Wyndolyn (Wyndi) M. A. Ludwikowski

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Professional Appointments

Visiting Assistant Professor of Psychology August 2018 – Present University of South Alabama (USA) **AP Psychology Test Table Leader** June 2018 Educational Testing Service (ETS) **Assistant Professor of Psychology (Tenure-Track)** August 2013 – July 2018 Xavier University of Louisiana (XULA) **AP Psychology Test Reader** June 2014; 2015; 2016; 2017

ETS

Education

Doctorate of Philosophy (Ph.D.) in Counseling Psychology (summa cum laude)	
Iowa State University (ISU), Ames, IA (APA accredited)	
Internship: Texas Tech University's Student Counseling Center (APA accredited)	
Graduate Certificate in Quantitative Psychology (3.98/4.00)	May 2012
ISU, Ames, IA	
Master of Science (M.S.) in Counseling Psychology (summa cum laude)	May 2010
ISU, Ames, IA	
Bachelor of Science (B.S.) in Psychology (summa cum laude)	May 2007
Minor: Spanish	
ISU, Ames, IA	

Teaching

USA

Introduction to Psychology (traditional and online) Research Design and Analysis II (traditional and online)

XULA

Abnormal Psychology Advanced Research Introduction to Psychology (traditional and online) Industrial Organizational Psychology (traditional and online) Psychology of Gender **Psychological Statistics** Research Methods Tests and Measurements

ISU (Instructor)

Drugs and Behavior

Personal Career Development

ISU (Teaching Assistant)

Psychological Measurement I

Teaching	Grants	and	Awards
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XULA Core Curriculum Enhancement (CCE) Interdisciplinary Grant	2017 - 2018
Total Award: \$2500	
XULA CCE Digital Humanities Grant	2017 - 2018
Total Award: \$5000	
XULA CCE Interdisciplinary Saturday Workshop	Spring 2017
Total Award: \$500	
XULA CCE Digital Humanities Saturday Workshop	Spring 2017
Total Award: \$500	
XULA CAT+FD Mellon Fellowship: Faculty Community of Teacher-Scholars (FaCTS)	2017 - 2018
Making Knowledge Public Using Educational Technology	
Total Award: \$7250	

XULA CAT+FD Mellon Fellowship: FaCTS

2016 - 2017

Inverted Teaching and Learning

Total Award: \$7250

Invited Talks/Lectures

Digital Humanities	XULA Fall 2017
DSBS Strong Interest Inventory Training	XULA Spring 2016
Career Advancement Center Strong Interest Inventory Training	XULA Spring 2016
Books to Film: Psychological Disorders	XULA Spring 2015
Successful Graduate School Strategies	XULA Spring 2015
DSBS Day Demonstration of Psychological Principles	XULA Spring 2015
Exploring Psychology for Deciding Majors	XULA Spring 2014
Counseling Techniques (Graduate): Restatements	ISU Fall 2010; Fall 2011
Cyclone Talented and Gifted Program: Personal Career Development	ISU Summer 2010

Guest Lectures

A Spring 2017
A Spring 2016
A Spring 2014
U Spring 2010
ISU Fall 2009
Summer 2009
ISU

Research

Peer Reviewed Journal Articles (* = Undergraduate Student Researcher)

Lannin, D. G., Ludwikowski, W. M. A., Vogel, D., Seidman, A. J., & Anello, K. (2018). Reducing psychological barriers to therapy via contemplation and self-affirmation. Stigma and Health. Advanced online publication. doi: 10.1037/sah0000139

- **Ludwikowski, W. M. A.**, Armstrong, P. I., Redmond, B.*, & Ridha, B.* (2018). The role of ability in the selection of majors. *Journal of Career Assessment*. Advanced online publication. doi: 10.1177/106907271858067
- **Ludwikowski, W. M. A.**, Armstrong, P. I., & Lannin, D. G. (2018). Explaining gender differences in interests: The role of instrumentality and expressiveness. *Journal of Career Assessment*, 26, 240-257. doi: 10.1177/1069072717692743
- Nguyen, T. L.*, Williams, A.*, & **Ludwikowski, W. M. A.** (2016). Predicting student success and retention at an HBCU via interest-major congruence and achievement. *Journal of Career Assessment*, 25, 552-556. doi: 10.1177/1069072716651870
- **Ludwikowski, W. M. A.,** Vogel, D., & Armstrong, P. I. (2009). Attitudes towards career counseling: The role of public and self-stigma. *Journal of Counseling Psychology*, *56*, 408-416. doi: 10.1037/a0016180
- Armstrong, P. I., **Allison, W. M.,** & Rounds, J. (2008). Development and initial validation of brief public domain RIASEC marker scales. *Journal of Vocational Behavior*, 73, 287-299. doi: 10.1016/j/jvb.2008.06.003

