#### UNIVERSITY OF SOUTH ALABAMA BOARD OF TRUSTEES

# February 1, 2023 11:00 a.m.

A special meeting of the University of South Alabama Board of Trustees was duly convened by Ms. Arlene Mitchell, Chair *pro tempore*, on Wednesday, February 1, 2023, at 11:22 a.m. in the Board Room of the Frederick P. Whiddon Administration Building. Meeting attendance was open to the public.

Members: Alexis Atkins, Chandra Brown Stewart, Tom Corcoran,

Arlene Mitchell and Mike Windom were present, and Steve Furr, Ron Graham, Ron Jenkins, Jimmy Shumock, Margie Tuckson and

Jim Yance participated remotely.

Members Absent: Scott Charlton, Kay Ivey, Bill Lewis, Lenus Perkins and

Steve Stokes.

Administration & Guests: Delaware Arif (Faculty Senate), Owen Bailey, Jo Bonner,

Kristin Dukes, Monica Ezell, Aston Hennig, Andi Kent, John Marymont, Danny Rickert and Polly Stokley.

Following the call to order, Chair Mitchell thanked everyone for their participation and the attendance roll was called, **Item 1**. Chair Mitchell turned to President Bonner for opening remarks. President Bonner recognized the Trustees for their love of the University and willingness to be available when updates on important matters under consideration by the Board necessitated calling a special meeting. He recommended proceeding to an executive session at the appropriate time. Chair Mitchell called for approval of the revised agenda, **Item 1.A**. On motion by Mr. Corcoran, seconded by Judge Windom, the Board voted unanimously to adopt the revised agenda.

Chair Mitchell called on President Bonner, who introduced Mr. Bailey to present **Item 1.B** as follows. Mr. Bailey summarized the need for USA Health to complete a comprehensive community health needs assessment, as well as the goals and benefits derived through the process. He introduced Mr. Danny Rickert, USA Health Chief Policy Officer, and Ms. Ashton Hennig, USA Health Director of Outreach and Special Projects, to give additional background. On motion by Ms. Atkins, seconded by Mr. Corcoran, the Board voted unanimously to approve the resolution as follows:

# RESOLUTION USA HEALTH COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGIES

**WHEREAS**, the Patient Protection and Affordable Care Act requires that not-for-profit hospitals conduct community health needs assessments, and

**WHEREAS**, USA Health has conducted the above-referenced assessment for 2022-2025, and

**WHEREAS**, USA Health has developed implementation strategies based on the findings of the 2022-2025 community health needs assessment, and

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**WHEREAS**, the Patient Protection and Affordable Care Act further requires that health system governing bodies adopt those implementation strategies developed by the health system to meet the community needs identified through such assessment,

**THEREFORE, BE IT RESOLVED**, the Board of Trustees of the University of South Alabama hereby authorizes the community health needs assessment conducted by USA Health and adopts the implementation strategies developed by USA Health as a result, both of which are attached hereto and incorporated herein.

In accordance with the provisions of the Alabama Open Meetings Act, Chair Mitchell made a motion to convene an executive session for an anticipated duration of two hours for the purpose of discussing preliminary negotiations involving a matter of trade or commerce, **Item 2**. She stated that Ms. Dukes had submitted the required written declaration for the minutes and that adjournment of the meeting would be effected with the conclusion of the executive session. Ms. Atkins seconded and, at 11:30 a.m., the Board voted unanimously to convene an executive session, as recorded below:

#### AYES:

- · Ms. Atkins
- · Ms. Brown Stewart
- · Mr. Corcoran
- · Dr. Furr
- · Mr. Graham
- · Capt. Jenkins
- · Chair Mitchell
- · Mr. Shumock
- · Ms. Tuckson
- · Judge Windom
- · Mr. Yance

There being no further business, the meeting was adjourned at 1:47 p.m.

Attest to:

Lenus M. Perkins, Secretary

Respectfully Submitted:

Arlene Mitchell, Chair pro tempore



# 2022 – 2025 COMMUNITY HEALTH NEEDS ASSESSMENT

Prepared by: Thomas C. Shaw, Ph.D. Jaclyn Bunch, Ph.D. Meghan Reints, M.P.A.

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#### **EXECUTIVE SUMMARY – 1**

#### Introduction

The Patient Protection and Affordable Care Act, passed March 23, 2010, requires that not-for-profit hospitals conduct a Community Health Needs Assessment (CHNA) every three years. The assessment should define the community, solicit input regarding the health needs of the community, assess and prioritize those needs, identify relevant resources, and evaluate any actions taken since preceding CHNAs.

This executive summary presents the key elements of the 2022-2025 USA Health Community Health Needs Assessment. This assessment was conducted between September, 2021 and January, 2022. First USA Health and its constituent parts are described. Second, the community served by USA Health is defined. Next, the overall methodology of the CHNA is provided, and finally, a summary of the health needs identified in sections two, three, and four are presented.

#### **USA Health**

USA Health University Hospital (UH), USA Health Children's & Women's Hospital (USAC&W), and the USA Health Mitchell Cancer Institute (USAMCI) are each collectively part of the broader USA Health and are collaborating as part of this CHNA. Throughout this report each facility is referenced individually as appropriate or collectively as USA Health.

#### **USA Health University Hospital**

USA Health University Hospital is an acute care facility serving as the major referral center for southwest Alabama, southeast Mississippi and portions of northwest Florida. It offers centers for Level I trauma, burn, stroke, cardiovascular disease and sickle cell disease. As a teaching and research facility for the University of South Alabama College of Medicine, USA Health University Hospital plays a key role in the development of new technology, treatments and training of future health care professionals. The hospital also includes outpatient care services such as cardiology, medicine and surgery.

#### USA Health Children's & Women's Hospital

USA Health Children's & Women's Hospital offers the most advanced care in the region and delivers more babies annually than any other hospital in Mobile. It offers among its specialized services the region's most advanced neonatal intensive care and pediatric intensive care units, which provide the most specialized care to critically ill and injured newborns and children. Its specialized staff also offers a variety of innovative programs for hospitalized children teens and their families to meet their developmental, educational, social and emotional needs.

#### **USA Health Mitchell Cancer Institute**

Combining cutting-edge research with advanced care, the USA Health Mitchell Cancer Institute fights cancer from the laboratory bench to the patient's bedside. MCI is the only academic-based cancer research and treatment facility on the upper Gulf Coast. Its mission is to discover, develop and deliver innovative solutions to improve cancer outcomes.

#### Community

USA Health has a far-reaching impact throughout the region including areas beyond southern Alabama in both northwestern Florida and southeast Mississippi. However, the primary community served by USA Health is the area of Mobile County.

Mobile County, Alabama is situated in southwest Alabama and is bordered by the following counties: Baldwin, Clark, Escambia, Monroe and Washington in Alabama and George, Greene, and Jackson in Mississippi. The population of Mobile County is 413,210. Forty-eight percent of the population is male and 52 percent are female. The percent of the population identifying as white only is 59.0 while 36.2 percent identify as African-American or Black only. The median age is 37.9 years old. The median household income is \$47,583; 86.5 percent of the population have a high school degree or better; and 20.7 percent of the population are below the federal poverty level. Within the county there 35,912 companies, and 181,612 housing units.<sup>1</sup>

### **CHNA Methodology**

Having identified the relevant community, in this case Mobile County, Alabama, the key objective of the CHNA is to assess the health needs of that community. A three-pronged approach is used herein to assess Mobile County's health needs. First, a comprehensive demographic profile is developed using secondary data sources that provide insight into the composition and prevalent conditions within the community. Second, a telephone survey was conducted of individuals living in the defined community in order to solicit their input regarding their health needs. Third, an Internet/E-mail survey was conducted of health leaders in Mobile County to get their input and to be able to compare and contrast the views of the community with those of the health leaders. Having assessed the current health needs of the community, the findings of the previous USA Health's CHNA are evaluated and then the current health needs are presented.

For the 2022-2025 fiscal period's CHNA, two of the major medical facilities in Southwest Alabama, Infirmary Health and USA Health collaborated on the data collection efforts. The USA Polling Group collected the relevant data for both facilities across the varying service areas concurrently. This collaboration provided cost efficiencies for the facilities and is in accordance with IRS regulations regarding collaboration of facilities that share and/or

<sup>1</sup> County information is taken from various census sources including 2017 Population Estimates, 2010 Demographic Profile, and 2012-2016 American Community Survey 5-Year Estimates.

overlap common service areas. Despite the collaboration, the data for each entity is tailored to its specific service area. Further, each facility will produce its own separate report based on the specifics of the findings in its service area.

#### **Summary of Key Findings**

#### Community Demographic Profile

The community demographic profile is an in-depth examination of secondary data indicators that compare Mobile County to Alabama and the United States. Data for the profile were taken from many different sources including the US Census, the Alabama Department of Public Health, and Share Southwest Alabama. The following represent the most important findings from the community demographic profile.

There are a number of problems faced by infants and expecting mothers. With our changing demographics (falling numbers of residents aged 0-19 and 20-39 while growing numbers 60+) it is essential that the community preserve and protect the new residents we could potentially gain. The assessment shows that not only are neonatal deaths and post neonatal death rates on the rise in Mobile, but that the infant death rate is climbing at an alarming rate over the past five years (7.5 to 10.2) and even higher for minority groups (reaching 14.4 for blacks in Mobile by 2014). The community survey shows that community members feel that there is not enough access to women's health care, part of which is pregnancy and childbirth.

The assessment shows that diabetes has been on the rise in Mobile over the past 5 years. USA Health may want to review its programs focused on diabetes education and prevention.

In the United States cancers of the respiratory system hold the highest mortality of all cancers. This is also the case for Alabama and Mobile. USA Health should consider enhancing their efforts at combating respiratory cancers.

There is an overall need for disease prevention efforts. The system should continue to focus on increasing and promoting screenings for the more prevalent diseases in our area, and in the United States. For instance, behind respiratory cancers, the largest killers can be caught early through regular screenings and visits with one's primary care physician (colorectal, pancreas, and breast cancers). Care should be taken to promote regular primary care in the community and encourage screenings.

There is a need for more secondary education for the general public. Studies have shown the beneficial effect that education has on many aspects of life (income, job stability, health and longevity of life).

#### Community Health Survey

According to community members the most important features of a healthy community and the features that would be most important for improving the overall health of their community include:

- 1) A clean environment (including water, air, etc.)
- 2) Family doctors and specialists
- 3) Lower crime and safe neighborhoods
- 4) Good schools
- 5) Mental health services
- 6) Access to health services such as a health clinic or hospital
- 7) Good places to raise children

The community respondents said that the following are the top six health issues that are a problem for Mobile County:

- 1) Child abuse and neglect
- 2) Cancers
- 3) Domestic violence
- 4) Drug use and abuse
- 5) Rape and sexual assault
- 6) Heart disease and stroke

These are the top health conditions that community members said they have been told by a doctor or other healthcare professional that they have:

- 1) High blood pressure
- 2) High cholesterol
- 3) Diabetes
- 4) Heart disease
- 5) Depression
- 6) Obesity

Of the specific items mentioned by community members, the following are the top six healthcare services that they feel are difficult to obtain in Mobile County:

- 1) Mental health services
- 2) Services for the elderly
- 3) Alcohol or drug abuse treatment
- 4) Dental care / dentures
- 5) Specialty medical care (specialist doctors)
- 6) Emergency medical care

Twenty-one percent of Mobile County respondents indicated that they had delayed getting needed medical care sometime during the past 12 months. The following are the top-rated reasons identified for why someone delayed getting needed medical care:

- 1) Could not afford medical care
- 2) Lack of transportation
- 3) Provider did not take my insurance

#### Community Health Leaders Survey

An Internet/e-mail based survey of community health leaders in Mobile County was conducted between December 7, 2021 and January 14, 2022. A total of 49 health leaders responded to the survey. The following represent the most important findings from the community health leaders survey.

The community health leaders identified the following as the most important features of a health community:

- 1) Access to health services (e.g., family doctor, hospitals)
- 2) Good employment opportunities
- 3) Low crime/safe neighborhoods
- 4) Quality education
- 5) Mental health services
- 6) Affordable housing

Community health leaders went on to say that the most important health issues facing Mobile County include:

- 1) Mental health problems
- 2) Obesity/excess weight
- 3) Drug use abuse
- 4) Diabetes
- 5) Heart disease and stroke
- 6) Aging problems
- 7) Child abuse / neglect

The unhealthy behaviors that concern health leaders the most are:

- 1) Drug abuse
- 2) Excess weight
- 3) Poor eating habits/poor nutrition
- 4) Not seeing a doctor or dentist
- 5) Homelessness
- 6) Lack of exercise

The healthcare services identified by community health leaders as the most difficult to obtain in Mobile County include:

- 1) Mental health services
- 2) Alcohol or drug abuse treatment
- 3) Dental care including dentures
- 4) Services for the elderly
- 5) Primary medical care
- 6) Alternative therapies

An important aspect of the CHNA is comparing the priorities of the community health leaders with the priorities of the community to see where there is convergence or divergence between these two groups. Overall, there was a good bit of convergence among the top items identified by both groups. Priority rankings of these top items of course differed in many cases but it is notable that similar items made it in into the top six items for both

community health leaders and community members. The following tables show where items converged and diverged between the two groups.

Table 1.1: Features of a Healthy Community<sup>1</sup>

Features mentioned in the top six by Community Health Leaders and Community Members	Features mentioned in the top six by Community Health leaders but not by Community Members	Features mentioned in the top six by Community Members but not by Community Health Leaders
Mental health services (5/5)	Good employment opportunities (2)	A clean environment including water, air, etc. (1)
Quality education / Good schools (4/4)	Affordable housing (6)	Family doctors and specialists (2)
Lower crime / safe neighborhoods (3/3)		Good places to raise children (6)
Access to health services (1/6)		

<sup>&</sup>lt;sup>1</sup> Numbers in parentheses in column one show the priority ranking for each group. The first number is the priority ranking of the Community Health Leaders and the second number is the priority ranking of the Community Members.

Table 1.2: Most Important Health Issues<sup>1</sup>

Features mentioned in the top six by Community Health Leaders and Community Members	Features mentioned in the top six by Community Health leaders but not by Community Members	Features mentioned in the top six by Community Members but not by Community Health Leaders
Drug use / abuse (3/4)	Mental health problems (1)	Cancers (2)
Heart disease and stroke (5/6)	Obesity / excess weight (2)	Domestic violence (3)
Child abuse / neglect (6/1)	Diabetes (4)	Rape and sexual assault (5)
	Aging problems (6)	

<sup>&</sup>lt;sup>1</sup> Numbers in parentheses in column one show the priority ranking for each group. The first number is the priority ranking of the Community Health Leaders and the second number is the priority ranking of the Community Members.

Table 1.3: Healthcare Services that are Difficult to Obtain<sup>1</sup>

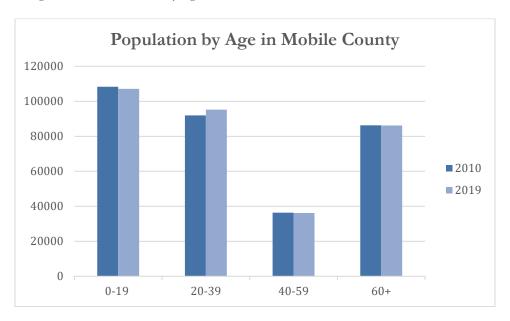
Features mentioned in the top six by Community Health Leaders and Community Members	Features mentioned in the top six by Community Health leaders but not by Community Members	Features mentioned in the top six by Community Members but not by Community Health Leaders
Mental health services (1/1)	Primary medical care (5)	Specialty medical care (5)
Alcohol or drug abuse treatment (2/3)	Alternative therapies (6)	Emergency medical care (6)
Dental care / dentures (3/4)		
Services for the elderly (4/2)		

<sup>&</sup>lt;sup>1</sup> Numbers in parentheses in column one show the priority ranking for each group. The first number is the priority ranking of the Community Health Leaders and the second number is the priority ranking of the Community Members.

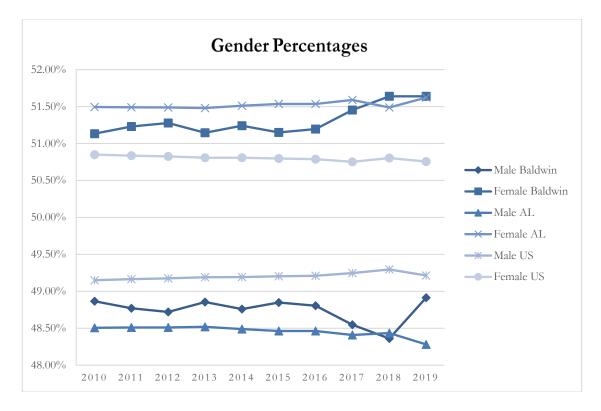
#### **COMMUNITY DEMOGRAPHIC PROFILE – 2**

## Population by Age and Sex

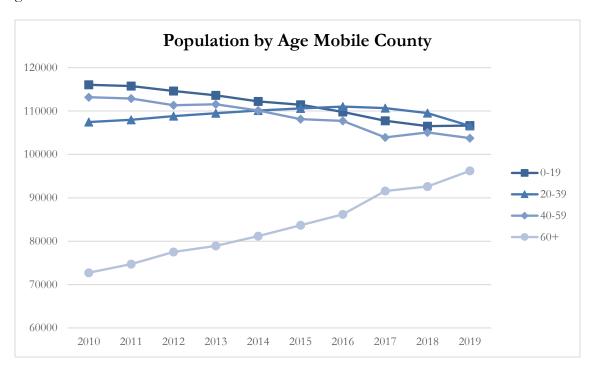
Population is an important characteristic to consider when assessing community needs, as it reflects the potential pool of patients and relative demand of the community. Population data was taken from the U.S Census Bureau. While an official census is only taken every ten years, the Census Bureau provides yearly estimates. According to this source, in 2010 the population of Mobile County was 408,620, but has reached 413,210 by 2019. The relative population growth is bracketed by age below.



Generally, the distributions by age and sex are similar to statewide and nationwide comparisons. In 2019 Mobile was home to 216,900 females and 196,310 males. These averages have remained largely stagnant over the time period, with some exceptions. For instance, between 2015 and 2019 Mobile gained approximately 865 females while losing 1,906 male residents.



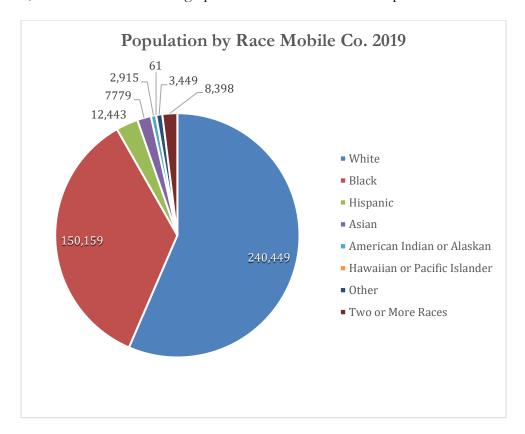
Another trend worth noting is the rise in elderly residents. As of 2019, Mobile was home to 106,670 residents aged 0-19, 106,570 residents aged 20-39, 103,757 residents aged 40-59, and 96,213 residents aged 60 and over. In comparison to 2010, this makes 60 and over the fastest growing age demographic for the county. In this same time period there has been a significant loss in the 0-19 age bracket. This is unsurprising given national trends and generational birth rates. The trend can be found below.



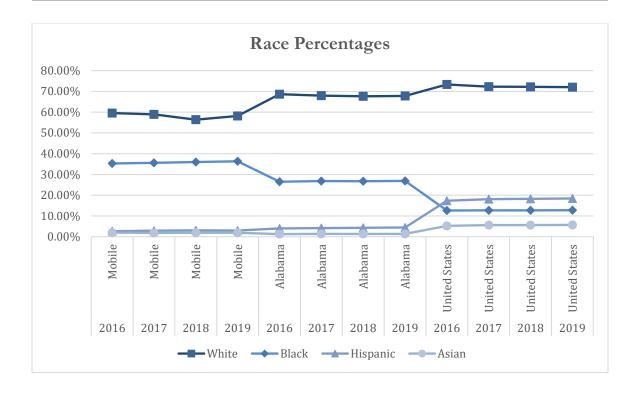
#### Population by Race and Ethnicity

Race and ethnicity are another important factor to consider when assessing community health. Studies have shown that specific racial groups are more susceptible to certain diseases and conditions. As such, it is important to know the racial makeup of a region in determining the needs of the community in regard to public health. Data was obtained by the U.S Census Bureau in 2010 with estimates through 2019 available. The Census asks individuals to self-identify, with the vast majority of respondents identifying as one race and ethnicity.

The two most predominant races in Mobile are white, with 240,449 residents in 2019, and Black, with 150,159 residents in 2019. Hispanic is the largest listed ethnicity with 12,443 residents in 2017. The fourth largest demographic was those self-reporting as Asian, with 7,779 residents. The demographic breakdowns for 2019 are provided below.



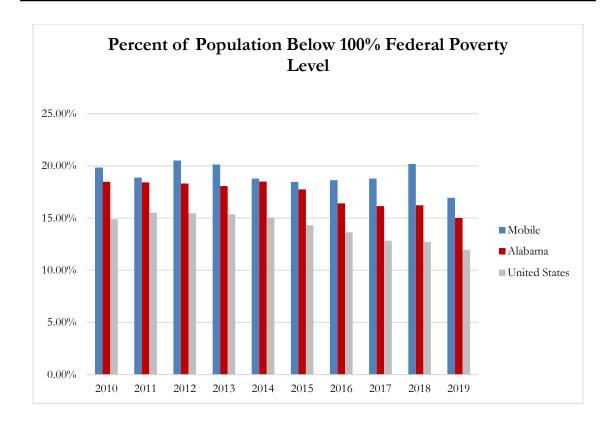
The distribution by Race and Ethnicity has remained largely the same for Mobile County over the time period. However, the distribution is substantially different than both Alabama and the United States as a whole. Compared to Alabama, Mobile has -9.65% Whites, +9.43% Blacks, -1.46% Hispanics, and +.53% Asians. This is remarkably different than the national averages, which indicate that Mobile has -13.85% Whites, +23.55% Blacks, -15.33% Hispanics, and -3.80% Asians. The four year trend and comparison to state and national averages are depicted below.



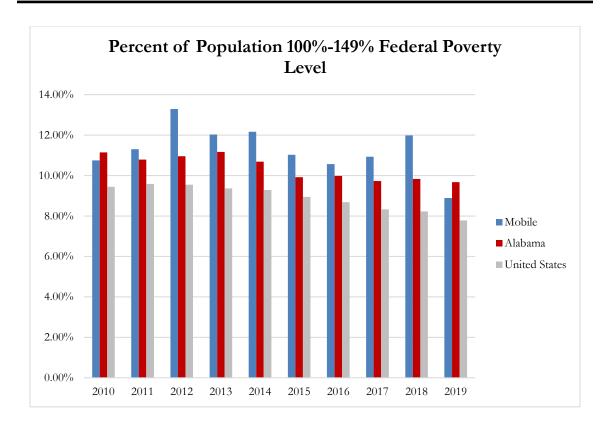
### **Poverty**

Socio-economic status is an extremely important indicator of community need, especially in regard to health. Studies have consistently demonstrated a link between wealth, poverty, and individual health. Adults in poverty are more likely to experience poor health, neglect routine doctor visits, utilize emergency services as primary care, fail to possess health insurance, and die at a younger age. Additionally, these ramifications extend to children as children in poverty are more likely to experience poor physical and mental health as well as, experience cognitive impairments. The impacts extend beyond health, and studies have shown that poverty increases the likelihood of school failure and teen pregnancy. Finally, it should be noted that poverty rates are often tied to race and ethnic identification. Previous community health needs assessments have identified the disparity between poverty rates among white and black children, indicating that poverty rates among black children are three times the rate of non-Hispanic whites nationally. These estimates have not changed significantly over the past four years.

Each year the federal government measures regional poverty using the Federal Poverty Level -- a metric based upon a dollar amount for single person and family income. In 2019 the FPL for a single person household was \$12,490, up \$430 from \$12,060 in 2017. For a family of four the FPL was \$25,750. Reported in the figure below are the Mobile County, Alabama, and United States estimates for the percentage of residents living at or below 100% of the FPL for the years 2010 to 2019.



