

# Steroid Protocol for Spinal Cord Injury

Acute spinal cord  
injury (blunt or  
penetrating)

Do NOT start any  
steroids

## References:

Hurlbert RJ, Hadley MN, Walters BC, et al. Pharmacological therapy for acute spinal cord injury. *Neurosurgery*. 2013;72(suppl 2):93-105.

Patel SM. Methylprednisolone in acute spinal cord injury. [SurgicalCriticalCare.net/AcuteCareSurgery.net](http://www.surgicalcriticalcare.net/AcuteCareSurgery.net). OrlandoHealth Surgical Critical Care and Acute Care Surgery Fellowships website. <http://www.surgicalcriticalcare.net/Guidelines/methylprednisolone%202014.pdf>. April 20, 2004. Revised August 1, 2014. Accessed August 18, 2015.