



# How to purchase personal training sessions at the Student Recreation Center

1. Access the Campus Recreation Portal at [usacampusrec.southalabama.edu](https://usacampusrec.southalabama.edu)



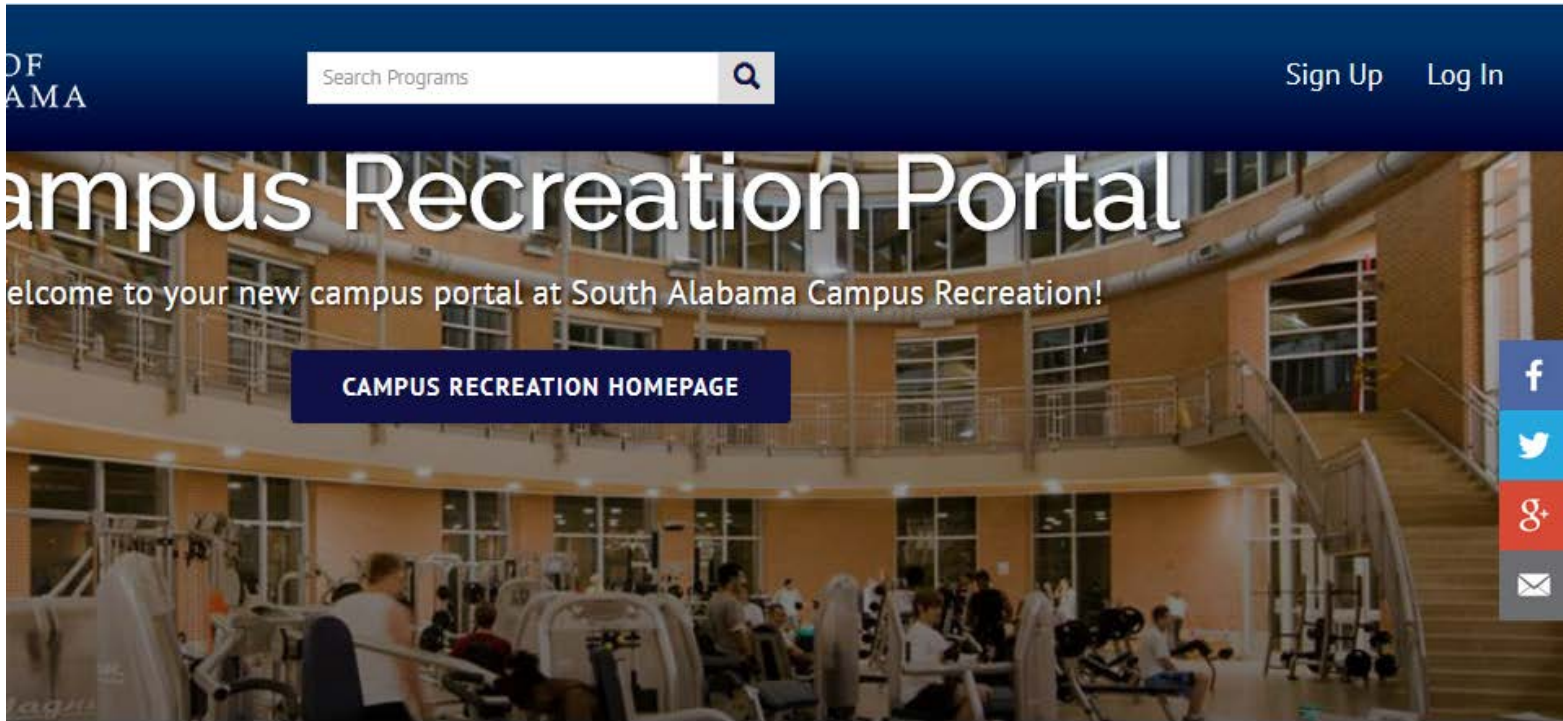
-   
Outdoor Adventures
-   
Group Fitness
-   
Memberships
-   
Guest Passes
-   
Multi-Visit Passes
-   
Facilities
-   
Studio Reservations
-   
Swim Lessons



# How to purchase personal training sessions at the Student Recreation Center

Click "Log In" in the upper right corner. Current USA students, employees, and SRC members already have a portal account set up. Do not click "Sign Up."

Only current USA students and members of the SRC may purchase personal training sessions.





# How to purchase personal training sessions at the Student Recreation Center

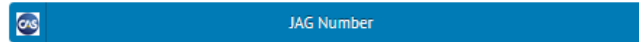
If you are a current student or USA faculty/staff, click the blue box with "JAG Number". Log in with your Jagmail ID and password.

*If you have a retiree, alumni, spouse, or other membership, see the next slide.*

Department of Campus Recreation

## Log In

Use another service to log in



Use a local account to login

Username

Password

Log In

[Sign Up](#) if you don't have a local account.

[Click Here](#) if you're having trouble signing in.



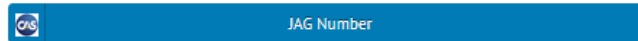
# How to purchase personal training sessions at the Student Recreation Center

If you have a **retiree, alumni, spouse, plus one, affiliate, or dependent membership**, use the “local account” option to log in. Your user name is your Rec Center membership number. The default password is “password”; please change after your first login. *(Having trouble? See the next slide.)*

Department of Campus Recreation

## Log In

Use another service to log in



Use a local account to login

Username

Password

Log In

[Sign Up](#) if you don't have a local account.

