Dress Code for USA COM Medical Students:

The below dress code is to be followed while in Clinics-Hospitals-Clerkships and during clinical skills sessions with patients. Professional appearance is important. Medical students working in the USA Hospitals and Health Systems are expected to maintain high standards of professional appearance in all locations. During the COVID-19 season: Medical students will only be allowed to wear the official grey scrubs – No white coats or business attire.

### Business Attire Guidelines

<table>
<thead>
<tr>
<th>Allowed</th>
<th>Business-Casual</th>
<th>NOT Allowed:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pants/Bottoms/Dress/Skirts</strong></td>
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<tr>
<td>Dress Pants/ Slacks, slacks no higher than 2” above ankle, Dress or Skirts (at least 3/4 thigh length)</td>
<td>Male students: wear dress slacks or khakis and a dress shirt with regular tie/bow tie and white coat. Female students: may wear dress slacks, skirt /dress of appropriate length &amp; white coat.</td>
<td>Men’s polo style shirts, sweat shirts, t-shirts, Jeans (any color or any style) Sweat pants, Stretch pants, Yoga pants Leggings in any style or color Capri pant or shorts Sleeveless Tops Sandals or opened-toed shoes Plunging necklines or any tops that expose chest hair or cleavage</td>
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</table>

### Clinical Scrub Uniform Guidelines

<table>
<thead>
<tr>
<th>Allowed Pants/Bottoms</th>
<th>Allowed Tops</th>
<th>NOT Allowed:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Official STEEL/GREY Scrub bottoms</strong></td>
<td><strong>Official STEEL/GREY Scrub Tops</strong></td>
<td>Any hospital issued scrubs, Opened-toed shoes, sandals or boots. Sleeveless tops</td>
</tr>
<tr>
<td>There is a certain style for medical students- check with SCRUBS by Zoghby’s – .Uniforms clean, neat without wrinkles in good repair. Appropriate size and length, hemline not touching floor. Scrubs must be tucked in to pants.</td>
<td>Scrub tops that expose the chest or cleavage MUST be covered with under shirts. Students should wear solid white, gray or black crew neck t-shirts under scrub tops – Long sleeves in the same 3 colors allowed on most rotations. <strong>NOTE: During Surgery &amp; OB-GYN rotations T-shirts under scrubs are NOT allowed. Must wear them on all other rotations.</strong></td>
<td>Colored undershirts with visible logos. (wear white, gray or black crew necks only) Thermal underwear, henley’s, any waffle type tops</td>
</tr>
<tr>
<td><strong>Shoes:</strong> No tennis shoes with mesh. Shoes must be black, brown, grey or white closed toe, non-skid sole, free from obvious colors or logos. Shoes must not be scuffed, dingy, unpolished or untied. No boots. Must be able to wipe down with Clorox wipes. Socks are Required— See note on shoes below.</td>
<td></td>
<td>All Microfleece jackets are strictly prohibited from invasive procedural areas.</td>
</tr>
</tbody>
</table>

**SCRUB Uniforms:** Check with for the medical student official at SCRUBS by Zoghby’s 3170 Dauphin Street Suite A-B, Mobile, AL 36606/ 251-316-7336, or 251-463-4612 for correct STYLE, COLOR of scrubs. Medical students should receive a 20% discount. Medical Students are responsible for purchase, laundry and maintenance of scrub uniforms. The color is Steel/Grey. Students in direct patient care areas may wear hospital issued scrubs if their own uniform set of scrubs has been heavily soiled in the line of duty. Supervisory approval must be obtained prior to changing. Scrubs must be tucked in to pants.
During the COVID-19 season: Medical students will only be allowed to wear the official grey scrubs – No white coats or business attire.

Surgical Face Mask must be worn at all times.
Face Shields: provided by the office of Student Affairs are required in certain patient areas.

Identification: University Hospital ID badge are to be worn at all times while on duty and clipped to scrub top.

T-shirts under scrubs: White, gray or black crew neck t-shirts under scrub tops must not hang out under the scrubs at the waist and all others layers must be tucked in and not visible at the waist. Long sleeve white, gray or black t-shirts are allowed under scrub tops on most rotations. The under shirts are NOT allowed while rotating on Surgery & OB-GYN rotations. (See Zoghby’s)

SHOES: Scrubs by Zoghby’s will sale shoes to our students at a discount
NO tennis shoes with mesh allowed. Colors: Black, Brown, or Gray Shoes are to be solid, wipe able with Clorox wipes, no open toe shoes in all clinical areas and no mesh shoes-- (a needle stick should not be able to penetrate through)

Teresa M. Aikens, RN, MSN, CIC
Infection Prevention/Control & Employee Occupational Health
University of South Alabama Health System

FINGERNAILS: Nails should be neat and clean. No artificial nails or extenders nails; natural nails must not be longer than ¼ inch long and polish is NOT allowed.

