

Laura Wilson White, PT, DScPT, GCS

Director of Clinical Education/Assistant Professor
University of South Alabama
Department of Physical Therapy
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EDUCATION

Doctor of Science in Physical Therapy, May, 2012

University of Alabama at Birmingham, Birmingham, AL

Dissertation Title: “*Facilitating the use of implicit memory and learning in the Physical therapy management of individuals with Alzheimer disease: a case series*”

Master of Science in Physical Therapy, December, 1992

University of Alabama at Birmingham, Birmingham, AL

Bachelor of Science in Psychology, December, 1989

Baylor University, Waco, TX

CERTIFICATION & LICENSURE

Geriatric Clinical Specialist, 1997-2017

American Board of Physical Therapy Specialties (ABPTS)

Alabama License in Physical Therapy, #PTH1857, 1993-present

Alabama Board of Physical Therapy

RELEVANT ACADEMIC PROFESSIONAL EXPERIENCE

Assistant Professor/Director of Clinical Education (August 2012 – present), University of South Alabama, Department of Physical Therapy, Mobile, Alabama

Instructor/Director of Clinical Education (August 2009 – July 2012), University of South Alabama, Department of Physical Therapy, Mobile, Alabama

Adjunct Instructor/Assistant Academic Coordinator of Clinical Education (August 2001 – July 2009), University of South Alabama, Department of Physical Therapy, Mobile, Alabama

Adjunct Instructor (May 2004 – May 2005), Bishop State Community College, Physical Therapist Assistant Program, Mobile, Alabama

Assistant Professor (temporary contract) (March 2001 – October 2001), University of Alabama at Birmingham, Department of Physical Therapy, Birmingham, Alabama

RELEVANT CLINICAL PROFESSIONAL EXPERIENCE

USA Faculty Practice, Mobile, Alabama (August 2009 – present)

Intermittent pro bono geriatric clinical practice including neurologic rehabilitation, community fall/mobility screenings, faculty supervision of student-led community balance classes

Infirmity Health System, Mobile, Alabama (June 2002-2008)

Prn staff physical therapist in acute care, skilled nursing, and inpatient rehabilitation settings

Baptist Health System, Birmingham, Alabama (January 1993 – February 2001)

Staff physical therapist in acute care, skilled nursing, home health, and outpatient settings

Center Coordinator of Clinical Education, (1995 – 2001)

Manager of acute care rehabilitation and outpatient cardiac rehabilitation departments, (March 1996-September 1997)

PROFESSIONAL AFFILIATIONS/SERVICE

Academy of Geriatric Physical Therapy, member, 1995 - present

Alabama State Advocate, 2014-present

Cognitive and Mental Health Special Interest Group, Education Liaison, 2015-present

Alabama Chapter, American Physical Therapy Association, member, 1992 – present

Education Committee, 1999 - 2001

American Physical Therapy Association, member, 1992 – present

Education Section, American Physical Therapy Association, member, 2010 – present

PEER-REVIEWED PUBLICATIONS

White L, Ford M, Brown C, Peel C, Triebel K. Facilitating the use of implicit memory and learning in the physical therapy management of individuals with Alzheimer disease: a case series. *J Geriatr Phys Ther.* 2014;37:35-44.

Sherer, CL., Morris, DM., Graham, C, **White LW**. Competency-based early clinical education experiences for physical therapy students. *The Internet Journal of Allied Health Sciences and Practice.* Apr 2006, Volume 4 Number 2.

PEER-REVIEWED ABSTRACTS

Fletcher JC, **White L**. Abstract. Use of the Confusion Assessment Method (CAM) to screen for delirium in the acute care setting: a case report. *Journal of Acute Care Physical Therapy*, Dec 2010; 1(2): 71.

OTHER PEER-REVIEWED SCHOLARLY PRODUCTS

White L, Williams L, Price J, Williams P, Betros C, Schoen M (editor). Shared decision-making in interprofessional geriatric healthcare delivery. Deep South CME Network, August 2011.

TEXTBOOK CHAPTERS

White, L. Delirium. In: *Physical Therapy Case Files: Acute Care* (Erin Jobst, ed.). The McGraw-Hill Companies, Inc., 2013

NON-PEER REVIEWED PUBLICATIONS

White, L. Screening for delirium in older adults: continuing education module. *Gerinotes (Academy of Geriatric Physical Therapy, APTA)*. November 2014; Volume 21, No. 6.

White, L. Outcome measures of mobility in Parkinson disease: an annotated bibliography. *Gerinotes (APTA Section on Geriatrics)*. September 2006; Volume 13, No. 5.

White, L. Evidence in practice: Group tai chi and fall risk. *Gerinotes (APTA Section on Geriatrics)*. June 2006; Volume 13, No. 4.

REFEREED PRESENTATIONS

White, L. *From Traditional to Team-based: transforming an entry-level Doctor of Physical Therapy management course*. Educational Session, South Alabama Conference on Teaching and Learning, Mobile, AL, May 10, 2016.

White, L. Hamrick K, Newell D. *The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting*. Poster. South Alabama Conference on Teaching and Learning, Mobile, AL, May 9, 2016.

