

Aline E. Botsis
University of South Alabama
Department of Health, Kinesiology, and Sport
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251.460.7131

EDUCATION

Master of Science in Exercise Science , May 2015 University of South Alabama; Mobile, AL GPA: 4.0/4.0	Bachelor of Science in Exercise Science , May 2013 University of South Alabama; Mobile, AL Minor: Psychology GPA: 4.0/4.0
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TEACHING EXPERIENCE

Current Employer: University of South Alabama; Mobile, AL Instructor	August 2019 – Present
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Department of Health, Kinesiology, and Sport

Undergraduate Lecture Courses:

- KIN 100 Concepts of Health and Wellness
- KIN 100 Concepts of Health and Wellness, First Year Experience Learning Community
- KIN 380 Kinesiology
- KIN 474 Sport and Fitness Conditioning
- KIN 476 Exercise Physiology
- KIN 484 Apps in Sport Conditioning

University of South Alabama; Mobile, AL

Fall 2016 – Spring 2019

Adjunct Instructor

Department of Health, Kinesiology, and Sport

Undergraduate Lecture Courses:

- KIN 100 Concepts of Health and Wellness
- KIN 100 Concepts of Health and Wellness, First Year Experience Learning Community

University of South Alabama; Mobile, AL

August 2013 – May 2015

Graduate Assistant

Department of Health, Kinesiology, and Sport

Undergraduate Lecture and Activity Courses:

- PE 132 Step Aerobics
- PE 120 Tennis
- KIN 100 Concepts of Health and Wellness (co-graduate instructor)
- KIN 380 Kinesiology (teaching assistant)

PROFESSIONAL EXPERIENCE

Pre-Health Advisor	January 2018 – August 2019
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Academic Advisor II

University of South Alabama; Mobile, AL

Academic Advising & Transfer Services

Academic Advisor II

March 2017 – January 2018

University of South Alabama; Mobile, AL

Academic Advising & Transfer Services

Academic Advisor I University of South Alabama; Mobile, AL Academic Advising & Transfer Services	June 2015 – March 2017
Graduate Assistant University of South Alabama; Mobile, AL Department of Health, Kinesiology, and Sport	August 2013 – May 2015
Student-Athlete Tutor University of South Alabama; Mobile, AL Athletic Academic Services	October 2009 – August 2014; January 2016 – May 2016

WORK EXPERIENCE

Sales Associate Run-N-Tri; Mobile, AL	May 2021 – Present
<ul style="list-style-type: none"> Perform gait analyses using a 3D foot scanner Provide fittings and recommendations for shoes and orthotic inserts Assist customers in selecting appropriate footwear for their needs Organize and inventory merchandise 	

CERTIFICATIONS

Certified Appreciative Advisor Office of Appreciative Education at Florida Atlantic University	October 2017 – Present
Certified Strength and Conditioning Specialist National Strength and Conditioning Association	April 2015 – Present
First Aid/CPR/AED American Heart Association	August 2014 – Present

AWARDS AND RECOGNITIONS

Top Prof , Azalea Chapter of Mortar Board Honor Society University of South Alabama	Fall 2021
Top Prof , Azalea Chapter of Mortar Board Honor Society University of South Alabama	Spring 2021
Certificate of Merit – New Advisor , NACADA 2018 Region 4 Excellence in Advising	2018
Outstanding Graduate Student in Health, Physical Education, and Leisure Studies University of South Alabama College of Education	2015
Outstanding Undergraduate Student in Health, Physical Education, and Leisure Studies University of South Alabama College of Education	2013

MEMBERSHIPS

Member , College of Education and Professional Studies Faculty Council University of South Alabama	August 2022 – Present
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Faculty Advisor, Heart & Sole Running Club Student Organization
University of South Alabama

February 2022 – Present

Member, National Strength and Conditioning Association 2015
New Faculty Scholar Participant, University of South Alabama Innovation in Learning Center 2019

Member, SouthALACADA, University of South Alabama Chapter of NACADA 2015-Current

Member, National Academic Advising Association (NACADA) 2015-2019

Member, National Association of Advisors for the Health Professions, Inc. 2018-2019

