

## South Alabama - Student-Athlete Development

Student-Athlete Development encompasses, but is not limited to the following areas: academic excellence, personal development, professional development, Student-Athlete Advisory Committee and the overall student-athlete experience.

#### Academic Excellence:

- o Commitment to providing a comprehensive program that emphasizes the development of academic, personal, and professional excellence for our student-athlete population.
  - Advising
  - Tutorial assistance
  - Supervised study hall
  - Progress reporting

#### Personal Development:

- Health & Well-being
  - Education and initiatives surrounding, but not limited to the following areas:
    - Sports Medicine
    - Strength & Conditioning
    - Nutrition
    - Mental Health
- Community Service & Engagement
  - Community service
  - Community engagement

### • Professional Development:

- o Career and professional development opportunities
  - Resumé and interview workshops
  - Job search strategies
  - Professional attire
  - Networking
- NIL Related
  - Personal branding
  - Identifying opportunities
  - Social media
  - Business & Entrepreneurship
- Life after college
  - Personal finance
- Leadership enhancement

# • SAAC: Student-Athlete Advisory Committee

 SAAC seeks to promote the betterment of student-athletes throughout the athletics department, University campus, Mobile community, Sun Belt Conference, and the National Collegiate Athletics Association. The SAAC is a student-led service organization created to provide leadership opportunities to those student-athletes who desire to create an impact beyond intercollegiate competition.