White, L. *From Traditional to Team-based: transforming an entry-level Doctor of Physical Therapy management course*. Platform, APTA Combined Sections Meeting, Anaheim, CA, February 20, 2016.

White, L. Hamrick K, Newell D. *The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting*. Poster. APTA Combined Sections Meeting, Anaheim, CA, February 18, 2016.

Dawson H, **White L.** *Factors that influence selection of initial employment by new graduate physical therapists*. Poster. National Collegiate Honors Council Annual Conference, Chicago, IL, November 14, 2015.

Rudd A, Estis J, **White L.**, Clanton C, Styron J. *Enhancing interaction among health professions students through interprofessional education*. Educational Session, University of South Alabama Conference on Teaching and Learning, Mobile, AL, May 12, 2015.

Braddock KR, Walker MR, Wood JE, **White, L.** *Delirium screening by geriatric physical therapists: a survey of practice patterns, knowledge, and barriers*. Poster, APTA Combined Sections Meeting, San Diego, CA, January 22, 2013

Kennedy E, Graham C, Clark D, **White L.** *Responding to the Needs of the Millennials: promoting student competence in the classroom and beyond*. Educational Session, APTA Annual Conference, Tampa, FL, June 8, 2012

Fletcher JC, **White L.** *Use of the Confusion Assessment Method (CAM) to screen for delirium in the acute care setting: a case report*. Platform. APTA Combined Sections Meeting, New Orleans, LA. February 12, 2011.

Clark D, **White L.** *A PROACTIVE approach to clinical decision-making in management of complex geriatric clients*. Poster. University of Alabama at Birmingham (UAB) Interprofessional Geriatric Education Conference, Birmingham, AL, January 21, 2011.

REFEREED PRESENTATIONS CONTINUED

Clark D, **White L**. *A PROACTIVE approach to clinical decision-making in management of complex geriatric clients*. Educational Session, APTA Annual Conference, Boston, MA, June 19, 2010.

Morris M, Clark D, **White L**. *Mental Health and Wellness*. Educational Session, APTA Annual Conference, San Antonio, TX, June 14, 2008.

INVITED PRESENTATIONS

Brown C, Fell D, Warr R, **White L**, Clark D, Strunk E. *Physical Therapy Management of Older Adults with Dementia: What You Need to Know to Optimize Patient Outcomes*. Continuing education session. Alabama Chapter of the American Physical Therapy Association, Fall Conference, Birmingham, AL, August 14, 2015.

White, L. *Staying Vertical: Adding Balance to Your Routine*. Educational Session, Generational Resilience Conference, Gulf Coast Behavioral Health and Resiliency Center, Point Clear, AL, October 30, 2014.

Mount H, **White L**. *The Adult Fitness Exam*. Alabama Chapter of the American Physical Therapy Association, Fall Conference, Birmingham, AL, August 17, 2013.

White L, Morris D. *Putting it All Together: Balance Assessment and Treatment in Stroke and Parkinson's Disease*. Alabama Chapter of the American Physical Therapy Association, Spring Conference, Orange Beach, AL, April 17-19, 2011.

White, L. *Balance and Fall Prevention Strategies*. Educational Session, APTA National Student Conclave, Birmingham, Alabama, October 26, 2002.

Hartley G, **White L**. *Building a Foundation for Effective PT Management – Special Needs of the Aging Population*. Geriatric Clinical Symposium, Alabama Chapter of the American Physical Therapy Association, Destin, FL, May 14-16, 1999.

NONREFEREED PRESENTATIONS

Estis J, **White L**. *Facilitating Application Activities*. Team USA Quality Enhancement Plan. University of South Alabama, Mobile, AL, March 10, 2016.

Calametti CM, Walker JR, White KM, **White L**. *Delirium screening by geriatric physical therapists: a survey of practice patterns, knowledge, and barriers*. Poster. University of South Alabama 20th Annual Research Forum, Mobile, AL, March 21, 2013

STUDENT RESEARCH MENTORING

Hambrick, Kaitlyn. *Student Research Award*. Academy of Geriatric Physical Therapy, 2016.

Newll, Dalton. *Outstanding PT Student Award*. Academy of Geriatric Physical Therapy, 2016.

Braddock, Kayla. *Student Research Award*. APTA Section on Geriatrics, 2013.

CONTINUING EDUCATION COURSES

White, L. *Are You Thinking What I'm Thinking? Teaching Clinical Reasoning to PT Students in the Clinic.* , University of South Alabama, Mobile, AL, July 21, 2015 and February 25, 2014.

White L, Strunk E. *Updates on Fall Management of Older Adults: Practice and Payment.* University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 10, 2013.

White L, Fell DW, Strunk E. *You've Got the POWER! Addressing Muscle Performance Impairments in Older Adults.* University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 2012.

White L, Fell DW, Strunk E. *Therapeutic Exercise in Geriatric Populations: The Latest Evidence.* University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 13, 2011

White L, Strunk E. *Maximizing the Effects of Exercise on Functional Outcomes in the Elderly.* University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, August 31, 2010.