As can be observed, Mobile County consistently has a higher percentage of residents living at or below the FPL throughout the time series as compared to both the state of Alabama as well as the nation. While the gap between Mobile County and Alabama appears to diminish in 2011 and 2014 this is not due to shrinking numbers of residents in Mobile County under the FPL, but rather a worsened state for the entirety of Alabama. Oftentimes, it has been shown that individuals up to 150% and even 200% FPL have difficulty meeting basic needs related to health care, such as food, housing, and transportation. As such, the profile for percent population between 100 - 149% FPL has also been provided below. For reference, individuals qualify for the Supplemental Nutrition Assistance Program (SNAP) at 130% of the FPL or lower.



#### **Education**

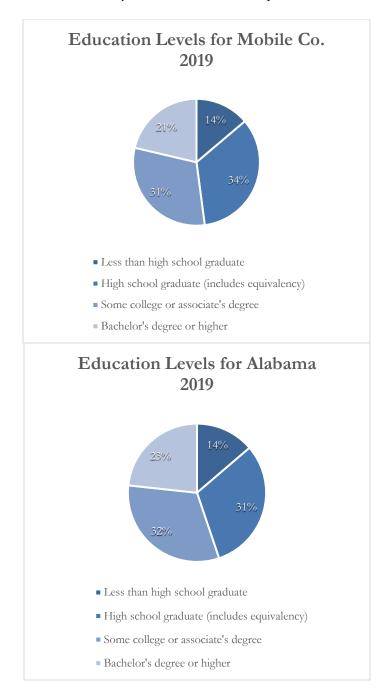
While education is known to increase the likelihood of higher income, and thus influence health in an indirect manner, education also has been tied directly to health benefits in communities. Research has shown that those with higher educational attainment are more likely to have longer lives and healthier lifestyles. For instance, the Robert Wood Johnson Foundation found that the average lifespan for females is increased by approximately 5 years (78.4 years for less than high school degree and 83.5 years for college graduates) and by nearly 7 years for males (72.9 years for less than high school degree and 79.7 years for college graduates) on average. Additionally, education has been tied to reduced health risk in a range of areas:

An additional four years of education lead to on average:

- 1.3% reduction in diabetes
- 2.2% reduction in heart disease
- 5% reduction in being overweight
- 12% reduction in smoking

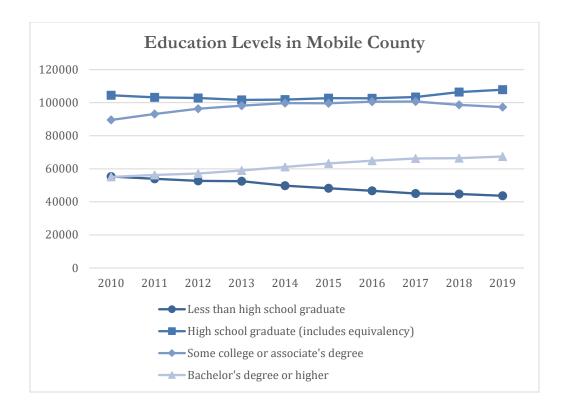
The impact of education often extends to a child's health as well. For instance, a mother with 0-11 years of education is nearly twice as likely than mothers with 16 or more years of education to experience infant mortality (8.1 versus 4.2 mortality rate in 2010). Additionally, studies have shown that healthier children tend to perform better in school and other collegiate activities.

Below are 2019 pie charts of Mobile County and Alabama education levels as a whole for adults 25 and older. Mobile County and Alabama are comparative across all education levels.



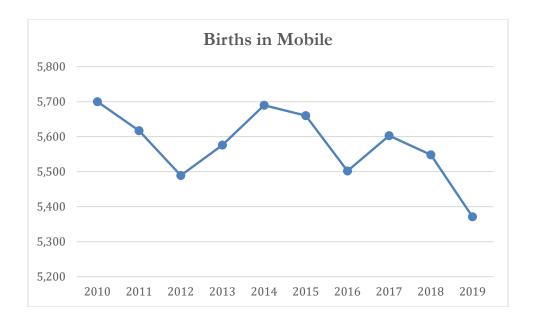
One of the most striking gaps, for both Mobile County and the state of Alabama compared to the nation, is post high school education. While Mobile County and the state have increased the proportion of high school graduates in recent decades, they continue to fall behind in those obtaining bachelors and graduate or professional degrees. In 2019 the resident breakdown was 107,860 high school graduates and 97,335 with some college or an

associate's degree. Additionally, there were 67,426 with bachelor's degrees or higher and 43,682 residents with less than a high school degree in Mobile County.

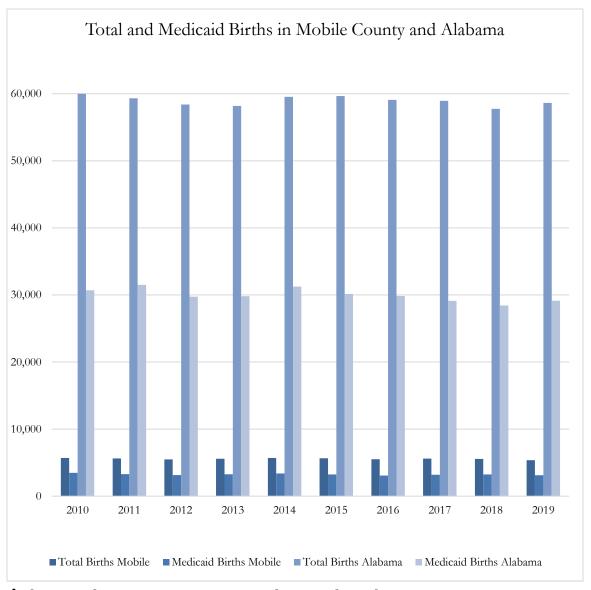


#### **Births**

Previous community health needs assessments have identified the decline in both crude birth rates and fertility rates within Alabama since the 1950s. This decline was extended to Mobile County, with data from 2007 to 2011 showing a significant decrease (645 less births between the two comparative years). Data collected from 2012 to 2015 had indicated that this decline appeared to be leveling off, but again depicted a decrease in 2016. Since the last Community Health Needs Assessment, we can see that births have increased somewhat, although the change is slight (46 more births in 2018 as compared to 2016).

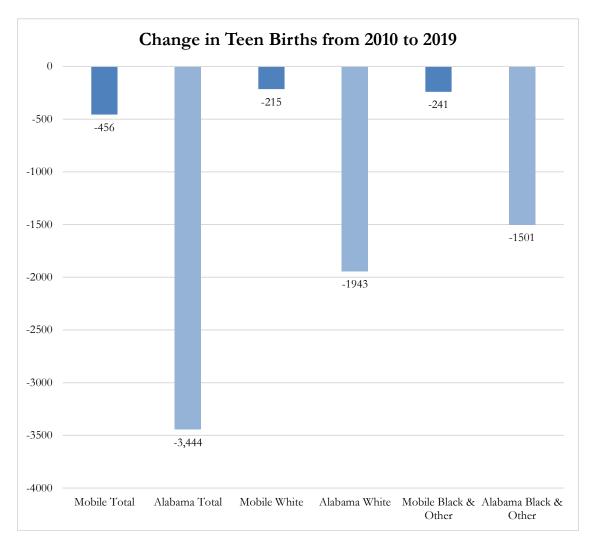


Further evidence shows that this overall trend for birth rates is not unique to Mobile County. When compared to Alabama, proportionally the rates of births are similar.

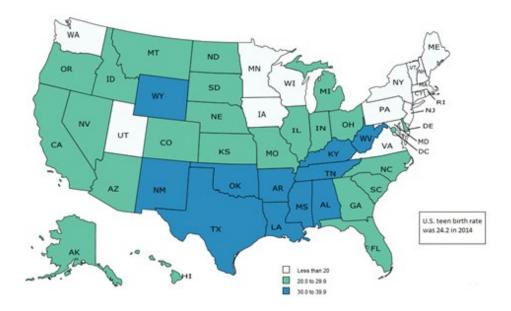


### Births to Select Groups: Teens and Unwed Mothers

Teenage pregnancy has been a social concern since the 1960s due to the long-term negative effects for both mother and child. Research has shown that teenage pregnancy began to rise significantly between the 1950s and the 1970s, reaching nearly 19% of births in 1975. However, teenage birth rates have since been in a consistent decline for the past twenty years. According to the Department of Health and Human Services, 24.2 of every 1,000 births in the U.S was to an adolescent between the ages of 15-19 in 2014. This marks a nine percent decline nationally from the previous year. This pattern of decline is consistent with both the state of Alabama and Mobile County, only to a lesser degree. The figure below shows the decline in teenage births in Alabama and Mobile County over a nine-year period (2010 to 2019).



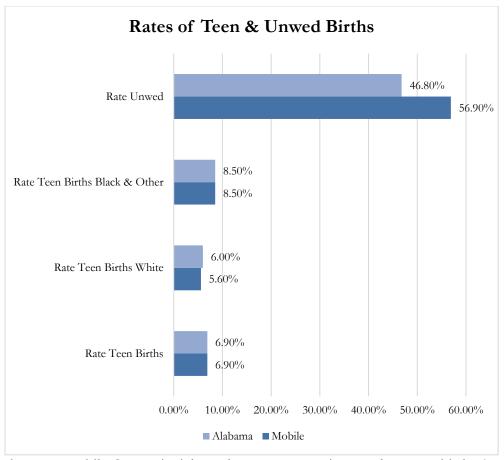
While teenage birth rates are lower than in previous decades, Alabama, and much of the south-central region of the United States, has higher teenage birth rates than the vast majority of the country.



Source: Martin, J. A., Hamilton, B. E., Ventura, S. J., & Osterman, M. J. K. S.C., & Mathews, T.J (2015). *Births: Final data for 2014*. Hyattsville, MD: National Center for Health Statistics via Department of Health and Human Services

Further evidence indicates that most births to adolescents are to mothers 18 years or older. In 2014, 73 percent of teenage births were to mothers aged 18 or 19 years old.

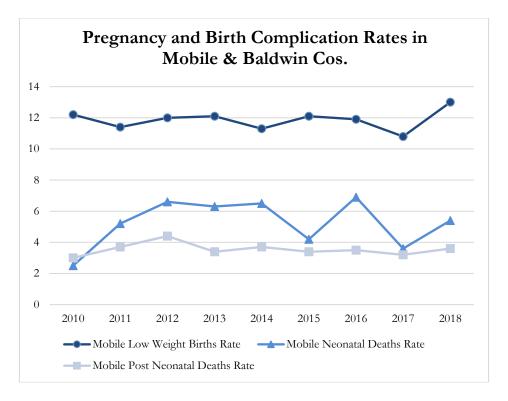
Unsurprisingly, data also shows that most teenage pregnancies are unwed births. According to the Department of Health and Human Services, 89% of teen births in 2014 occurred outside of marriage. There also appears to be racial and ethnic differences in birth rates. Nationally, births rates are highest among Hispanic or black teens. For instance, the birth rate for every 1,000 adolescent births in 2014 was 34.9 for blacks and 17.3 for whites. The figure below compares Mobile County to Alabama as a whole for birth rates to teens and unwed mothers.



As can be seen, Mobile County is right at the state average in regards to teen births (6.90%). For Mobile County, these births are disproportionately to black teenagers rather than to whites (8.50% versus 5.60%). When analyzing the rates of birth to unwed mothers, we observe that Mobile County is significantly above average. 56.90% of births in Mobile County are to unwed mothers (including all age ranges), whereas statewide the percentage is only 46.80%.

# **Birth Complications and Infant Mortality**

Given Mobile County's declining population in the 0-19 age bracket and the reduction in birth rates following the recession, it is important to explore the community health needs of pregnant mothers and infants. Provided below are the rates for low birth weight, neonatal death, and post neonatal death from 2010 to 2018.

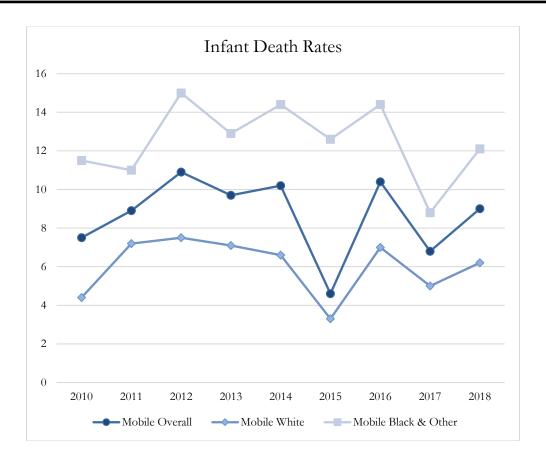


From this data it would seem that low birth weight is a consistent problem for Mobile County, with the rate averaging 11.87% in the time period. The data also reveals that Mobile County's neonatal deaths have seen periods of both increase and decline.

In 2019, Alabama had the third highest low birth weight rate in the nation (10.5%), behind only Louisiana (10.8%) and Mississippi (12.3%). When assessed by race, Alabama is again third highest for blacks (15%), lagging behind Mississippi (15.6%) and New Mexico (16.5%) and ninth highest for whites.

Further, Alabama has consistently been in the top three states for perinatal mortality rate since 2010.

Unfortunately, the problems facing mothers and births in our community go beyond pregnancy complications. Mobile County has had inconsistent infant death rates over the past eight years. In 2010 the infant death rate for Mobile County was 7.5, by 2018 that rate has risen to 9.0, with sudden shifts in between. For blacks, that rate is even higher, moving from 11.5 in 2010 to 12.1 in 2018. These trends are presented below.

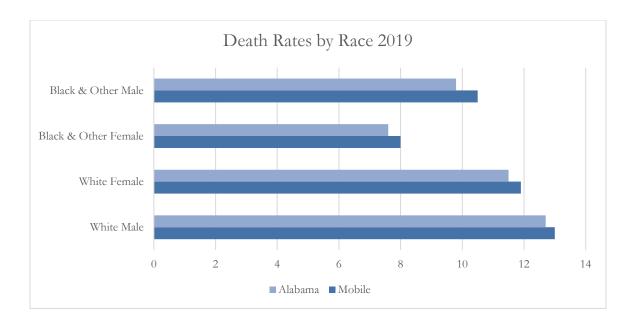


#### **Deaths**

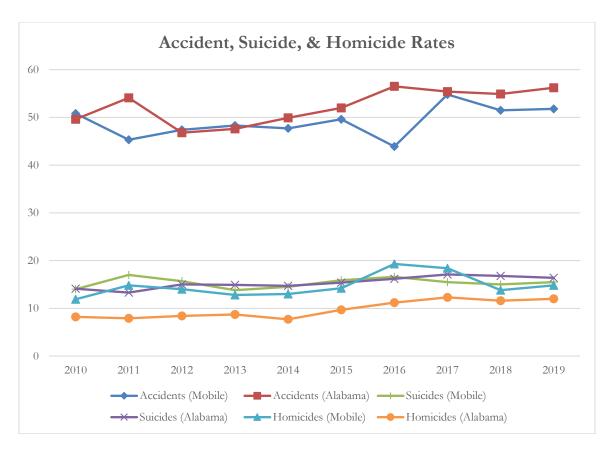
Death rates within Mobile County have remained relatively consistent but have increased since the last community health needs assessment. In 2010 the death rate for all of Mobile County was 9.8 and had only risen just under a percentage point to 10.6 in 2016. By 2019 the death rate in Mobile County had increased to 11.1. These rates are proportionally comparable to Alabama, which had a death rate of 11 in 2019, up slightly from 10.8 in 2016, also rising 0.8 points from a rate of 10 in 2010.

Rates are significantly different between sexes and race, with white male having the highest rates both within Mobile County, and for the state (13 and 12.7 respectively in 2019) and black female as the lowest (8, and 7.6 respectively for 2019).

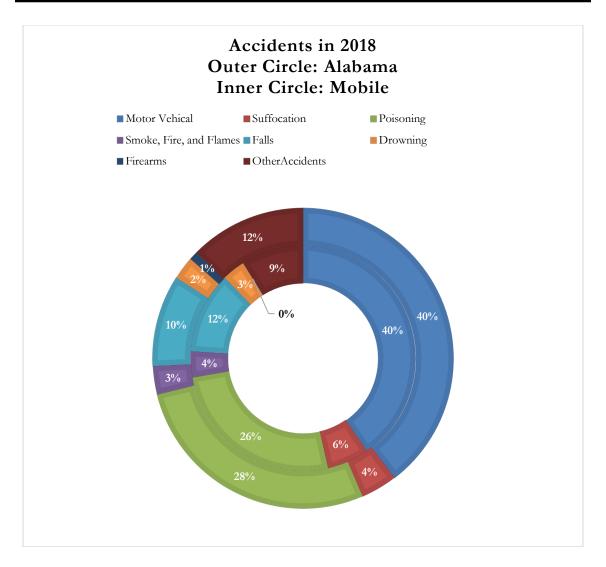
These comparisons are consistent in our nine-year sample between 2010 and 2019. However, the trends are not similar across all groups. In Mobile County, black male and white male death rates both rose (1.8 and 1.6 respectively) over the time period, while black female and white female followed suit with (.7 and 1.2 respectively).



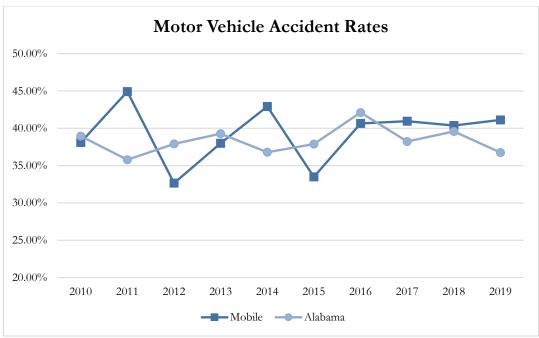
The state of Alabama tracks deaths by type, typically comparing homicides, accidents, and suicides. Of these, accidents were the highest category of death consistently across all locations. When comparing these three categories the state of Alabama consistently ranks as accidents as highest in frequency followed by suicides, with homicides showing the lowest frequency of the three. However, Mobile County's homicide rate rivals that of its suicides. In fact, over the nine-year sample (2010-2019) Mobile County's homicide rate was on average 4.9 higher than the state as a whole, while the suicide rate was only .1 greater and the accident rate was 3.1 lower.



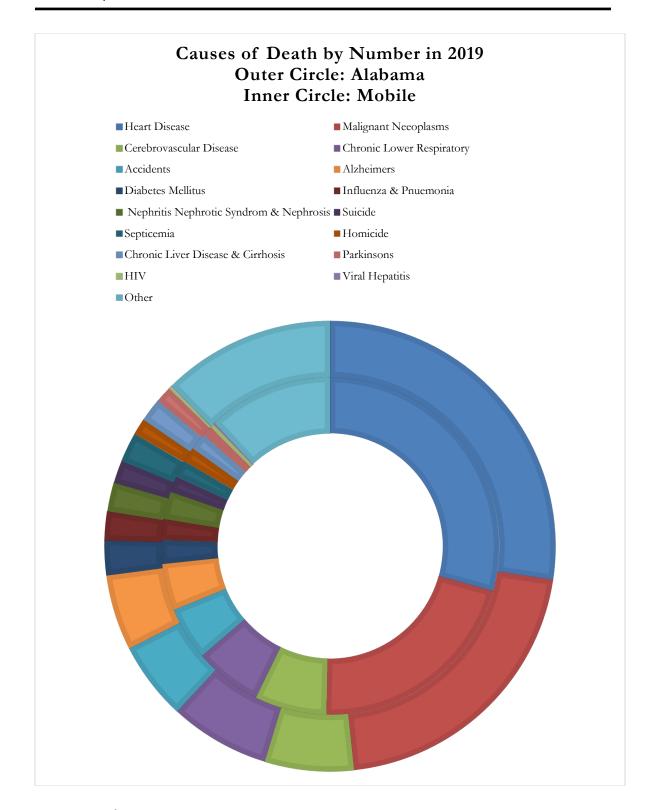
Since accidents are consistently the highest cause of death for both Mobile County, it is important to understand the types of accidents that increase mortality.



In 2018 the top three specific causes of accidental death in both Mobile County and Alabama were motor vehicle, poisoning, and falls. Fire related deaths, suffocation, and drowning follow causing about 3-6% of deaths each. On average Mobile County causes of accidental deaths follow the pattern of the state of Alabama as a whole. The yearly trends for motor vehicle related deaths can be found below.



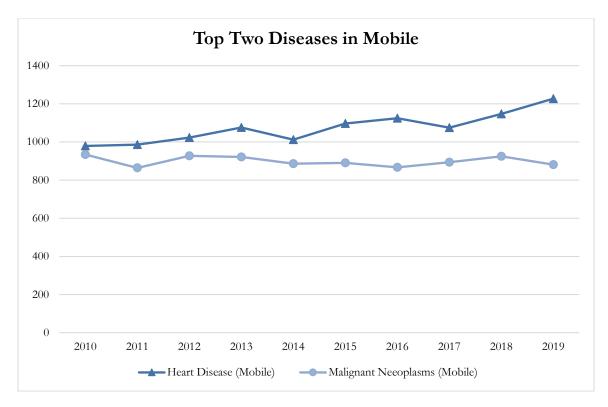
Provided below is a 2019 snapshot of all causes of death, by number, in Mobile County. A detailed discussion of diseases and cancer trends can be found in the following section.



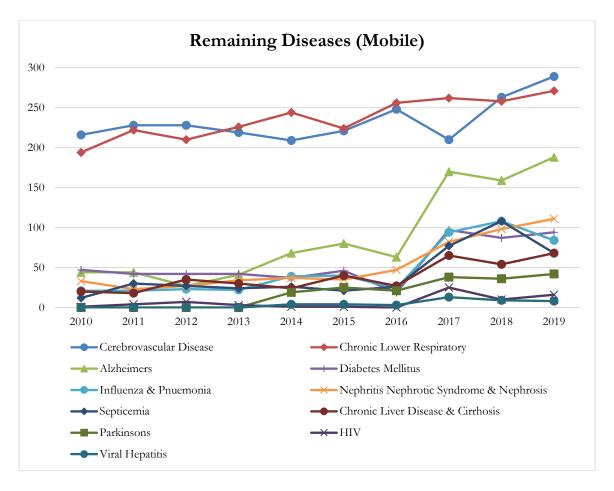
#### **Deaths: Diseases and Cancers**

According to the Centers for Disease Control and Prevention, the top ten leading causes for death in the United States in 2019 were heart disease, cancer, accidents, chronic lower

respiratory diseases, stroke, Alzheimer's diseases, diabetes, Nephritis (Nephrotic syndrome and Nephrosis included), Influenza and Pneumonia, and suicide. The leading causes for Mobile County are largely the same, with few exceptions. Provided below are the trends for the top causes of death in Mobile County from 2010 to 2019.



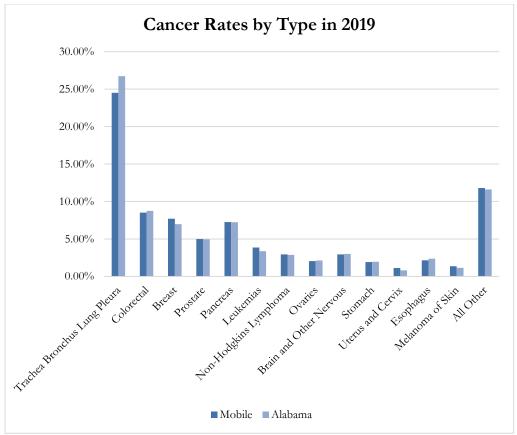
Heart disease and malignant neoplasms rates remain consistent over the time period, with heart disease experiencing a slight rise in the past two years and cancers appearing to decline very modestly in Mobile County.



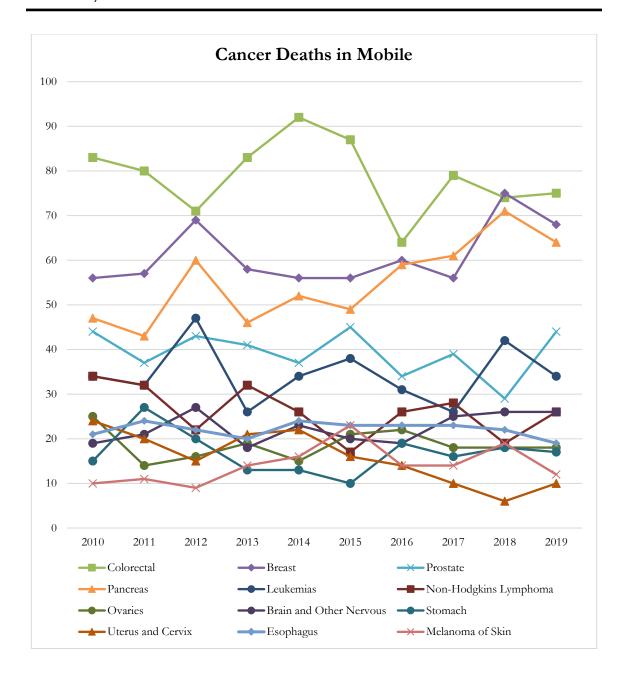
In Mobile County, over the time period, chronic Lower respiratory, diabetes, Alzheimer's and Influenza/pneumonia all have risen in the number of deaths caused a year. Given the change in population demographics discussed earlier, this may not come as a surprise, as these diseases are often associated with age. Additionally, the relationship between Alzheimer's disease, dysphagia, and aspiration pneumonia may contribute, in part, to the overall increase in deaths reported as pneumonia.