GROOMING/ FRAGRANCE: Due to close contact with patients, guests and other members of the healthcare team, all medical students must be clean and maintain appropriate personal hygiene with regard to their body, hair and nails. Scented body lotions, fragrances and colognes should not be used to excess and may not be worn in patient areas. Cosmetics, if worn, must be modest. Medical students must exhibit good personal hygiene at all times.

HAIR: Hair must be neat and not distracting (not, for example, fluorescent or neon colors or stripes.) Hair must not interfere with an employee’s ability to provide patient care. When providing patient care. Hair longer than shoulder length must be contained and pulled back. Short neatly trimmed beards no longer than 1 inch below the chin and mustaches are acceptable. Head coverings accepted when associated with professional, medical or religious rationale or are required for reasons related to practice or Board of Health Regulations.

TATTOOS: Visible tattoos must be covered.

JEWELRY: Rings are limited to two fingers per hand. Only two piercings per ear allowed. Earrings no more than 1 inch below earlobe. Jewelry should be small and in good taste and not interfere with job performance. Jewelry may not be worn in any other facial/tongue piercings during duty hours.

TOBACCO: The University of South Alabama and USA Health System are Tobacco-Free campuses.

Questions? Contact The Mastin Building office of Student Affairs 251-471-7145
Failure to follow the dress code will be grounds for disciplinary action.

NOTE: Other USA Hospitals Scrub Uniform colors by department
(Color is determined by primary function)
Registered Nurses: Landau Royal Blue with white jacket
LPNs and MAs : Landau Ceil Blue with white jacket
Radiology/U/S,EKG,EEG Techs : Landau Navy Blue with coordinating jacket
Laboratory (Lab Corp): Landau Black with coordinating jacket
Therapy: Landau Hunter Green with coordinating jacket
Pediatric Caregivers: Coordinating cartoon jackets
Front Office Clinical Staff: Landau Steel Grey with coordinating jacket
Mammography Techs: Landau Pink with Steel Grey jacket
PA students: Burgundy scrubs & short white coat

rev. by kab: 2/18/2021 9:26 AM
251-316-7336
Ms. Melanie’s cell: 251-463-4612
USA COM Contact: Melanie

(Located behind Chick-fil A on Dauphin Street)

Medical Students from the University of South Alabama will receive a **discount 20 % off** for their purchases.
The store will have a roster list of all of our medical students (M1s) or you can show your USA ID badge.

The official lab coat for the M1 & M2 is below:  *(NO name or patch to be added to the M1 – M2 coats)*
**MEN:** LANDAU Consultation Coat Style: 3200 wwy (3 button)
**LADIES:** LANDAU Consultation Coat Style: 3230 wwy (2 button)

The LANDAU Steel Grey (STP) unisex scrubs will be used for all 4 years of medical school.
**LANDAU V-neck Unisex tops:** #7502 - **COLOR:** STEEL GREY (STP)
**LANDAU Bottoms #7602 – Ladies Petite style #9502 COLOR:** STEEL GREY (STP)
**Shoes:** No tennis shoes with mesh. Shoes must be black, brown, grey closed toe, non-skid sole, free from obvious colors or logos. Shoes must not be scuffed, dingy, unpolished or untied. No boots. Socks are required. That can NOT be a mesh tennis shoe as a needle can penetrate through them. They must be able to be wiped with Clorox wipes. – **see Zogby’s store**

**T-shirts under scrubs** can be white, black or grey – but cannot be worn during Surgery & OB-GYN rotations. **see Zogby’s store**

**Surgical paper Face Mask – and clear face shields required.**
• Do not come to the hospital if feeling ill (scratchy throat, fever, muscle aches, cough, SOB, loss of smell and taste).

• Complete the GuideSafe Healthcheck on-line upon entering a facility- (save the passport in your cell to show if you leave the building and need to return)

• Face Masks are required before entering the building.

• Face Shields are provided by Student Affairs and should be worn with face mask in areas with patient contact.

• Students will not be assigned to COVID-19 patients or the COVID-19 unit

• Study the “Proper PPE” chart available at USA Health so as to preserve and conserve vital PPE.

• Maintain social distancing as much as possible, even during breaks such as lunch.

• Keep your work shoes outside your home, if possible. Wipe down with clorox wipes each night.

• Wash scrubs in hot water separate from other laundry.

• Report to your rotation in new set of freshly laundered scrubs each day.

• Student ID badge should be clipped to scrub top - not waistband.

*rev. for COM by kab 2/18/2021*