[Click Here](#) if you're having trouble signing in.





# How to purchase personal training sessions at the Student Recreation Center

We are working to activate accounts for all retiree, alumni, spouse, plus one, affiliate, and dependent memberships. If you cannot login with your membership number and "password", please email sarahrentz@southalabama.edu and she will activate your account.

Department of Campus Recreation

## Log In

Use another service to log in



JAG Number

Use a local account to login

Username

Password

Log In

[Sign Up](#) if you don't have a local account.

[Click Here](#) if you're having trouble signing in.





# How to purchase personal training sessions at the Student Recreation Center

Once you are logged in, choose the "Multi-Visit Passes" icon.

UNIVERSITY OF SOUTH ALABAMA

Search Programs

southpaw

## Campus Recreation Portal

Welcome to your new campus portal at South Alabama Campus Recreation!

CAMPUS RECREATION HOMEPAGE

- Outdoor Adventures
- Group Fitness
- Memberships
- Guest Passes
- Multi-Visit Passes
- Facilities
- Studio Reservations
- Swim Lessons





# How to purchase personal training sessions at the Student Recreation Center

The categories of personal training sessions are on the left.

We offer 60 minute sessions for single (one client/one trainer) and buddy (two clients/one trainer). We offer 30 minute sessions that are only available to clients who are unable to complete one hour of exercise.

*The buddy session fees are half price and each person in the pair must purchase on the same day.*

## Search Multi-Visit Passes

Category	All Categories		
<p>→ All Categories</p> <p>Personal training: 30 minutes, single</p> <p>Personal training: 60 minutes, buddy</p> <p>Personal Training: 60 minutes, single</p>	<p>1 Session (Buddy)</p>	<p>01 session, personal training, buddy</p> <p>Personal training with two clients and one trainer. \$45 for one 60-minute session that expires in 30 days. Price shown is for HALF of the cost; clients must both be SRC members a...</p>	<p>\$22.50</p>
	<p>1 Session (Single)</p>	<p>01 sessions, personal training, single</p> <p>Personal training with one client and one trainer. \$35 for one 60-minute session that expires in 30 days. If you are a new client, please fill out and submit the SouthFit Service...</p>	<p>\$35.00</p>
	<p>4 Sessions (Buddy)</p>	<p>04 sessions, personal training, buddy</p> <p>Personal training with two clients and one trainer. \$115 for four 60-minute sessions that expire in 60 days. Price shown is for HALF of the cost; clients must both be SRC members...</p>	<p>\$57.50</p>
	<p>4 Sessions (Single)</p>	<p>04 sessions, personal training, single</p> <p>Personal training with one client and one trainer. \$95 for four 60-minute sessions that expire in 60 days. If you are a new client, please fill out and submit the SouthFit Servic...</p>	<p>\$95.00</p>



# How to purchase personal training sessions at the Student Recreation Center

Once you choose the package you wish to purchase, add to cart and check out.

## Multi-Visit Pass Details

04 sessions, personal training, single - \$95.00

4  
Sessions  
(Single)

Multi-Visit Passes / Personal Training: 60 minutes, single / 04 sessions, personal training, single

Personal training with one client and one trainer. \$95 for four 60-minute sessions that expire in 60 days. If you are a new client, please fill out and submit the SouthFit Services Contract prior to purchasing sessions. Contract can be found at [www.southalabama.edu/southfit](http://www.southalabama.edu/southfit).

[Return to Search](#)

[Add to Cart](#)







# How to purchase personal training sessions at the Student Recreation Center

To view your expiration date and the number of sessions remaining, click on your user name in the upper right corner, then click "profile". Then, click "multi-visit passes on the left and view the history.

The screenshot shows the top navigation bar of the Department of Campus Recreation website. On the left is a search bar labeled "Search Programs" with a magnifying glass icon. On the right are icons for a shopping cart, a notification bell, and a user profile picture, followed by the text "southpaw". A dropdown menu is open from the user profile picture, listing options: "Log Off", "Profile" (with a black arrow pointing to it), "Edit Custom Content", and "Content Language to Edit". Below "Content Language to Edit" are two buttons labeled "EN" and "FR".

Department of Campus Recreation

Photo

Personal Information

E-mail OptIn

Submit Opt In Changes



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To view your expiration date and the number of sessions remaining, click on your user name in the upper right corner, then click "profile". Then, click "multi-visit passes on the left and view the history.

## Department of Campus Recreation

### My Multi-Visit Passes

Personal Information

Programs

Memberships

Lockers

Equipment

Court Bookings

Facilities

Guest Passes

**Multi-Visit Passes**

Order History

Towel Services

Parking Permits

Invoices

Saved Payment Info

1

1

2

0

0

3

1

2

1

1

0

14

0

**Pass Name**

**Expires**

**Pass Number**

**Visits**

**Remaining Visits**

**Status**

04 sessions, personal training, single

Fri, Feb 16 2018

716616

4

4

Valid

Personal training, one-on-one, 01 session

Sat, Aug 26 2017

724390

1

0

Completed

