



TIPS FOR SAFELY GETTING **CHILDHOOD VACCINATIONS** DURING THE PANDEMIC

The COVID-19 pandemic has greatly affected our daily lives: who we see, where we go and especially how we manage routine preventive care. While routine medical care has been impacted due to stay-at-home, shelter-in-place and safer-at-home orders, it is essential that we take every precaution to stay healthy, and that means getting back on track with well-child and vaccination appointments.

Childhood vaccinations help to prevent or decrease serious diseases such as the measles, whooping cough and pneumococcal infections, which is particularly important as we face an already-burdened healthcare system.

Vaccinations help to make your community and healthcare system stronger.

If you have any questions or concerns, be sure to contact your doctor for additional information.

Call Ahead. Make sure the site is following CDC-recommended safety protocols, such as hand hygiene, physical distancing and surface decontamination.

Schedule an Appointment. Check to see if the location is offering appointments, which will reduce your exposure in a waiting room.

Physically Distance. Remain six feet apart from other visitors or patients.

Wear a Face Covering. Keep your mouth and nose covered with a cloth mask the entire time you are on site.

Practice Hand Hygiene. Wash your hands for at least 20 seconds after your visit is complete.



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We cover what matters.

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