



Twenty-Eighth Annual

Obstetrics and Gynecology Conference

October 10 - 11, 2019

University of South Alabama Campus | Mobile, Alabama



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University of South Alabama
Casey Armistead, Conference Coordinator
Cathy Black, Co-Coordinator
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251 Cox Street, Suite A
Mobile, AL 36604-3302



TARGET AUDIENCE

This program will be of particular interest to Obstetricians and Gynecologists, Family Medicine Physicians, ARNPs, PAs, CNMs, Nursing Professionals, Social Workers, and other healthcare team members interested in the healthcare of women and newborns.

OBJECTIVES

This educational activity was developed in response to needs of healthcare providers in the fields of obstetrics, gynecology, family medicine, nursing, and social work from previous course evaluations, government guidelines, American College of Obstetrics and Gynecology (ACOG), and as identified by the USA Department of Obstetrics and Gynecology.

At the conclusion of this activity, the healthcare team will be able to:

- 1) Incorporate guidelines based on ACOG criteria for practice management into clinical practice to improve obstetrical care.
- 2) Evaluate information as presented to incorporate recommended best practice into the women's healthcare team.
- 3) To outline and promote methods to facilitate collaboration within multiple healthcare disciplines and healthcare systems in order to maximize health promotion of patients and families.



ACCREDITATION

In support of improving patient care, USA's College of Medicine Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Provider Number: 4008198

The University of South Alabama College of Medicine designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

The Department of Staff Development at the University of South Alabama Children's & Women's Hospital has approved this educational program for 16 Contact hours. 8 Contact hours Thursday and 8 Contact hours Friday for nursing through the Alabama Board of Nursing.

USA's Office of CME is accredited through the ASBSWE. Provider #0465 expires 10/31/2019. This live activity is approved for 4.5 hours on Thursday and 4.5 hours on Friday including 9 general CEs.

Participants should claim only the credit commensurate with the extent of their participation in the activity.

ALL Alabama nurses must have their Board of Nursing CE card with them to be scanned for CEU credit at the end of each day

Planning Committee

Casey Armistead, MSN, RN has financial relationships to disclose. Stephen Varner, MD, Cathy Black, Nichelle Bradley, Sharrie Cranford, LMSW, Karen Herrington, Nicole Huie, Shavella Everett, Heather Glass and Brandi Purvis declare they have no relevant financial relationships to disclose.

USA FACULTY

Stephen T.F. Varner, MD
Interim Chair and Associate Professor
Department of OB/GYN

Susan L. Baker, MD
Associate Professor
Maternal-Fetal Medicine Division
Director
Department of OB/GYN

Wilburn Bolton, MD
Assistant Professor
Department of Endocrinology
Internal Medicine

Lorie Fleck, MD
Associate Professor
Department of Urology

Arthur Frankel, MD
Professor & Chief
Medical Oncology
Mitchell Cancer Institute

Brian Gelpi, MD
Anesthesiology

Nathaniel Jones, MD
Assistant Professor
Gyn/Onc Division
Mitchell Cancer Institute



Mary B. Munn, MD
Maternal-Fetal Medicine
Chair, Department of OB/GYN

Leigh Minchew, DNP, RN, WHNP-BC
Associate Professor
College of Nursing

Terrie H. Platt, DNP, RN, WHNP-BC
Assistant Professor
College of Nursing

Tracy Roth, MD
Assistant Professor
Department of OB/GYN

Candice Selwyn, Ph.D
Research Assistant Professor
College of Nursing

Casey M. Armistead, MSN, RN
Department of OB/GYN
Research Coordinator

SPECIAL GUEST SPEAKERS

Todd R. Jenkins, MD
Professor & Interim Chair
Division Director, Women's Reproductive Healthcare
Obstetrics and Gynecology Department
University of Alabama at Birmingham

Andrea B. Joyner, MD, IBCLC
Associate Medical Director of Nurse Midwifery Services
Assistant Professor of Gynecology & Obstetrics
Emory University School of Medicine

Michael E. Upchurch
W. Austin Mulherin, III
Attorney & Partner
Frazer Greene, LLC