Cancer is the second leading cause of death in Mobile, claiming the lives of approximately 898 Mobile County residents every year for the last nine years.

Together, cancers of the respiratory system, including trachea, bronchus, lung, and pleura account for the vast majority of cancer related deaths. In Mobile County this grouping constituted 24.51% of cancer deaths in 2019 and 29.22% of all cancer deaths from 2010-2019. These trends hold when compared to that of the state of Alabama, with 26.74% in 2019 and 29.43% of all cancer deaths from 2010-2019.



Of the other cancers of significant frequency in both Mobile County, state of Alabama, and the U.S are colorectal and breast cancers. Colorectal cancer is the second most lethal cancer type in the United States among both men and women. Mobile County, and the state of Alabama report colorectal cancer rates at a similar mortality rate to the nation (8.7% across both sexes nationally, with rates of 8.7% in Mobile County and 8.9% in the state of Alabama as a whole). This is also true of breast cancer mortality in Mobile County and the state of Alabama with 6.7% of cancer rates attributed to breast cancer in 2019 compared to the national mortality of women (6.9%). Similarly, the mortality for prostate cancer is consistent in Mobile County (4.3%), the state of Alabama (4.8%) and nationally (5.4% of men).



Despite this, colorectal cancer and breast cancer are still the two of the more prominent contributors to Mobile County, and the state of Alabama mortality. From the nine-year trend provided, breast cancer has remained relatively steady with a slight increase in Mobile while the incidents of colorectal cancer deaths appear to level off in the past two years.

Increasing age demographics as described earlier may contribute to the high rate in colorectal cancer frequency. With the USPTF recommended screening for colorectal cancer after 50, increase in incidence may be due to an aging population. Colorectal death rates are also highest among blacks, a significant population in Mobile County. Finally, diabetes can contribute to the development of colorectal cancer -- and as demonstrated earlier, diabetes appears to be on the rise in both Mobile County and the state of Alabama, as a whole.

#### **COMMUNITY SURVEY - 3**

## **Community Survey Methodology**

The Community Health Needs Assessment survey focused on residents living in Mobile County. The community survey was a standard random digit dialed (RDD) survey that also included cell phone respondents.<sup>2</sup> A total of 406 respondents were collected from Mobile County in the general community survey for a margin of error of +/- 4.9%. In a change from previous iterations of the CHNA, we did not compare general and focused areas of Mobile County but rather examined Mobile County overall.

For these surveys a computer-assisted telephone interviewing (CATI) system was used to conduct the interviews and collect data. The CATI system recorded information related to the call histories and call dispositions used by interviewers to document the outcome of each call attempt, as well as the survey questions and their responses. The USA Polling Group uses WinCATI/CI3, developed by Sawtooth Technologies in Evanston, Illinois, to program and field its surveys. WinCATI/CI3 is widely used by major academic, public, and private survey organizations. With CATI systems, data are entered directly into the computer by the interviewer, so that interviewing and data entry become a single, seamless step. The benefit is twofold: accuracy of data transmission is enhanced and time otherwise spent re-entering data is saved. Further, CATI capabilities allow skip patterns and range checks within the interview to reduce back-end data cleaning. In addition to questionnaire programming, the USA Polling Group also utilizes WinCATI/CI3's call scheduling capabilities to maximize the probability of contacting potential respondents. A central file server arranges call scheduling for interviewer administration. The system enables calls to be scheduled so that different times of the day and week are represented.

The survey questionnaire was based on Infirmary Health's community health leaders survey deployed during their 2016-2018 CHNA to allow for comparisons with the health leader's responses. The full text of the survey can be found in Appendix F.

Table 3.1: Survey Details

			Data		Mangin of	Call	Median	Response Rate w/	Response Rate
	4	D . C 1	Date	3. 7	Margin of	Cell	Length	$N_0$	w/out No
	Area	Date Started	Completed	N	Error	Phone %	(minutes)	Answers'	Answers <sup>2</sup>
(	Overall	9/23/2021	1/13/2022	406	+/-4.9	35.4%	16.5	4.7%	5.2%

<sup>&</sup>lt;sup>1</sup> Calculated by dividing the number of completions by all numbers attempted except those that were out of scope

<sup>&</sup>lt;sup>2</sup> Cell phone respondents were screened for the following items: 1) were they in a safe location to be able to speak by phone, 2) were they 18 years of age or older, and 3) were they still residents of Mobile County.

### **Key Survey Findings**

This section details the key elements of the survey findings and in particular identifies some of the most highly rated areas of community need. To see all of the findings regarding the survey data please refer to the tables in Appendix B.

Most respondents feel that Mobile County residents are somewhat healthy (55%); respondents suggest that they think only four percent of residents are very healthy and two percent are very unhealthy.

Respondents are somewhat more positive about the quality of healthcare services. Twelve percent feel services are excellent, 29 percent feel they are very good and 36 percent say they are good. Only seven percent say services are poor.

Medicare is the most frequently mentioned form of health insurance. This is not surprising given the older age of many of the respondents. Twenty percent have employer based private insurance, seventeen percent have private insurance they purchased themselves, and four percent do not have insurance. Eleven percent of respondents report not having a personal doctor or healthcare provider. Ninety-one percent say they have seen a doctor for a wellness exam or routine checkup in the past year but only 64 percent say the same for a dental exam or cleaning.

Thirty-two percent of respondents reported having used telehealth services in the past year. Fifty-six percent of those having used telehealth in the past year rated their experience as either excellent or very good. Less than two percent reported the experience as poor. Of those not having had a telehealth experience in the past year, only nine percent were very interested in receiving telehealth services while 43 percent were not at all interested in such services.

On a scale of 1 to 7, where 1 is the worse and 7 is the best, 20% of respondents thought that the City of Mobile's COVID response was the best it could be. Four percent thought it was the worst. On the same scale, 35% of respondents thought that healthcare providers response to COVID was the best it could be and less than two percent thought it was the worst it could be.

Respondents were asked about a series of items and how important they felt each item would be in improving the overall health in their community. The top six items rated as most important include: 1) a clean environment, 2) family doctors and specialists, 3) lower crime and safe neighborhoods, 4) good schools, 5) mental health services, 6a) access to health services such as a health clinic (tied with 6b) or hospital and 6b) good places to raise children (tied with 6a). The rankings for Mobile County can be seen in Table 3.2 while the full list of all items can be found in Tables B.13 and B.14 in Appendix B.

<sup>&</sup>lt;sup>2</sup> Calculated the same as <sup>1</sup> but numbers that were categorized as no answers were also excluded from the numerator

Table 3.2: Top 6 items respondent thinks would be important for improving the overall health in your community – Ranked according to overall saying "Very Important"

nealin in your community - Ranked according to overall saying - Very Important							
	V ery Important	Somewhat Important	Neither	Somewhat Unimportant	Very Unimportant	Total	Z
Q8e. A clean environment including water, air, etc.	93.3	5.9	0.5	0.0	0.3	100.0%	405
Q8f. Family doctors and specialists.	92.3	7.7	0.0	0.0	0.0	100.0%	404
Q8n. Lower crime and safe neighborhoods.	91.9	6.9	0.3	0.7	0.3	100.1%	405
Q8j. Good schools.	91.8	7.2	0.8	0.3	0.0	100.1%	402
Q8r. Mental health services.	91.3	8.2	0.3	0.3	0.0	100.1%	402
Q8a. Access to health services such a health clinic or hospital.	89.6	9.9	0.5	0.0	0.0	100.0%	405
Q8h. Good places to raise children.	89.6	9.4	0.7	0.3	0.0	100.0%	403

Respondents were asked how they felt about a number of health issues. Table 3.3 shows the top six issues respondents felt were a problem for Mobile county: 1) child abuse and neglect, 2) cancers, 3) domestic violence, 4) drug use and abuse, 5) rape and sexual assault, and 6) heart disease and stroke. The full list of health issues is located in Appendix B in Tables B.14 and B.15.

Table 3.3: Top 6 health issues respondent feels are a problem for Mobile county – ranked according to overall saying "Very Important"

	, , ,						
	V ery Important	Somewhat Important	Neither	Somewhat Unimportant	Very Unimportant	Total	N
Q9d. Child abuse and neglect.	94.5	4.2	1.0	0.3	0.0	100.0%	401
Q9c. Cancers.	89.0	10.2	0.8	0.0	0.0	100.0%	401
Q9g. Domestic violence.	88.3	10.2	1.5	0.0	0.0	100.0%	403
Q9h. Drug use and abuse.	88.0	10.3	1.5	0.3	0.0	100.1%	399
Q9s. Rape and sexual assault.	87.7	9.8	2.0	0.5	0.0	100.0%	398
Q9j. Heart disease and stroke.	86.5	12.0	1.0	0.3	0.3	100.1%	401

Determining the prevalence of different health conditions is vital in determining community need. Respondents were asked to identify whether a doctor or other health professional had ever told them if they had any number of a series of twelve major health issues. The top six health conditions identified by respondents in Mobile county were: 1) high blood pressure, 2) high cholesterol, 3) diabetes, 4) heart disease, 5) depression, and 6) obesity. Table 3.4 shows these rankings and Table B.16 in Appendix B shows the responses to all twelve health issues.

Table 3.4: Top 6 health conditions among Mobile county Residents – Ranked according to overall saying "Yes" a doctor or other health professional told them they have the condition

			al	
	Yes	$N_{o}$	Total	Z
Q10h. High blood pressure.	56.7	43.3	100.0%	395
Q10g. High Cholesterol.	43.0	57.0	100.0%	393
Q10e. Diabetes.	23.4	76.6	100.0%	397
Q10f. Heart Disease.	22.0	78.0	100.0%	396
Q10d. Depression.	21.2	78.8	100.0%	397
Q10j. Obesity.	18.6	81.4	100.0%	393

Health related services that are difficult to access are a clear problem and point to community needs. Respondents were asked to identify healthcare services that they felt were difficult to obtain in Mobile county. These responses were unprompted, that is respondents had to identify them on their own, and respondents could select as many as they felt were problems. Not counting those saying some "other" issue, Table 3.5 identifies the six healthcare services respondents feel are most difficult to access in Mobile county: 1) mental health services, 2) services for the elderly, 3) alcohol or drug abuse treatment, 4) dental care / dentures, 5) specialty medical care (specialist doctors), and 6) emergency medical care. The full list of services can be found in Table B.16 in Appendix B. The "other" responses are presented in Appendix C, these responses range over a number of issues however many of them reference better and more doctors (in particular dermatologists are mentioned quite frequently along with cardiology and pediatrics), and more affordable care.

Table 3.5: Top 6 healthcare services respondent feels are difficult to get in Mobile county – Ranked according to overall and not counting "other" in Top 6

county – kankea according to overall	Mobile County	
Mental health services	17.0	
Other	11.1	
Services for the elderly*	10.1	
Alcohol or drug abuse treatment	7.9	
Dental care / dentures	6.7	
Specialty medical care (specialist doctors)	6.7	
Emergency medical care*	6.2	

Twenty-one percent of Mobile County respondents indicated that they had delayed in getting needed medical care at some point in the past 12 months. One potential factor that should be kept in mind is the COVID pandemic and its affect on delaying many elective health procedures. Delays in seeking healthcare can lead to more severe, complicated, and costly problems. Factors contributing to such delays are again clear signals of community needs. Table 3.6 lists the top three reasons, not counting those saying "other", identified by respondents for why they delayed in getting needed medical care: 1) could not afford medical care, 2) lack of transportation, and 3) provider did not take my insurance. The full list of reasons for delaying needed medical care can be found in Table B.18 in Appendix B. The "other" responses are presented in Appendix C; many of these responses indicate not having time or couldn't get time off of work, could not leave a family member, and COVID.

Table 3.6: Top 3 reasons respondent delayed getting needed medical care – ranked according to overall and not counting "other" in Top 3

according to everall and her cooling	Mobile County	
	Mobil	
Other	39.3	
Could not afford medical care	15.5	
Lack of transportation	6.0	
Provider did not take my insurance	3.6	

When seeking medical care for someone who is sick, respondents overall were first likely to go to their family doctor (58.4%), then an Urgent care clinic (19.5%), and third to an Emergency Room (12.6%). This reflects a shift with Urgent care clinic taking the second spot and Emergency Room dropping to the third spot.

Respondents have a great deal of confidence that they can make and maintain lifestyle changes. Thirty-three percent are extremely confident in their ability to do so and 39 percent are very confident.

Eleven percent of respondents indicate that they are currently using tobacco products such as cigarettes and cigars. A modest two percent report using chewing tobacco or snuff and another five percent say they use e-cigarettes or vaporizing pens. Seventy-two percent report never having used tobacco products.

Most respondents for the survey were older. Thirty-four percent were between the ages of 46 and 65 and 50 percent were over 65. However, given that the survey's goal is to identify healthcare needs, this upward age bias is less concerning.

Whites constituted 61 percent of those responding overall and African-American's 35 percent.

Twenty-nine percent of respondents possess a high school degree or GED. Twenty-seven percent have some college coursework; 21 percent have a Bachelor's or four-year degree, and 15 percent have a graduate or professional degree.

Given the older age of the respondents it is not surprising that 46 percent say they are retired. Thirty percent are working full-time, nine percent are disabled, and four percent are unemployed.

Overall, there was a relatively equitable distribution of respondents across all of the income brackets. Twelve percent earned less than \$15,000 and 17 percent earned more than \$100,000.

The majority of survey respondents (65%) were female.

### **COMMUNITY HEALTH LEADERS SURVEY - 4**

### Community Health Leaders Survey Methodology

The Community Health Leaders (CHL) survey employed an Internet/e-mail based survey sent to health leaders throughout Mobile County. A total of 49 responses were collected.

The CHL survey was deployed using the Qualtrics Internet survey system. Qualtrics is widely used in the academic and business community. Although the information collected in this survey did not rise to the level of protected health information, the Qualtrics system meets all HIPAA privacy standards. All collected survey information is anonymous.

The USA Polling Group constructed a list of potential health leaders that included a wide diversity of organizations and individuals including healthcare providers, clinics, public health clinics, key hospital personnel, numerous local non-profit groups and charitable organizations, business leaders, local state legislators, and local city officials. The goal was to cast a wide net and to include people in a variety of areas both in healthcare and in related areas such as Feeding the Gulf Coast, Habitat for Humanity, the United Way, etc. Given that a health community is more than just the healthcare resources in an area but includes aspects such as a clean environment, education, safety, etc., we felt this wide net was appropriate.

Overall, a total of 308 e-mails were initially distributed on December 7, 2021. Reminder surveys were sent on December 13, 2021 and January 4, 2022. Of the 308, four e-mails were duplicates, 32 e-mails bounced and one e-mail failed for 271 unique and working e-mails. Thus, with 49 responses, the CHL had a completion rate of 18.1%.

The CHL survey questionnaire duplicated Infirmary Health's community health leaders survey deployed for their 2016-2018 CHNA. The full text of the survey can be found in Appendix G.

Table 4.1: Survey Details

Date Started	1 <sup>st</sup> Reminder	2 <sup>nd</sup> Reminder	Date Completed	N	Estimated Response Time	Completion Rate
12/7/2021	12/13/2021	1/4/2022	1/14/2022	49	7 minutes	18.1%

## **Key Survey Findings**

This section details the key elements of the Community Health Leaders (CHL) survey findings and identifies what those leaders see as the highly rated areas of community need. To see all of the findings regarding the CHL survey data please refer to the tables in Appendix D.

The community health leaders were first asked what they think are the most important features of a healthy community. Respondents were presented with a list of 23 possible features of a healthy community and were asked to select up to three items from the list. Respondents were also given three "other" options so that they were not restricted to the items in the pre-defined list but could identify any features that they felt were important. The top six features of a healthy community as identified by community health leaders were: 1) access to health services including family doctors and hospitals, 2) good employment opportunities, 3) low crime/safe neighborhoods, 4) quality education, 5) mental health services, and 6) affordable housing. The rankings are presented in Table 4.2 while the full list of all items can be found in Table D.1 in Appendix D.

Table 4.2: Top 6 items community health leader's think are the most important features of a "healthy community"? Check only three 1

	Frequency	Percent
1a. Access to health services (e.g., family doctor, hospitals)	32	65.3
1g. Good employment opportunities	19	38.8
1n. Low crime / safe neighborhoods	18	36.7
1s. Quality education	17	34.7
1r. Mental health services	13	26.5
1c. Affordable housing	11	22.4
I	V 49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Health leaders were then asked what they felt were the most important health issues in Mobile County. They were again presented with a pre-defined list of 24 health issues of which they were asked to pick three. Again, they were given three "other" options so that they could identify items not on the pre-defined list. Table 4.3 lists the top six health issues identified by community health leaders: 1) mental health problems, 2) obesity and excess weight, 3) drug use and abuse, 4) diabetes, 5) heart disease and stroke, 6a) aging problems (tied with 6b), and 6b) child abuse/neglect (tied with 6a). The full list of health issues is located in Appendix D in Table D.2.

Table 4.3: What do you think are the most important health issues in Mobile County? Check only three<sup>1</sup>

	Frequency	Percent
2p. Mental health problems	37	75.5
2r. Obesity / excess weight	21	42.9
2h. Drug use / abuse	15	30.6
2f. Diabetes	12	24.5
2j. Heart disease and stroke	10	20.4
2b. Aging problems (e.g., dementia, vision / hearing loss, loss of mobility)	9	18.4
2d. Child abuse / neglect	9	18.4
N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Next, health leaders identified their top six unhealthy behaviors in Mobile County. Again, they had the option to select up to three from a pre-defined list of 12 behaviors or could select three "other" options. The top six unhealthy behaviors included: 1) drug abuse, 2) excess weight, 3) poor eating habits and poor nutrition, 4) not seeing a doctor or a dentist, 5) homelessness, and 6) lack of exercise. Table 4.4 shows these rankings and Table D.3 in Appendix D shows the responses to all of the health issues.

Table 4.4: Which of the following unhealthy behaviors in Mobile County concern you the most? Check only three<sup>1</sup>

	Freqi	uency	Percent
3b. Drug abuse	,	28	57.1
3c. Excess weight	,	23	46.9
3f. Poor eating habits / poor nutrition	,	22	44.9
3i. Not seeing a doctor or dentist	2	21	42.9
3d. Homelessness		14	28.6
3e. Lack of exercise		11	22.4
	N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Health leaders were also asked to identify which healthcare services are difficult to get in Mobile County. For this question, leaders were allowed to select all that they felt applied.

Table 4.5 shows the six healthcare services health leaders felt are the most difficult to access: 1) mental health services, 2) alcohol or drug abuse treatment, 3) dental care including dentures, 4) services for the elderly, 5) primary medical care, and 6) alternative therapies. The full list of services can be found in Table D.4 in Appendix D.

Table 4.5: Which healthcare services are difficult to get in Mobile County? Check all that apply<sup>1</sup>

		Frequency	Percent
4f. Mental health services		40	81.6
4m. Alcohol or drug abuse treatment		26	53.1
4b. Dental care including dentures		16	32.7
4k. Services for the elderly		12	24.5
4j. Primary medical care (a primary doctor / clinic)		11	22.4
4a. Alternative therapies (acupuncture, herbals, etc.)		10	20.4
	N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

It is notable that the health leaders do not rate anyone in Mobile County as very healthy. The majority of health leaders suggest that people are either somewhat healthy (47%) or unhealthy (45%).

Six percent of health leaders rate the quality of healthcare services available in Mobile County as excellent, 16 percent say very good, 41 percent say good, another 31 percent say fair and four percent say the healthcare services are poor.

Many of the health leaders responding were from healthcare organizations (35%), another 12 percent were in education, and 10 percent deal with disability services. Finally, another 25 percent indicated some other type of service. Follow-up responses as to the type of other services were quite varied and can be seen in Appendix E.

In looking at the types of clients served, 23 percent of health leaders said their organization served families; 45 percent said their organization served individuals, and 19 percent said some other type of client. Among those saying other, many indicated children or adolescents, or that they served all of the different types of clients.

Most health leaders (63%) said that they provide the client information on where to obtain assistance if their organization cannot provide all the services a client needs. Twenty-eight percent said they will phone, e-mail, or fax another organization to help the client obtain those services they cannot provide.

Sixty-five percent of health leaders said their organizations served adults under 65; 47 percent said they served children, and 25 percent served seniors (65 and over).

Most health leaders (77%) indicated that it would be helpful to them and their ability to provide services to know what other services the client has received from other organizations.

Forty-two percent of health leaders felt that they served 1,000 of fewer clients (that is unique individuals not visits) on an annual basis. Twenty-nine percent said they served 20,000 or more annually.

While some health leaders said their organizations required clients to meet eligibility requirements, most (71%) said that they do not have requirements but serve everyone.

Twenty-six percent of health leaders do not have any volunteers on their staff. Another 59 percent said that between 1-25% of their staff was composed of volunteers. Very few health leaders had more than 25% or more of their staff composed of volunteers.

Many health leaders (58%) rely on either electronic medical records (EMR) or electronic health records (HER) for storing client records electronically. Another 27 percent rely on other systems including HMIS, EPIC, Oasis Insight, and others (see Appendix E for a full list), and 20 percent do not know if they store client records electronically or not.

## Comparing the Community and the Community Health Leaders

This section compares the results of the 406 community members with the results of the 49 community health leaders from Mobile County. These comparisons should demonstrate where the community and health leaders converge and diverge in terms of what constitutes a healthy community, what the most important health issues are, how each group views the health of the community, the quality of health services available, and what services are perceived to be difficult to obtain. Many of these survey questions were essentially the same; however, the mode of delivery necessitated some differences in their delivery depending on if the questions were being presented over the telephone versus electronically.

In looking at the features of a healthy community, there were four areas that overlapped directly between the health leaders and the community at large: access to health services which includes the communities mention of family doctors and specialists, lower crime and safe neighborhoods, quality education/good schools, and mental health services. All four of these items appeared in the top six of both the community health leaders and the community respondents. There was also one area of indirect overlap. Community members mentioned good places to raise children. While the community leaders did not specifically mention this item, many of their recommendations such as quality education, safe neighborhoods, good employment opportunities, and affordable housing would all indirectly contribute to creating a good place to raise children. So while they don't specifically mention it, this does seem to be an area of indirect overlap.

In terms of divergent priorities, the health leaders identified good employment opportunities and affordable housing as their other key features of a health community. Community respondents identified a clean environment as their other key feature of a health community.

Table 4.6: Comparison of Features of a Healthy Community

Community Health Leaders Survey	Community Survey
1. Access to health services (e.g., family doctor, hospitals).	1. A clean environment including water, air, etc.
2. Good employment opportunities.	2. Family doctors and specialists.
3. Low crime / safe neighborhoods.	3. Lower crime and safe neighborhoods.
4. Quality education.	4. Good schools.
5. Mental health services.	5. Mental health services.
6. Affordable housing.	6a. Access to health services such a health clinic or hospital.
	6b. Good places to raise children.

When examining the most important health issues, there was slightly less consensus between the health leaders and the community on the items that belonged in the top six. Both groups identified drug use / abuse, heart disease and stroke, and child abuse/neglect as three of the six most important health issues facing Mobile County. While both groups felt drug use/abuse and heart disease and stroke were lower priorities, the community felt child abuse/neglect was the top priority whereas community leaders saw this as a somewhat lower priority.

The two groups diverged over the following issues that made it into the top six health issues. Community health leaders identified mental health problems, obesity / excess weight, diabetes, and aging problems. Community respondents further identified cancers, domestic violence, and rape and sexual assault.

Table 4.7: Comparison of Most Important Health Issues

Community Health Leaders Survey	Community Survey
1. Mental health problems.	1. Child abuse / neglect.
2. Obesity / excess weight.	2. Cancers.
3. Drug use / abuse.	3. Domestic violence.
4. Diabetes.	4. Drug use and abuse.
5. Heart disease and stroke.	5. Rape and sexual assault.
6a. Aging problems (e.g., dementia, vision / hearing loss, loss of mobility).	6. Heart disease and stroke.
6b. Child abuse / neglect.	

