## **HEALTH PROMOTION 2024-Current**

## University of South Alabama – College of Education and Professional Studies - Department of Health, Kinesiology and Sport

EH 102 English Composition II Area II - Humanifies and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY) CA 110 Public Speaking One course from EH 215, 215, 225, 226, 235, 236 One course from H 125, 215, 225, 226, 235, 236 advisor approved humanities or fine arts elective. Area II - Natural Science and Mathematics (3 Courses, 11 Hours) One course from (Including Jab): BU 101, 212, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One courses from (Including Jab): BU 101, 212, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One courses from (Including Jab): BU 101, 221, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One courses from (Including Jab): BU 101, 221, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One courses from (Including Jab): BU 101, 221, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One courses from (Including Jab): BU 101, 221, CH 101, 103, 131, 132, GEO 101, 102, GY 111, 112, PH 101, 104, 114, 115, 201, 202 One course from HY 101, 102, HY 121, 122, HY 135, 136 Two courses from: AN 100, 101; ECO 215, 216, GEO 114, 115, PSC 130, PSY 120, 250; SY 109, 112 One course from: AN 100, 101; ECO 215, 216, GEO 114, 115, HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112 Area V-Physical Education (I2 Courses, 4 Hours) KN 100 Concepts of Health and Physical Education (W) (Satisfies University Writing Requirement) KN 475 Organistons and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KN 455 Internship RH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal issues in Sports and Recreation (W) (Satisfies University Writing Requirement) KN 451 Physical Education and Application HEALTH PEONOTION MAIOR (54 Hours) BND 1110 or 251 Human Anatomy and Physical Education (W) (Satisfies University Writing Requirement) KN 451 Physical Educ	GENERAL EDUCATION (48 Hours)	Grade	Hours
EH 102 English Composition II  Area II - Humanifies and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY) CA 110 Public Spaking One course from EH 215, 216; 225, 226; 235, 236 One course from EH 125, 216; 225, 226; 235, 236 advisor approved humanities or fine arts elective.  Area II - Natural Science and Mathematics (3 Courses, 11 Hours) One courses from: MA 110, 111, 112, 113, 115, 120 One courses from (including lab): BLV 100, 212; CH 101, 103, 131, 132, GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202 One courses from (including lab): BLV 101, 212; CH 101, 103, 131, 132, GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202 Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will noity receive credit for 3 history courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will noity, receive credit for 3 history courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will noity, receive credit for 3 history courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will noity, receive credit for 3 history courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112 One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112 Area V-Physical Education (I2 Courses, 4 Hours) (KH 405 Organistons and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) (KH 435 Internship PH 431; 216; 215, Human Anatomy and Physical Education (W) (Satisfies University Writing Requirement) ST 210 Stat Reason and Application HEALTH PEONOTION MALOR (S4 Hours) HB 2110 or 251 Human Anatomy and Physical Education (W) (Satisfies University Writing Requirement) HS 210 First Ad HS 202 Figue Halth Hsplication Sore Curriculum HS 205 Physical Health HS 206 Prevonal Health HS 206 Pret	Area I - Written Composition (2 Courses, 6 Hours)		
Area II - Humanities and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)	EH 101 English Composition I		3
CA 110 Public Speaking	EH 102 English Composition II		3
One course from: EH 215, 216; 225, 226; 235, 236         One course from: HA 110, 103, 123; ARS 101; DRA 110; MUL 101         One course from: EH 215, 216; 225, 226, 235, 236 or advisor approved humanities or fine arts elective.         Area III - Natural Science and Mathematics (3 Gourses, 11 Hours)         One course from: IMA 110, 111, 112, 113, 115, 120         One course from: Including lab: BLY 101, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         One courses from (Including lab: BLY 101, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         Students will only receive credit for 2 history courses.)         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 425 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 425 Organizations and Application         HE3 110 or 251 Human Anatomy and Physiology I         BMD 110 or 252 Human Anatomy and Physio	Area II - Humanities and Fine Arts (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)		
One course from: ARI 100, 103, 123, 285, 101; DRA 110; MUL 101         One course from EH 215, 216; 225, 226; 325, 326 or advisor approved humanities or fine arts elective.         Area III - Natural Science and Mathematics (3 Courses, 11 Hours)         One course from: INA 110, 111, 113, 113, 113, 113, 113, 1132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         One courses from (Including lab): BLY 101, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         Students will only receive credit for 2 history courses.)         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 105 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         POPEESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         ST 105 Stat Reason and Application         HA12 Levalac	CA 110 Public Speaking		3
