

**MASTER OF SCIENCE-EXERCISE SCIENCE  
PHYSICAL EDUCATION PROGRAM  
(2010 – 2012)  
University of South Alabama  
College of Education  
Department of Health, Physical Education, and Leisure Studies**

Student Name \_\_\_\_\_ Student Number \_\_\_\_\_ Entry Date \_\_\_\_\_  
Telephone \_\_\_\_\_ Email \_\_\_\_\_ Advisor: \_\_\_\_\_

**Minimum of 33 semester hours required**

**COURSE OF STUDY**

**I. Research and Evaluation (3 semester hours required)**      Hours    Semester    Grade

IDE 510	Educational Research/Evaluation	3	___	___
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**II. Area of Specialization (21 semester hours required)**

HPE 505	Critical Reading and Writing in Content Field	3	___	___
HPE 516	Physiology of Exercise	3	___	___
HPE 540	Administrative Issues in Exercise Science	3	___	___
HPE 570	Stress Testing and Exercise Prescription	3	___	___
HPE 571	Exercise Management Diseases/Disabilities	3	___	___
HPE 572	Application of Biomechanical Concepts	3	___	___
HS 563	Nutrition	3	___	___

**III. Thesis Option (9 semester hours required)**

<u>Course #</u>	<u>Course Title</u>			
IDE 620	Quantitative Methods I	3	___	___
HPE 599	Thesis (6 hours)	6	___	___

**or**

**IV. Non-Thesis Option (9 semester hours required)**

HPE 595	Internship in Health/Physical Education	3	___	___
Advisor Approved Electives (6 semester hours required)		3	___	___
		3	___	___

\*See Graduate Student Checklist (over)

**MASTER OF SCIENCE-EXERCISE SCIENCE  
PHYSICAL EDUCATION PROGRAM  
GRADUATE STUDENT CHECKLIST  
DEPARTMENT OF HEALTH, PHYSICAL EDUCATION, AND LEISURE STUDIES**

1. Requirements for Admission – See College of Education – General Section of the current USA Bulletin.
2. Submission of scores on the GRE or MAT is required for admission.
3. You **must** complete a comprehensive end-of-program examination during the semester in which you complete your degree requirements. Application forms can be obtained from Student Services Office, UCOM 3020 or online at <http://www.southalabama.edu/coe/forms/compsapp.pdf> . A copy of your current transcript, printed from PAWS, must accompany the application form.
4. Graduation deadlines are provided in the USA Bulletin, the USA Schedule of Classes, the College of Education, UCOM 3020 and the HPELS Department, HPE1016. Applications are available at [http://www.southalabama.edu/registrar/forms/graduation\\_application.pdf](http://www.southalabama.edu/registrar/forms/graduation_application.pdf) or in the Registrar’s Office, Meisler Hall, Student Services Building, SSB1100.
5. Retain a copy of this program checklist and maintain it. You must satisfy all program requirements for graduation.
6. Confer with your assigned advisor when you have questions concerning your program. *Remember* that advisors give guidance and advice. They are not responsible for your program. *That is your personal responsibility.*

**HPE COURSE OFFERINGS**

**Fall Semester**

HPE 505	Critical Reading and Writing
HPE 516	Physiology of Exercise
HPE 521	Motor Learning
HPE 572	Application of Biomechanical Concepts
HPE 579	Fitness Assessment and Exercise Prescription

**Spring Semester**

HPE 500	Administration & Supervision in HPE
HPE 570	Stress Testing and Exercise Prescription
HPE 574	Sport and Fitness Conditioning
HS 563	Nutrition

**Summer Semester**

HPE 506	The Physical Education Curriculum
HPE 540	Administrative Issues in Exercise Science
HPE 571	Exercise Management Diseases & Disabilities
HPE 574	Sport and Fitness Conditioning
HS 562	Drug Use and Abuse

**Offered Every Semester:**

HPE 594	Directed Study and Research
HPE 595	Internship in Health and Physical Education
HPE 599	Thesis