The modal category for both groups for evaluating the health of community members was "somewhat healthy". For the quality of healthcare services available, the modal category was "good" for both leaders and community members. In both cases, this represents the middle category of the scales and is somewhat unsurprising as it is the cognitively easiest answer for both questions.

Table 4.8: Comparison of Community Health and Health Services

	Community Health Leaders Survey	Community Survey
The health of my community:	Somewhat Healthy	Somewhat Healthy
Quality of health services:	Good	Good

Both groups identified mental health services as the number one healthcare service that is difficult to obtain in Mobile County. Both groups also identified services for the elderly, alcohol or drug abuse treatment, and dental care including dentures as being difficult to obtain.

Other items identified by the community health leaders include primary medical care and alternative therapies. Additional community member selections included specialty medical care and emergency medical care.

Table 4.9: Comparison of Healthcare Services That Are Difficult to Obtain

Community Health Leaders Survey	Community Survey
1. Mental health services.	1. Mental health services.
2. Alcohol or drug abuse treatment.	2. Services for the elderly.
3. Dental care including dentures.	3. Alcohol or drug abuse treatment
4. Services for the elderly.	4. Dental care including dentures.
5. Primary medical care (a primary doctor / clinic).	5. Specialty medical care (specialist doctors).
6. Alternative therapies (acupuncture, herbals, etc.).	6. Emergency medical care.

Overall, health leaders and community members agreed on a number of items including: four of the key features of a healthy community – access to health services, quality education/good schools, lower crime and safe neighborhoods, and mental health services; three of most important health issues for Mobile County – drug use and abuse, child abuse/neglect, and heart disease and stroke; that people in Mobile County are somewhat healthy; that the quality of healthcare services is good; and four of the most difficult healthcare services to obtain – mental health services, services for the elderly, dental care including dentures, and alcohol or drug abuse treatment.

### **COMMUNITY RESOURCES - 5**

### **Summary**

Along with the five acute care hospitals, two specialty hospitals, and over nine federally qualified health clinics, there are numerous other community resources dedicated to providing access to healthcare services or provide services that directly impact health. This includes nursing homes, hospice care, and in home health care for those that need assistance. There are currently 26 nursing homes, 22 hospice care providers, and 18 home care providers. Beyond direct health care, there are a variety of agencies that assist with access to prescriptions, food, housing, childcare, counseling, and more.

A list of major providers of health and social services is provided in the Community Resource List Tables 4.1 thru 4.7. This list however is not exhaustive. To find specific services or further providers, residents can call 211 where operators can direct callers to the appropriate service providers.

## **Community Resource List**

Table 5.1 : Acute Care Hospitals

Facility	Phone
Mobile Infirmary	(251) 435-2400
Providence Hospital	(251) 633-1000
Springhill Medical Center	(251) 344-9630
USA Health University Hospital	(251) 471-7000
USA Health Children's and Women's Hospital	(251) 415-1000

Table 5.2: Specialty Hospitals

Facility	Phone	
BayPointe Children's Hospital	(251) 661-0153	
Mobile Infirmary Long Term Acute Care Hospital	(251) 435-2400	

Table 5.3: Federally Qualified Health Clinics

Facility	Phone
Aeillo/Buskey Women and Children Center	(251) 452-1442
Family Oriented Primary Health Care Clinic	(251) 690-8158
Franklin Primary Health Centers	(251) 432-4117
La Clinica De Baldwin	(251) 947-1083
Loxley Family Medical Center	(251) 964-4011
Maysville Medical Center	(251) 471-3747
Mostellar Medical Center	(251) 824-2174
South Baldwin Family Health Center	(251) 943-1083
The Hadley Medical Center	(251) 444-1000

Table 5.4: Nursing Homes

Facility	Phone
Allen Memorial Home	(251) 433-2642
Ashland Place Health & Rehabilitation	(251) 471-5431
Azalea Gardens of Mobile	(251) 479-0551
Blue Ridge Healthcare Montrose Bay	(251) 928-2177
Crowne Health Care of Citronelle	(251) 866-5509
Crowne Health Care of Mobile	(251) 473-8684
Crowne Health Care of Springhill	(251) 304-3000
Diversicare of Foley	(251) 943-2781
Eastern Shore Rehabilitation and Health Center	(251) 621-4200
Fairhope Health and Rehab	(251) 928-2153
Gordon Oaks Health & Rehab	(251) 661-7608
Grand Bay Convalescent Home, Inc.	(251) 865-6443
Gulf Coast Health & Rehabilitation	(251) 634-8002
Little Sisters of the Poor Sacred Heart Residence	(251) 476-6335
Lynwood Nursing Home	(251) 661-5404
Mobile Nursing & Rehabilitation Center	(251) 639-1588
North Mobile Nursing & Rehabilitation Center	(251) 452-0996
Oakwood-North Baldwin's Center for Living	(251) 937-3501
Palm Gardens Health & Rehabilitation	(251) 450-2800
Robertsdale Healthcare Center	(251)947-1911
Sea Breeze Healthcare Center Kensington Health	(251) 433-5471
Springhill Senior Residence	(251) 343-0909
Twin Oaks Rehabilitation & Healthcare Center	(251) 476-3420
William F. Green State Veterans Home	(251) 937-9881
WillowBrooke Court Skilled Care Center at Westminster Village	(251) 626-7007

Table 5.5: Hospice Services

Facility	Phone
Alabama Hospice Care of Mobile	(251) 345-1023
AseraCare Hospice-Mobile	(251) 343-0989
Coastal Caregivers Home Care	(251) 721-1297
Comfort Care Coastal Hospice - Baldwin	(251) 621-4229
Comfort Care Coastal Hospice - Mobile	(251) 304-3135
Comfort Keepers Home Care	(251) 202-4860
Community Hospice of Baldwin County	(251) 943-5015
Covenant Hospice, Inc. Mobile	(251) 478-8671
Covenant Hospice, IncDaphne	(251) 626-5255
Encompass Health	(251) 661-5313
Gentiva Hospice	(251) 340-6387
Hospice South	(251) 473-3892
Infirmary HomeCare	(251) 450-3300
Kare-In-Home	(251) 246-2727
Kindred Hospice - Daphne	(251) 621-2500
Kindred Hospice - Mobile	(251) 478-9900
Mercy Medical Home Care & Hospice - Mobile	(251) 304-3135
Mercy Medical Home Care & Hospice - Baldwin	(251) 621-4228
Saad's Hospice Services	(251) 380-3810
SouthernCare Daphne	(251) 621-2844
SouthernCare Mobile	(251) 666-2113
Springhill Home Health and Hospice	(251) 433-8172
Springhill Hospice - Baldwin County	(251) 626-5895
St. Joseph Hospice of South Alabama, LLC	(251) 675-7555
Veterans Affairs Outpatient Clinic	(251) 219-3900

Table 5.6: Home Health Agencies

Facility	Phone
Addus Healthcare	(251) 414-5855
Amedisys Home Health of Foley	(800) 763-6382
Amedisys Home Health of Mobile	(251) 380-0492
BrightStar Care North Mobile/Baldwin Co.	(251) 405-6451
Carestaff	(251) 380-2070
Comfort Care Coastal Home Health	(251) 304-3158
Home Instead Senior Care	(251) 342-6655
Infirmary HomeCare of Mobile	(251) 450-3300
Kindred at Home	(251) 316-0917
Mercy Life of Alabama	(251) 287-8420
ProHealth-Gulf Coast, LLC	(251) 517-7556
Saad Healthcare	(251) 343-9600
Springhill Home Health & Hospice	(251) 433-8172
Thomas Home Health	(251) 990-9200

Table 5.7a: Social Service Agencies

Facility	Phone
Social Service Organizations	
Community Action Agency of Mobile	(251) 457-5700
Community Action Agency of South Alabama	(251) 626-2646
Community Foundation of South Alabama	(251) 438-5591
Dumas Wesley Community Center	(251) 479-0649
Goodwill Easter Seals of the Gulf Coast	(251) 471-1581
Mobile United	(251) 432-1638
Salvation Army of Coastal Alabama	(251) 438-1625
The Foley Community Service Center	(251) 380.4000
The Light of the Village	(251) 680-4613
United Way of Baldwin County	(251) 943-2110
United Way of Southwest Alabama	(251) 433-3624
Volunteers of America Southeast	(251) 300-3500
Waterfront Rescue Mission	(251) 433-1847
YMCA Dearborn	(251) 432-4768
YMCA North Mobile	(251) 679-8877
YMCA Bounds Branch	(251) 626-0888
Aging and Gerontology	,
AARP Mobile	(251) 470-5235
Area Agency on Aging	(251) 433-6541
Independent Living Center	(251) 460-0301
Via! Senior Citizens Services	(251) 478-3311
Alcohol, Tobacco, and Other Drugs	,
Drug Education Council	(251) 478-7855
Emma's Harvest Home	(251) 478-8768
Home of Grace for Women	(251) 456-7807
Mission of Hope	(251) 649-0830
Serenity Care	(251) 478-1917
Wings of Life	(251) 432-5245
Church Groups and Organizations	
Catholic Social Services	(251) 434-1550
Christ United Methodist Church	(251) 342-0462
Dauphin United Way Methodist Church	(251) 471-1511
Ecumenical Ministries, Inc Eastern Shore	(251) 928-3430
Ecumenical Ministries, Inc South Baldwin	(251) 943-3445
First Baptist of Church of Robertsdale	(251) 947-4362
Little Sisters of the Poor	(251) 476-6335
Mount Hebron	(251) 457-9900
Ramsom Ministries	(251) 751-0044
Revelation Missionary Baptist Church	(251) 473-2555
Trinity Lutheran Church	(251) 456-7929
Trinity Family Church	(251) 423-8238

Table 5.7b: Social Service Agencies

Facility	Phone
Developmental Disabilities	
Mobile Arc	(251) 479-7409
Mulherin Custodial Home	(251) 471-1998
The Learning Tree	(251) 649-4420
Education and Youth Development	
Big Brothers Big Sisters of South Alabama	(251) 344-0536
Boys & Girls Club of South Alabama	(251) 432-1235
Child Day Care Association	(251) 441-0840
Fuse Project	(251) 265-3873
Girl Scouts of Southern Alabama	(251) 344-3330
Gulf Regional Early Childhood Services	(251) 473-1060
Junior League of Mobile	(251) 471-3348
Mobile Area Education Foundation	(251) 476-0002
Preschool for the Sensory Impaired	(251) 433-1234
South Baldwin Literacy Council	(251) 943-7323
Family and Child Welfare	. ,
Child Advocacy Center	(251) 432-1101
Court Appointed Special Advocates (CASA) Mobile	(251) 574-5277
Crittendon Youth Services	(251) 639-0004
Penelope House Family Violence Center	(251) 342-8994
Wilmer Hall Children's Home	(251) 342-4931
Food Pantries	
Central Food Pantry	(251) 432-0591
Feeding the Gulf Coast	(251) 653-1617
Prodisee Pantry (Baldwin)	(251) 626-1720
Health Care	
AIDS South Alabama	(251) 471-5277
Alabama Free Clinic - Baldwin County	(251) 937-8096
Alabama Rehabilitation Services	(251) 432-4560
American Cancer Society	(251) 344-9856
American Heart Association - Mobile	(800) 257-6941 Ext. 5397
American Red Cross	(251) 544-6100
E.A. Roberts Alzheimer Center	(251) 435-6950
Epilepsy Foundation of Alabama	(251) 341-0170
Franklin H.E. Savage Healthcare for the Homeless	(251) 694-0070
Lifesouth Community Blood Center	(251) 706-1470
March of Dimes – Mobile	(251) 438-1360
Oznam Charitable Pharmacy	(251) 432-4111
Ronald McDonald House Charities of Mobile	(251) 694-6873
Sickle Cell Disease Association of America (Mobile)	(251) 432-0301
United Cerebral Palsy of Mobile	(251) 479-4900
Us Too!	(251) 591-8557
Victory Health Partners	(251) 460-0999

Table 5.7c: Social Service Agencies

Facility	Phone	
Housing and Homelessness		
Family Promise of Coastal Alabama	(251) 441-1991	
Habitat for Humanities of Baldwin County	(251) 943-7268	
Habitat for Humanities of Southwest Alabama	(251) 476-7171	
Housing First	(251) 450-3345	
McKemie Place	(251) 432-1122	
South Alabama Center for Fair Housing	(251) 479-1532	
Justice and Corrections		
South Alabama Volunteer Lawyers Program	(251) 438-1102	
Mental Health and Clinical		
AltaPointe Health Systems	(251) 450-2211	
Lifelines Counseling Services	(251) 602-0909	
Survivors of Mental Illness	(251) 342-0261	
Sustainability Organizations		
Alabama Coastal Foundation	(251) 990-6002	
Dauphin Island Sea Lab	(251) 861-2141	
Dog River Clearwater Revival	(251) 377-4485	
Mobile Bay Keepers	(251) 433-4229	
Mobile Waterways		

#### **IMPLEMENTATION STRATEGIES – 6**

### Introduction

In this section implementation strategies are identified to address the 2022-2025 health needs. Due to the COVID-19 pandemic that began early in 2020 and the international medical crisis that ensued, implementation strategies from the 2019-2021 assessment did not receive the intended focus and structured attention—in order to devote necessary medical resources to the overwhelming demands placed on the health system by the pandemic. This was not unique to the USA Health System, but rather affected health systems both nationwide and throughout the world. Given that both routine and even at times lifethreatening health services were put on hold to combat the pandemic, it is doubtful that any health system was able to truly and systematically address the wider community health needs that had been identified prior to the pandemic.

In spite of these COVID disruption, USA Health provided significant benefits to the community during this evaluation period. USA Health took a leadership role in the community by establishing and maintaining for several years the City of Mobile's pandemic testing center and in leading its subsequent vaccination effort. Its staff served as a vital asset for the community during this incredibly difficult time, with medical staff and other personnel striving to maintain vital medical services for the System's underserved population.

The disruption from COVID-19 does provide USA Health a unique opportunity to reset our implementation strategies going forward, based on needs identified in the 2022-2025 report. To this end, USA Health proposes a new approach to its implementation strategies. Implementation strategies during this period will focus on a committee structure organized around the most important health issues as identified in the report in Table 1.2 and for which USA Health possesses requisite capabilities. The mission of the committees will be to provide an ongoing assessment and catalogue of existing efforts to address the identified health needs and to provide recommendations for new efforts that can be developed to also address those needs. This mission will be further defined in the section on Committee Mission.

In planning our 2022-2025 response, we first identified two limitations in our 2019-2021 report, both of which are still relevant and therefore bear repeating. First, many of the health needs identified herein are related to rather broad, and substantially non-medical, measures of the community. When dealing with such broad measures, it often requires a significant amount of cross-organization effort for these measures to even move slightly. Also, it often takes a considerable amount of time for actual changes to be realized. Thus, expectations for impact should be set at realistic levels. Second, as identified in the section on community resources, there are numerous organizations oriented around health and the community's health needs across Mobile County. Particularly when dealing with broad measures, it is difficult if not impossible to fully isolate the impact of any one organization on any change that might occur.

#### **Committees**

The first task should be to develop one or more committees around the relevant health issues identified in Table 1.2 of the report. A potential grouping of committee focus, in order of priority, is as follows:

H/O/D – heart disease, obesity, and diabetes. Each of these health issues was identified in Table 1.2 as being among the most important health issues facing Mobile County. Further, these three issues are highly interrelated and therefore can and should be addressed under the leadership of a single committee. Significantly, these three issues are also areas where USA Health already possesses expertise and capabilities and are likely to have a strong impact.

C/A – cancers and aging problems. These two issues are similarly interrelated although probably not to the extent of H/O/D; however, they appear sufficiently interrelated to be addressed under the charge of a single committee. Similarly, USA Health already possesses expertise and capabilities related to these issues.

CV(DU/RSA) – community violence (encompassing drug use and rape & sexual assault). While these issues possess some interrelated concerns, they are potentially much more diverse than the issues related to previously identified committees and therefore could just as easily be two different committees. However, in the interest of keeping the number of new committees to a minimum, it is recommended that they be grouped under the leadership of a single committee.

### **Committee Mission**

The mission of each committee should be oriented along the following lines listed in order of priority.

- 1. Define the scope of the health issues related to each committee. The committee should use a combination of the existing CHNAs, with particular emphasis on the most recent CHNA, along with other relevant resources and expertise to define the scope of the health issue, the current impact those issues are having on the community, and identify the expertise and capabilities within USA Health related to each issue.
- 2. Catalogue existing efforts to address the identified health issues. USA Health is an extensive health system and numerous activities and efforts likely already exist that focus on addressing each of these issues within the community. Unfortunately, these efforts often exist as disparate activities known mostly in isolation to only a few relevant units/departments. Therefore, one of the early efforts of each committee should be to catalogue and thereby create a centralized record of current efforts. In order to accomplish this task, each committee will need to engage in communication and outreach throughout USA Health in order to solicit information on what activities are currently occurring.
- 3. Monitor existing efforts to address the identified health issues. Cataloguing existing efforts is a necessary first step but without constant monitoring, catalogues quickly become dated.

Sometimes existing efforts are discontinued while new efforts spring up unprompted. It is recommended therefore that each committee build relationships with those engaged in existing efforts so that they can get regular updates on how those efforts are faring. To this end, quarterly or biannual reports are advised. Further ongoing communication throughout the health system via these committees is advised in order for them to be notified of any new efforts that develop outside of each committee's own activities. A particular committee can assess whether existing dashboards or other tracking mechanisms might suit its needs.

- 4. Assess efforts to address the identified health needs. Assessment should not be couched in terms of success or failure as these terms create a sense of self-protection and a need to defend and potentially even hide one's efforts. Rather, each committee should work directly with those providing services to the community to develop appropriate and acceptable measures to assess the efforts of their activities. To this end, the committee and those providing the services should keep in mind Donabedian's measurement principles of structure, process, outcome and strive to improve measures overtime to achieve more outcome measures. Structural measures include whether a program exists or not. Process measures focus on factors such as how many people were served, processed, or screened. Outcome measures focus on whether the application of an effort caused an actual change in the persons served. Structural measures are the easiest to measure but are typically not independently indicative of change. Process measures are relatively easy to measure but are subject to numerous potential errors in measurement via recording and are often only proxy measures of the potential for change. For example, screening someone for diabetes does not mean they will necessarily act on what they find out. However, the screened individual does now possess more information and therefore may engage in new behaviors. Outcome measures are the most difficult but most rewarding if they can be developed. However, health outcomes, especially for broader community health goals, are notoriously difficulty to collect because those applying treatment often do not see the medium or long-term results of the application of care. Outcome measures are further complicated by external factors such as patient compliance and environmental effects that may impact outcomes.
- 5. Each committee should develop recommendations for possible new efforts that can be implemented. Each committee should make use of the expertise of its own members but also solicit input from relevant external actors both within and outside USA Health. Soliciting input from community leaders (pastors, activists, individuals working in nonprofits, etc.), and developing relationships within the community seems like one very promising and helpful way to generate ideas on how to further shape ongoing efforts and what new efforts could look like. Committees however should be cautious not to push new ideas too strongly but rather work cooperatively with those that they feel could best implement the new ideas to grow and nurture the new efforts in the best way possible. While new efforts should run the gamut of all possibilities, it is recommended that committees pay particular attention to new efforts that utilize electronic mediums such as websites and remote activities that can make participation easier for certain populations. That said, committees should also keep in mind that many of the most compromised populations may have less electronic access and therefore expanding such access may be a core activity. Library based events where electronic access is provided for free, mobile computer labs, or even free-standing computer stations at hospitals and clinics may help to expand electronic access.

6. Report on the committee's efforts. Finally, each committee in advance of the next CHNA should prepare a report that provides an overview of what they have been able to achieve relative to points 1 through 5. This report should then form the basis for evaluating the implementation strategies and in conjunction with the results of the new report inform the ongoing implementation strategies recommended in the new report.

### **Committee Mission Timeline**

The CHNA is due every three years. With that in mind, the following example timeline might suit the needs of each of the committee missions.

Year 1 – should focus initially on point 1 of defining the scope of the health issues. Without properly understanding the scope and impact of each issue, any additional efforts to catalogue, monitor, assess, or develop new ideas may be inadvertently misplaced.

Year 1 – as the committee feels that they have adequately defined the scope of the health issues and their impact, they should later in year 1 transition to point 2 and begin to engage in communication and building relationships throughout the system so that they can begin to catalogue existing efforts. Following on from year 1, cataloguing will be an ongoing effort throughout the remaining years but following the initial cataloguing efforts it should become more secondary as hopefully the bulk of existing efforts are identified in this initial phase.

Year 2 – should place a priority on monitoring and assessing existing efforts. Developing ways to monitor and measure efforts is a difficult and time-consuming process and therefore should likely be the highest priority for year 2. Year 2 should not ignore the potential for developing new efforts, particularly if opportunities appear; however, these should probably remain secondary to monitoring and assessing.

Year 3 – should see the focus of the committee shift toward possible new efforts. Hopefully by this point cataloguing, monitoring, and assessment have all been well established and can run more routinely as secondary tasks freeing up time to develop both internal and community relationships to solicit ideas and to allow time for those ideas to be properly envisioned and implemented.

Year 3 – It is recommended that the committee keep a running report of their activities related to each of the five main points throughout the three-year period in order to make the completion of the final report easier. Since the CHNA is typically conducted in the fall period before it is due, each committee should look to the summer of the third year to begin drafting and by early to mid-fall complete the final report so that it can be incorporated into upcoming CHNA.

It should be noted that while an example timeline for activities has been identified, there will likely be an ongoing need to continuously revisit each point in the mission. Even defining the scope of a particular health issue will change frequently and therefore will need to be revisited from time to time. Therefore, it is important not to lapse into sequential thinking and assume that as any given point in the mission is achieved, it can then be abandoned as finalized.

## **Committee Composition**

Each committee should likely be composed of five to ten members. Less than five may not be able to represent the appropriate mix of expertise and more than ten could potentially be burdensome. With those goals in mind, we recommend the following potential mix of committee members:

At least one senior administrator with relevant expertise and decision-making authority. A senior administrator should help to ensure that the committee is not seen as a throw-away gesture and has the capability to get things done.

A mix of at least two relevant clinicians. Ideally one would be a more senior level position and one would be a junior to mid-level position. This would help to provide relevant clinical insight and expertise while also providing a mix of perspectives.

A mix of at least two to three non-clinical positions. These could be junior to mid-level administrators, possibly social workers, public relations personnel, etc. While these positions may not have the most expertise in terms of the clinical application of health, they are intimately familiar with many of the working mechanisms within the health system and would likely be able to make unique contributions to the committee's mission.

At least one to two community partners. Unlike existing staff, community members may see committee service very positively and as a way to provide important community service by providing input on community needs. Indeed, including these members even at the early stages of defining the scope of the health needs may reap significant rewards in providing unique perspectives on issue definition and impact assessment.

Another recommendation regarding committee participation would be to consider bringing on student interns to assist with committee activities and relieve some of the burden of committee activities on existing staff. In particular, within the USA system, the Department of Political Science and Criminal Justice offers a Masters of Public Administration degree with a health care administration concentration. Many of these students have undergraduate degrees from the College of Allied Health's Health Professional Studies. These students are permitted to do internships to earn course credit, and many see them as highly relevant in gaining practical experience. As graduate students, they also typically possess greater responsibility and practical skills that could be used by committee members across a wide range of the committee's mission. It is recommended that serious consideration be given to making use of this existing resource within the USA system. Dr. Jaclyn Bunch is the current Graduate Director of this program and I am sure she would be happy to discuss this idea further jbunch@southalabama.edu.

#### Conclusion

The implementation strategy of creating a committee structure to define, catalogue, monitor, assess, and develop activities (DCMAD) to address community health needs should form the cornerstone of ongoing efforts within USA Health to address CHNA goals. One should

also be realistic. The committees, the mission, and the timeline outlined herein is quite ambitious. It may be that by the time of the next CHNA only portions of the mission such as creating the committees, defining the scope of the issues, and beginning efforts to catalogue are realistically obtainable. However, continued use of this strategy going forward should allow for refinement and progress of this strategy which overall should aid in helping to address the community health needs.

