## 2018 CEU Courses

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Instructors</th>
<th>Date and Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Projects for Pennies: How to Create Occupational Therapy Ideas on a Budget (0.2 CEU)</td>
<td>T. O’Connor, T. Thompson</td>
<td>Monday, 04/02/18 (5:30-7:30 pm)</td>
</tr>
<tr>
<td>Interoception and Self-Regulation (0.3 CEU)</td>
<td>D. Wooster, T. Thompson</td>
<td>Tuesday, 03/20/18 (5:30-8:30 pm)</td>
</tr>
<tr>
<td>Low Vision Rehabilitation: A Generalist OT Approach (0.2 CEU)</td>
<td>R. Deacy</td>
<td>Monday, 04/16/18 (5:30-7:30 pm)</td>
</tr>
<tr>
<td>Allen Cognitive Level Screen (0.2 CEU)</td>
<td>C. Taylor</td>
<td>Thursday, 03/15/18 (5:30-7:30 pm)</td>
</tr>
</tbody>
</table>
Projects for Pennies: How to Create Occupational Therapy Ideas on a Budget

Contact Hours
2 Contact Hours = 0.2 CEU

Course Open to:
OT, OTA

Prerequisite course:
None

Attire:
No special attire is required.

Maximum Registration:
30 Participants

General Information:
Additional supply fee of $5.00 and Registration at 5:15 pm

Course Objectives

Upon successful completion of this continuing education course, participants will be able to:

1. Discuss quick, easy, and inexpensive items/projects that could be utilized in various OT settings;
2. Identify populations and diagnoses to which quick and easy projects would be applied;
3. Fabricate various quick, easy, and creative items.

Course Description

This course will provide occupational therapy professionals with knowledge of quick, easy, and inexpensive items/projects that would be used in various OT settings. This is a fun interactive course where we will share ideas and fabricate creative items.

Course Schedule

Following registration at 5:15

5:30 pm - Open remarks/course objectives

5:45-7:30 pm - Discuss and fabricate quick, easy, and inexpensive items/projects that could be used in various OT settings and with different populations.

Register by March 19th for early registration discount

Course Instructors

Tracy O’Connor, OTD, OTR/L, is an Assistant Professor in the Pat Capps Covey College of Allied Health Department of Occupational Therapy at the University of South Alabama.

Tara Thompson, MS, OTR/L is an instructor in the Pat Capps Covey College of Allied Health Department of Occupational Therapy at the University of South Alabama.
Tuesday, March 20, 2018, 5:30-8:30 pm

Interoception and Self-Regulation

Course Objectives

Upon successful completion of this continuing education course, participants will be able to:

1. Describe interoception and the child’s aware of body changes;
2. Discuss evidence-based strategies to support self-regulation;
3. Synthesize and apply this new information to cases as presented.

Course Description

This course will provide occupational therapists with new insight about interoception – our sensitivity to stimuli originating inside our body. Knowledge of how to teach children to read their body cues and combine that with evidence-based self-regulation strategies will be the focus of this session.

Course Schedule

Following registration at 5:15

5:30 pm - Opening remarks/course objectives; interoception – our hidden abilities.
6:30-7:30 pm – Evidence-based review of self-regulation techniques.
7:30-8:30 pm – Teaching self-regulation strategies.

Register by March 6th for early registration discount

Course Instructors

Donna Wooster, PhD, OTR/L, has over 30 years of clinical pediatric experience. She has an expertise in the area of autism. Dr. Wooster is the Chair of the Department of Occupational Therapy.

Tara Thompson, MS, OTR/L is an instructor in the Pat Capps Covey College of Allied Health Department of Occupational Therapy at the University of South Alabama.

Contact Hours
3 Contact Hours = 0.3 CEU

Course Open to:
OT, OTA

Prerequisite course:
None

Attire:
No special attire is required.

Maximum Registration:
30 Participants

General Information:
Registration at 5:15 pm
Monday, April 16, 2018, 5:30-7:30 pm

Low Vison Rehabilitation: A Generalist OT Approach

Contact Hours
2 Contact Hours = 0.2 CEU

Course Open to:
OT, OTA

Prerequisite course:
None

Attire:
No special attire is required.

Maximum Registration:
30 Participants

General Information:
Registration at 5:15 pm

Course Instructors

Robin Deacy, MS, OTR/L, is an instructor at University of South Alabama, Department of Occupational Therapy. She spent 7 years working at the UAB Center for Low Vision Rehabilitation, working as OT and O&M, serving mostly adult clients with varying degrees of vision loss. She is currently pursuing her PhD in Vision Science at UAB School of Optometry, with her research focus on older adults and glaucoma and the effects of vision loss on occupational performance.

