

**EXERCISE SCIENCE**  
 2018-Current  
 Master of Science – M.S.  
 University of South Alabama – College of Education and Professional Studies

MINIMUM GRADUATE HOURS REQUIRED: 30

	Hours	Semester	Grade
<b>Research and Evaluation (3 Hours)</b>			
IDE 510    Educational Research and Evaluation	3	_____	_____
<b>Area of Specialization (18 Hours)</b>			
HS 563    Nutrition	3	_____	_____
KIN 505    Critical Reading and Writing in Content Field	3	_____	_____
KIN 516    Physiology of Exercise	3	_____	_____
KIN 570    Stress Testing and Exercise Prescription	3	_____	_____
KIN 571    Exercise Management of Chronic Diseases and Disabilities	3	_____	_____
KIN 572    Application of Biomechanical Concepts	3	_____	_____
 <b>Choose Either the Thesis or Non-Thesis Option below:</b>			
<b>Thesis Option (9 Hours)</b>			
IDE 620    Quantitative Methods I	3	_____	_____
KIN 599    Thesis <i>(Total of 6 Hours)</i>	3	_____	_____
	3	_____	_____
<b>OR</b>			
<b>Non-Thesis Option (9 Hours)</b>			
KIN 540    Cardiovascular Responses and Adaptations to Exercise	3	_____	_____
KIN 595    Internship in Health and Physical Education	3	_____	_____
500-599    Advisor Approved Elective	3	_____	_____

Revised 05/15/19

Tentative Course Offerings:

Fall Semester: KIN 505, 516, 572, 574, 579, 594, 595, 599; HS 562

Spring Semester: KIN 500, 570, 574, 579, 594, 595, 599; HS 563

Summer Semester: KIN 506, 521, 540, 571, 574, 594, 595, 599