# APPENDIX A - DEMOGRAPHIC DATA PROFILE

Table 1a: County, State, and National Population by Age (2019) – Mobile County Source: U.S. Census Bureau

	-	-	-	
	Mobile	Percent of	3.6.1	Б 1
	County	Total	Male	Female
Under 5 Years	27,444	6.64%	13,469	13,975
5 to 9 years	25,029	6.05%	11,570	13,459
10 to 14 years	27,817	6.73%	15,031	13,161
15 to 19 years	26,380	6.38%	13,732	12,648
20 to 24 years	26,087	6.31%	12,769	13,318
25 to 29 years	30,082	7.28%	15,102	14,980
30 to 34 years	28,433	6.88%	13,180	15,253
35 to 39 years	21,968	5.31%	10,879	11,089
40 to 44 years	27,322	6.61%	12,329	14,993
45 to 49 years	24,074	5.82%	11,593	12,481
50 to 54 years	24,986	6.04%	11,111	13,875
55 to 59 years	27,375	6.62%	12,528	14,793
60 to 64 years	28,204	6.82%	13,260	14,944
65 to 69 years	22,754	5.50%	11,269	11,485
70 to 74 years	17,722	4.28%	7,616	10,106
75 to 79 years	11,516	2.78%	4,985	6,531
80 to 84 years	8,828	2.13%	3,497	5,331
85 years and over	7,189	1.73%	2,336	4,853
Total	413,210	100.00%	196,310	216,900

Table 1b: County, State, and National Population by Age (2019) – Baldwin County Source: U.S. Census Bureau

	Baldwin County	Percent of Total	Male	Female
Under 5 Years	10,616	4.75%	5,735	4,881
5 to 9 years	12,826	5.74%	5,849	6,977
10 to 14 years	14,373	6.43%	8,901	5,472
15 to 19 years	14,410	6.45%	7,670	6,740
20 to 24 years	11,292	5.05%	5,617	5,675
25 to 29 years	11,807	5.28%	6,008	5,799
30 to 34 years	12,594	5.64%	5,757	6,837
35 to 39 years	16,368	7.33%	8,245	8,123
40 to 44 years	12,109	5.42%	5,845	6,264
45 to 49 years	13,261	5.94%	6,458	6,803
50 to 54 years	14,024	6.28%	6,270	7,754
55 to 59 years	16,425	7.35%	7,620	8,805
60 to 64 years	15,441	6.91%	7,644	7,797
65 to 69 years	14,045	6.29%	6,084	7,961
70 to 74 years	14,873	6.66%	7,170	7,703
75 to 79 years	9,539	4.27%	3,677	6,276
80 to 84 years	4,472	2.00%	2,851	1,621
85 years and over	4,345	1.94%	1,791	2,554
Total	223,234	100.00%	109,192	114,042

Table 1c: County, State, and National Population by Age (2019) - Alabama Source: U.S. Census Bureau

		Percent of	26.1	Б. 1
	Alabama	Total	Male	Female
Under 5 Years	286,597	5.83%	145,128	141,469
5 to 9 years	294,475	5.99%	148,829	145,646
10 to 14 years	317,645	6.47%	166,244	151,401
15 to 19 years	326,671	6.65%	164,949	161,722
20 to 24 years	317,739	6.47%	158,255	159,484
25 to 29 years	325,338	6.62%	162,250	163,088
30 to 34 years	312,065	6.35%	154,389	157,676
35 to 39 years	307,138	6.25%	156,135	151,003
40 to 44 years	298,601	6.08%	137,487	161,114
45 to 49 years	305,229	6.21%	147,542	157,687
50 to 54 years	304,162	6.19%	145,827	158,335
55 to 59 years	321,296	6.54%	148,502	172,794
60 to 64 years	331,917	6.76%	161,031	170,886
65 to 69 years	274,325	5.58%	126,212	148,113
70 to 74 years	231,232	4.71%	106,285	124,947
75 to 79 years	156,756	3.19%	69,081	87,675
80 to 84 years	107,315	2.18%	43,194	64,121
85 years and over	84,684	1.72%	28,271	56,413
			2,369,611	
Total	4,907,965	100.00%		2,533,574

Table 1d: County, State, and National Population by Age (2019) – United States Source: U.S. Census Bureau

	United States	Percent of Total	Male	Female
Under 5 Years	19,404,835	5.91%	9,938,937	9,465,898
5 to 9 years	19,690,437	5.99%	10,033,518	9,656,919
10 to 14 years	21,423,479	6.52%	10,987,313	10,436,166
15 to 19 years	21,353,524	6.50%	10,903,653	10,449,871
20 to 24 years	21,468,680	6.53%	11,014,460	10,454,220
25 to 29 years	23,233,299	7.07%	11,817,829	11,415,470
30 to 34 years	22,345,176	6.80%	11,281,470	11,063,076
35 to 39 years	21,278,259	6.48%	10,892,040	10,836,219
40 to 44 years	20,186,586	6.14%	10,028,675	10,157,911
45 to 49 years	20,398,226	6.21%	10,079,567	10,318,659
50 to 54 years	20,464,881	6.23%	10,075,795	10,389,086
55 to 59 years	21,484,060	6.54%	10,440,265	11,043,795
60 to 64 years	20,984,053	6.39%	10,051,170	10,932,883
65 to 69 years	17,427,013	5.30%	8,191,111	9,235,902
70 to 74 years	14,148,548	4.30%	6,529,918	7,618,630
75 to 79 years	9,759,764	2.97%	4,367,764	5,392,000
80 to 84 years	6,380,474	1.94%	2,671,396	3,709,078
85 years and over	6,358,229	1.93%	2,284,092	4,074,137
Total	328,329,953	100.00%	161,588,973	166,650,550

Table 2: Population Classified by Race and Ethnicity (2019) Source: U.S. Census Bureau

	Mobile	Baldwin	State of	United
Race/Ethnicity	County	County	Alabama	States
Total Population	413,210	223,234	4,903,185	4,903,185
White	240,449	190,912	3,326,375	3,326,375
Black	150,159	18,338	1,319,551	1,319,551
Hispanic	12,443	10,534	219,296	219,296
Asian	7779	2,160	66,129	66,129
American Indian or Alaskan	2,915	2,428	23,265	23,265
Hawaiian or Pacific Islander	61	0	1,892	1,892
Other	3,449	4,685	74,451	74,451
Two or More Races	8,398	4,711	91,522	91,522

Table 3a: Population Classified by Race and Ethnicity (2013-2017) – Mobile County

Source: U.S. Census Bureau

Mobile County					
Race/Ethnicity	2015	2016	2017	2018	2019
Total Population	414,251	414,291	413,955	413,757	413,210
White	248,566	246,794	244,012	233,288	240,449
Black	145,175	146,306	147,234	148,775	150,159
Hispanic	10,917	10,957	11,943	12,648	12,443
Asian	8,148	8,140	7,504	8037	7779
American Indian or Alaskan	2,680	2,568	3,410	5,748	2,915
Hawaiian or Pacific Islander	64	49	79	138	61
Other	2,781	3,207	5,038	6,174	3,449
Two or More Races	6,837	7,227	6,678	7,697	8,398

Table 3b: Population Classified by Race and Ethnicity (2013-2017) – Baldwin County

Source: U.S. Census Bureau

Baldwin County Race/Ethnicity	2015	2016	2017	2018	2019
Total Population	195,121	199,510	212,628	218,022	223,234
White	168,646	172,441	183,893	187,759	190,912
Black	18,735	18,594	20,030	20,554	18,338
Hispanic	8,776	8,712	8,712	10,132	10,534
Asian	1,307	1,338	2,485	2,338	2,160
American Indian or Alaskan	1,166	1,355	2,172	1,209	2,428
Hawaiian or Pacific Islander	0	0	0	45	0
Other	1,766	1,899	2,586	4,685	1,766
Two or More Races	4,016	2,149	3,464	4,711	4,016

Table 3c: Population Classified by Race and Ethnicity (2013-2017) – Alabama

Source: U.S. Census Bureau Alabama Race/Ethnicity 2015 2016 2017 2018 2019 Total Population 4,830,620 4,841,164 4,874,747 4,887,871 4,903,185 White 3,325,464 3,325,037 3,312,718 3,306,838 3,326,375 Black 1,276,544 1,282,053 1,307,467 1,307,040 1,319,551 Hispanic 193,492 193,503 201,970 211,485 219,296 66,908 Asian 59,599 60,744 65,095 66,129 American Indian or Alaskan 23,850 23,919 25,181 22,063 23,265 Hawaiian or Pacific Islander 2,439 2,008 1,581 1,797 1,892 Other 61,078 61,991 67,308 84,027 74,451 85,412 93,584 Two or More Races 81,646 101,011 91,522

Table 3d: Population Classified by Race and Ethnicity (2013-2017) – United States Source: U.S. Census Bureau

United States Race/Ethnicity	2015	2016	2017	2018	2019
Total Population	316,515,021	318,558,162	325,719,178	327,167,439	4,903,185
White	232,943,055	233,657,078	235,507,457	236,173,020	3,326,375
Black	39,908,095	40,241,818	41,393,491	41,617,764	1,319,551
Hispanic	54,232,205	55,199,107	58,846,134	59,763,631	219,296
Asian	16,235,305	16,614,625	18,215,328	18,415,198	66,129
American Indian or Alaskan	2,569,170	2,597,817	2,726,278	2,801,587	23,265
Hawaiian or Pacific Islander	546,255	560,021	608,219	626,054	1,892
Other	14,865,258	15,133,856	16,552,940	16,253,785	74,451
Two or More Races	9,447,883	9,752,947	10,715,465	11,280,031	91,522

Table 4: Population by Poverty Level Source: U.S. Census Bureau

		Population Total	Below 100% FPL	100 to 149% FPL	150% and Over FPL	% at 100 FPL	% at 149 FPL	% at 150 and Over FPL
Mobile	2015	414,251	76,488	45,694	277,073	18.46%	11.03%	66.89%
	2016	414,291	77,180	43,792	277,860	18.63%	10.57%	67.07%
	2017	413,955	77,784	45,243	279,070	18.79%	10.93%	67.42%
	2018	408,921	82,540	49,003	271,060	11.98%	11.98%	66.29%
	2019	408,458	69,254	36,331	296,976	8.89%	8.89%	72.71%
Baldwin	2015	195,121	24,949	19,117	154,274	12.79%	9.80%	79.07%
	2016	199,510	23,011	12,297	168,363	11.53%	6.16%	84.39%
	2017	212,628	19,409	13,701	174,279	9.13%	6.44%	81.96%
	2018	216,612	18,915	17,465	176,950	8.06%	8.06%	81.69%
	2019	221,737	22,043	22,803	173,062	10.28%	10.28%	78.05%
Alabama	2015	4,830,620	857,105	478,990	3,343,710	17.74%	9.92%	69.22%
	2016	4,841,164	794,258	483,084	3,411,191	16.41%	9.98%	70.46%
	2017	4,874,747	786,996	474,099	3,437,640	16.14%	9.73%	70.52%
	2018	4,832,358	784,168	474,825	3,451,639	9.83%	9.83%	71.43%
	2019	4,849,509	728,255	469,002	3,532,845	9.67%	9.67%	72.85%
United		316,515,021	45,286,625	28,319,483	236,144,610	14.31%	8.95%	74.61%
States	2015	240 550 472	10 15 1 005	27 (70 11 1	240.240.404	12 (10/	0.400/	<b>55 450</b> /
	2016	318,558,162	43,454,037	27,670,414	240,340,684	13.64%	8.69%	75.45%
	2017	325,719,178	41,824,483	27,131,398	245,151,630	12.84%	8.33%	75.26%
	2018	323,531,965	41,139,731	26,641,678	247,869,700	12.72%	8.23%	76.61%
	2019	324,665,523	38,851,528	25,266,951	252,537,631	11.97%	7.78%	77.78%

Table 5: Population over 25 years by Educational Attainment Source: U.S. Census Bureau

		Less than High School Graduate	High school Graduate (includes equivalency)	Some College or Associate's Degree	Bachelor's Degree or Higher	
Mobile	2015	48243	102778	99654	63299	
	2016	46648	102705	100628	64915	
	2017	45,018	103,474	100,728	66,241	
	2018	44,711	106,443	98,729	66,439	
	2019	43,682	107,860	97,335	67,426	
Baldwin	2015	16918	44273	49336	40953	
	2016	16822	45029	50800	42589	
	2017	17,081	44,865	51,063	45,352	
	2018	17,095	45,953	51,950	47,432	
	2019	16,343	47,497	53,225	49,530	
Alabama	2015	587452	1150810	1183615	796769	
	2016	570203	1155930	1191896	817946	
	2017	551,038	1,163,158	1,196,171	837,722	
	2018	535,139	1,172,729	1,201,379	856,640	
	2019	518,979	1,175,354	1,205,169	880,372	
United	2045	22 522 5 15	40 0 4 4 <b>5 -</b> 1	<b>7</b> ( 0 4 0 4 0 5		
States	2015	32,732,542	68,044,371	76,018,103	66,036,180	
	2016	32,145,211	68,210,886	76,640,939	67,948,688	
	2017	31,606,970	68,573,396	77,076,055	70,146,707	
	2018	30,957,810	68,829,720	77,350,369	72,211,891	
	2019	30,337,897	69,104,614	77,476,666	74,349,226	

Table 6: Medicaid Births Source: Alabama Public Health

		Total Births	Medicaid Births	Percent Medicaid
Mobile	2015	5,660	3,243	57.30%
	2016	5,502	3,082	56.02%
	2017	5,603	3197	57.06%
	2018	5,548	3244	58.47%
	2019	5,371	3,124	58.16%
Baldwin	2015	2,346	991	42.24%
	2016	2,247	1,024	45.57%
	2017	2,323	1051	45.24%
	2018	2,290	949	41.44%
	2019	2,330	1,048	44.98%
Alabama	2015	59,651	30,149	50.54%
	2016	59,090	29,845	50.51%
	2017	58,936	29116	49.40%
	2018	57,754	28431	49.23%
	2019	58,615	29134	49.70%

Table 7: Births by Race Source: Alabama Public Health

		Total Births	Births White	% Births White	Births Black and Other	% Births Black and Other
Mobile	2015	5,660	3,036	53.64%	2,624	46.36%
	2016	5,502	2,998	54.49%	2,504	45.51%
	2017	5,603	2,976	53.11%	2,627	46.89%
	2018	5,548	2,912	52.49%	2,636	47.51%
	2019	5,371	2,740	51.01%	2,631	48.99%
Baldwin	2015	2,346	2,040	86.96%	306	13.04%
	2016	2,247	1,929	85.85%	318	14.15%
	2017	2,323	2,015	86.74%	308	13.26%
	2018	2,290	1,950	85.15%	340	14.85%
	2019	2,330	1,984	85.15%	346	14.85%
Alabama	2015	59,651	39,632	66.44%	20,019	33.56%
	2016	59,090	39,241	66.41%	19,849	33.59%
	2017	58,936	38,728	65.71%	20,208	34.29%
	2018	57,754	38,149	66.05%	19,605	33.95%
	2019	58,615	33,394	56.97%	24,181	41.25%

Table 8: Teen and Unwed Births Source: Alabama Public Health

		Total Births	Births to Teens Total	Birth to Teens White	Birth to Teens Black and Other	Births to Teens Percentage	Unwed Birth Total	Unwed Birth Percentage
Mobile	2015	5,660	466	177	289	8.23%	3,034	53.60%
	2016	5,502	424	174	250	7.71%	2,947	53.56%
	2017	5,603	399	188	211	7.12%	3,215	57.38%
	2018	5,548	385	162	223	6.94%	3,156	56.89%
	2019	5371	373	153	220	6.94%	3,194	59.47%
Baldwin	2015	2,346	175	149	26	7.46%	885	37.72%
	2016	2,247	160	132	28	7.12%	929	41.34%
	2017	2,323	165	138	27	7.10%	896	38.57%
	2018	2,290	147	108	39	6.42%	868	37.90%
	2019	2,330	138	106	32	5.92%	939	40.30%
Alabama	2015	59,651	4,790	2,876	1,914	8.03%	26,150	43.84%
	2016	59,090	4,526	2,642	1,884	7.66%	26,408	44.69%
	2017	58,936	4,285	2,569	1,716	7.27%	27,736	47.06%
	2018	57,754	3,961	2,288	1,673	6.86%	26,991	46.73%
	2019	58,615	4,002	2,253	1,749	6.83%	28,326	48.33%

Table 9: Low Weight Births Source: Alabama Public Health

Source. Alabai	na i ubile i i	caitii		
		Total Births	Low Weight Births Total	Low Weight Births Percent
Mobile	2014	5,690	643	11.30%
	2015	5,660	683	12.07%
	2016	5,502	654	11.89%
	2017	5,603	605	10.80%
	2018	5,548	722	13%
Baldwin	2014	2,245	221	9.84%
	2015	2,346	199	8.48%
	2016	2,247	174	7.74%
	2017	2,323	178	7.70%
	2018	2,290	198	8.60%
Alabama	2014	59,532	6,024	10.12%
	2015	59,651	6,227	10.44%
	2016	59,090	6,104	10.33%
	2017	57,754	6,052	10.30%
	2018	58,615	6,192	10.70%

Table 10: Infant and Neonatal Death Source: Alabama Public Health

Oddice. Alabai	na i abilo i ic						
		Infant Deaths Number	Infant Deaths Rate	Neonatal Deaths Number	Neonatal Deaths Rate	Post Neonatal Deaths Number	Post Neonatal Deaths Rate
Mobile	2014	58	10.2	37	6.5	21	3.7
	2015	43	4.6	24	4.2	19	3.4
	2016	57	10.4	38	6.9	19	3.5
	2017	38	6.8	20	3.6	18	3.2
	2018	50	9	30	5.4	20	3.6
Baldwin	2014	14	6.2	9	4	6	3.1
	2015	12	5.1	8	3.4	4	1.7
	2016	9	4	6	2.7	3	1.3
	2017	15	6.5	6	2.6	6	2.6
	2018	10	4.4	7	3.1	3	1.3
Alabama	2014	517	8.7	307	5.6	210	3.5
	2015	494	8.3	300	5	194	3.3
	2016	537	9.1	324	5.5	213	3.6
	2017	435	7.4	257	4.4	178	3
	2018	405	7	251	4.3	151	2.6

Table 11: Infant Death by Race Source: Alabama Public Health

		Infant Deaths Number	Infant Deaths Rate	Number White	Rate White	Number Black and Other	Rate Black and Other
Mobile	2015	43	4.6	10	3.3	33	12.6
	2016	57	10.4	21	7	36	14.4
	2017	38	6.8	15	5	23	8.8
	2018	50	9	18	6.2	32	12.1
	2019	37	6.9	12	4.4	25	9.5
Baldwin	2015	12	5.1	8	3.9	4	13.1
	2016	9	4	9	4.7	2	6.3
	2017	15	6.5	12	6	3	9.7
	2018	10	4.4	10	5.1	0	0
	2019	12	5.2	9	4.5	3	8.7
Alabama	2015	494	8.3	206	5.2	288	14.4
	2016	537	9.1	255	6.5	282	14.2
	2017	435	7.4	213	5.5	222	11
	2018	405	7	196	5.1	209	10.7
	2019	449	7.7	214	5.6	235	11.4

Table 12: Fetal Deaths and Induced Pregnancy Terminations Source: Alabama Public Health

		Fetal Deaths Number	Induced Pregnancy Terminations Number	Induced Pregnancy Terminations Rate
Mobile	2015	39	649	7.7
	2016	63	391	4.6
	2017	49	336	4
	2018	45	140	1.7
	2019	48	433	5.2
Baldwin	2015	3	114	3.2
	2016	18	78	2.2
	2017	18	59	1.6
	2018	27	23	0.6
	2019	15	104	2.7
Alabama	2015	500	6848	7.1
	2016	517	5,193	5.4
	2017	569	6,959	7.3
	2018	551	6768	7.1
	2019	498	7381	7.8

Table 13: Deaths by Gender and Race Source: Alabama Public Health

Source: Alaba		Number	Rate	White Male	White Male Rate	White Female	White Female Rate	Black Male	Black Male Rate	Black Female	Black Female Rate
Mobile	2015	4283	10.3	1480	12.2	1361	10.7	784	10.2	659	7.3
	2016	4410	10.6	1478	12.3	1476	11.7	765	9.9	691	7.7
	2017	4302	10.4	1493	12.5	1393	11	771	9.9	645	7.1
	2018	4,494	10.9	1476	12.4	1449	11.5	813	10.4	756	8.3
	2019	4578	11.1	1539	13	1488	11.9	816	10.5	735	8
Baldwin	2015	2092	10.3	1033	11.9	903	9.9	74	5.8	82	6
	2016	1974	9.5	1012	11.4	804	8.6	90	7.1	68	4.8
	2017	2,188	10.3	1,083	12	922	9.7	95	7.3	88	6.2
	2018	2,358	10.8	1169	12.6	1027	10.5	71	5.4	91	6.3
	2019	2,283	10.2	1173	12.4	921	9.2	113	8.4	76	5.2
Alabama	2015	51,896	10.7	20,328	12.3	19,505	11.4	6,266	9	5,797	7.3
	2016	52,452	10.8	20,477	12.4	19,652	11.5	6,364	9.1	5,959	7.5
	2017	53,240	10.9	20,793	12.5	20,009	11.6	6,592	9.3	5,846	7.3
	2018	53,240	11.1	20,793	12.5	20,009	11.7	6,592	9.4	5,846	7.3
	2019	54,109	11	21,187	12.7	19,867	11.5	6,901	9.8	6,154	7.6

Table 14: Deaths Source: Alabama Public Health

Source: Alabama Public	Health									
	Mobile 2015	2016	2017	2018	2019	Baldwin 2015	2016	2017	2018	2019
Heart Disease	1,097	1,124	1075	1147	1227	515	491	573	575	555
Rate	264.1	271	259.7	277.2	296.9	252.8	235.4	269.5	263.7	248.6
Malignant Neoplasm	890	867	894	925	881	453	461	489	546	480
Rate	214.3	209	216	223.6	213.2	222.4	221	230	250.4	215
Cerebrovascular Disease	221	248	210	263	289	114	110	121	143	104
Rate	53.2	59.8	50.7	63.6	69.9	56	52.7	56.9	65.6	46.6
Chronic Lower	224	256	262	258	271	119	119	115	127	150
Respiratory										
Rate	53.9	61.7	63.3	62.4	65.6	58.4	57.1	54.1	58.3	67.2
Accidents	206	182	227	213	214	106	98	88	112	120
Rate	49.6	43.9	54.8	51.5	51.8	52	47	41.4	51.4	53.8
Alzheimer's	146	170	170	159	188	80	63	70	84	70
Rate	35.1	41	41.1	38.4	45.5	39.3	30.2	32.9	38.5	31.4
Diabetes Mellitus	107	106	97	87	94	46	19	34	26	43
Rate	25.8	25.6	23.4	21	22.7	22.6	9.1	16	11.9	19.3
Influenza and Pneumonia	95	81	94	108	84	40	24	35	34	36
Rate	22.9	19.5	22.7	26.1	20.3	19.6	11.5	16.5	15.6	16.1
Nephritis, Nephrotic	76	63	82	98	111	35	47	35	34	37
Syndrome, and Nephrosis										
Rate	18.3	15.2	19.8	23.7	26.9	17.2	22.5	16.5	15.6	16.6
Suicide	66	69	64	62	64	45	42	39	44	39
Rate	15.9	16.6	15.5	15	15.5	22.1	20.1	18.3	20.2	17.5
Septicemia	104	100	77	108	68	21	26	40	32	31
Rate	25	24.1	18.6	26.1	16.5	10	12	18.8	14.7	9.4
Homicide	59	80	76	57	61	4	7	7	10	8
Rate	14.2	19.3	18.4	13.8	14.8	2	3.4	3.3	4.6	3.6
Chronic Liver Disease and Cirrhosis	52	73	65	54	68	40	27	45	37	43
Rate	12.5	17.6	15.7	13.1	16.5	19.6	12.9	21.2	17	19.3
Parkinson's	36	42	38	36	42	25	21	33	24	36
Rate	8.7	10.1	9.2	8.7	10.2	12.3	10.1	15.5	11	16.1
HIV	27	27	25	10	16.2	12.5	0	6	4	5
Rate	6.5	6.5	6	2.4	3.9	0.5	0	2.8	1.8	2.2
Viral Hepatitis	19	12	13	9	8	4	3	1	0	1
Rate	4.6	2.9	3.1	2.4	1.9	2	1	0.5	0	0.4
Other	498	508	455	489	500	274	267	279	341	341
Rate	119.9	122.5	109.9	118.2	121	134.5	128	131.2	156.4	152.8
1400	117.7	144.3	107.7	110.4	141	1.77.7	140	1./1./	120.7	1,72.0

<sup>\*\*</sup>Note: Alabama Department of Public Health reports that there exists an error in the causes of death data for Baldwin County in 2010. This error has yet to be corrected and publicly released.

