The SouthFit program at the University of South Alabama’s Department of Campus Recreation provides group fitness classes and personal training to students, faculty, staff, retirees, and alumni. The program has approximately 30 group fitness instructors and personal trainers and offers 50-55 group fitness classes per week. The department also operates a summer camp program. The University of South Alabama is located in Mobile, Alabama and has an enrollment of approximately 15,000 students.

**Compensation:**
- Tuition and registration fee waiver plus stipend of $3,333 per semester. The assistantship is available year-round, pending work and school performance, during fall, spring, and summer semesters for a maximum stipend of $10,000/year.

Applicants are currently being accepted for Fall 2020.
Start date: Sunday, August 16, 2020

The GA is required to work 20 hours per week in fall, spring, and summer semesters and in between semesters. Regular early morning, evening, or weekend work is expected. Official university holidays apply.

**Responsibilities**
Under the supervision of the Assistant Director of Fitness and Camps, the Graduate Assistant of Fitness and Camps will be responsible for assisting with the organization, programming, marketing, and scheduling of group fitness classes and instructors, personal trainers, and special events, as well as equipment inventory & maintenance, utilization reports, and research of new equipment, trends, and program needs. Other duties include personal training clients, teaching group fitness classes, performing fitness assessments, and possessing a commitment to a fit and healthy lifestyle. Group fitness classes are held year-round and are only canceled on official university holidays when the main campus is closed.

The Graduate Assistant of Fitness and Camps will also be responsible for assisting with summer camps. The department offers week-long summer camps for rising 1st-8th grade children. Camps are physically active camps and activities include swimming, rock wall climbing, sports, and games. Camp responsibilities will be predominantly managerial (waivers, health forms, expense reporting, etc).
Minimum Requirements

- Bachelor’s degree with a minimum 3.0 GPA. Prefer degree in Exercise Science, Health Education, Physical Education, Sports Management, or related field, but others will be considered.

- Admission to the Graduate School at the University of South Alabama. Candidate should review the complete list of graduate programs and admission deadlines: https://www.southalabama.edu/departments/admissions/graduatestudents/index.html

- A current certification in First Aid, CPR, and AED.

- A current certification as a Personal Trainer and/or Group Exercise Certification (AFAA, ACE, ACSM, NSCA, NASM, or other accredited certification required.)

- Proficiency in teaching a minimum of four of the following group exercise formats: step aerobics, high intensity interval training (H.I.I.T.), bootcamp, suspension training (such as TRX®), aqua fitness/water aerobics, indoor cycling (such as Spinning®), strength/weight training, yoga, pilates, barre or dance-based aerobics (such as Zumba®.) Candidate will be expected to teach 3-5 group fitness classes per week, as well as sub on an as-needed basis. Teaching two weekends per month is expected (Friday evening, Saturday morning, or Sunday afternoon classes.)

- Proficiency in conducting fitness assessments and personal training clients.

- Strong knowledge of social media outlets including Instagram, Snapchat, Twitter, and Facebook.

- Ability to pass a background check.

- Possession of a valid driver’s license and maintenance of a driving record sufficient to maintain insurance coverage under the University of South Alabama.

Preference given to candidates as follows:

- Possessing additional specialty certifications/trainings from organizations such as (but not limited to) Aquatic Exercise Association, Spinning®, YogaFit, Zumba®, or TRX®.

- Membership and activity in a professional fitness or recreational organization such as IDEA, ACSM, or NIRSA.

- Exhibit a strong proficiency in both written and oral communication.

Interested candidates must submit a resume, cover letter, copies of all certifications, unofficial transcript, GRE scores, and two letters of recommendation to Sarah Schrenk, sarahschrenk@southalabama.edu. Preference is given to candidates who apply by March 1, 2020.