

# Internal Medicine Residency Program

Program Overview - The Learning Environment



### Overview

We are an academic, university-based program with a focus on patient care, scholarship, and resident well-being.

### **Categorical Internal Medicine Program**

18 Residents per year

### Combined Internal Medicine/Pediatrics Program

2-3 Residents per year

### Preliminary Internal Medicine Program

- 6 Preliminary Interns per year
- 5 Additional Categorical Neurology Interns per year



## **Fellowships**

We offer six ACGME-accredited fellowships.

Cardiovascular Disease Fellowship

**Gastroenterology Fellowship** 

Hematology and Medical Oncology Fellowship

Infectious Disease Fellowship

Interventional Cardiology Fellowship

Pulmonary/Critical Care Fellowship



## Residency Program Structure

#### 4+2 Block System

#### **Typical Intern Schedule**

- 20 weeks Inpatient Wards
- 4 weeks Emergency Medicine
- 4 weeks Night Float (two 2-week blocks)
- 12 weeks Ambulatory (Primary care continuity clinic sessions and other ambulatory care experiences such as clinic sessions with dermatology, sickle cell, gastroenterology, oncology, etc.) Includes longitudinal experience in neurology.
- 4 weeks Critical Care
- 8 weeks Subspecialty Consultative Services (Typically infectious disease, nephrology, & cardiology)
- Preliminary interns follow a similar schedule, but we do individualize those schedules to best prepare for future training.

4 weeks of vacation a year plus holiday schedule

6 months of individualized curriculum in PGY 2 & PGY 3 years



### **Clinical Learning Environment**

University Hospital serves Southern Alabama, Mississippi Gulf Coast and Northwest Florida as a Tertiary Referral Center.

### Stats:

- 406 bed
- Level 1 Trauma Center
- Regional Burn Center
- Stroke Center





### **Stanton Road Clinic**

Houses the Internal Medicine Resident Primary Care Clinic.

### **On-site Services to patients:**

- Pharmacist
- Psychologist
- Phlebotomist
- Registered Dietician





## Specialized Internal Medicine Services

We offer a variety of services including, but not limited to:

Comprehensive Sickle Cell Center

Including transitional care program

**Pulmonary Hypertension Program** 

**Digestive Health Center** 

Advanced endoscopy

**HIV Care** 

Mitchell Cancer Institute

**Sleep Disorders Center** 

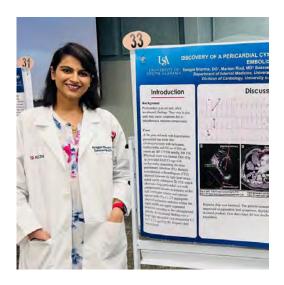
Cardiology, Renal, Rheumatology, Endocrinology, ID, Pulmonary

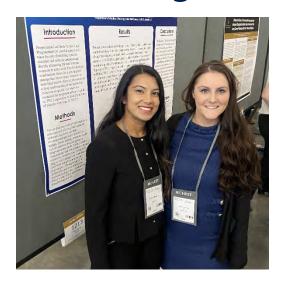
**Health Outreach** 

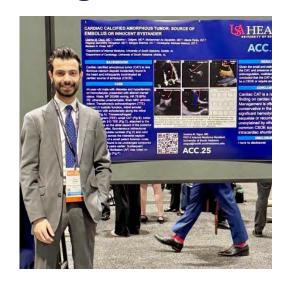
**Center for Healthy Patients – Health Disparities** 



### **Resident Scholarly Activity**









Our program has many research opportunities with faculty mentors. Additional opportunities for scholarly activity through Southern Society of General Internal Medicine, State ACP, University-sponsored resident research day, a GI research collaborative, and quality improvement projects.

**Recent Resident Presentations:** American College of Gastroenterology, Digestive Diseases Week, National ACP Meeting, American Thoracic Society



## **Residency Council**

### Peer-selected

- 2 from each PGY level
- 1 Preliminary Intern

Advisory Panel to Program Director and the Residency Program Leadership

### **Council Contributions**

- Physician wellness
- Serve on departmental education committees
- Assist with any major program changes
- Social activities



### **Resident Education**

Academic Half Day

**Ambulatory Half Day** 

Thursday Noon Conference

Case Conference

**Grand Rounds** 

### Simulations

 Procedural, POCUS, critical thinking, etc.





### Residents as Teachers

Your Role in Undergraduate Medical Education

#### 3<sup>rd</sup> Year Clerkship

- Director: Anna Foust, MD
- Best Clerkship 21 of last 25 years

#### 4th Year Courses

- Acting Internship Director: Sakteesh Gurunathan, MD
- Subspecialty Electives

#### **Teaching Awards**

- Best Intern, Resident, and Clinical Teacher
- Best Acting Internship
- Best 4<sup>th</sup> Year Elective

#### **Residents as Teachers Curriculum**



## **Quality & Safety**

- Institution has engaged HPI/Press Ganey to assess and improve our patient safety culture
- Administration engages residents in improvement efforts
- Housestaff Quality and Safety Council
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- Protected time to engage in quality and safety







## The Place

Mobile, Alabama



## Why Should You Choose USA?

- Strong educational program
- Positive learning environment
- Diverse patient population with high acuity, medically complex disease
- The opportunity to serve our community
- Progressive medical decision-making responsibility and opportunity for hands on care
- Strong mentorship opportunities
- Readiness for independent practice at graduation
- Diverse job opportunities following program completion
- Great quality of life and cost of living in Mobile, AL