Table 15: Cancers Source: Alabama Public Health

Source: Alabama Public I	i icaitii									
	Mobile 2015	2016	2017	2018	2019	Baldwin 2015	2016	2017	2018	2019
All Cancer Trachea, Bronchus, Lung,	890	867	894	925	881	453	461	489	546	480
and Pleura	234	243	263	269	216	155	128	132	159	135
Colorectal	87	64	79	74	75	35	37	44	43	39
Breast	56	60	56	75	68	33	31	32	38	26
Prostate	45	34	39	29	44	25	25	28	19	18
Pancreas	49	59	61	71	64	28	45	30	50	36
Leukemias Non-Hodgkin's	38	31	26	42	34	8	14	17	23	18
Lymphoma	17	26	28	19	26	14	3	14	15	15
Stomach	10	19	16	18	17	6	7	3	2	8
Esophagus	23	23	23	22	19	7	11	14	18	29
Brain and Other Nervous	20	19	25	26	26	9	12	13	14	21
Uterus and Cervix	16	14	10	6	10	9	3	3	4	2
Ovaries	21	22	18	18	18	12	7	22	12	13
Melanoma of Skin	23	14	14	19	12	9	8	6	5	11
All Other	251	239	106	97	104	103	130	60	52	44

<sup>\*\*</sup>Note: Alabama Department of Public Health reports that there exists an error in the causes of death data for Baldwin County in 2010. This error has yet to be corrected and publicly released.

Table 16: Accidental Deaths Source: Alabama Public Health

		All Accidents	Motor Vehicle	Suffocation	Poisoning	Smoke Fire & Flames	Falls	Drowning	Firearms	Other Accidents
Mobile	2014	198	85	7	52	9	11	7	1	26
	2015	206	69	9	69	5	22	13	1	18
	2016	182	74	5	55	6	15	6	0	21
	2017	227	93	10	48	6	27	8	1	34
	2018	213	86	13	55	8	25	7	0	19
Baldwin	2014	95	35	4	26	2	12	5	0	11
	2015	106	36	3	42	2	9	5	1	8
	2016	98	34	1	25	1	11	7	0	19
	2017	88	31	2	23	1	11	8	0	12
	2018	112	42	2	29	4	9	9	1	19
Alabama	2014	2421	891	122	644	84	221	75	28	356
	2015	2529	958	106	691	86	252	65	20	351
	2016	2747	1157	124	720	94	244	75	21	312
	2017	2700	1032	134	786	66	239	69	21	353
	2018	2682	1062	105	741	82	264	67	25	336

<sup>\*\*</sup>Note: Alabama Department of Public Health reports that there exists an error in the causes of death data for Baldwin County in 2010. This error has yet to be corrected and publicly released.

## **APPENDIX B – COMMUNITY SURVEY TABLES**

Table B.1: q1. Would you say that in general your health is . . . ?

Table B.T. qT. Woold you say Inc	ar iir geriei	ar your ricamins	· *
		Mobile County	
Excellent		12.1	
Very Good		24.1	
Good		37.4	
Fair		20.9	
Poor		5.4	
	Total	99.9%	
	N	406	

Table B.2: q2. Thinking about Mobile County overall, how would you rate the health of

people who live in Mobile County . . . ?

people with live in widelic Coord	,	Mobile County	
Very Healthy		3.6	
Healthy		23.4	
Somewhat Healthy		55.0	
Unhealthy		16.2	
Very Unhealthy		1.9	
	Total	100.1%	
	N	364	

Table B.3: q3. Overall, how would you rate the quality of healthcare services available in Mobile County . . . ?

In Mobile County \$	_	
		Mobile County
Excellent		12.1
Very Good		28.5
Good		35.6
Fair		16.7
Poor		7.1
	Total	100.0%
	N	396

Table B.4: q4. What type of healthcare insurance do you have?

Table B.4. 44. What type of fleatificare	Mobile County
Private Insurance – Direct Purchase	16.9
Private Insurance – Employer Based	20.2
Private Insurance – Employer Based Spouse	3.5
Medicare	41.4
Medicaid	6.8
Tricare / Military Insurance	2.0
Other	4.8
No Insurance	4.3
Total	99.9%
N	396

Table B.5: q5. Do you have one person you think of as your personal doctor or health care provider?

care provider?			
		Mobile County	
Yes, Only One		71.5	
Yes, More than One		17.8	
No		10.6	
	Total	99.9%	
	N	404	

Table B.6: q6. How long has it been since your last visit to a doctor for a wellness exam or routine checkup . . . ?

		Mobile County	
Within the past 12 months		91.1	
1 to 2 years ago		4.2	
2 to 5 years ago		2.2	
5 or more years ago		1.7	
Have never had one		0.7	
	Total	99.9%	
	N	405	

Table B.7: q7. How long has it been since your last dental exam or cleaning . . . ?

		Mobile County	
Within the past 12 months		64.3	
1 to 2 years ago		11.8	
2 to 5 years ago		11.3	
5 or more years ago		9.8	
Have never had one		2.8	
	Total	100.0%	
	N	398	

Table B.8: q7a. In the last 12 months, have you used any telehealth services such as accessing a health provider by phone, Zoom, or text message?

·	Movile Comp
	₹
Yes	31.6
No	68.4
	<i>Total</i> 100.0%
	N 405

Table B.9: q7b. How would you rate the quality of your telehealth experience, would you say it was excellent, very good, good, fair, or poor?

Excellent 21.1 Very good 35.0 Good 30.9 Fair 11.4 Poor 1.6  Total 100.0% $N$ 123	was excellent, very good, good, ra	iii, or poors		
Very good       35.0         Good       30.9         Fair       11.4         Poor       1.6         Total       100.0%			Mobile County	
Good 30.9 Fair 11.4 Poor 1.6  Total 100.0%	Excellent		21.1	
Fair     11.4       Poor     1.6       Total     100.0%	Very good		35.0	
Poor 1.6 <i>Total</i> 100.0%	Good		30.9	
Total 100.0%	Fair		11.4	
	Poor		1.6	
N 123		Total	100.0%	
		N	123	

Table B.10: q7c. How interested would you be in receiving telehealth services from your health care provider . . . very interested, somewhat interested, not very interested, or not at all interested?

		Mobile County
Very interested		8.9
Somewhat interested		29.0
Not very interested		19.0
Not at all interested		43.1
	Total	100.0%
	N	269

Table B.11: q7d. Using a 7-point scale, where 1 is the worst possible and 7 is the best possible, how well do you feel that the City of Mobile has responded to the COVID-19 crisis?

		Mobile County	
1 – Worst possible		4.2	
2		3.2	
3		7.9	
4		13.4	
5		30.5	
6		20.7	
7 – Best possible		20.2	
	Total	99.9%	
	N	381	

Table B.12: q7e. Using the same scale, how well do you feel that local healthcare providers have responded to the COVID-19 crisis?

		Mobile County	
1 – Worst possible		1.6	
2		1.6	
3		3.4	
4		9.8	
5		18.9	
6		29.5	
7 – Best possible		35.4	
	Total	100.2%	
	N	387	

Table B.13: q8a – q8l For each item please tell me how important you think that item would be to improving the overall health in your community.

woold be to improving the overal	<u> </u>	your co	11111101111	у.		-	-
	Very Important	Somewhat Important	Neither	Somewhat Unimportant	Very Unimportant	Total	N
Q8a. Access to health services such a health clinic or hospital.	89.6	9.9	0.5	0.0	0.0	100.0%	405
Q8b. Active lifestyles including outdoor activities.	74.5	23.3	0.8	1.0	0.5	100.1%	400
Q8c. Affordable housing.	72.2	23.7	2.6	0.5	1.0	100.0%	389
Q8d. Arts and cultural events.	41.2	44.0	9.2	3.3	2.3	100.0%	393
Q8e. A clean environment including water, air, etc.	93.3	5.9	0.5	0.0	0.3	100.0%	405
Q8f. Family doctors and specialists.	92.3	7.7	0.0	0.0	0.0	100.0%	404
Q8g. Good employment opportunities.	87.8	10.8	0.5	1.0	0.0	100.1%	400
Q8h. Good places to raise children.	89.6	9.4	0.7	0.3	0.0	100.0%	403
Q8i. Good race relations.	84.4	12.9	1.2	1.0	0.5	100.0%	404
Q8j. Good schools.	91.8	7.2	0.8	0.3	0.0	100.1%	402
Q8k. Healthy food options.	85.9	13.4	0.7	0.0	0.0	100.0%	404
Q8l. Fewer homeless.	80.6	15.5	2.4	1.3	0.3	100.1%	381
Q8m. Less alcohol and drug abuse.	78.9	16.3	3.3	0.5	1.0	100.0%	398
Q8n. Lower crime and safe neighborhoods.	91.9	6.9	0.3	0.7	0.3	100.1%	405
Q8o. Less obesity.	79.7	18.6	1.3	0.0	0.5	100.1%	398
Q8p. Less sexually transmitted diseases.	85.5	13.2	0.5	0.5	0.3	100.0%	387
Q8q. Less tobacco use.	76.8	19.0	2.2	1.5	0.5	100.0%	401
Q8r. Mental health services.	91.3	8.2	0.3	0.3	0.0	100.1%	402
Q8s. More quality education.	89.3	9.4	1.2	0.0	0.0	99.9%	403
Q8t. More quality health care options.	88.3	11.0	0.8	0.0	0.0	100.1%	402
Q8u. Good transportation options.	70.9	25.6	3.0	0.3	0.3	100.1%	395
Q8v. Religious and/or spiritual values.	74.1	18.7	4.2	2.0	1.0	100.0%	401
Q8w. Social support services such as food pantries and charity services.	77.7	20.5	1.2	0.0	0.5	99.9%	404

Table B.14: q9a – q9l For each health issue please tell me how important of a problem you feel that issue is for Mobile County.

you feel that issue is for Mobile Cou	nty.						
	Very Important	Somewhat Important	Naither	Somewhat Unimportant	Very Unimportant	Total	N
Q9a. Accidental injuries at places like work, home or school.	56.4	34.5	6.3	1.8	1.0	100.0%	383
Q9b. Aging problems like dementia and loss of mobility.	85.1	12.6	2.0	0.3	0.0	100.0%	396
Q9c. Cancers.	89.0	10.2	0.8	0.0	0.0	100.0%	401
Q9d. Child abuse and neglect.	94.5	4.2	1.0	0.3	0.0	100.0%	401
Q9e. Dental problems.	59.9	35.8	3.3	1.0	0.0	100.0%	399
Q9f. Diabetes.	79.3	19.5	1.3	0.0	0.0	100.1%	401
Q9g. Domestic violence.	88.3	10.2	1.5	0.0	0.0	100.0%	403
Q9h. Drug use and abuse.	88.0	10.3	1.5	0.3	0.0	100.1%	399
Q9i. Fire-arm related injuries.	71.8	21.6	5.1	0.5	1.0	100.0%	394
Q9j. Heart disease and stroke.	86.5	12.0	1.0	0.3	0.3	100.1%	401
Q9k. HIV/AIDS.	72.7	22.1	3.9	1.0	0.3	100.0%	385
Q9l. Homelessness.	81.0	14.9	3.5	0.3	0.3	100.0%	395
Q9m. Homicides.	84.7	13.3	1.8	0.0	0.3	100.1%	398
Q9n. Infant death.	81.8	15.3	2.3	0.5	0.0	99.9%	385
Q9o. Infectious diseases like hepatitis and tuberculosis.	70.9	23.2	4.3	1.3	0.3	100.0%	392
Q9p. Mental health problems.	86.1	11.4	2.0	0.3	0.3	100.1%	402
Q9q. Motor vehicle crash injuries.	69.6	25.4	4.0	0.8	0.3	100.1%	398
Q9r. Obesity or excess weight.	73.9	23.1	2.8	0.3	0.0	100.1%	398
Q9s. Rape and sexual assault.	87.7	9.8	2.0	0.5	0.0	100.0%	398
Q9t. Respiratory problems and lung disease.	78.5	18.8	2.3	0.5	0.0	100.1%	399
Q9u. Sexually transmitted diseases.	71.2	23.1	4.9	0.8	0.0	100.0%	386
Q9v. Suicide.	82.3	13.4	3.0	1.3	0.0	100.0%	396
Q9w. Teenage pregnancy.	72.5	24.7	1.8	0.5	0.5	100.0%	393
Q9x. Tobacco Use.	70.1	24.1	3.8	1.5	0.5	100.0%	395

Table B.15: q10a – q10l For each health condition, please tell me if a doctor or other health care professional has ever told you that you have that condition.

-		•		
	Yes	$N_{\theta}$	Total	Z
Q10a. Asthma.	14.3	85.7	100.0%	398
Q10b. Chronic obstructive pulmonary disease or COPD.	8.6	91.4	100.0%	395
Q10c. Dementia or Alzheimer's.	1.0	99.0	100.0%	397
Q10d. Depression.	21.2	78.8	100.0%	397
Q10e. Diabetes.	23.4	76.6	100.0%	397
Q10f. Heart Disease.	22.0	78.0	100.0%	396
Q10g. High Cholesterol.	43.0	57.0	100.0%	393
Q10h. High blood pressure.	56.7	43.3	100.0%	395
Q10i. HIV or Aids.	0.8	99.3	100.1%	398
Q10j. Obesity.	18.6	81.4	100.0%	393
Q10k. Tuberculosis.	1.5	98.5	100.0%	398
Q10l. Alcohol or drug addiction.	2.0	98.0	100.0%	398

Table B.13: q11. Thinking about your experience with healthcare services in Mobile County, please tell me if there are any healthcare services which you feel are difficult to get in Mobile County? Select All That Apply<sup>1</sup>

To get in Mobile Cooliny & Solect 7 in High 70		
	Mobile County	
Alternative therapies (acupuncture, herbals)	4.4%	
Dental care / dentures	6.7%	
Emergency medical care	6.2%	
Hospital care	4.2%	
Laboratory services	3.0%	
Mental health services	17.0%	
Physical therapy / rehabilitation*	4.9%	
Preventative healthcare (routine or wellness checkups)	3.7%	
Prescriptions / pharmacy services	5.2%	
Primary medical care (primary doctor or clinic)	4.4%	
Services for the elderly*	10.1%	
Specialty medical care (specialist doctors)	6.7%	
Alcohol or drug abuse treatment*	7.9%	
Vision care / eye exams / glasses	3.0%	
Women's health	4.2%	
X-rays or mammograms**	3.2%	
Other	11.1%	
None	57.6%	
N	406	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select all that apply.

Table B.14: q12. In the past 12 months, have you delayed getting needed medical care for any reason?

care for any reason?		
		Mobile County
		Mo
Yes		20.7
No		79.3
	Total	100.0%
	N	405

Table B.15: q13. (Of those saying YES to Q12) Why did you delay in getting needed medical care? Select All That Apply<sup>1</sup>

Thedical care select All that Apply		
		Mobile County
Could not afford medical care		15.5%
Insurance problems / lack of insurance		2.4%
Lack of transportation		6.0%
Language barriers / could not communicate	:	0.0%
Provider did not take my insurance		3.6%
Provider was not taking new patients		1.2%
Could not get an appointment soon enough		1.2%
Could not get a weekend or evening appointment		1.2%
Other		39.3%
	N	84

 $<sup>^{\</sup>rm 1}$  May add to more than 100% since respondents could select all that apply.

Table B.16: q14. When you or someone in your family is sick, where do you typically go for healthcare?

-		
	e County	
	Mobil	
	12.6	
	58.4	
	1.2	
	19.5	
	2.0	
	1.5	
	0.0	
	1.5	
	3.5	
	0.0	
Total	100.2%	
N	406	
		58.4 1.2 19.5 2.0 1.5 0.0 1.5 3.5 0.0 Total 100.2%

Table B.17: q15. Thinking about yourself personally, how confident are you that you can make and maintain lifestyle changes like eating right, exercising, or not smoking . . . ?

<u> </u>	•		-
		Mobile County	
Extremely confident		33.1	_
Very confident		38.8	
Somewhat confident		22.9	
Not very confident		3.2	
Not at all confident		2.0	
	Total	100.0%	
	N	402	

Table B.18: q16. Do you currently use any tobacco products such as cigarettes, cigars, chewing tobacco, snuff, vaping or e-cigarettes? Select All That Apply<sup>1</sup>

chewing tobacco, shuff, vaping	g or e-cigarettes? Select All Inat Apply	
	Mobile County	
Yes, cigarettes or cigars	10.8%	
Yes, chewing tobacco, snuff	2.0%	
Yes, vaping or e-cigarettes	4.7%	
No, quit in the last 12 months	1.0%	
No, quit more than a year ago*	12.6%	
No, never used tobacco products	71.7%	
	N 406	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select all that apply.

Table B.19: q17. Age – Calculated from year respondent was born.

J. J		Mobile County
18 to 30		5.4
31 to 45		10.1
46 to 65		34.9
Over 65		49.6
	Total	100.1%
	N	387

Table B.20: a18. What is your race?

Table 6.20. q16. What is your table	7	Mobile County	
White / Caucasian		60.8	
Black / African-American		35.2	
Hispanic or Latino		0.0	
Asian		0.5	
American Indian / Alaskan Native		0.5	
Pacific Islander		0.3	
Multi-racial		0.3	
Other		2.5	
	Total	100.1%	
	N	406	

Table B.21: q19. What is the highest level of school you have completed or the highest degree you have received?

	Mobile County	
Never attended school or only Kindergarten	0.5	
Grades 1 through 8	0.3	
Some High School (grades 9 through 11)	4.0	
High School Degree or GED	29.3	
Vocational / Technical School	4.5	
Some College	26.6	
Bachelors or 4 Year College Degree	20.6	
Graduate or Professional Degree (Law Degree)	14.4	
Total	100.2%	
N	403	

Table B.22: q20. What is your current employment status?				
	Mobile County			
Disabled / Unable to work	9.0			
Employed full-time	30.4			
Employed part-time	5.0			
Homemaker / Housewife or househusband	3.5			
Retired	46.0			
Seasonal worker	0.0			
Student	0.5			
Self-employed	2.0			
Unemployed	3.7			
Total	100.1%			
N	402			

Table B.23: a21. And finally, what was your total family income last year . . . ?

Table 6.25. q21. And findily, what was your folditarnily income last year ?				
		Mobile County		
Less than \$15,000		11.6	•	
\$15,000 - \$25,000		13.8		
\$25,000 - \$35,000		11.0		
\$35,000 - \$50,000		16.2		
\$50,000 - \$75,000		16.2		
\$75,000 - \$100,000		14.7		
More than \$100,000		16.5		
	Total	100.0%		
	N	327		

Table B.24: Sex

100le b.24. 3ex		<u> </u>
		Gun
		Mobile County
Male		34.7
Female		65.3
	Total	100.0%
	N	406

## APPENDIX C – COMMUNITY HEALTH SURVEY OPEN-ENDED RESPONSES

Q11. Thinking about your experience with healthcare services in Mobile County, please tell me if there are any healthcare services which you feel are difficult to get in Mobile County?

- dermatology
- Domestic violence. If you can't pay for it you can't get needed services
- Unaware because she hasn't had to use the entirety of the services listed
- need more information to get these things
- the price
- Price
- Medical care
- dermatology and cardiology
- therapeutic settings for mental health under 13
- special need children
- Ambulance service
- Pain management
- in service mental care covid testing
- Time to wait to get sometimes
- all are hard to get into if you don't have insurance
- appointments taking so long
- choices other than mobile infirmary
- pediatrics in mental health and pediatric specialists and more primary care
- Hard to get treatment when you have Covid-19.
- Doctor available in area
- Covid care
- Specialists
- Not real happy with osteo, orthopedic. want more natural ways to address
- Improvement for health services in home
- transportation for mobility impaired, amputee
- ear, nose, and throat doctors
- Wholistic healthcare
- Transportation
- MRI
- Chiropractic
- if you don't have insurance everything is difficulty
- huge problem with hospitals requesting their own doctors
- urgent care center
- mobility
- covid-19 treatment breathing treatment covid-19 medicine should be given
- not difficult to get but difficult to pay for them
- transportation

- need more free insurance
- child care services
- skin specialty
- Appointments
- more affordable options

## Q13. Why did you delay in getting needed medical care?

- My mother needed me caring for her. She couldn't take care of herself.
- covid
- No time off work.
- sister passed away and they have to refer you to other places
- Personal thing
- work related
- Doctor said it's not important, but it causes pain. Elective surgery.
- corona
- My wife was dying.
- covid
- lazy
- Couldn't could an appointment for 6 weeks.
- just to busy
- Shortages in people working.
- Specialist not available
- Dr. changed diagnoses
- Could not leave family member
- flu
- Conflicting diagnosis
- costs of insurance including deductible, depression issues; timing
- new job and didn't want to take time off
- heart attack
- Anxiety disorder
- Just haven't had the time.
- taking care of mother
- husband was sick and she delayed getting medical care to care for her hus
- timing
- Has Parkisons and lupus.
- never
- traveling
- Didn't have ID. Didn't have ramp to get up with wheel chair.
- dental didn't have insurance
- No time because time limited to care of husband
- because I feel that they pushed covid down your throat

## APPENDIX D - COMMUNITY HEALTH LEADERS SURVEY DATA TABLES

Table D.1: q1. What do you think are the most important features of a "Healthy Community"? Check only three<sup>1</sup>

	Frequency	Percent
1a. Access to health services (e.g., family doctor, hospitals)	32	65.3%
1b. Active lifestyles / outdoor activities	3	6.1%
1c. Affordable housing	11	22.4%
1d. Arts and cultural events	1	2.0%
1e. Clean environment (clean water, air, etc.)	6	12.2%
1f. Family doctors and specialists	1	2.0%
1g. Good employment opportunities	19	38.8%
1h. Good place to raise children	3	6.1%
1i. Good race relations	1	2.0%
1j. Good schools	3	6.1%
1k. Healthy food options	6	12.2%
11. Low numbers of homeless	1	2.0%
1m. Low alcohol and drug use	1	2.0%
1n. Low crime / safe neighborhoods	18	36.7%
10. Low percent of population that are obese	0	0.0%
1p. Low numbers of sexually transmitted diseases (STDs)	0	0.0%
1q. Low tobacco use	2	4.1%
1r. Mental health services	13	26.5%
1s. Quality education	17	34.7%
1t. Quality hospitals and urgent / emergency services	2	4.1%
1u. Good transportation options	5	10.2%
1v. Religious or spiritual values	0	0.0%
1w. Social support services	2	4.1%
1x. Some other feature	0	0.0%
	N 49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Table D.2: q2. What do you think are the most important health issues in Mobile County? Check only three<sup>1</sup>

	Frequency	Percent
2a. Accidental injuries (at work, home, school, farm)	1	2.0%
2b. Aging problems (e.g., dementia, vision / hearing loss, loss of mobility)	9	18.4%
2c. Cancers	4	8.2%
2d. Child abuse / neglect	9	18.4%
2e. Dental problems	3	6.1%
2f. Diabetes	12	24.5%
2g. Domestic violence	7	14.3%
2h. Drug use / abuse	15	30.6%
2i. Fire-arm related injuries	4	8.2%
2j. Heart disease and stroke	10	20.4%
2k. HIV / Aids	0	0.0%
2l. Homelessness	8	16.3%
2m. Homicide	2	4.1%
2n. Infant Death	0	0.0%
20. Infectious diseases (e.g., hepatitis, TB, etc.)	2	4.1%
2p. Mental health problems	37	75.5%
2q. Motor vehicle crash injuries	1	2.0%
2r. Obesity / excess weight	21	42.9%
2s. Rape / sexual assault	0	0.0%
2t. Respiratory / lung disease	0	0.0%
2u. Sexually Transmitted Diseases (STDs)	1	2.0%
2v. Suicide	1	2.0%
2w. Teenage pregnancy	0	0.0%
2x. Tobacco use	0	0.0%
2y. Some other health issue	0	0.0%
2z. Some other health issue	0	0.0%
N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Table D.3: q3. Which of the following unhealthy behaviors in Mobile County concern you the most? Check only three<sup>1</sup>

		Frequency	Percent
3a. Alcohol abuse		6	12.2%
3b. Drug abuse		28	57.1%
3c. Excess weight		23	46.9%
3d. Homelessness		14	28.6%
3e. Lack of exercise		11	22.4%
3f. Poor eating habits / poor nutrition		22	44.9%
3g. Not getting shots to prevent disease		9	18.4%
3h. Not using seat belts / child safety seats		1	2.0%
3i. Not seeing a doctor or dentist		21	42.9%
3j. Tobacco use		5	10.2%
3k. Unprotected / unsafe sex		2	4.1%
3l. Some other unhealthy behavior		5	10.2%
	N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Table D.4: q4. Which healthcare services are difficult to get in Mobile County? Check all that apply<sup>1</sup>

	Frequency	Percent
4a. Alternative therapies (acupuncture, herbals, etc.)	10	20.4%
4b. Dental care including dentures	16	32.7%
4c. Emergency medical care	3	6.1%
4d. Hospital care	0	0.0%
4e. Laboratory services	1	2.0%
4f. Mental health services	40	81.6%
4g. Physical therapy / rehabilitation	2	4.1%
4h. Preventative healthcare (routine or wellness check-ups, etc.)	8	16.3%
4i. Prescriptions / pharmacy services	2	4.1%
4j. Primary medical care (a primary doctor / clinic)	11	22.4%
4k. Services for the elderly	12	24.5%
4l. Specialty medical care (specialist doctors)	9	18.4%
4m. Alcohol or drug abuse treatment	26	53.1%
4n. Vision care (eye exams and glasses)	3	6.1%
4o. Women's health	5	10.2%
4p. X-Rays or mammograms	1	2.0%
4q. Some other healthcare service	2	4.1%
N	49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Table D.5: q5. Overall, how would you rate the health of people who live in Mobile County?