Mentored Articles Published in Student Journals

- Glean, E.*, Marquez, L.*, & Mercier, C.* The role of vicarious learning on middle and high school girls' investigative confidence and interest: An experimental approach. *XULAneXUS*, 15.
- Riewestahl, E.*, Cusimano, K.*, & Gougisha, N.* (2017). Explaining gender differences in realistic interests via occupational perceptions and self-efficacy. *XULAneXUS*, 15.
- Carter, T.* (2016). The mental health consequences of childhood sexual abuse in women and forms of treatment. *XULAneXUS*, 13.

Presentations

- Barber, H.*, **Ludwikowski, W. M. A**., & Lannin, D. G. *The role of grit and self-affirmation in a social cognitive model of academic adjustment.* Poster accepted for presentation at the American Psychological Association Annual Conference, San Francisco, CA, in August 2018.
- Lannin, D. G., **Ludwikowski, W. M. A.**, Seidman, A. J., Heath, P. J., Brenner, R. E., & Vogel, D. L. *How do personal values influence psychological help-seeking?* Poster accepted for presentation at the American Psychological Association Annual Conference, San Francisco, CA, in August 2018.
- **Ludwikowski, W. M. A.,** & Smith, T.* *Professional website creation as a course assignment and career decision-making self-efficacy.* Poster accepted for presentation at the American Psychological Association Annual Conference, San Francisco, CA, in August 2018.
- **Ludwikowski, W. M. A.,** Domingue, A.*, & Raines-Johnson, J.* *The Impact of flipping the psychological statistics classroom on Social Cognitive Model of Academic Adjustment variables.* Poster presented at the National Institute for the Teaching of Psychology Conference, St. Pete Beach, FL, in January 2017.
- Greer, A.*, Lewis, D.*, & **Ludwikowski, W. M. A.** (August, 2016). *Centrality of racial identity and conformity to gender role norms in SCCT*. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.
- Vogel, D. L., Lannin, D., & **Ludwikowski, W. M. A.** *The role of self-affirmation and contemplation in increasing mental health information openness in African-American students.* Poster accepted for presentation at the 23rd National Institute of Mental Health Conference on Mental Health Services Research, Bethesda, ML, in August 2016.
- Jones, A.*, Eskine, K., Eskine, K., **Ludwikowski, W. M. A.,** & Withers, Z.* (2016, April). *The effects of gender and parenthood on career competence*. Poster presented at the Southeastern Psychological Association Convention, New Orleans, LA.

- Nguyen, T.*, Williams, A.*, & **Ludwikowski, W. M. A.** (2015, August). *Predicting student success and retention at an HBCU via interest-major congruence and achievement*. Poster presented at the Annual Convention of the American Psychological Association, Toronto, Ontario, Canada.
- **Ludwikowski, W. M. A.,** & Armstrong, P. I. (2014, August). *The impact of an ability measure in predicting vocational outcomes.* Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.
- Callahan, M. N., **Ludwikowski, W. M. A.**, & Armstrong, P. I. (2012, August). *Comparative utility of two structural representations of interests*. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- **Allison, W.**, Armstrong, P. I., & Rounds, J. (2008, August). *Development of Brief Alternate Forms RIASEC Scales*. Poster presented at the Annual Convention of the American Psychological Association, Boston, MA.
- **Allison, W.**, Schechinger, H., & Armstrong, P. I. (2008, March). *Gender differences and methodological effects in interest measures*. Poster presented at the International Counseling Psychology Conference, Chicago, IL.

Mentored Presentations at Student Conferences

- Bradley, T.* (2017, November). *The effect of religious involvement on the self-perceptions of African Americans*. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Dubuclet, C.* (2017, November). *The effect of the jezebel stereotype on sexual conservatism and self-esteem.* Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Gordon, A.* (2017, November). Effect of colorism on the self-esteem and relationships of African American women. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Hassan, M.* (2017, November). Assessment of how African American students ascribe success to individuals based on race. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Riley, R.* (2017, November). *Learned helplessness and Black male victimization*. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Shaw, K.* (2017, November). *Effects of negative media presence on the stereotype endorsement of Black people*. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Williams, M.* (2017, November). *African Americans' perceptions of meat consumption affected by social cognitive theory*. Presentation given at the 15th Annual Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Cusimano, K.*, & Riewestahl, E.* (2017, April). *Explaining gender differences in realistic interests with Social Cognitive Career Theory*. Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.
- Artis, E.*, Horton, Z.*, King, C.*, Morris, S.*, & Williams, K.* (2017, April). *Stereotypes/perceptions of women based on ethnicity and appearance*. Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.
- Ayers, Q.*, LaMark, K.*, Pigram, E.*, & Vincent, J.* (2017, April). *Family, gender, and shaping one's perceptions*. Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.
- Berkley, S.*, Jones, K.*, Barnett, V.*, Ware, P.*, & Johnson, C.* (2017, April). *Gender differences as defined by culture and age.* Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.
- Mack, J.*, Thomas, D.*, Lampkin, S.*, Omoruyi, A.*, & Jones, D.* (2017, April). *Double standards: Slut-shaming unveiled.* Presentation given at the 14th Annual Festival of Scholars, New Orleans, L.A.
- Satchell, A.*, Potts, J.*, Ivory, L.*, Simmons, K.*, & Moore, I.* (2017, April). *A woman's worth*. Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.