Member, Emerald Coast Academic Advising Network 2018-2019

RESEARCH EXPERIENCE

University of South Alabama; Mobile, AL

Master's Thesis: *Effects of Kinesio® Taping on Ankle Complex Stability, Jump Landing Kinetics, and Dynamic Postural Control in Female Ballet Dancers*
Advisor: Dr. John E. Kovaleski

Nutrition: *Nutritional Knowledge of College Coaches*
Advisor: Dr. Shelley L. Holden

PRESENTATIONS AND PUBLICATIONS

Botsis, A. E. & Davis, P. M. (2018, October). *Navigating Pre-Health Waters: Creating a Culture of Pre-Health Advising at USA*. Presentation at the inaugural Emerald Coast Academic Advising Network Conference, Pensacola, FL.

Botsis, A. E., Kovaleski, J. E., Gurchiek, L. R., Ellis, D., Liu, W., Rooney, C., & Hollis, J. M. (2016, March). *Effects of Kinesio® taping on ankle complex stability and dynamic postural control in female ballet dancers*. Poster session presented at the 23rd Annual University Research Forum, Mobile, AL.

Botsis, A. E. & Holden, S. L. (2015). *Nutritional knowledge of college coaches*. *Sports Science Review*, 24(3-4), 193-200. doi:10.1515/ssr-2015-0015

Botsis, A. E., Kovaleski, J. E., Gurchiek, L. R., Ellis, D., Liu, W., Rooney, C., & Hollis, J. M. (2015, October). *Effects of Kinesio® taping on ankle complex stability and dynamic postural control in female ballet dancers*. Poster session presented at the International Ankle Symposium, Dublin, Ireland.

Kovaleski, J. E., **Botsis, A. E.**, Gurchiek, L. R., Ellis, D., Liu, W., Rooney, C., & Hollis, J. M. (2015). *Effects of Kinesio® taping on ankle complex stability and dynamic postural control in female ballet dancers*. [Abstract]. *British Journal of Sports Medicine*, 49. doi: 10.1136/bjsports-2015-095573.32

Botsis, A. E., Schwarz, N.A., Harper, M. E., Liu, W., Rooney C. A., Gurchiek, L. R., & Kovaleski, J. E. (2019). *Effect of Kinesio Taping on Ankle Complex Motion and Stiffness and Jump Landing Time to Stabilization in Female Ballet Dancers*, 4(10), 1-14. doi:10.3390/jfmk4020019

PROFESSIONAL DEVELOPMENT

Participant, First Year Experience Development Day, University of South Alabama July 2021
Mobile, AL

Participant , Advanced Summer Institute, Innovation in Learning Center Selected to participate	July 2021
Participant , National Strength and Conditioning Associate National Conference Orlando, FL	July 2021
Participant , Strategic Course Design Mini Course, Innovation in Learning Center University of South Alabama	March 2021
Participant , Innovation in Learning Center Summer Institute One of sixty faculty selected to participate	June-July 2020
Participant , New Faculty Scholar, Innovation in Learning Center University of South Alabama	2018
Participant , Emerald Coast Academic Advising Network Conference Pensacola, FL	October 2018
Participant , First Year Experience Development Day, University of South Alabama Mobile, AL	August 2018
Co-Organizer , Alabama Health Professions Advisor Meeting Held on the campus of the University of South Alabama	February 2018
Participant , NACADA Region 4 Conference Pine Mountain, GA	March 2018
Participant , 7th Annual Conference on Teaching and Learning, University of South Alabama Mobile, AL	May 8-9, 2017
Participant , First Year Experience Faculty Development, University of South Alabama Mobile, AL	May 2016
Participant , NACADA Annual Conference Atlanta, GA	October 2016
Participant , Appreciative Advising Institute Boca Raton, FL One of four advisors from the University of South Alabama selected to attend	August 2016
Participant , 6th Annual Conference on Teaching and Learning, University of South Alabama Mobile, AL	May 9-10, 2016