Course Objectives

Upon successful completion of this continuing education course, participants will be able to:

1. Understand basic anatomy of the visual system and primary low vision conditions affecting older adults;
2. Describe how low vision conditions influence occupational performance;
3. Demonstrate techniques to improve occupational performance utilizing environmental and task modifications;
4. Compare and contrast the role of the occupational therapist specialist and generalist in low vision rehab.

Course Description

This is an introductory course in low vision rehabilitation for OTs/OTAs, who want to incorporate low vision rehabilitation services into current practices. This course will review conditions that lead to low vision and how low vision impacts occupational performance. The course will also describe techniques to improve occupational performance by enhancing some features of the environment and modification of tasks.

Course Schedule
Following registration at 5:15

5:30 pm – Opening Remarks; course objectives.

5:45-7:30 – Lecture; discussion of low vision conditions; techniques utilizing environmental and task modifications.

Register by April 2nd for early registration discount
The Allen Cognitive Screen: Promoting the Best Ability

Contact Hours
2 Contact Hours = 0.2 CEU

Course Open to:
OT, OTA

Prerequisite course:
None

Attire:
No special attire is required.

Maximum Registration:
30 Participants

General Information:
Registration at 5:30 pm

Course Objectives

Upon successful completion of this continuing education course, participants will be able to:

1. Describe the six clinically defined cognitive levels
2. Identify when to use the ACL screen as a part of a comprehensive OT evaluation
3. Discuss how the ACL can guide OT clinicians on choosing “just right” intervention strategies
4. Discuss how the ACL can predict safety issues during occupational performance
5. Identify other occupational based assessments influenced by the ACL

Course Instructor

Candra Taylor, OTR/L, MS, OTR/L is an instructor in the Pat Capps Covey College of Allied Health Department of Occupational Therapy at the University of South Alabama.

Course Description

This course will provide occupational therapy practitioners with updated research on the use of the Allen Cognitive Level screen and why it remains an effective tool in matching activity with cognitive abilities. OT practitioners will have an opportunity to practice using the ACL, becoming more efficient in administration and scoring client performance.

Course Schedule

Following registration at 5:15

5:30 – Opening remarks/course objectives

5:45-7:30 – Discussion of ACL; uses of ACL; and questions.

Register by March 1st for early registration discount
Mail or Deliver to:
USA OT CEUs, University of South Alabama OT
5721 USA Drive North, Room 2027
Mobile, AL 36688

Name___________________________________________ Circle One (OT  COTA  Other _________)
Address __________________________________________ City ________________ State ________ Zip _________
Phone ___________________________ Email __________________________________________
Employer ________________________________________ Address _________________________________________
City ______________________________ State __________ Zip _______________ Phone __________________________

Information
• Course registration checks should be made payable to USA OT
• Pre-registration will guarantee handout materials.
• Fees include course instruction, handout materials, and CEU certificate.
• Some courses have additional supply fees.
• Courses are designated to meet the regulations for continuing education for the Alabama Board of OT.
• Early fee applies if payment is received two weeks before the specific course date.

Cancellation/Refund Policy: All requests for refunds must be submitted in writing and postmarked at least 4 weeks before the course date. Requests after this time will be met, withholding a 50% administrative fee. Courses may be cancelled if pre-registration is insufficient. Registrants will be notified. Last minute registration will be determined by availability.

Fees:
Two Contact Hour Courses (0.2 CEUs): General Registration ($40 early/$50 regular)
Three Contact Hour Courses (0.3 CEUs): General Registration ($65 early/$75 regular)

<table>
<thead>
<tr>
<th>Date</th>
<th>Hrs</th>
<th>Course Title</th>
<th>Early Fee Due</th>
<th>Amount (Circle Correct Amount)</th>
</tr>
</thead>
<tbody>
<tr>
<td>04/02/18</td>
<td>2</td>
<td>Projects for Pennies: How to Create Occupational Therapy Ideas on a Budget ($5.00 supply fee)</td>
<td>03/19/18</td>
<td>$45 $55</td>
</tr>
<tr>
<td>03/20/18</td>
<td>3</td>
<td>Interoception and Self-Regulation</td>
<td>03/06/18</td>
<td>$40 $50</td>
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<td></td>
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For Office Use ONLY
Receipt #_________ Date Received ________ CEU Check # ________ Amount $_________