- Smith, T.*, Vazquez, K.*, Motley, J.*, Blagrove, C.*, & Singleton, D.* (2017, April). *Masculinity and sexual harassment*. Presentation given at the 14th Annual Festival of Scholars, New Orleans, LA.
- Cusimano, K.*, Riewestahl, E.*, & Gougisha, N.* (2017, March) Explaining gender differences in realistic interests with Social Cognitive Career Theory. Poster presented at the Southeastern Psychological Association's CEPO/PsiChi Poster Session in Atlanta, GA.
- Glean, E.*, Marquez, L.*, & Mercier, C.* (2017, March) *The role of vicarious learning in the Social Cognitive Model of Academic Adjustment.* Poster presented at the Southeastern Psychological Association's CEPO/PsiChi Poster Session in Atlanta, GA.
- Anderson, K.*, Jasper-Morris, A.*, Potts, J.*, & Vincent, J.* (2016, December). *The development of the Ready to Go Scale*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- del Rosario, B.*, Taylor, D.*, Myers, E.*, & Pigram, E. (2016, December). *Development of the Multidimensional Inventory of Suicidal Ideation*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Domingue, A.*, Wilson, T.*, Glean, E.*, & Bourgeois, S.* (2016, December). *The development of the Bilingualism in College Students Scale*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Dyson, B.* Mayo, A.*, & Allen, M.* (2016, December). *Creating the Coping with Natural Disasters Scale*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Marquez, L.*, & Mercier, C.* (2016, December). *The development of an Affective Social Evaluation Scale*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Moses, T.*, Withers, Z.*, & Vernon, J.* (2016, December). *The test development of Personality Compatibility in Relationships*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Stevens, C.*, Cusimano, K.*, & Haddock, T.* (2016, December). *Creating the Adaptability to Technology Scale*. Presentation given at the 16th Annual Dr. Charles A. Gramlich Psychology Research Symposium, New Orleans, LA.
- Mercier, C.*, Marquez, L.*, & Glean, E.* (2016, August). *The impact of learning experiences on STEM+M students' confidence levels.* Poster presented at the 24th Annual Ronald E. McNair Scholars Research Symposium, University of California, Berkeley, CA.
- Greer, A.*, & Lewis, D.* (2015, October). *Unidimensionality of centrality of racial identity and interests*. Poster presented at the XULA McNair Undergraduate Student Researcher Scholars Research Showcase, New Orleans, LA.
- Gougisha, N.* (2015, October). Explaining gender differences in interest with confidence and occupational perceptions of sex-type and prestige. Poster presented at the XULA McNair Undergraduate Student Researcher Scholars Research Showcase, New Orleans, LA.
- Ivy, M.*, & Bibbins, I.* (2015, April). *The development of the Coping Strategies Post-Relationship Dissolution Scale*. Poster presented at Xavier University of Louisiana Festival of Scholars, New Orleans, LA.
- Lewis, D.*, Latimer, K.*, & Blackshear, T.* (2015, April). *The development of the Comfort with Gender Fluidity and Sexuality Scale*. Poster presented at Xavier University of Louisiana Festival of Scholars, New Orleans, LA.
- Moore, A.*, & Murry, K.* (2015, April). *The development of the Moore and Murry Social Anxiety Scale (MMSAS)*. Poster presented at Xavier University of Louisiana Festival of Scholars, New Orleans, LA.
- Scott, L.* (2015, April). *Gender neutrality*. Presentation given at Xavier University of Louisiana Festival of Scholars, New Orleans, LA.

Manuscripts Under Review

Lannin, D. G., **Ludwikowski, W. M. A.**, Heath, P. J., Vogel, D. L., Wolf, L. J., & Wicker, I. M. How do personal values influence help-seeking stigma?