		Frequency	Percent
Very healthy		0	0.0
Healthy		1	2.0
Somewhat healthy		23	46.9
Unhealthy		22	44.9
Very unhealthy		2	4.1
Don't Know		1	2.0
	N	49	99.9

Table D.6: q6. Overall, how would you rate the quality of healthcare services available in Mobile County?

	•	Frequency	Percent
Excellent		3	6.1
Very good		8	16.3
Good		20	40.8
Fair		15	30.6
Poor		2	4.1
Don't Know		1	2.0
	N	49	99.9

Table D.7: q7. What is the primary type of service(s) you or your organization provide?

	Freq	uency	Percent
Alcohol / substance abuse treatment	•	0	0.0
Business		0	0.0
Clothing / thrift store		0	0.0
Disability services		5	10.2
Education		6	12.2
Employment / job training		0	0.0
Faith based counseling		1	2.0
Financial counseling		0	0.0
Food assistance		2	4.1
Government		0	0.0
Healthcare		17	34.7
Housing / temporary shelter		4	8.2
Legal aid		0	0.0
Mental health		1	2.0
Pregnancy or adoption assistance		0	0.0
Public Service		0	0.0
Senior services		1	2.0
Utility payment assistance		0	0.0
Some other services		12	24.5
	N	49	99.9

Table D.8: q8. Which of the following best describes the clients you serve?

		Frequency	Percent
Active duty military		0	0.0
Disabled		3	6.4
Families		11	23.4
Homeless		3	6.4
Individuals		21	44.7
Veterans		0	0.0
Other		9	19.2
	N	47	100.1

Table D.9: q9. Which of the following best describes what happens if your organization cannot provide all the services needed by a client?

	Frequency	Percent
Give the client information on where to obtain assistance (client is responsible for contacting other organization)	29	63.0
Phone, email, or fax a referral to another organization	13	28.3
Send an electronic referral using a shared software system (such as Bowman Systems or CareScope)	2	4.4
Other	2	4.4
N	46	100.1

Table D.10: q10. What age group do most of your clients fit into? Check all that apply<sup>1</sup>

	Frequency	Percent
Children	23	46.9%
Adults (under age 65)	32	65.3%
Seniors (65 and over)	12	24.5%
	N 49	

<sup>&</sup>lt;sup>1</sup> May add to more than 100% since respondents could select up to three responses.

Table D.11: q11. Given the services that your organization provides and the clients you serve; how helpful would it be to know what other services the client has received from other organizations?

		Frequency	Percent
Helpful		37	77.1
Somewhat helpful		9	18.8
Not helpful		2	4.2
Don't Know		0	0.0
	N	48	100.1

Table D.12: q12. How many clients (unique individuals, not visits) do you serve on an annual basis?

	Freq.	nuency Percent	t
500 or less		15 31.3	1
501 to 1,000		5 10.4	
1,001 to 5,000		6 12.5	
5,001 to 10,000		2 4.2	
10,001 to 20,000		2 4.2	
20,000 or more		14 29.2	
Don't Know		4 8.3	
	N	48 100.1	

Table D.13: q13. Do your clients have to meet income eligibility requirements to obtain services?

		Frequency	Percent
Yes, 50% of the federal poverty level or less		2	4.6
Yes, 100% of the federal poverty level or less		1	2.3
Yes, 150% of the federal poverty level or less		2	4.6
Yes, 200% of the federal poverty level or less		1	2.3
Yes, 300% of the federal poverty level or less		1	2.3
No, we serve everyone		31	70.5
Other		4	9.1
Don't Know		2	4.6
	N	44	100.3

Table D.14: q14. What percent of your staff would you say are volunteers?

	•	Frequency	Percent
0%		10	25.6
1 - 25%		23	59.0
26 – 50%		2	5.1
51 – 75%		1	2.6
76 – 100%		3	7.7
	N	39	100.0

Table D.15: q15. Do you use any of the following systems to store client records electronically?

	Frequency	Percent
CareScope	0	0.0
Bowman Systems (Service Point or Community Point)	2	5.6
VisionLink (2-1-1 or Community)	1	2.8
Social Solutions (ETO Collaborative)	0	0.0
An electronic medical record (EMR) or electronic health record (EHR)	21	58.3
Some other system	9	25.0
Don't Know	3	8.3
N	36	100.0

# APPENDIX E – COMMUNITY HEALTH LEADERS SURVEY OPEN-ENDED RESPONSES

Q1. What is some other feature that you think if most important for a "Healthy Community"?

No Responses

Q2. What is some other important health issue in Mobile County?

No Responses

- Q3. What is some other unhealthy behavior in Mobile County that concern you the most?
  - Illegal access to guns
  - Lack of management skills of parents
  - Lack of opens/safe spaces to exercise
  - lack of social and emotional development of children
  - Poverty
- Q4. What is some other healthcare service in Mobile County that you feel is difficult to get?
  - home health/tele health
  - Psychiatric medications

# Q7. What other type of service do you or your organization provide?

- Advocacy for Abused and Neglected children
- All of these services apply
- Coalition and advocacy for improved health
- Community planning and fundraising
- Emergency Assistance
- Environmental
- Free Prescription Medications
- health and human support services UWSWA
- Housing discrimination
- Multi-services mental health, financial counseling, crisis counseling
- social services
- Youth Development Services

# Q8. What other category best describes the clients you serve?

- All individuals
- all of the above
- Children
- families, individuals
- · Multiple of the above options including disabled, seniors, families, homeless, individuals, veterans
- We fund agencies that work with all of the above, and our internal programs also work with all of the above.
- We serve all of these clients
- Youth
- Youth ages 6 to 18

# Q9. What other actions do you or your organization take if you cannot provide all the services needed by a client?

- One and two
- We work toward building relationships with other orgs. So we can easily rfer community members to other
  orgs.

Q15. What other system do you use to store client records electronically?

- Apricot
- Databank
- Epic
- Homeless Management Information System (HMIS)
- MyClubHub (SalesForce)
- Oasis insights
- Osnium
- salesforce

# APPENDIX F - COMMUNITY HEALTH SURVEY QUESTIONNAIRE

# 2021-2023 COMMUNITY HEALTH NEEDS ASSESSMENT INFIRMARY HEALTH/USA HEALTH/VRR

#### SCREENER

I. Introduction		
'My name issurvey about healthcare neo	and I'm calling from the University of South Alabama. eds and services in (Baldwin/Mobile) County."	We are conducting a
IF LANDLINE SI	KIPTO II	
IF CELL PHONE	SKIPTO III	

#### II. Respondent Selection

"I'd like to talk to the person in your household who's 18 or older and who makes most of the household decisions regarding healthcare?"

- A. IF RESPONDENT "Then you're the one I want to talk to." SKIP TO QUESTIONNAIRE
- B. IF SOMEONE ELSE "May I speak to them please?"

IF RESPONDENT IS NOT HOME, ASK – "Could you suggest a convenient time for me to call back when I might be able to reach them?" GIVE SHIFT TIMES IF NECESSARY. GET FIRST NAME OF RESPONDENT IF POSSIBLE.

IF RESPONDENT IS DIFFERENT FROM PERSON WHO ANSWERED PHONE – "My name is and I'm calling from the University Polling Group. We are conducting a survey about healthcare needs and services in (Baldwin/Mobile) County."

#### SKIPTO IV

### III. Cell Phone

C1. "Is this a safe time to talk with you, or are you driving?"

- 1 YES, SAFE TIME
- 2 NO, NOT A SAFE TIME

IF NO: "May I schedule a day and time to call you back?" PRESSING 2 FOR NO WILL EXIT THE SURVEY AND ALLOW YOU TO DISPOSITION AND SETUP A CALLBACK

C2. "Are you 18 years of age or older?"

- 1 18 YEARS OF AGE OR OLDER
- 2 UNDER 18 YEARS OF AGE

IF UNDER 18 YEARS OF AGE: "Thank you, but we are only talking to adults 18 years of age or older for this survey."

EXIT TO DISPOSITION

C3. "And, do you currently live in (Baldwin/Mobile) County?"

- 1 YES, LIVE IN BALDWIN/MOBILE COUNTY
- 2 NO, DO NOT LIVE IN BALDWIN/MOBILE COUNTY

IF NO: "Thank you, but we are only talking to residents of (Baldwin/Mobile) County for this survey."

EXIT TO DISPOSITION

# SKIPTO IV

# IV. Survey Start

"You may refuse to answer any question, and you may stop the survey at any time. Your answers to these questions are completely anonymous."

1. (16) "First, would you say that in general your health is excellent, very good, good, fair,	vou sav that	"First.	1. (16)
--	--------------	---------	---------

- 1 EXCELLENT
- 2 VERY GOOD
- 3 GOOD
- 4 FAIR
- 5 POOR
- 8 DK
- 9 NA
- 2. (4) "Thinking about (Baldwin/Mobile) County overall, how would you rate the health of people who live in (Baldwin/Mobile) County . . . very healthy, healthy, somewhat healthy, unhealthy, or very unhealthy?"
  - 1 VERY HEALTHY
  - 2 HEALTHY
  - 3 SOMEWHAT HEALTHY
  - 4 UNHEALTHY
  - **5 VERY UNHEALTHY**
  - 8 DK
  - 9 NA
- 3. (14) "Overall, how would you rate the quality of healthcare services available in (Baldwin/Mobile) County . . . excellent, very good, good, fair, or poor?"
  - 1 EXCELLENT
  - 2 VERY GOOD
  - 3 GOOD
  - 4 FAIR
  - 5 POOR
  - 8 DK
  - 9 NA
- 4. (6) "What type of healthcare insurance do you have?"

IF RESPONDENT HAS PRIVATE INSURANCE: "Is your private insurance plan one you purchased yourself or is it provided to you through your employer or spouse's employer?"

- 1 PRIVATE INSURANCE DIRECT PURCHASE
- 2 PRIVATE INSURANCE EMPLOYER BASED
- 3 PRIVATE INSURANCE EMPLOYER BASED SPOUSE
- 4 MEDICARE
- 5 MEDICAID
- 6 OTHER
- 7 NO INSURANCE
- 8 TRICARE/MILITARY INSURANCE
- 98 DON'T KNOW
- 99 REF/NA

5. "Do you have one person you think of as your personal doctor or health care provider?"

IF "No" ASK: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

```
1 YES ONLY ONE
2 YES MORE THAN ONE
3 NO
```

8 DK

9 NA

6. (8) "How long has it been since your last visit to a doctor for a wellness exam or routine checkup . . . was that within the past 12 months, 1 to 2 years ago, 2 to 5 years ago, 5 or more years ago, or have you never had a wellness exam or routine checkup?"

```
1 WITHIN THE PAST 12 MONTHS
2 1 TO 2 YEARS AGO
3 2 TO 5 YEARS AGO
4 5 OR MORE YEARS AGO
5 NEVER HAD ONE
8 DK
9 NA
```

7. (7) "How long has it been since your last dental exam or cleaning . . . was that within the past 12 months, 1 to 2 years ago, 2 to 5 years ago, 5 or more years ago, or have you never had a dental exam or cleaning?"

```
1 WITHIN THE PAST 12 MONTHS
2 1 TO 2 YEARS AGO
3 2 TO 5 YEARS AGO
4 5 OR MORE YEARS AGO
5 NEVER HAD ONE
8 DK
9 NA
```

7A. "In the last 12 months, have you used any telehealth services such as accessing a health provider by phone, Zoom, or text message?"

```
1 YES
2 NO
```

8 DK 9 NA

IF YES SKIPTO 7B IF NO SKIPTO 7C SKIPTO 7D

7B. "How would you rate the quality of	f your telehealth experience	, would you say it was	excellent, very
good, good, fair, or poor?"			

- 1 EXCELLENT
- 2 VERY GOOD
- 3 GOOD
- 4 FAIR
- 5 POOR
- 8 DK
- 9 NA

SKIPTO 7D

7C. "How interested would you be in receiving telehealth services from your health care provider . . . very interested, somewhat interested, not very interested, or not at all interested?"

- 1 VERY INTERESTED
- 2 SOMEWHAT INTERESTED
- 3 NOT VERY INTERESTED
- 4 NOT AT ALL INTERESTED
- 8 DK
- 9 NA

SKIPTO 7D

7D. "Using a 7-point scale, where 1 is the worst possible and 7 is the best possible, how well do you feel that the City of Mobile has responded to the COVID-19 crisis?

- 1 WORST POSSIBLEE
- 2
- 3
- 4 5
- 6
- 7 BEST POSSIBLE
- 8 DK
- 9 NA

7E. "Using the same scale, how well do you feel that local healthcare providers have responded to the COVID-19 crisis?

PROMPT IF NEEDED: "A 7-point scale, where 1 is the worst possible and 7 is the best possible."

- 1 WORST POSSIBLEE
- 2
- 3
- 4
- 5 6
- 7 BEST POSSIBLE
- 8 DK
- 9 NA

- 8. (1) Next, I'm going to read a list of things that apply to healthy communities. For each item please tell me how important you think that item would be to improving the overall health in your community.
- A. "First, access to health services such a health clinic or hospital . . . would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"
  - 1 VERY IMPORTANT
  - 2 SOMEWHAT IMPORTANT
  - 3 NEITHER IMPORTANT NOR UNIMPORTANT
  - **4 SOMEWHAT UNIMPORTANT**
  - **5 VERY UNIMPORTANT**
  - 8 DK
  - 9 NA
- B. "What about, active lifestyles including outdoor activities . . . would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"
  - 1 VERY IMPORTANT
  - 2 SOMEWHAT IMPORTANT
  - 3 NEITHER IMPORTANT NOR UNIMPORTANT
  - **4 SOMEWHAT UNIMPORTANT**
  - **5 VERY UNIMPORTANT**
  - 8 DK
  - 9 NA
- C. "Affordable housing?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### D. "Arts and cultural events?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- E. "A clean environment including water, air, etc.?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### F. "Family doctors and specialists?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- G. "Good employment opportunities?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# H. "Good places to raise children?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### I. "Good race relations?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### J. "Good schools?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### K. "Healthy food options?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### L. "Fewer homeless?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### M. "Less alcohol and drug abuse?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# N. "Lower crime and safe neighborhoods?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### O. "Less obesity?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# P. "Less sexually transmitted diseases?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### Q. "Less tobacco use?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### R. "Mental health services?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### S. "More quality education?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- T. "More quality health care options?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- U. "Good transportation options?"

PROBE IF NEEDED: "Would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- V. "Religious and/or spiritual values?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

W. "Social support services such as food pantries and charity services?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- 9. (2) Next, I'm going to read a list of health issues, for each one please tell me how important of a problem you feel that issue is for (Baldwin/Mobile) County.
- A. "First, what about accidental injuries at places like work, home or school . . . would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"
  - 1 VERY IMPORTANT
  - 2 SOMEWHAT IMPORTANT
  - 3 NEITHER IMPORTANT NOR UNIMPORTANT
  - **4 SOMEWHAT UNIMPORTANT**
  - **5 VERY UNIMPORTANT**
  - 8 DK
  - 9 NA
- B. "What about, aging problems like dementia and loss of mobility . . . would say this is very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant to the overall health in your community?"
  - 1 VERY IMPORTANT
  - 2 SOMEWHAT IMPORTANT
  - 3 NEITHER IMPORTANT NOR UNIMPORTANT
  - 4 SOMEWHAT UNIMPORTANT
  - **5 VERY UNIMPORTANT**
  - 8 DK
  - 9 NA

### C. "Cancers?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### D. "Child abuse and neglect?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# E. "Dental problems?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### F. "Diabetes?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### G. "Domestic violence?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# H. "Drug use and abuse?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- 5 VERY UNIMPORTANT
- 8 DK
- 9 NA

### I. "Fire-arm related injuries?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### J. "Heart disease and stroke?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### K. "HIV/AIDS?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- 5 VERY UNIMPORTANT
- 8 DK
- 9 NA

### L. "Homelessness?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### M. "Homicides?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### N. "Infant death?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- 5 VERY UNIMPORTANT
- 8 DK
- 9 NA

O. "Infectious diseases like hepatitis and tuberculosis?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### P. "Mental health problems?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# Q. "Motor vehicle crash injuries?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- 5 VERY UNIMPORTANT
- 8 DK
- 9 NA

# R. "Obesity or excess weight?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### S. "Rape and sexual assault?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# T. "Respiratory problems and lung disease?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

### U. "Sexually transmitted diseases?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

#### V. "Suicide?"

PROBE IF NEEDED: "Would say this issue is a very important, somewhat important, neither important nor unimportant, somewhat unimportant, or very unimportant problem to the overall health in your community?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA

# W. "Teenage pregnancy?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- **4 SOMEWHAT UNIMPORTANT**
- 5 VERY UNIMPORTANT
- 8 DK
- 9 NA

X. "Tobacco Use?"

- 1 VERY IMPORTANT
- 2 SOMEWHAT IMPORTANT
- 3 NEITHER IMPORTANT NOR UNIMPORTANT
- 4 SOMEWHAT UNIMPORTANT
- **5 VERY UNIMPORTANT**
- 8 DK
- 9 NA
- 10. (5) "Now I am going to read a list of common health conditions . . . for each one, please tell me if a doctor or other health care professional has ever told you that you have that condition."
- A. "The first condition is asthma, has a doctor or other health professional ever told you that you have asthma?"
  - 1 YES
  - 2 NO
  - 8 DK
  - 9 NA
- B. "Has a doctor or other health professional ever told you that you have chronic obstructive pulmonary disease or COPD?"
  - 1 YES
  - 2 NO
  - 8 DK
  - 9 NA

2 NO

8 DK 9 NA

C. "What about dementia or Alzheimer's (ALS-HI-MERS) disease?" PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?" 1 YES 2 NO 8 DK 9 NA D. "Depression?" PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?" 1 YES 2 NO 8 DK 9 NA E. "Diabetes?" PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?" 1 YES 2 NO 8 DK 9 NA F. "Heart Disease?" PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?" 1 YES 2 NO 8 DK 9 NA G. "High Cholesterol?" PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?" 1 YES

2 NO

8 DK 9 NA

H "High blood pressure?"
PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?"
1 YES 2 NO
8 DK 9 NA
I. "HIV or Aids?"
PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?"
1 YES 2 NO
8 DK 9 NA
J. "Obesity?"
PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?"
1 YES 2 NO
8 DK 9 NA
K. "Tuberculosis?"
PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?"
1 YES 2 NO
8 DK 9 NA
L. "Alcohol or drug addiction?"
PROBE IF NEEDED: "Has a doctor or other health professional ever told you that you have this health condition?"
1 YES

11. (10) "Thinking about your experience with healthcare services in (Baldwin/Mobile) County, please tell me if there are any healthcare services which you feel are difficult to get in (Baldwin/Mobile) County?"

PROBE: "Are there any other healthcare services which you feel are difficult to get?"

#### SELECT ALL THAT APPLY

- 1 ALTERNATIVE THERAPIES (ACUPUNCTURE, HERBALS)
- 2 DENTAL CARE / DENTURES
- 3 EMERGENCY MEDICAL CARE
- 4 HOSPITAL CARE
- **5 LABORATORY SERVICES**
- 6 MENTAL HEALTH SERVICES
- 7 PHYSICAL THERAPY / REHABILITATION
- 8 PREVENTATIVE HEALTHCARE (ROUTINE OR WELLNESS CHECKUPS)
- 9 PRESCRIPTIONS / PHARMACY SERVICES
- 10 PRIMARY MEDICAL CARE (PRIMARY CARE DOCTOR OR CLINIC)
- 11 SERVICES FOR THE ELDERLY
- 12 SPECIALTY MEDICAL CARE (SPECIALIST DOCTORS)
- 13 ALCOHOL OR DRUG ABUSE TREATMENT
- 14 VISION CARE / EYE EXAMS / GLASSES
- 15 WOMEN'S HEALTH
- 16 X-RAYS OR MAMMOGRAMS
- 17 OTHER
- 18 NO / NO MORE
- 12. (11) "In the past 12 months, have you delayed getting needed medical care for any reason?"
  - 1 YES
  - 2 NO
  - 8 DK
  - 9 NA

# IF YES SKIPTO Q13; ELSE SKIPTO Q14

13. (11) "Why did you delay in getting needed medical care?"

PROBE: "Are there any reasons you delayed getting needed medical care in the past 12 months?"

#### SELECT ALL THAT APPLY

- 1 COULD NOT AFFORD MEDICAL CARE
- 2 INSURANCE PROBLEMS / LACK OF INSURANCE
- 3 LACK OF TRANSPORTATION
- 4 LANGUAGE BARRIERS / COULD NOT COMMUNICATE
- 5 PROVIDER DID NOT TAKE MY INSURANCE
- 6 PROVIDER WAS NOT TAKING NEW PATIENTS
- 7 COULD NOT GET AN APPOINTMENT SOON ENOUGH
- 8 COULD NOT GET A WEEKEND OR EVENING APPOINTMENT
- 9 OTHER
- 10 NO MORE REASONS

14. (12) "When you or someone in your family is sick, where do you typically go for healthcare?"

- 1 EMERGENCY ROOM (HOSPITAL)
- **2 FAMILY DOCTOR**
- 3 ANY DOCTOR
- 4 URGENT CARE CLINIC
- **5 HEALTH DEPARTMENT**
- 6 COMMUNITY HEALTH CENTER
- 7 FREE CLINIC
- 8 VA / MILITARY FACILITY
- 9 OTHER
- 10 I USUALLY GO WITHOUT RECEIVING HEALTHCARE
- 98 DK
- 99 NA

15. (17) "Thinking about yourself personally, how confident are you that you can make and maintain lifestyle changes like eating right, exercising, or not smoking . . . extremely confident, very confident, somewhat confident, not very confident, or not at all confident?"

- 1 EXTREMELY CONFIDENT
- 2 VERY CONFIDENT
- 3 SOMEWHAT CONFIDENT
- **4 NOT VERY CONFIDENT**
- 5 NOT AT ALL CONFIDENT
- 8 DK
- 9 NA

16. (15) "Do you currently use any tobacco products such as cigarettes, cigars, chewing tobacco, snuff, vaping or e-cigarettes?"

IF YES, PROBE: "Anything else?"

IF NO, PROBE: "Have you ever used any of these tobacco products?" IF YES: "Did you stop using them in the last 12 months, or has it been more than a year since you used any of these tobacco products?"

### SELECT ALL THAT APPLY

- 1 YES, CIGARETTES OR CIGARS
- 2 YES, CHEWING TOBACCO, SNUFF
- 3 YES, VAPING OR E-CIGARETTES
- 4 NO, QUIT IN THE LAST 12 MONTHS
- 5 NO, QUIT MORE THAN A YEAR AGO
- 6 NO, NEVER USED ANY TOBACCO PRODUCTS / NO MORE PRODUCTS

17. (22) "Finally for statistical purposes, I need to ask a few questions about yourself. In what year were you born?"

