University of South Alabama College of Medicine Post-exposure Prophylaxis (PEP) Program

According to the World Health Organization (WHO), PEP is short-term antiretroviral treatment to reduce the likelihood of HIV infection after potential exposure.

Post-exposure Procedure: Student/Employee:

1. Immediately wash needle stick injuries, cuts, or splashed area with copious amounts of soap and water (first aid). Eyes should be rinsed with water/saline.

2. Report any potential exposure to the University Hospital or USACW Employee Health Nurse during the day (7:30 a.m. – 3:30 p.m.) or to the Hospital Clinical Supervisor on call after hours, immediately after administering yourself first aid. DO NOT REGISTER AS AN ER PATIENT.

3. Mandatory requirements include student and source patient blood work and completion of an incident report.

4. Baseline student laboratory work should include a complete blood count (CBC), renal and hepatic function tests, pregnancy test (if appropriate), Hepatitis B surface antibody (IgG), Hepatitis B core antibody (total), Hepatitis C antibody (total), and HIV-1/HIV-2 antigen/antibody immunoassay.

5. The following tests should be drawn on the SOURCE PATIENT: Hepatitis B surface antigen, Hepatitis B core IgM, Hepatitis C antibody (total), and HIV-1/HIV-2 antigen/antibody immunoassay. If positive, a confirmatory HIV-1/HIV-2 antigen/antibody immunoassay should be obtained.

6. Currently recommended drugs for PEP are Truvada 1 po daily, and Isentress 400 mg one po BID. If there are questions at the local site about the appropriateness of PEP for an exposure, or if the
above regimen is not available, please contact the USA ID physician specialist, as detailed above. Accepting PEP drug therapy is voluntary. However, you are strongly encouraged to take PEP for an exposure to blood or body fluids from a known HIV infected person as soon as it is offered. Antiretroviral drugs should be administered within 4 hours post-exposure.

7. Medical questions or concerns (e.g. treatment delay) not fully addressed can be discussed directly with on-call Infectious Disease (ID) physician specialist at USA by calling 251-471-7895 (Monday through Friday, 8 a.m. - 5 p.m.). After hours, call the University Hospital operator at 251-471-7000. Identify yourself as a COM student with a training-incurred HIV exposure, your location, and the phone number at which you can be immediately reached by ID personnel.

8. Students performing practicums within two hours travel time to University Hospital should report directly to Employee Health Monday through Friday between 8:00 am - 5:00 pm and to the ER after hours and on weekends/holidays. If the student is more than two hours travel time from University Hospital, students should be referred to the affiliated institution’s Employee Health Nurse, Trauma Care provider, or Infectious Disease specialist if practicum site is at a physician office or clinic where on-site PEP is not available.

9. Report incident and action taken to the College of Medicine Student Affairs Office as soon as possible.

Points of Contact:

<table>
<thead>
<tr>
<th>Contact</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>COM Student Affairs</td>
<td>(251)460-7174</td>
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<tr>
<td>University Hospital Employee Health Nurse</td>
<td>(251)471-7176</td>
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<tr>
<td>University Hospital After Hours Supervisor</td>
<td>(251)471-7000</td>
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<tr>
<td>USACW Employee Health Nurse</td>
<td>(251)415-1677</td>
</tr>
<tr>
<td>USACW After Hours Supervisor</td>
<td>(251)415-1000</td>
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University of South Alabama College of Medicine Post-Exposure Prophylaxis (PEP) Program

Safety is a priority for the University of South Alabama College of Medicine medical students. All medical students undergo initial training on post-exposure prophylaxis during orientation for their M1 year with a subsequent refresher module during their M3 orientation. During this training, procedural guidelines are discussed with emphasis on the reporting mechanisms, timeliness of testing, and treatment. Each student is provided a card to carry at all times with these guidelines and phone numbers to facilitate the testing and reporting process. Additionally, these post-exposure prophylaxis guidelines are published on the College of Medicine website under the Current Students policies and forms.

The cost for any laboratory clinical services associated with post-exposure testing should be billed to the student’s health insurance company. After payment from the insurance company, any remaining billed expenses should be presented to the Associate Dean of Student Affairs. As long as the student has filed in a timely manner with their insurance, the remaining balance will be paid by the Dean’s office in the College of Medicine. In order to ensure payment from the College of Medicine, the student should present all pertinent paperwork including that which documents the amount reconciled by their insurance carrier.

If the filing on the student’s insurance and the presentation of the remaining billed services are not handled in a timely fashion, the College of Medicine will not pay the difference and the student will be responsible for the balance.