

**UNIVERSITY OF SOUTH ALABAMA  
DEPARTMENT OF CARDIORESPIRATORY CARE  
Clinical Competency Checklist  
Room Air Trials for Chronically Oxygen-Dependent Babies**

Student Name \_\_\_\_\_ Date \_\_\_\_\_ Attempt # \_\_\_\_\_

**Rating Scale:**  
**0 = Inappropriate, no, incorrect, undone, absent**  
**1 = Needs additional study and practice**  
**2 = appropriate, yes, correct, done, present**

<u>ITEM</u>	<u>RATING</u>
1. Wash hands and assure patient identification.	_____
2. Assess infant and check pulse oximetry on current settings (include respiratory rate, heart rate). Note any clinical signs of respiratory distress.	_____
3. If infant is stable decrease oxygen to next lowest level (e.g. 1/4 LPM 1/8 LPM; 1/8 LPM 1/16 LPM; 1/16 LPM room air).	_____
4. Monitor infant continuously for SpO <sub>2</sub> , respiratory rate, heart rate, and clinical signs of respiratory distress over a fifteen minute period.	_____
5. Re-establish previous oxygen therapy if the trial is <u>not</u> tolerated. If tolerated, leave the infant on continuous pulse oximetry (for babies on room air) and report current status to the nurse caring for the baby.	_____
6. Chart procedure.	_____

Total = \_\_\_\_\_ out of 12 % = \_\_\_\_\_ 70% proficiency required to pass

Instructor's Signature: \_\_\_\_\_

Instructor's Name: \_\_\_\_\_ Credential: \_\_\_\_\_  
(Please print)

Student's Signature: \_\_\_\_\_