



TIPS FOR SAFELY GETTING A **PNEUMONIA VACCINATION** DURING THE PANDEMIC

The COVID-19 pandemic has greatly affected our daily lives: who we see, where we go and especially how we manage routine preventive care. While routine medical care has been impacted due to stay-at-home, shelter-in-place and safer-at-home orders, it is essential that we take every precaution to stay healthy, and that means getting a pneumonia vaccine this year if you are eligible.

The pneumonia vaccine helps to prevent or decrease pneumonia-related complications and hospitalizations, which is particularly important as we face an already-burdened healthcare system.

If you have any questions or concerns, be sure to contact your doctor for additional information.

Call Ahead. Make sure the site is following CDC-recommended safety protocols, such as hand hygiene, physical distancing and surface decontamination.

Schedule an Appointment. Check to see if the location is offering appointments, which will reduce your exposure in a waiting room.

Physically Distance. Remain six feet apart from other visitors or patients.

Wear a Face Covering. Keep your mouth and nose covered with a cloth mask the entire time you are on site.

Practice Hand Hygiene. Wash your hands for at least 20 seconds after your visit is complete.



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We cover what matters.

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