Wall J, **White L.** *Assessment and Treatment of Balance in the Elderly.* University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 23, 2004.

GRANT ACTIVITY

Extramural Funded

HRSA Nurse Education, Practice, Quality and Retention- Interprofessional Collaborative Practice Project # 5 UD7 HP26043-02-00. *Interprofessional Collaborative Practice to Improve Patient Outcomes.* (2014-2016) Clinical Faculty/Collaborator. PI: Dearman C/Brown H.

Funded: \$1,315,812.

Intramural Funded

University of South Alabama Health Services Interprofessional Grant. *Establishing a Local Chapter of the Institute of Healthcare Improvement at the University of South Alabama.* Co-investigator. Johnson P, Preudhomme D, Davis C, White L.W.

Funded: \$1500

Intramural Unfunded

University of South Alabama Health Services Interprofessional Grant. (2012-2013). \$5650.00 *Team-Based Approaches to Health Care Delivery: A Proposal to Enhance Inter-professional Education across the USA Health Sciences.* Minchew L, Adams E, Gubler C, White L.

REVIEWER**Professional Journals**

Qualitative Health Research, 2013-present

Journal of Allied Health, 2014

Professional Presentations

Poster Proposals, World Confederation for Physical Therapy (WCPT), 2015

PROFESSIONAL HONORS/AWARDS/CREDENTIALS

Best Poster, **White, L.** Hamrick K, Newell D. *The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting*. South

Alabama Conference on Teaching and Learning, Mobile, AL, May 9, 2016

Quality Enhancement Plan (QEP) Educator of Distinction, Team USA, University of South Alabama, April 29, 2016

Faculty Award for Excellence in Teaching, Pat Capps Covey College of Allied Health Professions, University of South Alabama, 2016

Generations Faculty Fellow, Center for Generational Studies, University of South Alabama, 2016

Professional Development Fellow, TeamUSA Quality Enhancement Project (team-based learning), University of South Alabama, May 2015

Certificate in Pedagogy in Team-based Learning, Team USA Quality Enhancement Project, May 2015

Faculty Award for Excellence in Service, Pat Capps Covey College of Allied Health Professions, University of South Alabama, 2014

Dean's Merit Scholarship Award, UAB School of Health Professions, 2011

Faculty Scholar, Geriatric Education Center, University of Alabama at Birmingham, 2009-2010

The Loretta R. Boger Award for Excellence in Clinical Education, Division of Physical Therapy, School of Health Related Professions, University of Alabama at Birmingham, 2000

RELEVANT TEACHING EXPERIENCE**Entry-level DPT/MSPT Curriculum**

PT 602 Lifespan Human Development, 2002 – present

PT 611/612 Research Project, 2011-present

PT 613 Critical Analysis of the Literature, 2010-present

PT 622 Exercise Physiology (exercise and aging), 2005 – present

PT 625 Therapeutic Interventions, 2001 - 2014

PT 631 Musculoskeletal PT (therapeutic exercise component), 2014

PT 640/641 Examination/Evaluation in Neurologic PT, 2002 - present

PT 642 Intervention in Neurologic Physical Therapy, 2002 - present

PT 680/681 PT Professional Issues series, 2005 - present

PT 682/683/684/686 PT Internships, 2009-present

Transitional DPT Program

Seminar: Geriatric Physical Therapy, 2007

Seminar: Clinical Education, 2006-2007

Undergraduate/Pre-PT

PT 499 Honors Project, 2015-present

Physical Therapist Assistant Curriculum

Rehabilitation Techniques in Neurologic and Cardiopulmonary PT, 2005

Medical Terminology, 2005

Neuroanatomy and Physiology, 2004

Physical Disabilities, 2004

RELEVANT ADMINISTRATIVE EXPERIENCE

Curriculum Assistant to Chair, 2015-present

Streamlined process for obtaining/maintaining course syllabi

Mentored new faculty in development of new course content in health promotion

Director of Clinical Education, 2009-present

Led college efforts to create centralized database and develop process for centralized acquisition and maintenance of clinical affiliation agreements, 2015-present

Led college efforts to develop processes for securing/maintaining joint program clinical affiliation agreements, 2010-2014

Developed/revised quality assurance program for clinical education program, 2009-present

Transitioned clinical education student evaluation tool to APTA CPI WEB, 2009-2010

UNIVERSITY SERVICE

University level

Gerontology Program Curriculum Advisory Committee, 2016 - present

Interprofessional Education Executive Committee, 2015-present

Interprofessional Education Ad Hoc Committee, 2014-2015

University Library Committee, 2012-present

Gerontology Research Network, 2009-2010

College level

COM-COAHP Interdisciplinary Professionalism seminars, faculty, 2009-present

Biosafety Committee, 2009-present

Department level

Curriculum committee, 2009-present

 Chair, 2015-present

Admissions committee, 2009-present

Pre-PT student advising, 2009-present

Academic Standards committee, 2010-present

Scholarship committee, chair, 2009-2015

CONSULTING

Clinical education curriculum development. University of Arkansas for Medical Sciences, Fayetteville, AR. 2014-2015.