present Associate Editor and Statistical Editor, Journal of Child and Family Studies


Zlomke, K. Associate Editor, Journal of Child and Family Studies

MEMBER OF EDITORIAL BOARD FOR PEER-REVIEW JOURNAL OR JOURNALS

Currier, J. M. Death Studies.

Foster, J.D. Journal of Personality

Hill, B.D. 2014-present Editorial Board, Journal of Attention Disorders


Labbé, E (2016-2017) Associate Editor for Mindfulness

Langhinrichsen-Rohling, J. Invited Member, Global Clinical Practice Network, World Health Organization (2016 – Present)

Langhinrichsen-Rohling, J. Editorial Board Member, "Partner Abuse", (2008 - Present)
ABSTRACTS


PRESENTATIONS AT PROFESSIONAL CONFERENCES


Beach, J. D., Aita, S. L., Taylor, S. E., Holcombe, J. S., Calamia, M., & Hill, B. D. Inconsistency in responding is associated with greater self-reported executive dysfunction. Poster
presented at the 45th annual conference of the International Neuropsychological Society, New Orleans, LA.


Labbé, E. (2017, March) Mindfulness and Resilience. Presentation presented to the Emerging Scholars Environmental Health Sciences Academy Teacher Workshop, Mobile, AL.


Langhinrichsen-Rohling, J., Bays and Bayous Symposium, “Improving Population Health Post-Disaster,” Biloxi, MS. (November 30, 2016).


Langhinrichsen-Rohling, J., Crisis Intervention Team (CIT) Training, “Major Mental Illness: A Primer for Law Enforcement,” Baldwing County, AL. (November 28, 2016).


Langhinrichsen-Rohling, J., Building Resilient Communities: Lessons learned from the Deepwater Horizon Oil Spill, “Perceived Resilience: What we think about ourselves matters,” Long Beach, MS. (September 27, 2016).

Varner, S. (Author & Presenter), Bell, T. (Author), Langhinrichsen-Rohling, J. (Author). 2016 American


Kuhlman, S., Smith, P.N., & Marie, L. (2017, March). Increased suicide risk as a function of meaning, trauma, and PTSD. Poster presented at the annual conference of the Southeastern Psychological Association, Atlanta, GA.

Marie, L., Kuhlman, S., Wolford-Clevenger, C., & Smith, P.N. (2017, March). Unmet interpersonal needs contribute to more accepting attitudes toward intimate partner violence. Poster presented at the annual conference of the Southeastern Psychological Association, Atlanta, GA.


presented at the annual conference of the Association of Behavioral and Cognitive Therapies, New York, NY.


Kuhlman, S. & Smith, P.N. (2016, August). Unmet interpersonal needs are associated with attitudes towards intimate partner violence. Poster presented at the annual conference of the American Psychological Association, Denver, CO.


GRANTS AWARDED

AWARDED


Labbé-Coldsmith, E. (2016, August) Evaluating Psychosocial Interventions for Patients with Cancer, Mitchel Cancer Institute, $11,000.

Langhinrichsen-Rohling, J. (Principal), Stefurak, J. R. (Co-Principal), “Sexual Assault Kit Initiative Grant,” Subaward through the Mobile Police Department, DOJ, Federal, $199,000.00. (2015 - 2017).

Langhinrichsen-Rohling, J. (Principal) “Alabama (MBHCP-AL).” Sponsored by Deepwater Horizon Class Action Settlement, External to the University, $8,273,000.00. (May 2012 - April 2017).


Shelley-Tremblay, J.F. University of South Alabama Undergraduate Research Program 2015-2016, National Air and Space Administration, 5-2017. $20,000.

ACTIVE


Hill, B. D., "Psychoeducational Services," Sponsored by USA Athletic Department, Internal to the University, $11,000.00. (August 1, 2016 - July 31, 2017).

Hill, B. D., "USA-Psychological Services Collaboration," Private, $16,000.00. (August 1, 2016 - July 30, 2017).


Shelley-Tremblay, J.F. University of South Alabama Undergraduate Research Program 2015-2016, National Air and Space Administration, 5-2017. $20,000.