

We are pleased to announce that, beginning January 1, 2016, the USA Health & Dental Plan **prescription drug benefit** will be managed by Express Scripts, Inc.

The USA Health & Dental Plan now spends \$10 million for pharmacy benefits annually. In recent years the annual benefit expense has increased at the rate of 12% per year. New prescription drugs being introduced are very expensive. Prime Therapeutics, LLC has been the pharmacy benefit manager for Blue Cross Blue Shield of Alabama. Recently, a review was performed and it was determined that Express Scripts, Inc., the number one ranked pharmacy benefit management company in the United States, could provide more and better services at a reduced cost. Because Express Scripts is the number one ranked pharmacy benefit management company, they are able to provide more cost effective pricing and medical care management. This will result in an overall better benefit for all plan members. There will be new initiatives designed to assist with chronic illness, prescription compliance, and cost effective treatment. The prescription drug copay amounts will not change with the new program.

## **Advantages with Express Scripts Include:**

- Convenient home delivery services through the Express Scripts Pharmacy<sup>sm</sup>. You'll be able to have up to a 90-day supply of long-term medication delivered directly to you for the same price as a 60-day supply. A long-term medication is one that is taken to treat an ongoing condition, such as high blood pressure, high cholesterol or diabetes. To use home delivery for the first time, you can mail your prescription(s) along with the required copayment with the envelope and Prescription Order Form provided with your **Welcome Package** or ask your doctor to fax a prescription or send it electronically.
- A network of more than 60,000 participating retail pharmacies throughout the United States and U.S. territories.
- Helpful resources on the Express Scripts website, Express-Scripts.com, including the ability to order refills and renewals, check order status, compare medication costs to find potential lower-cost options under your plan, locate participating retail pharmacies, receive timely medication-related safety alerts, obtain forms and much more.
- Tracking with the help of the Express Scripts Mobile App, by downloading it from your mobile app store for free. From anywhere, anytime, you can check order status, refill and renew orders, locate a pharmacy and get directions, check drug interactions, set up medication alerts, access your virtual member ID card, and much more.
- Express Scripts Member Services representatives, **available 24 hours a day, 7 days a week** to assist with questions about your benefit or orders.
- Express Scripts Specialist Pharmacists, who each have expertise in the medications used to treat a single condition, such as high blood pressure, asthma, diabetes, or cancer. Specialist Pharmacists can answer your questions about how your medications work with each other and how to make them work best for you. Since they know how your plan works, Specialist Pharmacists can also advise you on potentially reducing your medication costs.

## **Welcome Package**

In December, you will receive a welcome package that explains your benefit and offers simple instructions on how to take full advantage of all the prescription services available to you. **Your Express Scripts prescription drug ID cards will also be included. Beginning January 1, 2016, please be sure to present your prescription drug ID card to your pharmacist when filling prescriptions.**