Rachel Sinkey, MD
Assistant Professor
Maternal-Fetal Medicine
University of Alabama at Birmingham

Tommy Johnson, DMD
State Dental Director
Alabama Department of Public Health

Brian E. Brocato, DO
Maternal-Fetal Medicine
Brookwood Baptist Hospital
Birmingham, AL

CONFERENCE SCHEDULE

THURSDAY, OCTOBER 10

- 7:45 – 7:50** Welcome/opening remarks: Stephen Varner, MD
- 7:50 – 8:35** Susan L. Baker, MD
Maternal Mortality: Overview and potential areas for improvement
- 8:35 – 9:20** Michael E. Upchurch & W. Austin Mulherin, III
Realities of Medical Liability
- 9:20 – 10:05** Mary B. Munn, MD
Maternal Early Warning Systems
- 10:05 – 10:30** **Break**
- 10:30 – 11:15** Nathaniel Jones, MD
Fertility Sparing Surgery in Gynecologic Oncology
- 11:15 – 12:00** Candice Selwyn, Ph.D,
Leigh Minchew, DNP, RN, WHNP- BC
& Terrie H. Platt, DNP, RN, WHNP-BC
**Trauma-Informed Maternal Healthcare:
Minimizing re-traumatization during the perinatal period**
- 12:00 – 1:00** **Lunch**
- 1:00 – 1:45** Andrea B. Joyner, MD IBCLC
**Supporting the Breastfeeding Patient:
Best practices in pregnancy and beyond**
- 1:45 – 2:30** Stephen T.F. Varner, MD
Workup for Vulvovaginal Complaints
- 2:30 – 2:45** **Break**
- 2:45 – 3:30** Casey M. Armistead, MSN, RN
Health Literacy: What is that?
- 3:30 – 4:15** Tracy Roth, MD & Brian Gelpi, MD
Enhanced Recovery and Surgery
- 4:15** Evaluation and Adjourn

FRIDAY, OCTOBER 11

- 7:45 – 7:50** Welcome/opening remarks: Stephen Varner, MD
- 7:50 – 8:35** Wilburn Bolton, MD
Use of Insulin Pumps and Continuous Glucose Sensor in Pregnant Patients with Diabetes
- 8:35 – 9:20** Andrea B. Joyner, MD IBCLC
Gynecologic Care of Trans and Gender Nonconforming Patients
- 9:20 – 10:05** Todd R. Jenkins, MD
Leading Change
- 10:05 – 10:30** **Break**
- 10:30 – 11:15** Lorie Fleck, MD
**Interstitial Cystitis/Bladder Pain Syndrome:
Diagnosis & treatment**
- 11:15 – 12:00** Rachel Sinkey, MD
Cardiac Disease in Pregnancy: Not for the faint of heart
- 12:00 – 1:00** **Lunch**
- 1:00 – 1:45** Todd R. Jenkins, MD
Positive Accountability
- 1:45 – 2:30** Tommy Johnson, DMD
All Mouths Matter: An oral link to saving lives
- 2:30 – 2:45** **Break**
- 2:45 – 3:30** Arthur Frankel, MD
Immune Checkpoint Therapy
- 3:30 – 4:15** Brian E. Brocato, DO
Midtrimester Shortened Cervix: Associated risks and management options
- 4:15** Evaluation and Adjourn

Opportunities for Q&A will be provided at the conclusion of each presentation.



AREA HOTELS

Holiday Inn Express

109 Long St., Mobile, AL 36608
(251) 241-9979
0.7 miles from conference venue

Homewood Suites

530 Providence Park Dr. E,
Mobile, AL 36608
(251) 634-8664
2.4 miles from conference venue

Hampton Inn

525 Providence Park Dr. E,
Mobile, AL 36608
(251) 776-5866
2.4 miles from conference venue

The Battle House Hotel & Spa

26 North Royal Street,
Mobile, AL 36602
(251) 338-2000
14 miles from conference venue

The historic Battle House Hotel & Spa is nestled in the heart of Mobile's vibrant Downtown within walking distance of a variety of restaurants.