RECORD YEAR BORN

18. "Have you personally ever served in the United States Armed Forces, military reserves, or National Guard?"
1 YES 2 NO
8 DK 9 NA
IF YES SKIPTO Q18A; ELSE SKIPTO Q19
18A. "Are you currently serving in the Armed Forces, the military reserves, or the National Guard?"
1 ARMED FORCES 2 MILITARY RESERVES 3 NATIONAL GUARD
8 DK 9 NA
IF ARMED FORCES SKIPTO Q18B; ELSE SKIPTO Q19
18B. "Are you currently on active duty service?"
1 YES 2 NO
8 DK 9 NA
IF NO SKIPTO Q18C; ELSE SKIPTO Q19
18C. "Have you been on active duty service any time during the past 12 months?"
1 YES 2 NO
8 DK 9 NA
19. "Has a member of your immediate family, that is a parent, sibling, child, or spouse, ever served in the United States Armed Forces, military reserves, or National Guard?"
1 YES 2 NO
8 DK 9 NA
IF YES SKIPTO Q19A; ELSE SKIPTO Q20

19A. "Is that family member currently serving in the Armed Forces, the military reserves, or the National Guard?"

```
1 ARMED FORCES
       2 MILITARY RESERVES
       3 NATIONAL GUARD
       8 DK
       9 NA
       IF ARMED FORCES SKIPTO Q19B; ELSE SKIPTO Q20
19B. "Are they currently on active duty service?
       1 YES
       2 NO
       8 DK
       9 NA
       IF NO SKIPTO Q19C; ELSE SKIPTO Q20
19C. "Have they been on active duty service any time during the past 12 months?"
       1 YES
       2 NO
       8 DK
       9 NA
20. "Have you personally ever served as a first responder?"
       1 YES
       2 NO
       8 DK
       9 NA
       IF YES SKIPTO Q20A; ELSE SKIPTO Q21
20A. "Are you currently serving as a first responder?
       1 YES
       2 NO
       8 DK
       9 NA
```

IF NO SKIPTO Q20B; ELSE SKIPTO Q21

20B. "Have you served as a first responder any time during the past 12 months?"
1 YES 2 NO
8 DK 9 NA
21. "Has a member of your immediate family, that is a parent, sibling, child, or spouse, ever served as a first responder?"
1 YES 2 NO
8 DK 9 NA
IF YES SKIPTO Q21A; ELSE SKIPTO Q22
21A. "Are they currently serving as a first responder?
1 YES 2 NO
8 DK 9 NA
IF NO SKIPTO Q21B; ELSE SKIPTO Q22
21B. "Have they served as a first responder any time during the past 12 months?"
1 YES 2 NO
8 DK 9 NA
FOR THOSE SAYING YES TO BEING A FIRST RESPONDER OR HAVING A FAMILY MEMBER WHO WAS A FIRST RESPONDER.  22. "What first responder role(s) have you or your family member participated in?"
PROMPT: "Anything else?" SELECT ALL THAT APPLY
1 FIREFIGHTER 2 EMT/PARAMEDIC 3 LAW ENFORCEMENT OFFICER 4 OTHER
8 DK 9 NA
IF 4 SKIPTO Q22A; ELSE SKIPTO Q23

22A. "What other first responder role did you or your family member participate in?"

#### RECORD VERBATIM RESPONSE

FOR THOSE SAYING YES TO BEING A VETERAN OR HAVING A FAMILY MEMBER WHO WAS A VETERAN.

- 23. "What branch of the service did you or your family member serve in?"
  - 1 AIR FORCE
  - 2 ARMY
  - 3 COAST GUARD
  - **4 MARINE CORPS**
  - **5 NATIONAL GUARD**
  - 6 NAVY
  - 7 OTHER
  - 8 DK
  - 9 NA

IF 7 SKIPTO Q23A; ELSE SKIPTO Q24

23A. "What other branch of the service did you or your family member serve in?"

### RECORD VERBATIM RESPONSE

24. "What year did you or your family member begin their military service?"

#### RECORD YEAR

25. "What year did you or family member end their military service?"

# RECORD YEAR

26. "Did you or your family member service in any of the following . . . Operation Enduring Freedom, Operation Iraqi Freedom, or Operation New Dawn?"

PROMPT: "Any other?" SELECT ALL THAT APPLY

- 1 OPERATION ENDURING FREEDOM
- 2 OPERATION IRAQI FREEDOM
- 3 OPERATION NEW DAWN
- 4 NONE
- 8 DK
- 9 NA
- 27. "Do you or your family member currently receive benefits from the Veterans Administration?"
  - 1 YES
  - 2 NO
  - 8 DK
  - 9 NA

IF YES SKIPTO Q27A; ELSE SKIPTO Q28

27A. "What benefits are you or your family member currently receiving?"

PROMPT: "Anything else?" SELECT ALL THAT APPLY

- 1 MEDICAL CARE
- 2 DENTAL CARE
- 3 VISION CARE
- **4 HEARING SERVICES**
- **5 MENTAL HEALTH SERVICES**
- 6 SUBSTANCE ABUSE SERVICES
- 7 PRESCRIPTIONS/PHARMACY SERVICES
- **8 FOOD ASSISTANCE**
- 9 TRANSPORTATION
- 10 HOUSING
- 11 HOMELESS ASSISTANCE
- 12 EMPLOYMENT SERVICES
- 13 DISABILITY SERVICES/REHABILITATION
- 14 EDUCATION OR VOCATIONAL TRAINING
- 15 LEGAL AID
- 16 PREGNANCY OR ADOPTION ASSISTANCE
- 17 FINANCIAL ASSISTANCE/COUNSELING
- 18 TRANSITION TO CIVILIAN LIFE
- 19 FAITH-BASED SERVICES
- 20 PEER SUPPORT
- 21 WOMEN'S HEALTH SERVICES
- 22 SENIOR/ELDERLY SERVICES
- 98 DK
- 99 NA

28. "What benefits or services do you believe are missing or need to be expanded for veterans in South Alabama?"

## SELECT ALL THAT APPLY

- 1 MEDICAL CARE
- 2 DENTAL CARE
- 3 VISION CARE
- **4 HEARING SERVICES**
- 5 MENTAL HEALTH SERVICES
- 6 SUBSTANCE ABUSE SERVICES
- 7 PRESCRIPTIONS/PHARMACY SERVICES
- **8 FOOD ASSISTANCE**
- 9 TRANSPORTATION
- 10 HOUSING
- 11 HOMELESS ASSISTANCE
- 12 EMPLOYMENT SERVICES
- 13 DISABILITY SERVICES/REHABILITATION
- 14 EDUCATION OR VOCATIONAL TRAINING
- 15 LEGAL AID
- 16 PREGNANCY OR ADOPTION ASSISTANCE
- 17 FINANCIAL ASSISTANCE/COUNSELING
- 18 TRANSITION TO CIVILIAN LIFE
- 19 FAITH-BASED SERVICES
- 20 PEER SUPPORT
- 21 WOMEN'S HEALTH SERVICES
- 22 SENIOR/ELDERLY SERVICES
- 98 DK
- 99 NA
- 29. "Are there any barriers that limit you or your family member's ability to receive benefits and services that are needed?"
  - 1 YES
  - 2 NO
  - 8 DK
  - 9 NA

IF YES SKIPTO Q29A; ELSE SKIPTO Q30

29A. "What are the barriers that limit you or your family member's ability to receive benefits and services that are needed?"

PROMPT: "Anything else?" SELECT ALL THAT APPLY

- 1 UNAWARE OF BENEFITS AND SERVICES THAT ARE AVAILABLE
- 2 LACK OF HEALTH INSURANCE
- 3 SERVICES NOT AVAILABLE IN MY COMMUNITY
- **4 LACK OF TRANSPORTION**
- **5 FINANCIAL DIFFICULTY**
- 6 DIFFICULTY WITH PAPERWORK REQUIRED TO RECEIVE BENEFITS OR SERVICES
- 7 OTHER

8 DK

9 NA

IF OTHER SKIPTO Q29B; ELSE SKIPTO Q30

29B. "What other barriers limit you or your family member's ability to receive benefits and services that are needed?"

#### RECORD VERBATIM RESPONSE

## EVERYONE – VETERANS AND FIRST RESPONDERS GET THESE

30. "Thinking about your overall mental well-being, currently would you say you are . . . staying about the same as normal, getting better, or getting worse?"

- 1 GETTING WORSE
- 2 STAYING SAME
- 3 GETTING BETTER
- 8 DK
- 9 NA
- 31. "How would you describe your sense of belonging to your local community . . . would you say it is very strong, somewhat strong, varies depending on the day, somewhat weak, or it is very weak?"
  - 1 VERY STRONG
  - 2 SOMEWHAT STRONG
  - 3 VARIES
  - 4 SOMEWHAT WEAK
  - **5 VERY WEAK**
  - 8 DK
  - 9 NA
- 32. "Do you have a permanent place to live?"

- 1 YES 2 NO
- 8 DK
- 9 NA
- 33. "What behavioral or mental health services do you believe need to be expanded for Veterans, First Responders, and/or their families?"

PROMPT: "Anything else?" SELECT ALL THAT APPLY

- 1 ADDICTION TREATMENT (ALCOHOL AND DRUGS)
- **2 GROUP THERAPY**
- 3 MEDICATION MANAGEMENT
- **4 PTSD TREATMENT**
- **5 MARITAL THERAPY**
- **6 ANGER MANAGEMENT**
- 7 FAMILY THERAPY
- 8 HEALTH INSURANCE FOR MENTAL HEALTH TREATMENT
- 9 TRANSITION SERVICES TO CIVILIAN LIFE
- 98 DK
- 99 NA
- 34. "How often would you say you have family or friends that support you . . . always, often, sometimes, rarely or never?"
  - 1 ALWAYS
  - 2 OFTEN
  - 3 SOMETIMES
  - 4 RARELY
  - 5 NEVER
  - 8 DK
  - 9 NA
- 35. "How often would you say you get the social and emotional support you need?"

PROMPT IF NEEDED: "Always, often, sometimes, rarely or never?"

- 1 ALWAYS
- 2 OFTEN
- 3 SOMETIMES
- 4 RARELY
- 5 NEVER
- 8 DK
- 9 NA

36. "How often would you say you experience mental or emotional distress?" PROMPT IF NEEDED: "Always, often, sometimes, rarely or never?" 1 ALWAYS 2 OFTEN 3 SOMETIMES **4 RARELY** 5 NEVER 8 DK 9 NA 37. "If you or a loved one were experiencing addiction or serious emotional distress, are you confident that the mental health services available in your community would be helpful? 1 YES 2 NO 8 DK 9 NA 38. "Do you have a disability?" 1 YES 2 NO 8 DK 9 NA IF YES SKIPTO Q38A; ELSE SKIPTO Q39 38A. "What type of disability do you have?" PROMPT: "Anything else?" SELECT ALL THAT APPLY 1 PTSD 2 TRAUMATIC BRAIN INJURY 3 LIMB LOSS 4 SPINAL CORD INJURY **5 POOR VISION 6 HEARING LOSS** 7 CHRONIC PAIN 8 OTHER 8 DK 9 NA IF OTHER SKIPTO Q38B; ELSE SKIPTO Q39

38B. "What other type of disability do you have?"

#### RECORD ANSWER VERBATIM

39. "What is your most urgent unmet need?"

#### RECORD ANSWER VERBATIM

## ALL RESPONDENTS BACK HERE

40. (18.) (21) "What is your race?"

- 1 WHITE / CAUCASION
- 2 BLACK / AFRICAN-AMERICAN
- 3 HISPANIC OR LATNIO
- 4 ASIAN
- 5 AMERICAN INDIAN / ALASKAN NATIVE
- 6 PACIFIC ISLANDER
- 7 MULTI-RACIAL
- 8 OTHER
- 98 DK
- 99 NA
- 41. (19.) (23) "What is the highest level of school you have completed or the highest degree you have received?"
  - 1 GRADES 1 THROUGH 8
  - 2 SOME HIGH SCHOOL (GRADES 9 THROUGH 11)
  - 3 HIGH SCHOOL OR GED
  - 4 VOCATIONAL / TECHNICAL SCHOOL
  - 5 SOME COLLEGE
  - 6 ASSOCIATES DEGREE OR 2 YEAR COLLEGE DEGREE
  - 7 BACHELORS OR 4 YEAR COLLEGE DEGREE
  - 8 GRADUATE OR PROFESSIONAL DEGREE (LAW DEGREE)

98 DK

99 NA

42. (20.) (24) "What is your current employment status?"

IF WORKING OR EMPLOYED: "Is that full-time or part-time?"

- 1 DISABLED / UNABLE TO WORK
- 2 EMPLOYED FULL-TIME
- 3 EMPLOYED PART-TIME
- 4 HOMEMAKER / HOUSEWIFE OR HOUSEHUSBAN
- **5 RETIRED**
- 6 SEASONAL WORKER
- 7 STUDENT
- 8 SELF-EMPLOYED
- 9 UNEMPLOYED

98 DK

99 NA

43. (21.) (25) "And finally, what was your total family income last year . . . was it less than \$15,000, \$15,001 to \$25,000, \$25,001 to \$35,000, \$35,001 to \$50,000, \$50,001 to \$75,000, \$75,001 to \$100,000 or more than \$100,000?"

```
1 LESS THAN $15,000
```

2 \$15,000 - \$25,000

3 \$25,000 - \$35,000

4 \$35,000 - \$50,000

5 \$50,000 - \$75,000

6 \$75,000 - \$100,000

7 MORE THAN \$100,000

8 DK

9 NA

"Thank you very much for your time and taking the survey today!"

# **END SURVEY**

ENTER SEX OF RESPONDENT

- 1 MALE
- 2 FEMALE

ENTER YOUR INTERVIEW ID NUMBER

**RECORD 4 DIGIT ID** 

ENTER ANY FINAL COMMENTS

# APPENDIX G – COMMUNITY HEALTH LEADERS SURVEY QUESTIONNAIRE

Start of Block: Introduction and informed consent

# **I**1

You have been specially selected as a community leader from either Baldwin or Mobile County to participate in the Community Health Leaders Survey for the 2018-2019 Community Health Needs Assessment. This needs assessment is being conducted by the USA Polling Group at the University of South Alabama for Infirmary Health, Providence Hospital, and USA Health including USA Health University Hospital, USA Health Children's & Women's Hospital, and the USA Health Mitchell Cancer Institute (MCI).

The purpose of the survey is to get your opinions about community health issues in Baldwin and Mobile County. The results of the survey will be used to identify health priorities for community action.

This survey should take less than 10 minutes to complete, and your answers are completely confidential.

We very much appreciate you taking the time to complete this survey. By clicking continue you are consenting to participate and will be taken to the survey.

$\bigcirc$	CONTINUE TO SURVEY	(1)
	CONTINUE TO SORVET	(±)

O PREFER NOT TO PARTICIPATE (2)

Skip To: End of Block If You have been specially selected as a community leader from either Baldwin or Mobile County to pa... = CONTINUE TO SURVEY

Skip To: End of Survey If You have been specially selected as a community leader from either Baldwin or Mobile County to pa... = PREFER NOT TO PARTICIPATE

End of Block: Introduction and informed consent

Start of Block: Community Health 01



(Those factor only three (3	rs that would most improve the quality of life in this community.) Check ).
	Access to health services (e.g., family doctor, hospitals) (1)
	Active lifestyles / outdoor activities (2)
	Affordable housing (3)
	Arts and cultural events (4)
	Clean environment (clean water, air, etc.) (5)
	Family doctors and specialists (6)
	Good employment opportunities (7)
	Good place to raise children (8)
	Good race relations (9)
	Good schools (10)
	Healthy food options (11)
	Low numbers of homeless (12)
	Low alcohol & drug use (13)
	Low crime / safe neighborhoods (14)
	Low percent of population that are obese (15)
	Low numbers of sexually transmitted disease (STDs) (16)
	Low tobacco use (17)

Q1 What do you think are the most important features of a "Healthy Community"?

	Mental health services (18)
	Quality education (19)
	Quality hospitals and urgent / emergency services (20)
	Good transportation options (21)
	Religious or spiritual values (22)
Catholic o	Social support services (such as Salvation Army, food pantries, charities, Red Cross, etc.) (23)
	Some other feature (please specify) (24)
	Some other feature (please specify) (25)
	Some other feature (please specify) (26)
End of Block: Community Health 01	
Start of Block: Community Health 02	

Q2 What do you think are the most important health issues in Baldwin or Mobile County (consider the county where you or your agency perform most of your service(s))?

(Those problems that have the greatest impact on overall community health.) Check only three (3).		
	Accidental injuries (at work, home, school, farm) (1)	
(2)	Aging problems (e.g., dementia, vision/hearing loss, loss of mobility)	
	Cancers (3)	
	Child abuse / neglect (4)	
	Dental problems (5)	
	Diabetes (6)	
	Domestic violence (7)	
	Drug use / abuse (8)	
	Fire-arm related injuries (9)	
	Heart disease and stroke (10)	
	HIV / AIDS (11)	
	Homelessness (12)	
	Homicide (13)	
	Infant death (14)	
	Infectious diseases (e.g., hepatitis, TB, etc.) (15)	
	Mental health problems (16)	
	Motor vehicle crash injuries (17)	

	Obesity / excess weight (18)
	Rape / sexual assault (19)
	Respiratory / lung disease (20)
	Sexually Transmitted Diseases (STDs) (21)
	Suicide (22)
	Teenage pregnancy (23)
	Tobacco use (24)
	Some other health issue (please specify) (25)
	Some other health issue (please specify) (26)
	Some other health issue (please specify) (27)
End of Block	: Community Health 02

**Start of Block: Community Health 03** 



Q3 Which of the following unhealthy behaviors in Baldwin or Mobile County concern you the most (consider the county where you or your agency perform most of your service(s))? (Those behaviors that have the greatest impact on overall community health.) Check only thee (3).		
	Alcohol abuse (1)	
	Drug abuse (2)	
	Excess weight (3)	
	Homelessness (4)	
	Lack of exercise (5)	
	Poor eating habits / poor nutrition (6)	
	Not getting shots to prevent disease (7)	
	Not using seat belts / child safety seats (8)	
	Not seeing a doctor or dentist (9)	
	Tobacco use (10)	
	Unprotected / unsafe sex (11)	
	Some other unhealthy behavior (please specify) (12)	
	Some other unhealthy behavior (please specify) (13)	
	Some other unhealthy behavior (please specify) (14)	
End of Block:	Community Health 03	

**Start of Block: Community Health 04** 

-	althcare services are difficult to get in Baldwin or Mobile County e county where you or your agency perform most of your service(s))?
	Alternative therapies (acupuncture, herbals, etc.) (1)
	Dental care including dentures (2)
	Emergency medical care (3)
	Hospital care (4)
	Laboratory services (5)
	Mental health services (6)
	Physical therapy / rehabilitation (7)
	Preventative healthcare (routine or wellness check-ups, etc.) (8)
	Prescriptions / pharmacy services (9)
	Primary medical care (a primary doctor / clinic) (10)
	Services for the elderly (11)
	Specialty medical care (specialist doctors) (12)
	Alcohol or drug abuse treatment (13)
	Vision care (eye exams and glasses) (14)
	Women's health (15)
	X-Rays or mammograms (16)

	Some other healthcare service (please specify) (17)
End of Bloo	ck: Community Health 04
Start of Blo	ock: Community Health 05
	, how would you rate the health of people who live in Baldwin or Mobile onsider the county where you or your agency perform most of your ?
O Ver	ry healthy (1)
О Неа	althy (2)
O Somewhat healthy (3)	
O Unhealthy (4)	
O Ver	y unhealthy (5)
O Dor	n't know / not sure (6)

Q6 Overall, how would you rate the quality of healthcare services available in Baldwin or Mobile County (consider the county where you or your agency perform most of your service(s))?	
O Excellent (1)	
O Very Good (2)	
○ Good (3)	
O Fair (4)	
O Poor (5)	
O Don't know / not sure (6)	
End of Block: Community Health 05	

**Start of Block: Screener** 

Q7 What is the primary type of service(s) you or your organization provide?		
<ul><li>Alcohol / substance abuse treatment (1)</li></ul>		
O Business (2)		
Oclothing / thrift store (3)		
O Disability services (4)		
O Education (5)		
<ul><li>Employment / job training (6)</li></ul>		
Faith based counseling (7)		
○ Financial counseling (8)		
O Food assistance (9)		
O Government (10)		
O Healthcare (11)		
O Housing / temporary shelter (12)		
C Legal aid (13)		
O Mental health (14)		
O Pregnancy or adoption assistance (15)		
O Public service (16)		
O Senior services (17)		
O Utility payment assistance (18)		
O Some other service (please specify) (19)		

Skip To: End of Survey If What is the primary type of service(s) you or your organization provide? = Business

Skip To: End of Survey If What is the primary type of service(s) you or your organization provide? = Government		
Skip To: End of Survey If What is the primary type of service(s) you or your organization provide? = Public service		
End of Block: Screener		
Start of Block: Service Information		
Q8 Which of the following which best describes the clients you serve?		
O Active duty military (1)		
O Disabled (2)		
O Families (3)		
O Homeless (4)		
O Individuals (5)		
O Veterans (6)		
Other (please specify) (7)		
O Not applicable (8)		
Q9 Which of the following best describes what happens if your organization cannot provide all the services needed by a client?		
O Give the client information on where to obtain assistance (client is responsible for contacting other organization) (1)		
O Phone, email, or fax a referral to another organization (2)		
O Send an electronic referral using a shared software system (such as Bowman Systems or CareScope) (3)		
Other (please specify) (4)		
O Not applicable (5)		

Q10 What a	age group do most of your clients fit into?	
(Check all ti		
	Children (1)	
	Adults (under the age of 65) (2)	
	Seniors (65+) (3)	
	Not applicable (4)	
	the services that your organization provides and the clients you serve; l would it be to know what other services the client has received from nizations?	
O Help	oful (1)	
O Somewhat helpful (2)		
O Not helpful (3)		
O Don't know / not sure (4)		
O Not	applicable (5)	

Q12 How many clients (unique individuals, not visits) do you serve on an annual basis?									
○ 500 or less (1)									
○ 501 to 1,000 (2)									
O 1,001 to 5,000 (3)									
○ 5,001 to 10,000 (4)									
O 10,001 to 20,000 (5)									
○ 20,000 or more (6)									
O Don't know / not sure (7)									
O Not applicable (8)									
Q13 Do your clients have to meet income eligibility requirements to obtain services?									
Yes, 50% of the federal poverty level or less (1)									
Test, 50 70 of the federal poverty level of less (1)									
Yes, 100% of the federal poverty level or less (2)									
• Yes, 100% of the federal poverty level or less (2)									
<ul><li>Yes, 100% of the federal poverty level or less (2)</li><li>Yes, 150% of the federal poverty level or less (3)</li></ul>									
<ul> <li>Yes, 100% of the federal poverty level or less (2)</li> <li>Yes, 150% of the federal poverty level or less (3)</li> <li>Yes, 200% of the federal poverty level or less (4)</li> </ul>									
<ul> <li>Yes, 100% of the federal poverty level or less (2)</li> <li>Yes, 150% of the federal poverty level or less (3)</li> <li>Yes, 200% of the federal poverty level or less (4)</li> <li>Yes, 300% of the federal poverty level or less (5)</li> </ul>									
<ul> <li>Yes, 100% of the federal poverty level or less (2)</li> <li>Yes, 150% of the federal poverty level or less (3)</li> <li>Yes, 200% of the federal poverty level or less (4)</li> <li>Yes, 300% of the federal poverty level or less (5)</li> <li>No, we serve everyone (6)</li> </ul>									
Yes, 100% of the federal poverty level or less (2) Yes, 150% of the federal poverty level or less (3) Yes, 200% of the federal poverty level or less (4) Yes, 300% of the federal poverty level or less (5) No, we serve everyone (6) Other (please specify) (7)									

Q14 Thinking about your staff	0	10	20	30	40	50	60	70	80	90	100
What percent of your staff would you say is volunteer? ()						-				•	
Q15 Do you use any of the following syst (Check all that apply)	ems	s to s	store	e cli	ent r	eco	rds e	elect	tron	icall	y?
CareScope (1)											
O Bowman Systems (Service Point o	or C	omn	nuni	ty P	oint	) (2	)				
O VisionLink (2-1-1 or Community	OS)	(3)									
Social Solutions (ETO Collaborative	ve)	(4)									
An electronic medical record (EM)	(R)	or el	ectr	onic	hea	lth r	eco:	rd (I	EHR	) (5	)
O Some other system (please specif	y) (	(6)									
O Don't know / not sure (7)		_									
O Not applicable (8)											
End of Block: Service Information											
Start of Block: Thank You											
2 Thank you very much for taking the ti	me	to co	omp	lete	the	surv	ey.				
	-		r				J				
End of Block: Thank You											

# **Executive Session**

University of South Alabama Board of Trustees meeting on February 16, 2023.

The purpose of the executive session for the above-referenced meeting is to discuss preliminary negotiations involving a matter of trade or commerce.

This declaration is submitted pursuant to the requirements of the Alabama Open Meetings Act by Kristin Daniels Dukes, ASB number 6408o61k.

