

**EXERCISE SCIENCE**  
 2022-Current  
 Master of Science – M.S.  
 University of South Alabama – College of Education and Professional Studies

MINIMUM GRADUATE HOURS REQUIRED: 30

	Hours	Semester	Grade
<b>Research and Evaluation (3 Hours)</b>			
KIN 505    Research Methods in HKS	3	_____	_____
<b>Area of Specialization (18 Hours)</b>			
KIN 516    Physiology of Exercise	3	_____	_____
KIN 562    Biochemical and Molecular Aspects of Exer & Nutrition	3	_____	_____
KIN 563    Nutrition	3	_____	_____
KIN 571    Exercise Management of Chronic Diseases and Disabilities	3	_____	_____
KIN 572    Neuromuscular & Biomechanical Principles in Exercise	3	_____	_____
KIN 583    Stress Testing and Exercise Prescription	3	_____	_____
<b>Choose Either the Thesis, Capstone Project or Internship Option below:</b>			
<b>Thesis Option (9 Hours)</b>			
IDE 620    Quantitative Methods I	3	_____	_____
KIN 599    Thesis <i>(Total of 6 Hours)</i>	6	_____	_____
<b>OR</b>			
<b>Capstone Project (9 Hours)</b>			
IDE 620    Quantitative Methods I	3	_____	_____
KIN 699    Research Project	6	_____	_____
<b>OR</b>			
<b>Internship Option (9 Hours)</b>			
KIN 595    Internship	3	_____	_____
500-599    Advisor Approved Elective from KIN prefix	3	_____	_____
500-599    Advisor Approved Elective	3	_____	_____

Revised 9/7/22

HKS Tentative Course Offerings:

Fall Semester: HS 510; KIN 505, 516, 521, 563, 579, 590, 594, 595, 599, 699

Spring Semester: HS 565; KIN 500, 562, 572, 579, 583, 590, 594, 595, 599, 699

Summer Semester: KIN 506, 571, 574, 579, 590, 594, 595, 599, 699