

Welcome back!

This checklist is intended to provide you with a guide of the University's reentry expectations and safety guidelines.

Prior to Reentry:

- Complete the health COVID-19 assessment questionnaire before returning to on site work.
- Complete the Jaguars Getting Back to Work Safely web-based training course before you return to work no later than the end of your first day back at work. The course consists of an interactive video and assessment. You must complete both to have satisfactorily completed the course.

After reentry: Safe Business Continuity

- If experiencing any of the following symptoms, stay at home and seek medical treatment. You should report your absence in accordance with your department's call-in procedure.

Fever	Fatigue	Sore throat
Chills	Muscle	Congestion or runny nose
Cough	Body aches	Nausea or vomiting
Shortness of breath or difficulty breathing	Headache	Diarrhea
New loss of taste or smell	Known exposure* to a person who has tested positive or with a person seeking a diagnosis for COVID-19	

*Exposure, as defined by the CDC, is close contact with a person within 6 feet for 15 minutes or longer.

For additional information please visit the CDC's website at: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

- Social Distancing! **To practice social or physical distancing stay at least 6 feet (about 2 arms' length) from other people.**
- Wear a mask! You are required to wear a mask, indoors or outdoors, when the six feet rule can't be observed. Additionally, you must wear a mask when riding the JagTran and at all University dining facilities unless you are eating.
- You can protect yourself and others by practicing good personal hygiene:
 - The CDC recommends that you wash your hand for at least 20 seconds. When soap and water are not readily available, you can use an alcohol-based hand sanitizer with at least 60% alcohol.
 - It is also recommended to wipe down your work area with sanitizing wipes.
- Contact Tracing Requirements:** Contact tracing is a critically important component of the University of South Alabama's ability to continue to operate during the COVID-19 pandemic. **The timely reporting of positive COVID-19 tests** to the University's contact tracing team will help the University break the chain of transmission of infectious diseases and limit the spread of infections. For reporting requirements please visit: <https://www.southalabama.edu/departments/financialaffairs/hr/contact-tracing.html>
- Disease outbreaks such as COVID-19 can bring increased levels of stress and anxiety. The University's **Employee Assistance Program** is available to offer emotional support to faculty and staff during this stressful period. For additional information please visit: <https://www.southalabama.edu/departments/financialaffairs/hr/eap/>