Lewis, D.*, Greer, A.*, & Ludwikowski, W. M. A. Black college students' intersecting social identities in social cognitive career models across Holland themes.

Manuscripts in Preparation

- Armstrong, P. I., **Ludwikowski, W. M. A.**, & Schechinger, H. Are interest assessments propagating gender differences in occupations?
- **Ludwikowski, W. M. A.**, Callahan, M. N., & Armstrong, P. I. Comparative utility of two structural representations of interests.
- **Ludwikowski, W. M. A.**, Domingue, A.*, Marquez, L.*, & Perry-Crawford, T.* The impact of flipping the psychological statistics classroom on Social Cognitive Model of Academic Adjustment variables.

Research in Progress

- **Ludwikowski, W. M. A.**, Lannin, D., & Barber, H.* The role of self-affirmation in STEM+M career outcomes.
- **Ludwikowski, W. M. A.,** & Smith, T.* The effect of professional website development on students' career decision making self-efficacy.

Podcast Interviews

Ludwikowski, W. M. A. (2017, December 5). XULAneXUS: The Journal Uncovered [Audio podcast].

Additional Research Activities

XULA Faculty Writing Group	October 2013 – May 2014
XULA DSBS Research MindMeld	Fall 2013
Independent Research Consultant, Kuder, Inc., Adel, IA	August 2010 – May 2012
O*NET Occupation Rater, Occupation Interest Profile Project	October 2007 – January 2008

Grants

Society for the Teaching of Psychology Early Career Travel Grant	October 2017
Grant Amount: \$500 (Awarded Amount: \$435)	
Center for Undergraduate Research and Graduate Opportunity	August 2017
Summer Enhancement Grant	
Grant Amount: \$960 (Not Awarded – Grant agency lost funding)	
Center for Undergraduate Research Mini Grant	November 2016
Grant Amount: \$4563.68 (Awarded Amount: \$4563.68)	
The Bruce and Jane Walsh Grant in Memory of John Holland	October 2016
PI; American Psychological Foundation	
Grant Amount: \$13,000 (Not Awarded)	
Center for Undergraduate Research Mini Grant	April 2016
Grant Amount: \$3290 (Awarded Amount: \$3290)	
UNCF Career Pathway Initiative (CPI) Grant	Fall 2015 – Fall 2016
Steering Committee Member for XULA's Career Advancement Center	
Planning Grant Amount: \$100,000 (Awarded Amount: \$100,000)	
Implementation Grant Amount: \$1,250,000 (Awarded Amount: \$1,250,00	00)

Division 17 Early Career Psychologist American Psychological

April 2016

Association Travel Grant

Grant Amount: \$500 (Not Awarded)

Center for the Advancement of Teaching +Faculty Development (CAT+FD)

December 2015

Scholarly Travel Mini-Grant

Grant Amount: \$1500 (Awarded Amount: \$1500)

Center for Undergraduate Research Student Travel Award

January 2015

Supervisor of Undergraduate Research; XULA Grant Amount: \$1900 (Awarded Amount: \$1900)

Supervised Undergraduate Research Experiences (SURE)

November 2014

PI and Supervisor of Undergraduate Research; NSF and Louisiana Board of Regents

Grant Amount: \$4500 (Not Awarded)

Center for Undergraduate Research Grant

October 2014

Principle Investigator (PI) and Supervisor of Undergraduate Research; XULA

Grant Amount: \$2800 (Awarded Amount: \$2500)

Scholarships in Science, Technology, Engineering, & Mathematics (S-STEM) Grant August 2014

Internal Evaluator; National Science Foundation (NSF)

Not Awarded

Pilot Funding for New Research (PFund) Grant

June 2014

Principle Investigator; NSF and Louisiana Board of Regents

Grant Amount: \$10,000 (Not Awarded)

American Psychological Foundation (APF) Student Scholarship

June 2011

Council of Graduate Departments of Psychology & APF

Scholarship Amount: \$1000 (Not Awarded)

Counseling Experience

Pre-doctoral Intern	August 2012 – July 2013
Student Counseling Center, Texas Tech University, Lubbock, TX	
Clinical Supervisor	August 2010 – May 2012
Department of Psychology, ISU	
Advanced Assessment Practicum Student	August 2010 – May 2012
Innovative Learning Professionals, Des Moines, IA	
Advanced Group Counseling Practicum Student	August 2011 – May 2012
Network: A Group Counseling Clinic, Department of Psychology, ISU	J
Career Counseling Graduate Assistant	August 2009 – May 2010
Student Counseling Services, ISU	
Counseling Practicum Student	August 2008 – May 2010
Student Counseling Services, ISU	
Beginning Counseling Practicum Student	January 2008 – May 2008
Department of Psychology, ISU	