One course from EH 215, 216; 225, 226; 235, 236 or advisor approved humanities or fine arts elective.       Image: Course from: NA 110, 111, 112, 113, 115, 120         One course from (Including lab): BLY 102, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202       Image: Course from (Including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         One courses from (Including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202       Image: Courses from (Including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         Students will only receive credit for 2 history courses, 12 Hours) (Sequence required in either English (EH) or History (HY)       Students will only receive credit for 2 history courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         Students will only receive credit for 2 history courses, 12       Thou courses from HY 101, 102; HY 121, 122; HY 135, 136         Two course from HX 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112       Image: Course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         Area V-Physical Education (Z Courses, 4 Hours)       KIN 100 Concepts of Health and Fitness       Image: Course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         PROFESSIONAL STUDIES (18 Hours)       Image: Course from: AN 100, 010; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC	One course from EH 215, 216; 225, 226; 235, 236		3
Are III - Natural Science and Mathematics (2 Courses, 11 Hours)         One course from (Including lab): ELY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         One courses from (Including lab): ELY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         Area IV - Mistory, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         (Students will only receive credit for 2 history courses.)         One course from HY 101, 102; HY 121, 122; HY 135, 136         Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PS 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Application         HEALT HEROMOTION MADOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         BMD 111 or 251 Human Anatomy and Physiology 1         BMD 111	One course from: ARH 100, 103, 123; ARS 101; DRA 110; MUL 101		3
One course from: MA 110, 111, 112, 113, 115, 120         One courses from (including lab): BLY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202         Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         (Students will only receive credit for 2 history courses.)         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Administration         Stat Reason and Application         HM 1111 or 252 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         BMD 111 or 252 Human Anatomy and Physiology 1         St3 School AC (Min 474 Storer and Fi	One course from EH 215, 216; 225, 226; 235, 236 or advisor approved humanities or fine arts elective.		3
One courses from (including lab): BLY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; CY 111, 112; PH 101, 104, 114, 115, 201, 202 One courses from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202 Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will only receive credit for 2 history courses.) One course from HY 101, 102; HY 121, 122; HY 135, 136 Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112 One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112 Area V - Physical Education (2 Courses, 4 Hours) KIN 405 Oncents of Health and Fitness PE 101-157 PE Activity Course Elective 100-499 POFESSIONAL STUDIES (18 Hours) KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 475 Organizations and Application H14 715 Valiation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement) KIN 475 Organizations and Application HEALTH PROMOTION MAJOR (54 Hours) BMD 110 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Human Anatomy and Physiology I BMD 111 or 251 Hu			
One courses from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202  Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY) (Students will only receive credit for 2 history courses.) One course from HY 101, 102; HY 123, 123 Hours) Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112  Area V- Physical Education (2 Courses, 4 Hours) KIN 100 Concepts of Health and Fitness PE 101-157 PE Activity Course Elective 100-499  PROFESSIONAL STUDIES (18 Hours) KIN 495 Internship RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement) KIN 495 Internship RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement) ST 210 Stat Reason and Application HEALTH PROMOTION MAIOR (54 Hours) BMD 110 or 251 Human Anatomy and Physiology I HS 170 First Aid HS 252 Personal Health HS 262 Personal Health Himplications for Curriculum HS 362 Drug Education HS 363 Chrole and Community Health Implications for Curriculum HS 362 Drug Education KIN 238 Uncetonex KIN 248 Sport, Performance, and Exercise Psychology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 476 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 476 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 476 Dexordse Physiology			. 3
Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours) (Sequence required in either English (EH) or History (HY)         (Students will only receive credit for 2 history courses.)         One course from HY 101, 102; HY 121, 122; HY 135, 136         Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112         One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MAJOR (S4 Hours)         BMD 111 or 251 Human Anatomy and Physiology I         BMD 111 or 251 Human Anatomy and Physiology II         HS 304 Cyncis Education			4
