

Richard L. Cahanin IV, PT, PhD, Cert DN

Louisiana license # 07905

Alabama licence # 53721

Email: rcahanin@southalabama.edu

Office: 251-445-9330

cell: 985-705-3133

Education:

Doctor of Philosophy in Orthopedic and Sports Science (PhD), May 2011-April 2018
Rocky Mountain University of Health Professions, Provo, UT.

Doctor of Physical Therapy (DPT), Aug. 2007-May 2010
University of South Alabama, Mobile, AL.

Sales and Service Marketing (BS), Aug. 2001-May 2005
Louisiana State University, Baton Rouge, LA.

Work Experience:

Physical Therapist, Assistant Professor, August 2018-current
University of South Alabama, Mobile, AL.

Faculty position responsible for updating, organizing, developing, and presenting course content to student physical therapists. Also responsible for facilitating student learning and assessment of student performance to prepare them to pass the National Physical Therapy Board Exam and to become excellent healthcare clinicians.

Physical Therapist, Owner and operator, January 2013-July 2018
Tiger Physical Therapy, Mandeville, LA.

Private outpatient physical therapy clinic providing orthopedic and sport rehabilitation. Responsible for all business operations including marketing, accounting, scheduling, billing, and patient care.

Physical Therapist, staff, June 2016 – current
Kathleen Freeman Home Health Therapy Services, Mandeville, LA.

PRN contract PT in home health setting. Responsible for patient care, electronic documentation, supervision of multiple PTAs, and coordination of care among multiple disciplines. Working with various patient populations, including post-operative orthopedic, geriatric, and neurologic; many patients with multiple co-morbidities; some near end of life.

Physical Therapist, Staff, September 2010 – June 2014
Ochsner Medical Center, Slidell, LA.

Hospital-based physical therapy including inpatient and outpatient settings with a diverse patient population spanning from geriatric to pediatric care with both orthopedic and neurological conditions. Staff therapist responsible for performing evaluations, establishing plans for care, providing treatments, and supervising students, aides, and assistants.

Unpublished Research:

Cahanin R, Cain J, Stands L, Gubler C. Efficacy of the Titleist Performance Institute Assessment in predicting female intercollegiate golfers' swing faults. 2009.

Fell D, Campbell A, White L, Liu W, **Cahanin R**. Comparison of direction of deviation between Fukuda Step Test and gait with eyes closed on the functional gait assessment. 2010.

Cahanin R, Jefferson J, Flynn T, Goyeneche N. The relationship between iliac crest height difference and injury among runners: a 12 month retrospective case-control study. April 2018.

Cahanin R, Jefferson J, Flynn T, Goyeneche N. The validity and reliability of the palpation meter and LASER distance meter methods to detect experimenter induced leg-length inequality. April 2018.

Cahanin R, Jefferson J, Flynn T, Goyeneche N. Pain and physical performance among runners who receive leg-length inequality correction. April 2018.

Presentations:

Cahanin R. Running injuries: etiology, risk factors, and prevention. Powerpoint lecture presented at Louisiana Exercise Physiologist Association board meeting at Southeastern Louisiana University in Hammond, LA. March 2015.

Cahanin R, McDermott H, Waldhelm A. Whiplash associated disorders. Powerpoint lecture presented at University of South Alabama within Department of Physical Therapy. September 2018.

Cahanin R. Headaches. Powerpoint lecture presented at University of South Alabama within Department of Physical Therapy. September 2018.

Cahanin R, Dale R. Kinesiology of the knee. Powerpoint lecture presented at University of South Alabama within Department of Physical Therapy. September 2018

Cahanin R, Dale R. Kinesiology of the foot and ankle. Powerpoint lecture presented at University of South Alabama within Department of Physical Therapy. September 2018

Cahanin R. Thoracic outlet Syndrome. Powerpoint lecture presented at University of South Alabama within Department of Physical Therapy. October 2018.

Continuing Education:

DN-1: Dry needling for cervicothoracic and upper extremity conditions: an evidenced-based approach. The spinal manipulation institute. December 2015.

DN-2: Dry needling for lumbopelvic and lower extremity conditions: an evidenced-based approach. The spinal manipulation institute. July 2016.

Jurisprudence. Louisiana physical therapy board. 2012, 2013, 2016, 2017.

Louisiana physical therapy ethics. Innovative educational services. 2012, 2013.

Louisiana physical therapy ethics. AdvantageCEUs. 2016, 2017.

Coding and billing for therapy and rehab. Cross country education. 2013.

Certifications:

CPR for healthcare providers AHA certified valid through October 2019

Black belt in Shotokan karate. Japanese Karate Association. Rank of shodan received May 2006

Black belt in Tae Kwon Do. Chittham-Jordan Korean karate. Rank of 1st grade black belt received December 2017

Organizations:

United States Karate Alliance. Valid through December 2018

Louisiana Chapter and Sports Section member. American Physical Therapy Association. Valid through May 2019.