Academic Service Activities

Fall 2018- Present
Fall 2018 – Present
Spring 2018
Summer 2015 – Fall 2017
Fall 2014 – Fall 2017
Fall 2016 – Fall 2017
Fall 2016 – Fall 2017
Fall 2016 – Fall 2017
Fall 2014 – Fall 2017
ing 2016; Spring 2017; Fall 2017

XULA Faculty Area Committee Member XCOR 1000/1010 XULA Festival of Scholars Poster Session Volunteer XULA Department of Psychology Program Review Committee XULA Career Advancement Center Consultant	Spring 2017 – Fall 2017 Spring 2017 Fall 2015 – Spring 2016 Fall 2014 – Fall 2016
XULA Build Scholars' Mock Conference Attendee XULA DSBS Banquet Committee Member	Summer 2015 Spring 2015; Spring 2014
XULA DSBS Day Volunteer XULA DSBS Phone-A-Thon Volunteer	Spring 2015 Spring 2015
XULA Division of Education and Counseling Faculty Search Committee M XULA Center for the Advancement of Teaching Mission, Values, and Program Committee Member	Tember Fall 2014 Fall 2014
XULA DSBS Future Focus Group Member	Spring 2014
XULA DSBS Newsletter Editor	Spring 2014
XULA Department of Communication Studies Tremé Focus Group	Spring 2014
ISU Liberal Arts and Sciences Dean Search Committee Graduate Student Representative	Spring 2011 – Fall 2012
ISU Graduate Students of Psychology Grievance Chair	2010 - 2011
ISU Graduate Students of Psychology "Psychobats" Softball Team Manager	
ISU Graduate Students of Psychology President	2009 - 2010
ISU Graduate Students of Psychology Social Activities Chair	2008 - 2009
Editorial and Grant Review	
Reviewer, REVEL for Psychology textbook, Pearson	Fall 2017
Reviewer, Society of Counseling Psychology APA Convention proposals	Fall 2017
Grant Reviewer, Louisiana Cancer Consortium	Fall 2017
Reviewer, Society for Vocational Psychology's Student Poster Session	Spring 2017
Reviewer, Society of Counseling Psychology APA Convention proposals	Fall 2016
Reviewer, Psychological Statistics textbook, Oxford University Press	Spring 2016
Faculty Reviewer, XULAneXUS	Fall 2013 – Spring 2015
Awards, Honors, and Distinctions	
XULA Most Eccentric Psychology Professor (Student Voted)	Spring 2016
XULA Center for the Advancement of Teaching and Faculty Development Support for First Time Grant Writing Course Release	Fall 2015
XULA Alpha Lambda Delta Honor Society Favored Professor	Spring 2015
XULA Girls Rock Faculty/Staff "Who's Got Next" Award (Nominee)	Spring 2014
ISU Department of Psychology Bath Fellowship (Award Amount: \$1500)	Summer 2009
ISU Highest 2% in College of Liberal Arts and Sciences	Spring 2005; Spring 2006
ISU Psi Chi Member	2005 - 2007
ISU National Society of Collegiate Scholars Member	2004 - 2005
ISU Phi Kappa Phi Member ISU Dean's List	$2004 - 2005 \\ 2003 - 2007$
	2003 2007
Community Service Activities	
Volunteered at University of South Alabama Archeology Museum	Spring 2018
Volunteered with Mobile MardiGras Eco-Team	Spring 2018
Donated to United Way	2014 – Present

Donated to Second Harvest Food Bank	Spring 2017
Donated to XULA Faculty and Staff Campaign for Giving	Fall 2016, 2017
Volunteered at the Susan G. Komen Race for the Cure	Fall 2016
Donated to NOLA for Haiti	Fall 2016
Donated to UNICEF	Fall 2016
Donated to Son of a Saint	Fall 2016
Donated to ForeKids Foundation	Fall 2016
Volunteered at the New Orleans Citywide Day of Service: K10	Fall 2015
Donated to New Orleans Women's Shelter	Fall 2014, 2015
Professional Memberships	
Alabama Psychological Association (aPA)	2018 – Present
Southeastern Psychological Association (SEPA) Member	2016 – Present
Society for the Teaching of Psychology (STP) Member	2016 – Present
American Psychological Association (APA) Member	2013 – Present
Society of Counseling Psychology (SCP) Member	2013 – Present
Society for Vocational Psychology (SVP) Member	2013 – Present
APA Graduate Student Affiliate	2007 - 2013
References Available Upon Request	