SHEALTH UNIVERSITY OF SOUTH ALABAMA

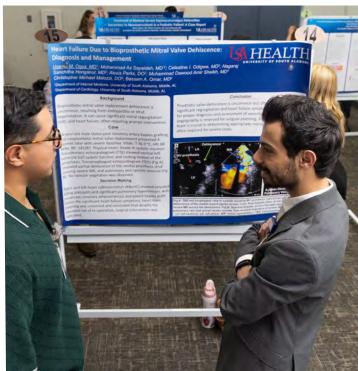
Internal Medicine Residency Program
Inpatient & Outpatient Experience













The Ward Experience

- 4 week blocks
- 4 General ward services: Red, White, Blue, & Gold
 - Typically 1 resident with 2-3 interns
 - Cap 16 to a team

Hospitalist Medicine Team (aka Green Medicine)

- Upper level patient care responsibilities without team management responsibilities
- Provides protected rounding time for other traditional ward teams



The Ward Experience

- Check-in time at 6:30am
- Day call ends at 4pm (short) or 7pm (long)
- Interns only take 1 overnight call per month
- Admissions occur using a drip system to spread out admits fairly. Swing shift service also assists with admits.



The Night Float Experience

- Two 2 week blocks during intern and PGY 2 year
- 2 upper levels with 2 interns
- Provide cross coverage for general internal medicine teams
- Admit new patients primarily from the ED or transfers from outside institutions
- 7pm arrival time
- 6:30am check out to assist with getting night float team out on time



The Intern ICU Experience

- 4 week rotation during intern year
- 3-4 interns with 4-5 upper level residents and a pulmonary/critical care fellow
- Rounds and admissions from 7am-4pm on most days
- Admit patients to MICU as floor transfers, from the ED, and transfers from other facilities
- 2-4 night shifts per month. Assigned with upper level resident and designed to provide intern with more experience with ICU admissions



The Ambulatory Experience

4+2 schedule

4 weeks inpatient and 2 weeks outpatient

4 medicine clinic sessions per week

3 routine and 1 acute

Subspecialty experience

Subspecialty focused outpatient exposure begins during PGY 1 year

On-site rotations – Cardiology, endocrinology, nephrology, hematology/oncology, gastroenterology, hepatology, rheumatology, etc.

Other experiences - Dermatology, neurology, ENT, women's health, etc.

Longitudinal Electives

Opportunities to attend clinics in an area of interest longitudinally over the course of the year

We also include built-in time for independent study and quality improvement participation.



Sample Ambulatory Schedule - Week 1

PGY 1 Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Neurology	Stanton Road Clinic (A)	Stanton Road Clinic	Ambulatory Half Day	Stanton Road Clinic
PM	Stanton Road Clinic	Academic Half Day	Independent Study	Endocrine	Quality Improvement



Sample Ambulatory Schedule - Week 2

PGY 1 Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Stanton Road Clinic	Cardiology	Renal	Ambulatory Half Day	GILab
PM	Stanton Road Clinic (A)	Academic Half Day	Stanton Road Clinic	Independent Study	Stanton Road Clinic



Ambulatory Half Day

Structure

Classroom based lectures focusing on ambulatory topics

Panel management and quality improvement projects

Stanton Road Clinic Updates

Example Lecture Topics

Routine preventative exam and immunizations

Surgical risk stratification

HTN

Diabetes

Lipid management



Stanton Road Clinic

Staton Road Clinic serves as the primary site for ambulatory care. We are nationally certified as a Patient Centered Medical Home. We provide a variety of on-site services to our patients including pharmacy, psychology, registered dietician, etc.

We are further developing our telehealth/virtual visits, POCUS, and addiction management programs.



Additional Ambulatory Sites

- Mastin Subspecialty Clinic
- University Physicians Group
- Mitchell Cancer Center
- Strada Patient Care Center
- Community-based private clinics



Specialized Internal Medicine Services

- Comprehensive Sickle Cell Center
- Pulmonary Hypertension Program
- Digestive Health Center
- HIV Care
- Mitchell Cancer Institute
- Center for Sleep Disorders
- Cardiovascular Disorders Heart Failure Program
- Center for Healthy Communities Health Disparities