(Students will only receive credit for 2 history courses.) One course from HY 101, 102; HY 121, 122; HY 135, 136 Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112  Area V- Physical Education (2 Courses, 4 Hours) KIN 100 Concepts of Health and Fitness PE 101-157 PE Activity Course Elective 100-499  PROFESSIONAL STUDIES (18 Hours) KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 475 Dragnizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement) KIN 495 Internship RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement) ST 210 Stat Reason and Application HEALTH PROMOTION MAJOR (S4 Hours) KIM 101 or 252 Human Anatomy and Physiology I BMD 110 or 252 Human Anatomy and Physiology I HS 315 Safety Education HS 361 School and Community Health Implications for Curriculum HS 362 Drug Education HS 361 School and Community Health Implications for Curriculum HS 362 Drug Education HS 361 School and Community Health Implications for Curriculum HS 362 Drug Education HS 361 School and Community Health Implications for Curriculum HS 362 Drug Education HS 361 School and Community Health Implications for Curriculum HS 362 Drug Education KIN 278 Sport, Performance, and Exercise Psychology KIN 201 Orientation to Health and Physical Education KIN 278 Sport, Performance, and Exercise Psychology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 480 Physical Education for Axypical Child/Youth OR IST 210 Intro	One courses from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202		4
Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112	(Students will only receive credit for 2 history courses.)		
One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112          Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 495 Internship         RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology I         HS 326 Zorg Studeation         HS 326 Zorg Studeation         HS 326 Zorg Leducation         HS 326 Zorg Leducation         HS 345 Dupt Education         HS 345 Public Health         HS 447 S Public Health </td <td></td> <td></td> <td>. 3</td>			. 3
One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112         Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Administration in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST 103 Stat Reason and Application         HEALTH PROMOTION MAIOR (54 Hours)         BMD 111 or 252 Human Anatomy and Physiology I         BMD 110 or 251 Human Anatomy and Physiology I         BS 125 Zepresonal Health         HS 326 Zepresonal Health	Two courses from: AN 100, 101; ECO 215, 216; GEO 114, 115; PSC 130; PSY 120, 250; SY 109, 112		3
Area V- Physical Education (2 Courses, 4 Hours)         KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST10 Stat Reason and Application         HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 110 or 252 Human Anatomy and Physiology I         HS 120 Stat Reason and Community Health Implications for Curriculum         HS 362 Drepsonal Health         HS 362 Schoel and Community Health Implications for Curriculum         HS 362 Schoel and Community Health Implications for Curriculum         HS 362 Drug Education         HS 475 Public Health         HS 463 Human Sexuality         KIN 200 Orienation to Health and Physical Education         KIN 203 Orienation on Chaelth and Physical Education         KIN 263 Intro to Nutrition         KIN 278 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology OR KIN 474 Sport and Fitness			. 3
KIN 100 Concepts of Health and Fitness         PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 475 Organizations and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology I         HS 170 First Aid         HS 262 Personal Health         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 475 Public Health         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 263 Intro to Nutrition         KIN 3265 Kinesiology OR KIN 476 Exercise Physiology         KIN 380 Kinesiology OR KIN 476 Exercise Physiology         KIN 263 Intro to Nutrition         KIN 264 Intro to Natrition         KIN 278 Sport, Performance, and Exercise Psychology	One course from: AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; PSY 120, 250; SY 109, 112		. 3
PE 101-157 PE Activity Course         Elective 100-499         PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         KIN 495 Internship         RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MALOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology I         HS 262 Personal Health         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 362 Drug Education         HS 475 Public Health         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 263 Intro to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 380 Kinesiology OR KIN 476 Exercise Physiology         KIN 380 Kinesiology OR KIN 476 Exercise Physiology         KIN 380 Kinesiology OR KIN 476 Exercise Physiology			2
Elective 100-499  PROFESSIONAL STUDIES (18 Hours)  KIN 475 Organizations and Administration in Health and Physical Education (W) ( <i>Satisfies University Writing Requirement</i> ) KIN 475 Organizations and Administration in Health and Physical Education (W) ( <i>Satisfies University Writing Requirement</i> ) TH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) ( <i>Satisfies University Writing Requirement</i> ) T 210 Stat Reason and Application  HEALTH PROMOTION MAJOR (54 Hours) BMD 110 or 251 Human Anatomy and Physiology I BMD 111 or 252 Human Anatomy and Physiology II HS 170 First Aid HS 262 Personal Health HS 361 School and Community Health Implications for Curriculum HS 361 School and Community Health Implications for Curriculum HS 463 Human Sexuality KIN 201 Orientation to Health and Physical Education KIN 263 Intro to Nutrition KIN 278 Sport, Performance, and Exercise Psychology KIN 308 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability			3
PROFESSIONAL STUDIES (18 Hours)         KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)         RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MAIOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology I         S 262 Personal Health         HS 351 Safety Education         HS 351 Safety Education         HS 362 Drug Education         HS 475 Public Health         HS 475 Public Health         HS 475 Public Health         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 278 Sport, Performance, and Exercise Psychology         KIN 328 Stinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability	PE 101-157 PE Activity Course		1
KIN 475 Organizations and Administration in Health and Physical Education (W) (Satisfies University Writing Requirement)	Elective 100-499		3
KIN 495 Internship			
RTH 471 Evaluation and Research in Leisure HKS (W) OR SM 472 Legal Issues in Sports and Recreation (W) (Satisfies University Writing         Requirement)         ST 210 Stat Reason and Application         HEALTH PROMOTION MAIOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology II         HS 170 First Aid         HS 262 Personal Health         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 475 Public Health         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 202 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability			3
Requirement)       ST 210 Stat Reason and Application         HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology II         HS 262 Personal Health         HS 262 Personal Health         HS 351 Safety Education         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 201 Orientation to Health and Physical Education         KIN 278 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability			. 9
ST 210 Stat Reason and Application          HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology II         HS 170 First Aid         HS 262 Personal Health         HS 351 Safety Education         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 278 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability			
HEALTH PROMOTION MAJOR (54 Hours)         BMD 110 or 251 Human Anatomy and Physiology I         BMD 111 or 252 Human Anatomy and Physiology II         HS 170 First Aid         HS 262 Personal Health         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 463 Lucation         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 278 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology OR KIN 474 Sport and Fitness Conditioning OR KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth OR SPE 400 Education for Exceptional Child/Youth OR IST 210 Intro to Disability			. 3
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BMD 111 or 252 Human Anatomy and Physiology II         HS 170 First Aid         HS 262 Personal Health         HS 351 Safety Education         HS 361 School and Community Health Implications for Curriculum         HS 362 Drug Education         HS 475 Public Health         HS 463 Human Sexuality         KIN 201 Orientation to Health and Physical Education         KIN 263 Intro to Nutrition         KIN 278 Sport, Performance, and Exercise Psychology         KIN 380 Kinesiology <b>OR</b> KIN 474 Sport and Fitness Conditioning <b>OR</b> KIN 476 Exercise Physiology         KIN 461 Physical Education for Atypical Child/Youth <b>OR</b> SPE 400 Education for Exceptional Child/Youth <b>OR</b> IST 210 Intro to Disability			
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	12 Hours of Advisor Approved Electives from:		
ACC, BLY, BMD, BUS, CH, CLS, ECO, EMS, FIN, HS, KIN 231-499, MA, MGT, MKT, PH, PSY, RTH, SM, ST, or SY			
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	LIECTIVE	Total Hours	3 120

Revised 5/20/24

## **HEALTH PROMOTION- 2024-Current**

University of South Alabama – College of Education and Professional Studies - Department of Health, Kinesiology and Sport

University and College Requirements:

<u>Writing Requirement</u> – The University requires that a candidate for graduation must have completed two designated writing credit courses at USA, with at least one course chosen from offerings in the candidate's major or minor. Courses meeting this requirement are designated with a (W) after the course title in the "Courses" section of the <u>University Bulletin</u>. Individuals who transfer in credit to substitute for a course(s) designated as a (W) course must meet the writing requirement by taking a (W) course(s) at USA.

<u>Transient Approval</u> – Students must have prior approval (obtained in the Advising Center) to enroll as a transient student at another institution. A maximum of 64 semester hours may be accepted from a two-year institution.

<u>Residency Requirement</u> – A candidate for graduation must complete a minimum of 25 percent of the credit hours required for the degree through instruction offered by the University of South Alabama in upper-division course work (300 and 400 levels).